

DAFTAR PUSTAKA

- Abdel Khalek, A. M., & Tekke, M. (2019). The association between religiosity, well-being, and mental health among college students from Malaysia. *Revista Mexicana de Psicología Enero-Junio*, 36(1), 5–16.
- Adyani, L., Suzanna, E., Safuwani, & Muryali. (2019). Perceived Social Support And Psychological Among Interstate Students At Malikussaleh University well-being Scholl Bullying Behavior Among Elementary Students East Bandung Region. *Indigenous: Jurnal Ilmiah Psikologi*, 3(2), 98–104.
- Aggarwal, S., Wright, J., Morgan, A., Patton, G., & Reavley, N. (2023). Religiosity and Spirituality in the Prevention and Management of Depression and Anxiety in Young People: a Systematic Review and Meta-Analysis. *BMC Psychiatry*, 23(729), 1–33. <https://doi.org/10.1186/s12888-023-05091-2>
- Alsubaie, M. M., Stain, H. J., Webster, L. A. D., & Wadman, & R. (2019). The Role of Sources of Social Support on Depression and Quality of Life for University Students. *International Journal of Adolescence and Youth*, 24(4), 484–496.
- Arfianto, M. A., Mustikasari, & Wardani, I. Y. (2021). Apakah Dukungan Sosial Berhubungan dengan Kesejahteraan Psikologis Ibu Pekerja? *Jurnal Keperawatan Jiwa*, 8(4), 505–514.
- Arikunto, S. (2016). *Prosedur Penelitian Suatu Pendekatan Praktik*. Rineka Cipta.
- Atikasari, F. (2021). Religiusitas dan Kesejahteraan Psikologis Dimediasi Oleh Kebahagiaan Siswa. *Jurnal Ilmiah Psikomuda Connectedness*, 1(1), 15–27.
- Azwar, S. (2014). *Metode Penelitian*. Pustaka Pelajar.
- Baiju, M., & Rajalakshmi, V. R. (2021). Academic Stress and Psychological Well-Being among College Students. *The International Journal of Indian Psychology*, 9(3), 194–202. <https://doi.org/10.25215/0903.022>
- Baron, R. A., & Byrne, D. (2004). *Psikologi Sosial*. Jakarta: Erlangga.
- Brooker, A., & Vu, C. (2020). How do University Experiences Contribute to Students' Psychological Wellbeing? *Student Success Journal*, 11(2), 99–108. <https://doi.org/10.5204/ssj.1676>

- Cohen, S., & Syme, S. L. (1985). *Social Support and Health*. Academic Press.
- Corsini, R. (2002). *The Dictionary of Psychology*. Brunner-Routledge.
- Davis, S. K., & Hadwin, A. F. (2021). Exploring Differences in Psychological Well-Being and Self-Regulated Learning in University Student Success. *Frontline Learning Research*, 9(1), 30–43. <https://doi.org/10.14786/flr.v9i1.581>
- Dewinta, A. (2021). Pengaruh Kemampuan Berpikir Positif Dan Dukungan Sosial Teman Sebaya Terhadap Kesejahteraan Psikologis Pada Mahasiswa Internasional Di Yogyakarta. *Jurnal Riset Mahasiswa Bimbingan Dan Konseling*, 7(2), 146–161.
- Eva, N., Andayani, S., Inayaturobbani, F., Shanti, P., & Anam, M. K. (2022). Social Support and Religiosity as Predictor Psychological Well-Being Among College Students. *Psychology Research on Education and Social Sciences*, 3(2), 49–55.
- Eva, N., Shanti, P., Hidayah, N., & Bisri, M. (2020). Pengaruh Dukungan Sosial terhadap Kesejahteraan Psikologis Mahasiswa dengan Religiusitas sebagai Moderator. *Jurnal Kajian Bimbingan Dan Konseling*, 5(3), 122–131. <https://doi.org/10.17977/um001v5i32020p122>
- Goodwin, K. A., & Goodwin, C. J. (2017). *Research in Psychology: Methods and Design (8th ed.)*. New Jersey: Wiley.
- Goodwin, R., & Plaza, S. H. (2000). Perceived and Received Social Support in Two Cultures: Collectivism and Support among British and Spanish Students. *Journal of Social and Personal Relationships*, 17(2), 282–291. <https://doi.org/https://doi.org/10.1177/0265407500172007>
- Haynes, S. N., Richard, D. C. S., & Kubany, E. S. (1995). Content Validity in Psychological Assessment: A Functional Approach to Concepts and Methods. *Psychological Assessment*, 7(3), 238–247. <https://doi.org/10.1037/1040-3590.7.3.238>
- Hidayati, B. M. R., & Fadhilah, T. N. (2021). Religiusitas dan Kesejahteraan Psikologis Mahasiswa Fakultas Dakwah. *Indonesian Journal of Humanities and Social Sciences*, 2(3), 197–210. <https://doi.org/10.33367/ijhass.v2i3.2276>

