

## CHAPTER I

### INTRODUCTION

#### A. Background

Reading the Qur'an has many virtues and benefits that are emphasized in Islamic teachings. Reading the Qur'an is one of the highly recommended practices in Islam. Every letter read in the Qur'an will get a great reward.

The Prophet Muhammad (SAW) said, "Whoever reads one letter from the Book of Allah, then he gets one good, and one good is multiplied into ten similar good. I do not say that Alif Lam Mim is one letter, but Alif is one letter, Lam is one letter, and Mim is one letter." (HR. Tirmidhi).

Reading the Qur'an is a way to get much closer to Allah. Allah SWT says in the Qur'an Surah Qaf Verse (39):

وَمِنَ اللَّيْلِ فَسَبِّحْهُ وَأَدْبَارَ السُّجُودِ

"And praise your Lord before the rising of the sun and before its setting." (QS. Qaf: 39).

By reading the Qur'an, we can increase our spiritual relationship to Allah and feel His closeness. Reciting the Qur'an is one of the greatest acts of worship, the greatest taqarub and the greatest act of worship. It has the greatest reward and the noblest one.<sup>1</sup>

The Qur'an as the word of Allah the Great and one of the greatest miracles of the Prophet obliges that every Muslim had better memorize, study, and practice it in everyday life so that a method is needed to understand it.<sup>2</sup> Good time management is very important for students who are memorizing the Qur'an. A behavioristic approach

---

<sup>1</sup> Ad-Dimyathi, ayyid Bakri bin Sayyid Muhammad Syatha. 2013. *Kifayatul Atqiya wa Minhajul Ashfiya*. Beirut: Al-Haramain Jaya, page 22.

<sup>2</sup> Machmud Ammar. 2015. *Kisah Penghafal Al-Qur'an*. Jakarta: Elex Media Komputindo, page 30.

to time management can have a positive influence on the effectiveness and efficiency of the Qur'an memorization process.<sup>3</sup>

In reality not every students have willingness to form discipline or habit of memorizing Qur'an or even reading it regularly. This unwillingness can be helped by motivation or good environmental regulation that usually present in Islamic boarding school.

The behavioristic approach emphasizes the importance of setting a regular schedule. Following a consistent schedule, students can allocate enough time for Qur'anic memorization activities. It helps in optimizing the available of time and avoiding time waste.<sup>4</sup>

Emphasizing the importance of focus and discipline in carrying out activities. Students are taught to focus their attention and energy on memorizing the Qur'an according to a predetermined schedule. With good discipline, students can avoid distractions that can hinder the memorization process.

Using both positive and negative reinforcement as forms of motivation. In the context of memorizing the Qur'an, students can give rewards to themselves after achieving certain memorization targets as a form of appreciation.<sup>5</sup> Conversely, if students do not adhere to the schedule or do not reach the target, they can give consequences or punishments to themselves as motivation to be more disciplined and consistent.<sup>6</sup>

Encourages regular progress monitoring, students can conduct regular evaluations of their memorization progress, either with independent way or with the

---

<sup>3</sup> *Ibid.*,

<sup>4</sup> Akhmad Buhaiti and Cutra Sari. 2021. *Modul Pembelajaran Al-Qur'an dengan Metode Bismillah (Baca-Tulis-Tela'ah) PAUDQu Kementerian Agama Kota Depok*. Banten: Penerbit A-Empat, page 10.

<sup>5</sup> Muhammad Yaumi. 2017. *Prinsip-Prinsip Desain Pembelajaran: Disesuaikan Dengan Kurikulum 2013 (Second Edition)*, Jakarta: Prenada Media, page 23.

<sup>6</sup> *Ibid.*,

help of teachers.<sup>7</sup> By monitoring progress, students can identify areas for improvement and adopt more effective strategies in the memorization process.<sup>8</sup>

The behavioristic approach also recognizes the influence of the environment on behavior. Students can create an environment that is conducive to Qur'anic memorization, such as a quiet and distraction-free study place. A suitable atmosphere will help students to increase their focus and concentration during memorization sessions.<sup>9</sup>

The implementation of the behavioristic approach in Qur'an memorization time management, it is important to notice to Islamic principles that regulate behavior and life order. The main purpose of this approach is to achieve discipline, diligence, and punctuality in obtaining blessings from the Qur'an memorization process.<sup>10</sup>

