

# THE INFLUENCE OF STUDENTS' TIME MANAGEMENT IN MEMORIZING THE QUR'AN WITH BEHAVIORISTIC APPROACH AT AL-AMIN ISLAMIC BOARDING SCHOOL PALUR

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## **Abstrak**

Al -Qur'an sebagai firman Allah yang agung dan salah satu mukjizat terbesar nabi mewajibkan bahwa setiap Muslim memiliki lebih baik menghafal, belajar, dan mempraktikkannya dalam kehidupan sehari-hari sehingga metode diperlukan untuk memahaminya. Tujuan dari penelitian ini adalah untuk menganalisis dan menjelaskan pengaruh motivasi pada manajemen waktu siswa yang menghafal al-Qur'an menggunakan metode perilaku dan pengaruh disiplin pada manajemen waktu siswa yang menghafal al-Qur'an menggunakan perilaku metode. Jenis penelitian adalah penelitian kuantitatif. Penelitian ini dilakukan pada siswa sekolah asrama al-Amin Islam yang berlokasi di Jl. Veteran, Palur Kulon, Palur, Distrik. Kabupaten Mojolaban, Sukoharjo. Proses mengumpulkan data melalui mendistribusikan kuesioner kepada responden. Menentukan ukuran sampel adalah dengan menggunakan pengambilan sampel acak sederhana. Jumlah sampel yang digunakan dalam penelitian ini adalah 20-30 siswa yang menghafal al-Qur'an. Berdasarkan hasil penelitian yang terkait dengan pengaruh motivasi, disiplin, dan manajemen waktu dengan teori behavioris kesimpulannya adalah bahwa: variabel motivasi siswa memiliki pengaruh yang signifikan pada manajemen waktu yang menghafal al-Qur'an (Y) dengan nilai  $0,000 < 0,05$ . Variabel disiplin memiliki pengaruh yang signifikan pada manajemen waktu untuk menghafal al-Qur'an (Y) dengan nilai  $0,002 < 0,05$ . Variabel metode behavioris memiliki efek yang signifikan pada manajemen waktu untuk menghafal al-Qur'an (Y) dengan nilai  $0,025 < 0,05$ .

**Kata kunci:** motivasi, disiplin, manajemen waktu.

## **Abstract**

The Qur'an as the word of Allah the Great and one of the greatest miracles of the Prophet obliges that every Muslim had better memorize, study, and practice it in everyday life so that a method is needed to understand it. The aim of this research is to analyze and explain the influence of motivation on the time management of students memorizing the Al-Qur'an using behavioristic methods and the influence of discipline on the time management of students memorizing the Al-Qur'an using behavioristic methods. The type of research is quantitative research. This research was conducted on the students of Al-Amin Islamic Boarding School Palur located on Jl. Veteran, Palur Kulon, Palur, District. Mojolaban, Sukoharjo Regency. The process of collecting data through distributing questionnaires to respondents. Determining the sample size is by using simple random sampling. The number of samples used in this research was 20-30 students who memorized the Al-Qur'an. Based on research results related to the influence of motivation, discipline, and time management with behaviorist theory the conclusion is that: The Student Motivation variable has a significant effect on Time Management Memorizing the Al-Qur'an (Y) with a value of  $0.000 < 0.05$ . The Discipline variable has

a significant effect on Time Management for Memorizing the Al-Qur'an (Y) with a value of  $0.002 < 0.05$ . The Behavioristic Method variable has a significant effect on Time Management for Memorizing the Al-Qur'an (Y) with a value of  $0.025 < 0.05$ .

**Keywords:** Motivation, Discipline, Time Management.

## 1. INTRODUCTION

Reading the Qur'an has many virtues and benefits that are emphasized in Islamic teachings. Reading the Qur'an is one of the practices that is highly recommended in the Islamic religion. Every letter read in the Qur'an will get a great reward. Prophet Muhammad said, "*Whoever reads one letter from the Book of Allah, then he gets one good thing, and one good thing is multiplied into ten good things like it. I'm not saying that Alif Lam Mim is one letter, but Alif is one letter, Lam is one letter, and Mim is one letter.*" (HR. Tirmidhi).

