

DISSOCIATIVE IDENTITY DISORDER (DID) IN M.NIGHT SHYAMALAN'S MOVIE *SPLIT* (2017) : PSYCHOANALYTIC PERSPECTIVE

Yudhistira Laksamana Satria; Thoyibi

Department of English Education, Faculty of Teacher Training and Education,
Muhammadiyah University of Surakarta

Abstrak

“Dissociative Identity Disorder (DID) In M.Night Shyamalan’s Movie Split (2017) : Psychoanalytic Perspective” dipilih sebagai judul dari penelitian ini untuk mengetahui bagaimana penyakit ini ditunjukkan dalam film tersebut. Tujuan dari penelitian ini adalah untuk mengetahui latar belakang gangguan identitas disosiatif, gangguan identitas disosiatif dari perspektif psikoanalitik, dan alasan mengapa M. Night Shyamalan menulis isu ini dalam film tersebut. Penelitian ini menggunakan metode kualitatif. Peneliti menggunakan film SPLIT karya M. Night Shyamalan sebagai sumber datanya. Data yang diperoleh dengan hermeneutik. Pertama, penyebab tokoh utama terserang penyakit tersebut karena kekerasan fisik dari ibunya. Kedua, data analisis yang ditemukan hanya 2 jenis. Mereka adalah id dan superego yang berisi tujuh adegan id dan satu adegan super ego. Identitas tersebut sering ditunjukkan oleh tokoh utama dengan kekerasan fisik. Super ego lainnya ditunjukkan dengan moral. Terakhir, alasan sutradara menulis isu ini di film adalah untuk menyadarkan masyarakat tentang penyakit ini.

Kata Kunci: Gangguan Identitas Disosiatif, M.Night Shyamalan, Film Split, Psikoanalisis.

Abstract

"Dissociative Identity Disorder (DID) In M.Night Shyamalan's Movie Split (2017): Psychoanalytic Perspective" was chosen as the title of this study to find out how the disease is shown in the film. The purpose of this study was to determine the background of dissociative identity disorder, dissociative identity disorder from a psychoanalytic perspective, and the reasons why M. Night Shyamalan wrote this issue in the film. This study uses qualitative methods. Researcher uses M.Night Shyamalan's movie as the source of the data. Data obtained by hermeneutics. First, the cause of the main character's illness is due to physical violence from his mother. Second, the analysis data found only 2 types. They are the id and the superego which contain seven scenes of the id and one scene of the super ego. The identity is often shown by the main character with physical violence. Other Super egos are indicated by morals. Finally, the reason the director wrote this issue in the film is to make people aware of this disease.

Keywords: Dissociative Identity Disorder, M.Night Shyamalan, Split movie, Psychoanalysis

1. INTRODUCTION

Since we live in the modern age, so much kind of literature appears that we can see right now. One of the examples of literature in this modern age is movie. Movie is one of many kinds of literature which is a series of immovable images, that when it showed in the screen, it will creates an illusion of moving images. Movie also included into communication media because it deliver a messages in implicitly or explicitly through

symbol, etc. Basically, movie can be grouped into two, movie fiction and non fiction. Fiction movie and non fiction was produced based on story which created by writers and played by actress and actor. Fiction movie usually using computer-generated imagery (CGI) to visualize the scene. For example How to Train Your Dragon, Avengers movie, Harry Potter, and many more. Non stories is a movie that created from real life not imagination. This movie also using actress and actor. It can be based biography, documentary, a trip, etc. For example: 127 Hours (2010), Freedom Writers (2007), Pursuit of Happyness (2006), etc.

After the researcher watch the *Split* movie (2017) by M.Night Shyamalan, the author wants to know more about the Dissociative Identity Disorder. The movie was one of the successful thriller movie with rate 7.3/10 by IMDB. The genre itself is psychology combine with thriller. M.Night Shyamalan itself like to make movie like *Split* because he is an expert of making movie about thriller genre.

According to catalinapoliczer on imdb's review, said that the movie was outstanding comeback for M.Night Shyamalan's fans. James McAvoy played it well as the main character who have many different identity. It can be one of the thriller movie that you must see because it has fantastic cinematography and the plot was interesting.