- Huber, S., & Huber, O. W. (2012). The Centrality of Religiosity Scale (CRS). *Religions*, 3(3), 710–724. <https://doi.org/10.3390/rel3030710>
- Huppert, F. A. (2009). Psychological Well-being: Evidence Regarding its Causes and Consequences†. *Applied Psychology: Health and Well-Being*, 1(2), 137–164. <https://doi.org/10.1111/j.1758-0854.2009.01008.x>
- Jalaluddin. (2004). *Psikologi Agama*. Rajawali Grafindo Persada.
- Johnson, B. R., Jang, S. J., Larson, D. B., & De Li, S. (2001). Does Adolescent Religious Commitment Matter? A Reexamination of the Effects of Religiosity on Delinquency. *Journal of Research in Crime and Delinquency*, 38, 22–44. <https://doi.org/10.1177/0022427801038001002>
- Juita, B. D., Susanti, R. H., Permatasari, D., Bimbingan, P., Fakultas, K., & Malang, K. (2021). Upaya Meningkatkan Tanggung Jawab Akademik Mahasiswa Manggarai Universitas PGRI Kanjuruhan Malang Melalui Konseling Kelompok Realita. *JKI (Jurnal Konseling Indonesia)*, 6(2), 56–61. <http://ejournal.unikama.ac.id/index.php/JKI>
- Junaidi. (2023). Hubungan Religiusitas dengan Psychological Well-Being pada Santri di Pondok Pesantren Al-Mutmainnah Desa Leseng Kab. Sumbawa. *Journal on Education*, 5(2), 3808–3816. <https://doi.org/10.31004/joe.v5i2.1064>
- Kaplan, B. H., Cassel, J. C., & Gore, S. (1977). Social Support and Health. *Medical Care*, 15(5), 47–58. <https://doi.org/10.1097/00005650-197705001-00006>
- Khan, M. J., & Arif, A. (2019). Role of Social Support as Predictor of Mental Health Among University Students. *Journal of Research and Reflections in Education*, 13(1), 1–11. <http://www.ue.edu.pk/jrre>
- Khoirunnisa, A., & Rosiana, D. (2023). Pengaruh Perceived Social Support terhadap Psychological Well-Being Mahasiswa yang sedang Menyusun Skripsi. *Bandung Conference Series: Psychology Science*, 7(3), 319–332. <https://doi.org/10.29313/bcsp.v3i2.7404>
- Kosasih, I., Kosasih, E., & Zakariyya, F. (2022). Religiusitas dan Kesejahteraan Psikologis. *Jurnal Psikologi Insight*, 6(2), 127–134.
- Kurniasari, E., Rusmana, N., & Budiman, N. (2019). Gambaran Umum