Reading the The Qur'an is a way to get closer to Allah. Allah (glory to him, the exalted) says in the Qur'an Surah Qaf verse (39):

وَمِنَ اللَّيْلِ فَسَبِّحْهُ وَأَدْبَارَ السُّجُودِ

"*And exalt yourself by praising your Lord before the sun rises and before it sets.*" (Qaf: 39).

By reading the Qur'an, we can improve our spiritual connection with Allah and feel His closeness. Reading the Qur'an is one of the most important acts of worship, the greatest taqarub and the greatest worship. Within are the greatest rewards and noble rewards (Ad-Dimyathi, 2013).

The Qur'an as the word of Allah the Most Great and one of the greatest miracles of the Prophet requires every Muslim to memorize, study and practice it in everyday life so a method is needed to understand it. Good time management is very important for students who are memorizing the Qur'an. A behavioristic approach to time management can have a positive influence on the effectiveness and efficiency of The Qur'an memorization process (Machmud, 2015).

The behavioristic approach emphasizes the importance of setting a regular schedule. Following a consistent schedule, students can allocate sufficient time for memorizing the Qur'an. This helps in optimizing existing time and avoiding wasting time (Akhmad Buhaiti, 2021). Emphasizes the importance of focus and discipline in carrying out activities. Santri are taught to focus their attention and energy on memorizing the Qur'an according to a predetermined schedule. With good discipline, students can avoid distractions or distractions that can hinder the memorization process (Yaumi, 2017).

Using positive and negative reinforcement as a form of motivation. In the context of memorizing the Qur'an, students can give rewards to themselves after achieving certain memorization targets as a form of appreciation. On the other hand, if students do not comply with the schedule or do not achieve targets, they can give consequences or punishment to themselves as motivation to be more disciplined and consistent. Encourage regular monitoring of progress. Students can carry out regular evaluations of their memorization progress, either independently or with the help of a teacher. By monitoring progress, students can identify areas that need improvement and adopt more effective strategies in the memorization process (Yaumi, 2017).

The relationship between time management and memorizing the Qur'an is important and interrelated. Memorizing the Qur'an is an effort that requires high commitment and discipline. Good time management will help obtain effective and efficient results in memorizing the Qur'an. When memorizing the Qur'an, good time management will help optimize the time you have to get maximum results. A combination of discipline, perseverance and good time management can achieve significant progress in memorizing the Qur'an (Sulastri et al., 2012). Based on the explanation above in this publication, the researcher aims to analyze the influence of motivation and discipline on students' time management in memorizing The Qur'an using behavioristic methods.

## **2. METHOD**

This research uses a quantitative research method which is a research method based on the philosophy of positivism, used to research certain populations or samples, data collection using research instruments, quantitative/statistical data analysis, with the aim of testing predetermined hypotheses (Sugiyono, 2017) . This research was conducted on students of Pondok Al-Amin Palur located at Jl. Veteran, Palur Kulon, Palur, District Mojolaban, Sukoharjo Regency, Central Java. The sample criteria in this study were students who were still memorizing 1-5 juz Qur'an.

The data collection process involves distributing questionnaires to respondents using a form. Determining the sample size is by using simple random sampling. The number of samples used in this research was 100 students who memorized the Qur'an. The type of data used in this research is primary data, namely data obtained through direct research results from respondents related to the research object. The hypothesis in this research is that H1: Motivation has a positive effect on time management for memorizing the Qur'an with a

behavioristic approach. H2: Discipline has a positive effect on time management for memorizing the Qu'ran with a behavioristic approach.

