MEANING OF YOGA IN RYAN MURPHY'S "*EAT PRAY LOVE*" MOVIE (2010): AN INDIVIDUAL PSYCHOLOGICAL APPROACH

RESEARCH PAPER

Submitted as Partial Fulfillment of the Requirements for Getting Bachelor Degree of Education in English Department

By

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MUHAMMADIYAH UNIVERSITY OF SURAKARTA

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MOTTO

Karena sesungguhnya sesudah kesulitan itu ada kemudahan.

(Al-Insyirah. 5-6)

The most beautiful thing in this world is to see your parents smiling, and knowing that you're the reason behind that.

(Anonimous)

Mengakui kekurangan diri adalah tangga untuk mencapai cita – cita,

berusaha untuk mengisi kekurangan adalah keberanian yang luar biasa.

(Abu Hasan Asy Syadzily)

DEDICATION

Dedicated to:

- My beloved parents thanks for your motivation and praying me.
- My beloved family and friends, thanks for your support and kindness and keeping me with love.

ACKNOWLEDGMENT

Assalamu' alaikum Wr. Wb

The greatest praise and thanks to be The Almighty Allah SWT, The Lord of the Universe, the Merciful and Compassionate, who has blessed the researcher to finish her research paper. Moreover, the researcher wants to express her gratitude and appreciation to some people who have contribution in finishing this research paper.

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8. Her beloved friend, Mbk Alen who has support the researcher to finish this paper and also share everything in her life.
9. Those who cannot be mentioned one by one, the researcher wants to say her deepest thanks for all of them. Finally, the researcher realizes that this research paper is far from being perfect and still needs any improvements. Hence, the researcher welcomes any comments, critiques and suggestion. She hopes that this research paper is useful for the readers who want to develop the English literary study.

Wassalamu'alaikum Wr. Wb

Surakarta , July 2014

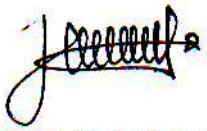
Devi Kurniawati

TESTIMONY

In this opportunity, the researcher state that there is no proposed work before in this research to get bachelor degree in a certain University and as long as the researcher know, there is also no work or idea that have ever been written or published by other people, except referred written in this research paper and mentioned in the bibliography.

If it is proved there will be something wrong in the researcher's statement above in the future, she will wholly be responsible.

Surakarta , July 2014



Devi Kurniawati

SUMMARY

DEVI KURNIAWATI, A 320 070 258. THE MEANING OF YOGA IN RYAN MURPHY'S EAT PRAY LOVE MOVIE: AN INDIVIDUAL PSYCHOLOGICAL APPROACH . MUHAMMADIYAH UNIVERSITY OF SURAKARTA. RESEARCH PAPER.

The object of the research is the movie entitled Eat Pray Love by Ryan Murphy. The study gives focus on meaning of Yoga for the major character in Eat Pray Love movie. The aims of the study are: 1) To analyze Ryan Murphy's "*Eat Pray Love*" movie based on the structural elements of the movie. 2) To analyze the movie based on the individual psychological approach.

The analysis uses descriptive qualitative by describing the structural elements and individual psychological analysis. The approach uses individual psychological theory. The primary source of movie and movie script is used for further analysis. The data collecting technique is library research. The data analysis uses descriptive technique.

The outcome of this study is Ryan Murphy in her movie, Eat Pray Love, wants to describe that it is important for someone to make an effort and also should not give up to get their desire although many obstacles arise along the way to achieve it. In her movie Eat Pray Love, Murphy describes the major character as a person who is fragile and depress woman that make an effort to get her desires through Yoga.

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