

ROMANTIC LOVE OF *THE BRIDGETON SERIES SEASON 1*

2020 : A PSYCHOLOGICAL APPROACH

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ABSTRAK

Penelitian fokus pada romantic love yang tergambar dalam series Bridgeton Series Season 1 2020. Tujuan dari penelitian ini adalah mengidentifikasi indicator romantic love tokoh utama dalam series tersebut, mendeskripsikan penggambaran romantic love dalam series, dan menjelaskan arti romantic love yang tergambar dalam series berdasarkan pandangan peneliti menggunakan pendekatan psychological approach. Jenis penelitian ini menggunakan studi literature. Penelitian ini menggunakan metode kualitatif dengan pendekatan hermeneutika. Data penelitian ini terbagi menjadi dua yaitu data primer dan sekunder. Data primer diambil dari screenshot adegan dan dialog yang relevan dengan objek penelitian. Sedangkan data sekunder diambil dari artikel, website, dan jurnal yang mendukung penelitian ini. Hasil dari penelitian ini yaitu : 1) terdapat empat indicator yang mempengaruhi romantic love, seperti ketertarikan secara fisik, memberikan perhatian kepada pasangan, keterbukaan dengan pasangan, dan adanya keinginan untuk membahagiakan pasangan. 2) penggambaran romantic love dalam series ini tercermin dari kedekatan dan gairah. 3) dari kisah tokoh utama dalam series ini digambarkan bahwasannya romantic love tidak diawali seperti perasaan cinta pada pandangan pertama namun cinta muncul karena terbiasa bersama.

Kata Kunci: romantic love, Bridgeton Series Season 1 2020

ABSTRACT

The research focuses on romantic love depicted in the Bridgeton Series Season 1 2020. The purpose of this study is to identify the indicators of romantic love of the main character in the series, describe the depiction of romantic love in the series, and explain the meaning of romantic love depicted in the series based on the views of researchers using a psychological approach. This type of research uses literature studies. This research uses qualitative methods with a hermeneutic approach. This research data is divided into two, namely primary and secondary data. Primary data are taken from screenshots of scenes and dialogues relevant to the object of study. While secondary data are taken from articles, websites, and journals that support

this research. The results of this study are: 1) there are four indicators that affect romantic love, such as physical attraction, giving attention to a partner, openness with a partner, and the desire to make a partner happy. 2) The portrayal of romantic love in this series is reflected in intimacy and passion. 3) From the story of the main character in this series, it is described that romantic love does not begin like a feeling of love at first sight, but love arises because of being used to being together.

Keywords: *romantic love, Bridgerton Series Season 1 2020*

1. INTRODUCTION

Love is a feeling given by the creator to his people, love has many types, there are love for the opposite sex, love for fellow humans, love for the creator or love for parents. In the discussion of this study about love for the opposite sex between men and women who have feelings for each other. According to (Robert J. Sternberg) love is the deepest form of emotion and the most expected thing in a human being, where humans will do various ways such as lying, cheating, stealing or killing in the name of love and can be more concerned with death than loss of love. Therefore many humans fight for their love desperately even though they have to sacrifice themselves, because thinking it is a form of sacrifice from a love so that a sense of love can affect thoughts and behavior. The author of this series has the intention of making a historical romantic story, he wants to illustrate that love can grow over time and as the couple is together. As in this series, the author tells the plot of the marriage of the main characters, namely Daphne and Simon. Starting from the accident the couple started a relationship that was originally just pretending until finally they could have a happy ending, their love appeared when they were often together. Daphne, who wants to marry the person she loves, can finally awaken the meaning of love and marriage to a Simon who does not believe in marriage.