Data processing using Multiple Linear Analysis by analyzing the Model Accuracy Test which includes the  $R^2$  Test or Coefficient of Determination and the F Test or Goodness of Fit. Another test carried out is hypothesis testing by looking at the decision criteria for accepting or rejecting a hypothesis according to Ghozali (2016) as follows:

- a) Formulate a hypothesis for each group  $H_0$  = This means that partially or individually there is no significant influence between X and Y.  $H_1$  = means that partially or individually there is a significant influence between X and Y.
- b) Determine the level of significance, namely 5% (0.05).
- c) Comparing the significant level ( $\alpha = 0.05$ ) with the significant level of t which is known directly using the SPSS program with criteria:
  1. A significant value of  $t < 0.05$  means that  $H_0$  is rejected and  $H_1$  is accepted, meaning that all independent variables individually and significantly influence the dependent variable.
  2. A significant value of  $t > 0.05$  means that  $H_0$  is accepted and  $H_1$  is rejected, meaning that all independent variables individually and significantly do not influence the dependent variable.
- d) Comparing t count with the t table with the following criteria:
  1. If t count  $>$  t table, then  $H_0$  is rejected and  $H_1$  is accepted, meaning that all independent variables individually and significantly influence the dependent variable.
  2. If t count  $<$  t table, then  $H_0$  is accepted and  $H_1$  is rejected, meaning that all independent variables individually and significantly do not influence the dependent variable.

### 3. RESULTS AND DISCUSSION

Time management is the process of planning, organizing and controlling the use of time effectively and efficiently to achieve desired goals. This involves identifying the tasks that need to be done, appropriate time allocation for each task, setting priorities, avoiding time blockers, and using techniques or tools that help in optimizing the use of time (Grafiani, 2021).

### 3.1 The Student Motivation variable has a significant effect on Time Management for Memorizing the Qur'an (Y)

Based on table 1, the t-calculated value of student motivation is 8.839, which means 8.839 is greater than 1.98 and the significance value of 0.000 is smaller than 0.05. So it can be concluded that student motivation has a positive and significant effect on time management for memorizing The Qur'an. This research is in accordance with research conducted by Rahman (2021) related to "The Influence of Motivation for Reading The Qur'an and Time Management in Improving the Quality of The Qur'an Reading for Santri Kareem Bil Qur'an Depok, West Java".

The results of testing the first hypothesis show that there is a positive and significant influence between the motivation to read The Qur'an on the quality of The Qur'an reading of Students Kareem Bil Qur'an Depok. Second, there is a positive and significant influence between time management on the quality of Santri Kareem Bil Qur'an reading of The Qur'an. Third, there is a positive and significant influence between motivation to read The Qur'an and time management on the quality of Students Kareem Bil Qur'an reading of The Qur'an.

**Table 1.** Multiple Linear Regression Test Results

Variable		Coefficient	tcount	Sig
Constant		1,995	1,025	0,308
Student Motivation		0,077	8,839	0,000
Student Discipline		0,414	3,264	0,002
Behavioristic Method		0,358	-2,279	0,025
R Square	0,771			
F Count	107, 518			0,000

A high level of motivation is often reflected in a person's energy level and activeness. Motivated individuals tend to have passion and enthusiasm in carrying out their tasks. Strong motivation is often indicated by a person's level of perseverance and resilience in facing challenges or obstacles. High motivation is often reflected in a person's level of interest and satisfaction with what they do. The level of motivation can be seen through a person's level of emotional endurance. Motivated individuals tend to be better able to face stress, failure or disappointment with a positive and optimistic attitude (Suryono, 2021).

### 3.2 The Discipline variable has a significant effect on Time Management for Memorizing the Qur'an (Y)

Based on table 1, it shows that the t-count value for student discipline is 3.264, which means 3.264 is greater than 1.98 and the significance value of 0.002 is smaller than 0.05. So it can be concluded that student discipline has a positive and significant effect on time management for

memorizing the The Qur'an. These results are in accordance with research conducted by Pasaribu (2018) regarding "The Influence of Memorizing The Qur'an on Learning Discipline and Learning Achievement in Muhammadiyah Suronatan Elementary School Students in Yogyakarta"

The results of this research, the level of memorization of The Qur'an is in the very good category, the level of learning discipline is in the good category, the level of learning achievement is in the very good category, there is a significant influence of memorizing The Qur'an on learning discipline, there is a significant influence of memorizing Al-Qur'an -Qur'an on learning achievement, there is a significant influence of learning discipline on learning achievement, indirect influence of memorizing the Al-Quran on learning achievement (Pasaribu, 2018).