- Kesejahteraan Psikologis Mahasiswa. *Journal of Innovative Counseling: Theory, Practice & Research*, 3(2), 52–58.
- Linawati, R. A., & Desiningrum, D. R. (2017). Hubungan Antara Religiusitas Dengan Psychological Well-Being Pada Siswa Smp Muhammadiyah 7 Semarang. *Jurnal Empati*, 6(3), 105–109.
- Maurizka, D., & Maryatmi, A. S. (2019). Hubungan Antara Religiusitas dan Dukungan Sosial Teman Sebaya Terhadap Psychological Well-Being Pada Remaja Pengguna Hijab Di Organisasi Remaja Masjid Al–Amin Jakarta Selatan. *Jurnal IKRA-ITH Humaniora*, 3(3), 207–218.
- Multisari, W., Rahman, D. H., Rachmawati, I., Priambodo, A. B., & da Costa, A. (2022). Psychological Well-Being of Students in Completing their Final Projects. *Pegem Egitim ve Ogretim Dergisi*, 13(1), 259–266. <https://doi.org/10.47750/pegegog.13.01.28>
- Mustafa, M. B., Rani, N. H. M., Bistaman, M. N., Salim, S. S. S., Ahmad, A., Zakaria, N. H., & Safian, N. A. A. (2020). The Relationship between Psychological Well-Being and University Students Academic Achievement. *International Journal of Academic Research in Business and Social Sciences*, 10(7), 518–525. <https://doi.org/10.6007/ijarbss/v10-i7/7454>
- Novianti, L. E., Wungu, E., & Purba, F. D. (2020). Quality of Life as A Predictor of Happiness and Life Satisfaction. *Jurnal Psikologi*, 47(2), 93. <https://doi.org/10.22146/jpsi.47634>
- Nurchahyo, F. A., & Valentina, T. D. (2020). Menyusun skripsi di masa pandemi? Studi kualitatif kesejahteraan psikologis mahasiswa. *Prosiding Seminar Nasional Dan Call Paper “Psikologi Positif Menuju Mental Wellness,”* 136–143.
- Nurfitriani, T. S., & Setyandari, A. (2022). Hubungan Regulasi Diri Dalam Belajar Terhadap Stres Akademik Mahasiswa Kmpks Yogyakarta. *Jurnal of Counseling and Personal Development*, 4(1), 1–11.
- Pedhu, Y. (2022). Kesejahteraan Psikologis dalam Hidup Membiara. *Jurnal Konseling Dan Pendidikan*, 10(1), 65–78. <https://doi.org/10.29210/162200>
- Poudel, A., Gurung, B., & Khanal, G. P. (2020). Perceived Social Support and

- Psychological Wellbeing Among Nepalese Adolescents: The Mediating Role of Self-Esteem. *BMC Psychology*, 8(1), 1–8. <https://doi.org/10.1186/s40359-020-00409-1>
- Pramudita, R. (2017). *Hubungan antara Dukungan Sosial dan Psychological Well-being Mahasiswa Fakultas Ilmu Kesehatan Universitas Muhammadiyah Surakarta di masa Pandemi Covid-19*. Universitas Muhammadiyah Surakarta.
- Purnomo, F. H., & Suryadi, B. (2020). Uji Validitas Konstruk Pada Instrumen Religiusitas Dengan Metode Confirmatory Factor Analysis (CFA). *JP3I (Jurnal Pengukuran Psikologi Dan Pendidikan Indonesia)*, 6(2), 145–154. <https://doi.org/10.15408/jp3i.v6i2.9190>
- Rachmayani, D., & Ramdhani, N. (2014). Adaptasi Bahasa dan Budaya Skala Psychological Well-Being Fakultas Psikologi Universitas Muhammadiyah Surakarta. *Proceeding: Seminar Nasional Psikometri*, 253–268. <https://hdl.handle.net/11617/641>
- Rahama, K., & Izzati, U. A. (2021). Hubungan antara Dukungan sosial dengan Psychological Well-being pada Karyawan. *Jurnal Penelitian Psikologi*, 8(7), 94–106.
- Rivai, V. (2006). *Manajemen Sumber Daya Manusia untuk Perusahaan*. Raja Grafindo Persada.
- Ryff, C. D. (1995). Psychological Well-Being in Adult Life. *Current Directions in Psychological Science*, 4(4), 99–104. <https://doi.org/10.1111/1467-8721.ep10772395>
- Ryff, C. D. (2014). Psychological Well-Being Revisited: Advances in the Science and Practice of Eudaimonia. *Psychotherapy and Psychosomatics*, 83(1), 10–28. <https://doi.org/10.1159/000353263>
- Ryff, C. D., & Keyes, C. L. M. (1995). The Structure of Psychological Well-Being Revisited. *Journal of Personality and Social Psychology*, 69(4), 719–727. <https://doi.org/10.1037/0022-3514.69.4.719>
- Santrock, J. W. (2002). *Life-Span Development: Perkembangan Masa Hidup Edisi 5 Jilid 2*. Erlangga.
- Saputri, S. A., Hardjono, & Karyanta, N. A. (2013). Hubungan antara Religiusitas