Author Julia Quinn describes how love grows and can survive in the midst of conflict during the regency era. The author wanted to come up with a story where the main character can arrive at a happy ending marriage, where the couple lives happily after struggling to maintain their love story. In this season one, basically the conflict revolves around marriage in a British family such as pride and prejudice. Based on what is reported from the CNN page, this series has many messages ranging from racial issues, family, gender equality, women's empowerment, sex education for children, and many more depending on the audience's point of view. Viewers who

see from the side of gender equality where women are considered weak compared to men. The audience also saw the lack of female empowerment because the women in the series were only at home learning music or helping their parents, the ladies usually went out to attend parties. Viewers who look at sex education will see where there is a lack of sex education for teenagers, they are less educated about sex so that when they get married they do not understand why someone can get pregnant, when Lady Featherington says that pregnancy can be transmitted to other women many other teenagers shy away from Marina Thompson because they are confused why Marina can get pregnant before marriage that makes Penelope, Eloise and Daphne are confused, such conditions become taboo and the lack of sex education causes Daphne's confusion and disappointment at the end of the episode which causes Daphne to have to know the sex life of the maid who works in her house instead of directly from her mother.

In this study, researchers raised the topic of romantic love, telling how marriage can be realized whether someone married must be based on love or vice versa. Because basically the beginning of Daphne and Simon's story did not start from mutual love, but on the basis of pretending and just because they wanted to help cancel Daphne's marriage from a basket-eye man like Nigel Berboorke. Love can grow over time and togetherness is what causes researchers to want to examine the story of romantic love the main character how they got to marriage. In this study, researchers raised the topic of romance, namely romantic love of the Bridgerton Series Season 1 (2020) which focuses on the main characters, namely Daphne and Simon. The main character, Daphne, has a wish that if she marries, she wants to marry someone she loves. In the story based on Juliana Quin's story, through the plot of the romantic love story they want to emphasize that when married it is based on love. So in this study researchers used the approach of love psychology from Robert J. Sternberg from the theory of love triangles.

2. RESEARCH METHOD

In this study, researchers used the research method carried out by the author using hermeneutic, which is a method of analyzing data. According to Carl Braathen (1952: 132) hermeneutics is the science of describing a word, text or an event in the past time or culture that can be interpreted existentially in the present situation in order to be published in interpretation. Reporting from the Ministry of Education and Culture, hermeneutics deals with three elements in its interpretation activities, namely are first A sign, message or text is associated that the text carries the meaning of the message. Second is interpretation and third the delivery of messages from intermediaries or authors so that they can be understood and the intention reaches the reader. Hermenutics is also a way of turning something that is not understood into something that is easily understood through the event of understanding the context of the text and also the problems that lead to the interpretation (Palmer, Terj. Hery. 2003 : 8).

3. FINDINGS AND DISCUSSION

A. Findings

Based on research and based on the theory used, namely the triangular theory of love from Robert J. Sternberg. Robert J. Sternberg's triangle theory in the type of love such as romantic love has two components, namely intimacy and passion.

Intimacy

Intimacy is a feeling in which a person feels the meaning of closeness, attachment, and attraction to the opposite sex on the basis of love (Sternberg, 1997). Intimacy has ten characteristics, namely:

a. Eager to provide well-being to loved ones

If someone experiences falling in love, surely the person wants himself as a support system or provider for his partner.



Picture 4.a Duke said that he was sincere to provide for Daphne as his wife.

Duke: " I don't need to be paid to to marry Daphne. I think that's despicable,let's tell to Daphne. but don't doubt my intention to provide for her.

Duke: " She's now my responsibility"

The scene above, while at church to discuss Daphne and Simon's marriage, Duke said that he was sincere to provide for Daphne as his wife. And he will act as a husband in general who continues to provide for the woman he marries.

b. Feel happiness with their partner

Spending time with your partner is a very fun activity, this is usually called love language quality time where someone has a love language for their partner that is meeting and spending time with their partner.



Picture 1.b, At the dance night, the two of them go through their ruse by dancing to make the situation more romantic.

The scene above, feel happiness with their partner is reflected by in this depiction when the two of them were eating at the café, Daphne was very happy to be able to

chat and eat with Simon. On the other hand, she is also actually attracted and begins to grow in love with Simon.

c. Respect and respect for your partner

If someone is in love, they are expected to accept all the advantages and disadvantages of their partner.