The relationship between time management and memorizing the Qur'an is important and they are related one another. Memorizing the Qur'an is an effort that requires high commitment and discipline.<sup>11</sup> Good time management is going to help achieve effective and efficient results in memorizing the Qur'an. In memorizing the Qur'an, good time management is going to help the optimization of the time you have to get maximum results. With discipline, perseverance, and good time management, significant progress can be made in memorizing the Qur'an.<sup>12</sup>

---

<sup>7</sup> Muhammad Saprin Yahya and Muhammad and Ahmad Syarif. 2022. Efektivitas Penerapan Metode Menghafal Al Qur'an terhadap Kemampuan Hafalan Santri di Pondok Pesantren Al Imam Ashim Makassar. *ISTIQRRA*, 10(1), 85–94. <https://doi.org/10.24239/ist.v10i1.1023>, page 1-15

<sup>8</sup> *Ibid.*,

<sup>9</sup> M Faiq Faizin. 2020. Efektivitas Pembelajaran Tahfidz Al-Qur'an melalui Habitiasi di Pondok Pesantren Hamalatul Qur'an Jogoroto Jombang. *Hamalatul Qur'an: Jurnal Ilmu Ilmu Alqur'an*, 1(2), 63–78. <https://doi.org/10.37985/hq.v1i2.12>, page 17-31.

<sup>10</sup> *Ibid.*,

<sup>11</sup> Devi Sulastri, Imam Makruf and Supriyanto. 2022. Manajemen Waktu Maha Santri dalam Menghafal Al Qur'an di PPTQ Griya Qur'an 7 Surakarta. *Fikrah: Journal of Islamic Education*, 6(1), 61. <https://doi.org/10.32507/fikrah.v6i1.1512>, page 21-40.

<sup>12</sup> *Ibid.*,

There are several studies on methods for memorizing the Qur'an as conducted by Khamid.<sup>13</sup> Regarding to the method for memorizing the Qur'an, it was found that muraja'ah is an ideal concept for strengthening Qur'an memorization. Although there are some obstacles such as laziness, but by motivating yourself and repeating, obstacles can be overcome.

Nurtsany in her research explains that there are problems found in memorizing the Qur'an, namely internal factors such as laziness, impatience, and lack of time management and external factors such as the influence of the social environment.<sup>14</sup>

Based on the explanation in the background, the researcher will conduct an analysis related to time management on the process of memorizing the Qur'an with behavioristic methods. Researchers in this analysis proposed a thesis title: "The Influence of Students' Time Management in Memorizing the Qur'an with a Behavioristic Approach at Al-Amin Palur Islamic Boarding School."

## **B. Problem Formulation**

The problem formulation in this research is as follows:

1. Does motivation affect the time management of students memorizing the Qur'an with behavioristic methods?
2. Does discipline affect the time management of students memorizing the Qur'an with behavioristic methods?

---

<sup>13</sup> Abdul Khamid, Rofiqotul Munifah and Aida Dwi Rahmawati. 2021. Efektifitas Metode Muraja'ah dalam Menghafal Al-Qur'an pada Santri Pondok Pesantren. *Al-TA'DIB: Jurnal Kajian Ilmu Kependidikan*, 14(1), 31. <https://doi.org/10.31332/atdbwv14i1.1432>, page 10-24.

<sup>14</sup> Nurtsany, R., Putra Raihan Nur Alam, Linda Hodijah, & Imam Tabroni. 2020. Penanganan Problematika Menghafal Al-Qur'an Bagi Santri Di Pondok Pesantren Baitul Quran Cirata. *Lebah*, 14(1), 14-19. <https://doi.org/10.35335/lebah.v14i1.65>, page 7-19.

### **C. Research Objectives**

The objectives of this research are as follows:

1. To analyze and to explain motivation affects the time management of students memorizing the Qur'an with behavioristic methods.
2. To analyze and to explain discipline affects the time management of students memorizing the Qur'an with behavioristic methods.

### **D. Research Benefits**

The benefits of this research are as follows:

#### 1. Theoretical Benefits

This research is expected to be able to contribute to the Islamic intellectual treasury especially regarding to the influence of students' time management in memorizing the Qur'an with a behavioristic approach.

#### 2. Practical Benefits

This study aims to provide additional information and insight or horizon for students in the time management of memorizing the Qur'an with a behavioristic approach.