According to austinfromdahood on imdb's review, said that the movie was amazing because of the cinematography, the camera angles and also about the story of it. The movie was thriller but horror, so when you watch it, you will feel very intense with the movie. James McAvoy as the main character and Anya Taylor Joy as the side character played it well and also James McAvoy got an oscar of his performance in the movie. That's why this movie was one of his favorite movie all the time.

Based on background above, researcher takes three problem statements. First, the causes dissociative identity disorder on main character. Second, how the dissociative identity disorder showed in the movie by psychoanalytic perspective. Last, the reason the director write this issue in the movie. The research have three objective of the study. First, to know the background of the dissociative identity disorder on main character. Second, to know how the dissociative identity disorder showed in the movie by psychoanalytic perspective. Third, the reason the director write this issue in the movie.

2. METHOD

2.1 Type of the Study

The type of the study is literary study that focuses in the academic field with the aim of finding the literary work. The researcher using qualitative research. This relates to the issue raised by the researcher, namely Dissociative Identity Disorder of M. Night Shyamalan's movie *Split* (2017) : Psychoanalytic Perspective through the structural component of the literary work.

2.2 Object of the Study

The object of this study is a movie by M. Night Shyamalan entitled *Split* (2017). The movie have 1 hour and 57 minutes and the genre is thriller.

2.3 Types of Data and Data Sources

The type of the data in this research are texts and pictures. It consists of script or subtitle and screenshot from the movie. The data sources consists of two categories, they are primary and secondary data source. The primary data source is the *Split* movie by M. Night Shyamalan which was released in 2017. The secondary data source are other resources such as journals, books, articles, websites and also research that have the same object like this research.

2.4 Method of Collecting Data

The method of the collecting data in this research are copy paste and screenshot. The steps of collecting data that author use are :

- 1) Watch M. Night Shyamalan's movie *SPLIT* (2017)
- 2) Finding the text and picture that related to the research.
- 3) Classifying the data into several categories, which is include text and picture.
- 4) Drawing the conclusion from the data.

2.5 Method of Data Analysis

The method of data analysis that author use is Hermeneutics. The analysis is begin from the structural analysis and then the psychoanalytic analysis of the literary of the literary works. The steps of analyzing the data are as follows: first, analyzing the data from its structural elements, second, analyzing the data based on psychoanalytic perspective.

3. FINDING AND DISCUSSION

3.1 Findings

3.1.1 The background of Dissociative Identity Disorder on main character

Kevin Wendell Crumb has dissociative identity disorder (DID) because of his past trauma. His mother was suffered obsessive-compulsive disorder (OCD) and abusive and also his father mysteriously disappeared from train accident one day. As we know from the movie, the main character have 24 different personality but not all shown in the movie. Each alters have different characteristics.

3.1.2 The reason why M.Night Shyamalan write about Dissociative Identity Disorder in Split movie.

M.Night Shyamalan is one of the successful directors in making thriller genre films. In his time, he made this film about Dissociative Identity Disorder so that people are aware of the dangers posed by this disease. The film tells the story of a mental illness or split personality caused by an unpleasant past incident that was committed by the mother of the main character. This disease does not only occur because of past events due to violence, it can also occur when someone experiences depression, drug addiction, even natural disasters. Therefore, the director tries to remind the public about the importance of mental health and how to act with people with mental health disorders. Unfortunately, when the film was released to the big screen, the film received a lot of harsh or unfavorable critics who attacked M.Night Shyamalan that he was exaggerating about the disease, but he did not think too much about it and will make a follow-up film.

3.2 Discussion

3.2.1 Conclusion from finding

From the movie, the main character suffered Dissociative Identity Disorder because of his past traumas from his mother which she is so abusive to him. Matching what is on the movie with data from internet, mostly people got DID because of past trauma. This disease does not only occur because of past events due to violence, it can also occur when someone experiences depression, drug addiction, even natural disasters. It can be aid not only with medicines but also support from their closest people such as family, friends and the environment.

Based on the data above, there are seven scene of id and one scene of super ego. All of the scene of id are mostly physical abuse because the main character just want to fulfill his pleasure. The scene of super ego on the movie shows that The Beast (the 24th

alters of main character) try to kill the last girl, Casey, then he saw that the girl's body have scars from her past which is same like him, so he let her go.