Figure 1.c 1 Daphne meets Duke and argues that Duke should marry her

Picture 2.c, Daphne meets Duke, and argues that Duke should marry her.

Daph: " Someone knows our deeds, someone who will definitely talk what is the reason that makes you willing to humiliate and insult me do you really think I'm despicapble

Duke: "because I respect you so much I can't marry. I can't give you child, your dream is to be mother, right? Your household is full of love and laughter, as you know all along? You deserve to get it. However I can't fullfil that also I can't ask youto sacrifice, please Daphne for your sake"

This scene above, when Daphne meets Simon, and argues that Simon should marry her because at a previous party he had kissed her. Simon knows why Daphne wants to marry and he also likes Daphne, but on the other hand, Simon respects Daphne's reason for not being able to marry her because he is bound by the vows he once said. It can be concluded that Simon respects Daphne very much as a woman who wants to be happy.

d. Reliable when needed

When you love someone, you must be ready when your partner asks for help, and reliable.



Picture 2.d, Daphne ask for permission to back home alone but Duke want accompanied.

Daphne: "They need me."

Duke: "I'll be accompanied."

This scene above, while at home, Daphne said that her family needed her to help, and Duke said he would accompany her home. Here Simon acts as a wise husband and can be summed up he can be relied upon when needed.

e. Understand each other

Someone who is in love is expected to understand their partner.



Picture 1.e, Duke said that Daphne doesn't have to worried about Nigel Berbrooke

Duke: "You don't have to worry, Berbrooke..."

This scene above, as they go for a date walk in the park, Duke says that Daphne doesn't have to worry about Nigel Berbrooke chuckling to marry Daphne. Because Duke felt that Daphne was still afraid if Nigel continued to insist. Here it can be concluded that the duke understands Daphne's feelings even though it is just a fake

boyfriend until Daphne gets a suitable husband. Despite the ruse they went through, Duke as a man quite understood what Daphne felt. So he provides mental support.

f. Sharing what you have with your partner

If you love someone, you must be ready to spend time and energy to spend time together.



Picture 1.f, Duke said that he was sincere to provide for Daphne as his wife.

Duke: " I don't need to be paid to to marry Daphne. I think that's despicable, let's tell to Daphne. but don't doubt my intention to provide for her.

Duke: " She's now my responsibility"

The scene above, while at church to discuss Daphne and Simon's marriage, Duke said that he was sincere to provide for Daphne as his wife. And he will act as a husband in general who still provides for the woman he marries. This includes Simon's attitude of wanting to share what he has with his wife.

g. Provide emotional support to your partner

Emotional support or support system to someone loved is very important and necessary.



Picture 2.g, While at the dance, Daphne compliments Simon

Daphne: "You're great today with Gregory and Hyacinth, they admire you."

This scene above, while at the dance, Daphne compliments Simon by saying he is great to blend in with Daphne's two little siblings. This can be said to be a form of emotional support to Simon, although Simon does not want children.

h. Receiving emotional support from your partner

When we can provide a support system to a partner, we are also expected to get the same feedback.



Picture 1.h, Daphne compliments Simon by said he is great to blend in with Daphne's two little siblings.

Daphne: "You're great today with Gregory and Hyacinth, they admire you."

This scene above, while at the dance, Daphne compliments Simon by saying he is great to blend in with Daphne's two little siblings. This can be said to be a form of emotional support to Simon, although on the other hand Simon does not want children but he receives support from his wife.

i. More intimate communication

Communication is the key to a relationship, even getting married is basically just chatting.



Picture 3.i, under the rain Daphne reveals all her heart.

Daphne: "I can't keep pretending I don't love you, because I love you completely even the parts you believe are too dark and shameful, every scar, every flaw, every blemish I love you."

