

Psychological Effects of Divorce: A Character Analysis of Charlie and Nicole in Marriage Story (2019)



Submitted as a Partial Fulfillment of the Requirements for Getting Bachelor Degree of Education
in English Department

by:

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DEPARTMENT OF ENGLISH EDUCATION FACULTY OF TEACHER TRAINING AND
EDUCATION SCIENCE MUHAMMADIYAH UNIVERSITY SURAKARTA

2026

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**Psychological Effects of Divorce: A Character Analysis of Charlie and Nicole in Marriage
Story (2019)**

RESEARCH PAPER

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Approved by the Consultant

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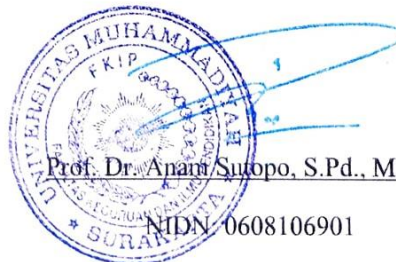
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Analysis of Charlie and Nicole in Marriage Story (2019)

I hereby certify that this research paper is no plagiarism of this research result. No other work that has been submitted for bachelor degree in majoring English Education, except for the reference that is mentioned within the references referenced in this research paper and mentioned in references. In the future, I take full responsibility for any errors in one of the statements above, I will be fully responsible.

Surakarta, 4 August 2026

The researcher,



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MOTTO

“Fear regret, not failure” or “Failure is part of the learning process.”

This thesis is dedicated to:

1. Allah Subhaa nahu Wa Ta’aala,
2. REJASA FEBIANCA NAVARO as myself for never quitting and doing all this hard work.
3. My Family.
4. Dr. Phil. Dewi Candraningrum, M.Ed. Who always gave me guidance.
5. All my friends in SOLO
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4. My beloved Mom who always give me motivation and support at the time.

The researcher recognizes that this paper is not perfect yet, therefore the researcher always open suggestions and constructive criticism to improve this research paper. Hopefully, this research paper will be useful for everyone who needs it.

Wassalamu'alaikum Warahmatuallah Wabarakatuh

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ABSTRACT

This study examines the psychological effects of divorce as portrayed through the characters of Charlie and Nicole in *Marriage Story* (2019). Using a qualitative analysis approach, the research explores the emotional struggles, coping mechanisms, and identity transformations experienced by the characters during their marital separation. The study aims to highlight how the film captures the complexities of divorce, including its impact on individual well-being and interpersonal relationships. By analyzing the narrative and character arcs, this research provides insights into the realistic depiction of divorce in media and its relevance to real-life experiences. The findings contribute to academic discussions in psychology, film studies, and sociology while promoting awareness of the emotional and psychological challenges associated with divorce. This study also offers practical implications for mental health professionals and filmmakers, emphasizing the importance of authentic storytelling in representing life's most challenging transitions.

Keywords: Psychological Aspects, Divorce, *Marriage Story*

ABSTRAK

Penelitian ini mengkaji dampak psikologis perceraian sebagaimana digambarkan melalui karakter Charlie dan Nicole dalam film **Marriage Story** (2019). Dengan menggunakan pendekatan analisis kualitatif, penelitian ini mengeksplorasi pergulatan emosional, mekanisme koping, dan transformasi identitas yang dialami oleh kedua karakter tersebut selama proses perpisahan pernikahan mereka. Penelitian ini bertujuan untuk menyoroti bagaimana film tersebut menggambarkan kompleksitas perceraian, termasuk dampaknya terhadap kesejahteraan individu dan hubungan antarpribadi. Dengan menganalisis alur cerita dan perkembangan karakter, penelitian ini memberikan wawasan mengenai penggambaran perceraian yang realistis di media serta relevansinya dengan pengalaman kehidupan nyata. Temuan-temuan ini berkontribusi pada diskusi akademis di bidang psikologi, studi film, dan sosiologi, sekaligus meningkatkan kesadaran akan tantangan emosional dan psikologis yang terkait dengan perceraian. Penelitian ini juga menawarkan implikasi praktis bagi para profesional kesehatan mental dan pembuat film, dengan menekankan pentingnya penceritaan yang otentik dalam menggambarkan transisi paling menantang dalam kehidupan.

Kata Kunci: Aspek Psikologis, Perceraian, Marriage Story

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