- dan Dukungan Sosial dengan Psychological Well-being pada Santri Kelas VIII Pondok Pesantren Tahfidzul Quran Ibnu Abbas Klaten. *Jurnal Ilmiah Psikologi Candrajiwa*, 2(3), 22–31.
- Sarafino, E. P., & Smith, T. W. (2011). *Health Psychology: Biopsychosocial Interactions 7th Edition*.
- Schmutte, P. S., & Ryff, C. D. (1997). Personality And Well Being: Reexamining Methods And Meanings. *Journal Of Personality And Social Psychology*, 73(3), 549–559. <https://doi.org/10.1037/0022-3514.73.3.549>
- Setiawan, M. S., Eva, N., & Andayani, S. (2021). Religiusitas dan Kesejahteraan psikologis Mahasiswa Pengajar Bimbingan Belajar Al-Qur'an di Universitas Negeri Malang. *Psikoislamedia Jurnal Psikologi*, 6(1), 94–107. <https://doi.org/10.22373/psikoislamedia.v6i1.8999>
- Shah, K. M., Padli, J., Abu Talib, J., & Mukhtar, F. (2020). The Psychological Well Being from the University Students Perspective and Culture. *Pjeee*, 17(9), 2981–2994.
- Slimmen, S., Timmermans, O., Mikolajczak-Degrauwe, K., & Oenema, A. (2022). How Stress-Related Factors Affect Mental Wellbeing of University Students A Cross-Sectional Study to Explore the Associations Between Stressors, Perceived Stress, and Mental Wellbeing. *PLOS ONE*, 1–16. <https://doi.org/10.1371/journal.pone.0275925>
- Stanley, M., & Beare, P. G. (2007). *Buku Ajar Keperawatan Gerontik*. EGC.
- Sugiyono. (2010). *Metode Penelitian Pendidikan Pendekatan Kuantitatif, kualitatif, dan R&D*. Alfabeta.
- Surawan, & Mazrur. (2020). *Psikologi Perkembangan Agama: Sebuah Tahapan Perkembangan Agama Manusia*. K-Media.
- Thouless, R. H. (2000). *Pengantar Psikologi Agama*. Alih Bahasa oleh Machnun Husein. Raja Grafindo Persada.
- Untari, T. (2021). Kesejahteraan Subjektif pada Tipe-Tipe Kecenderungan Kepribadian Mahasiswa Bimbingan dan Konseling. *Jurnal Riset Mahasiswa Bimbingan Dan Konseling*, 7(2), 183–196.
- Wijanarko, A. P. (2023). *Hubungan antara Dukungan Sosial Keluarga dengan*

Kesejahteraan Psikologis pada Mahasiswa Tahun Pertama. Universitas Islam Sultan Agung Semarang.

Winman, T. D., & Soetjiningsih, C. H. (2022). Religiusitas dan Psychological Well-Being selama Masa Pandemi pada Anggota Gerakan Pemuda GPIB Tamansari Salatiga. *Philanthropy: Journal of Psychology*, 6(2), 111. <https://doi.org/10.26623/philanthropy.v6i2.4901>

Zahrah, N. A. N., & Sukirno, R. S. H. (2022). Psychological Well-Being pada Mahasiswa Santri Ditinjau dari Dukungan Sosial & Stress Akademik. *Jurnal Psikologi Integratif*, 10(2), 189–205. <https://doi.org/10.14421/jpsi.v10i2.2526>