Discipline is a person's ability or habit to regulate oneself, follow established rules, actions or tasks, and comply with obligations and responsibilities with persistence and thoroughness. Discipline involves self-control and compliance with standards or norms set, either by the individual himself, an authority, or the surrounding environment. Disciplined individuals tend to obey the rules, norms and regulations set both by themselves and by the surrounding environment. They respect the rules and enforce them consistently.

Discipline is also reflected in a person's ability to respect time and carry out tasks or obligations according to a specified schedule. Disciplined individuals will arrive on time, complete work according to deadlines, and respect other people's time. Keep in mind that discipline is a quality that can be developed and improved through practice, self-awareness, and the development of positive habits. These indicators can help identify a person's level of discipline and provide an idea of areas where a person can improve their discipline.

### **3.3 The Behavioristic Method variable has a significant effect on Time Management for Memorizing The Qur'an (Y)**

Value  $t_{count}$  From the linear regression analysis, it shows that the behavioristic method is -2.279, which means -2.279 is greater than 1.98 and the significance value of 0.025 is smaller than 0.05. So it can be concluded that the behavioristic method has a positive and significant effect on time management for memorizing the The Qur'an. The results of this research are in accordance with research conducted by Zain (2019) regarding "The Influence of Ustadz/Ustadzah Mentoring and Discipline on the Quality of Santri Qur'an Memorizing at the Yasin Kudus Islamic Boarding School in 2018" research results show that ustadz/ustadzah mentoring, ustadz discipline /ustadzah and the quality of the students' memorization of The Qur'an are respectively in the good category, namely 54, 46 and 81. There is a significant

influence between the mentoring of the ustadz/ustadzah and the quality of the students' memorization of The Qur'an. The relationship between mentoring and discipline of ustadz/ustadzah simultaneously with the quality of students' memorization of The Qur'an is positive and significant.

Behavioristic theory is widely used in the fields of psychology, education and behavioral therapy. This approach focuses on observing behavior that can be observed objectively, as well as providing a framework for changing undesirable behavior through positive reinforcement or negative punishment. However, this theory also has criticisms and limitations, including less emphasis on cognitive factors and neglect of the complexity and uniqueness of individuals.

Behavioristic theory emphasizes the importance of positive reinforcement in establishing and maintaining desired behavior. In the context of memorizing the Qur'an, positive reinforcement can be in the form of gifts or awards given to oneself after achieving certain goals in memorizing the Qur'an. Behaviorist theory also emphasizes the importance of forming habits through repetition and reinforcement. When memorizing the Qur'an, it is important to set a regular and consistent schedule to spend time memorizing every day. Memorizing consistently can form a strong habit of memorizing the Qur'an. Behaviorist theory recognizes that the environment can influence behavior. In the context of memorizing the Qur'an, it is important to create a supportive environment.

#### **4. CLOSING**

The results of the research related to the influence of motivation, discipline and time management using behavioristic methods, it was concluded that the Santri Motivation variable had a significant effect on Time Management for Memorizing The Qur'an (Y) with a value of  $0.000 < 0.05$ . Motivation to memorize the Al-Quran has a significant influence on students' time management in improving memorization. Apart from that, the Discipline variable has a significant effect on Time Management for Memorizing The Qur'an (Y) with a value of  $0.002 < 0.05$ . Discipline has a positive influence on time management for memorizing the Qur'an for students. Finally, the Behavioristic Method variable has a significant effect on Time Management for Memorizing The Qur'an (Y) with a value of  $0.025 < 0.05$ . There is a significant influence between the guidance of ustadz/ustadzah and the quality of students' memorization of the Qur'an.

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