

**ANALYSIS OF ELLA’S BRAVE PERSONALITY IN THE  
MOVIE ENTITLED *CINDERELLA* BY DISNEY (2015) :  
PSYCHOLOGICAL APPROACH**



**RESEARCH PAPER**

**Submitted to Obtain a Bachelor of Education Degree  
in English Language Education Study Program**

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APPROVAL

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### ANALYSIS OF ELLA'S BRAVE PERSONALITY IN THE MOVIE ENTITLED *CINDERELLA* BY DISNEY (2015) : PSYCHOLOGICAL APPROACH

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PSYCHOLOGICAL APPROACH

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Sefilla Michel

## **Motto**

“I have God, I’m fine.”

“Your pain today may become your success tomorrow.”

## ACKNOWLEDGMENT

The researcher officer praise and thanks to Allah SWT, the Most Gracious and Most Merciful, for all the blessings, grace, health, strength, and guidance, He has consistently bestowed, enabling the researcher to complete this thesis titled “*An Analysis Of Ella’s Brave Personality In The Movie Entitled Cinderella By Disney (2015) : Psychological Approach.*” By His permission and will, the researcher was able to navigate every process and challenge during the writing of this thesis until finally reaching the completion stage. My blessings and peace always be upon the Prophet Muhammad Shallallahu ‘alaihi wassalam, who brought teachings full of goodness and served as an example for all of humanity.

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Surakarta, 24 July 2026

A handwritten signature in black ink, appearing to read 'Sefilla Michel', with a stylized, flowing script.

Sefilla Michel

## **ABSTRAK**

### **ANALYSIS OF ELLA'S BRAVE PERSONALITY IN THE MOVIE ENTITLED *CINDERELLA* BY DISNEY (2015) : PSYCHOLOGICAL APPROACH**

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Penelitian ini bertujuan untuk menganalisis kepribadian berani Ella, tokoh utama dalam film *Cinderella* (2015) produksi Disney, dengan menggunakan pendekatan psikologis. Penelitian ini berfokus pada identifikasi jenis-jenis keberanian yang ditunjukkan oleh Ella, bagaimana keberanian tersebut digambarkan dalam film, serta pengaruhnya terhadap perkembangan tokoh utama. Penelitian ini menggunakan metode deskriptif kualitatif, dengan sumber data primer berupa dialog, tindakan, dan adegan melibatkan Ella dalam film *Cinderella* (2015). Data dikumpulkan melalui teknik dokumentasi dan pencatatan, kemudian dianalisis menggunakan tahapan kondensasi data, penyajian data, dan penarikan kesimpulan. Hasil penelitian menunjukkan bahwa keberanian Ella lebih banyak terwujud melalui keberanian moral dan psikologis daripada keberanian fisik, terutama ketika menghadapi tekanan emosional dan perlakuan tidak adil dari ibu tiri dan saudara tirinya. Kepribadian yang berani ini memberikan dampak positif terhadap perkembangan karakter Ella, sehingga dia tumbuh menjadi seorang wanita yang mandiri, berprinsip, dan penuh kasih sayang.

Kata kunci: *Keberanian, Kepribadian, Psikologis, Tokoh*



## **ABSTRACT**

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This research aims to analyze the brave personality of Ella, the main character in Disney's Cinderella (2015), by using a psychological approach. This study focuses on identifying the types of courage demonstrated by Ella, how that courage is represented in the film, and its influence on the main character's development. The study employs a qualitative descriptive method, with primary data sources consisting of dialogue, actions, and scenes involving Ella in the film Cinderella (2015). Data were collected through documentation and note-taking techniques, then analyzed using the stages of data condensation, data display, and conclusion-drawing. The results of the study indicate that Ella's courage is manifested more through moral and psychological courage than physical courage, particularly when facing emotional pressure and unfair treatment from her stepmother and stepsisters. This courageous personality has a positive impact on Ella's character development, enabling her to grow up into an independent, principled, resilient, and compassionate woman.

**Keywords:** *Psychological Approach, Brave, Personality, Character Development*

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