This scene above, under the rain, Daphne reveals all her heart, saying she accepts all of Simon's shortcomings and loves him and she cannot continue to pretend not to love. It can be said that this is part of an intimate expression of love.

j. Appreciating your partner

A person feels loved when his partner can appreciate his existence and know his value. Love will not grow if there is no mutual respect. still in the garden, Daphne previously said that she still needed this ruse until she got married. Daphne had already felt an attraction to the Duke, and the Duke had told her that he could not marry her. And Daphne values Duke who doesn't want to marry, as a couple who pretend Daphne values her partner enough. They still try to be romantic in public so that everyone trusts their relationship.

Passion

Passion can be meant as an expression of one's desires and needs, it is like self- esteem in that person. According to Sternberg (2009) says that nurturing, affiliation, dominance, obedience and sexual satisfaction are also part of passion. All this back to the needs of each person cannot be generalized depending on what kind of love is lived.



Picture 2.A, Simon said that he would keep an eye on Daphne.

Duke: "I'll keep watching until I know you're pregnant or not."

This scene above, Simon said that he would keep an eye on Daphne until he knew if she was pregnant or not, because of the form of his policy as a husband who did not want his wife out alone. It is concluded that indirectly the sentence of the remark assumes that Daphne must follow the decision given for good.

B. Sexual satisfaction

Sexual satisfaction here is considered when both partners feel satisfaction over aspects of romantic romance both in terms of sexual communication, emotional, or sexual openness.



Picture 1.B, Duke and Daphne kissing in the park when Duke followed Daphne.

This section above, while in the park on the night of the dance, they kiss, this can be inferred to be part of their emotional movement that Simon actually still likes Daphne and still wants to be with.)

B. Discussion

After analyzing the romantic love of the two main characters, namely Duke and Daphne, it can be seen that in the series there are indicators that affect the story of their romantic love journey. Article with entitled “*did they live a representation of romantic myths in the first two decades of the 21st – century European film industry*” by Paula Marija Stier (2021) about romantic myths in a film which adds to our knowledge about the fields of marriage, love, romance and sexuality, in this case there are similarities with the topic that the researcher wants to raised who wants to provide insight new in the same field but different objects analyzed. If the article by Paula Marija Stier analyzed the romantic myth of European films, the researchers of this study want to analyzed romantic love in the Bridgerton series, where the scene is also set in Europe.

So it can be concluded that this research supports previous research because in terms of the theory of romantic love from Robert J. Sternberg which was used to add updates regarding romantic love in previous research. This research explains in more detail in terms of indicators of romantic love, its illustrated in the series and the reasons why the author wrote romantic stories in the series so that it also supports renewal in the literature. This research is also not the first research to raise the object of study, namely Bridgerton Series Season 1 2020. Many previous studies have used this object, but from previous studies that researchers have found, there has been no research that discusses romantic love in depth, so this research can support previous research.

4. CONCLUSION

Based on the problem statement and the results of the research obtained, the researcher concludes that the romantic love contained in *Bridgerton series season 1 2020* has three important things. First, Indicators of romantic love It can be concluded that romantic love that occurs in relationships is based on several indicators such as physical attraction, attractive visuals in his eyes, Then give special attention to your partner, Openness to partner, and There is a desire to make someone's partner happy who is in love with people. Second, there are two components that support romantic love, namely intimacy and passion. This component is more inclined to intimacy and passion, because intimacy supplies feelings of wanting to be close to a partner building a warm relationship full of affection and attention (Sternberg, 1997). Third, The Duke and Daphne end up faking a relationship until finally without them knowing it their feelings grow but they are denial of it and they get married. Their marriage began as a compulsion, and Daphne accepted all of Duke's shortcomings and tried to convince Duke's love for her until finally their marriage was happy ending with the presence of a son between them. From the story of the two of them, it illustrates that romantic love does not start like a feeling of love at first sight, but instead through other romantic love indicators such as Duke whose feelings arise after he helps Daphne in other words love because he is used to being together.

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