The main reason why the director write about this issue in his movie so people can aware about this disease. Maybe for some people don't care about mental issue, but it is very important to know about. The film tells the story of a mental illness or split personality caused by an unpleasant past incident that was committed by the mother of the main character. This disease does not only occur because of past events due to violence, it can also occur when someone experiences depression, drug addiction, even natural disasters. Therefore, the director tries to remind the public about the importance of mental health and how to act with people with mental health disorders.

3.2.2 Finding related to psychoanalytic perspective

From the findings above according to Freud's theory of psychoanalytic, only found 2 parts namely id and super ego. Id is a fundamental part of the human being, it usually can happen unconsciously or spontaneously that aims to fulfill their needs regardless of others. The Superego is a combination of the id and ego because this part of human that can think about good and bad things according to society. In this film, mostly about id rather than superego because the main character will act at will without caring about others in order to fulfill his needs. Super ego in this film there is only one scene that is near the end of the section. In that scene, the main character see the last girl he would kill has scars like him so he lets her go because she feel the same.

3.2.3 The research related to previous studies

From the previous studies above, it can be conclude that it based on the same object, *Split* movie by M.Night Shyamalan. There are eight people who analyze about *Split* movie. They research about mental illness, Dissociative Identity Disorder (DID) and narrative structure of the movie. There is no people using psychoanalytic perspective. This research has a position as a complement to previous research.

4. CLOSING

The movie SPLIT tells about dissociative identity disorder or multiple identity disorder. The main character has suffered dissociative identity disorder because of past traumas. The author tries to discover the background of main character that causes dissociative

identity disorder, show the Dissociative Identity Disorder in *Split* by psychoanalytic perspective, and the reason why the director write this issue in the movie.

Based on the analysis, researcher finds the id and super ego. Those are: seven scene of id which shows all of the physical abuse which he only want fulfill his pleasure and one scene of super ego about the reason why the main character didn't kill the last girl, Casey, because he saw the girl's body which same like him that caused by physical abuse in the past. The reason why the director write this issue is because he wants people to aware and know the danger posed by this disease.

REFERENCES

- Asia, J., & Samanik, S. (2018, July). *Dissociative Identity Disorder Reflected in Frederick Clegg's Character in The Collectors Novel*. In English Language and Literature International Conference (ELLiC) Proceedings (Vol. 2, pp. 424-431).
- Darwati, M., Departement, E. L., & Faculty, H. (2018). *Personality Disorder and Defense Mechanism of the Main Character in the Split Film*.
- Gurnita, Isye. (2018). *Penggambaran Identitas Disosiatif Dalam Film Split (Analisis Semiotika Charles Sanders Pierce)*.
- Keanu Adepati, M. (2018). *Narrative Structure of The Minds of Billy Milligan Novel and Split Film: A Comparative Study*. Indonesian Library of Teknokrat Universities.
- Nur Utami, Lia and , Dr. Phil. Dewi Candraningrum, S. Pd, M. Ed (2016) *The Influence Of Western Culture In Elinore's Inner Conflict In Sense And Sensibility Psychoanalytic Approach*.
- Rahayu, Titis Sri and , Titis Setyabudi, S.S. M. Hum (2017) *Katnis Everdeen's Ambition In The Hunger Games Trilogy Novel (2008 – 2010) By Suzanne Collins: A Psychoanalytic Approach*.
- Rizky Disa, P. (2018). *The Reflection of Maslow's Hierarchy of Needs in Kevin Wendell Crumb's Alter Personalities Characters in SPLIT Movie by M.Night Shyamalan*.
- Sanita, Lidiya. (2019). *The Analysis Of Alter Ego In The Main Character In Split Movie*.
- Sari, Ratih Juwita (2018). *Peran Perubahan Karakter Pada Tokoh Utama Dalam Pembangunan Tahapan Tangga Dramatik Pada Film "Split"*
- Setiawan, Luqfi Nurul and , Dr.Phil. Dewi Chandraningrum, S.pd, ME.d (2016) *Parenting Reflected In The Annisa Novel By John Michalsons (2015): A Psychoanalytic Approach*.
- Setyawan, Dedy and , Dr. Phil. Dewi Candraningrum, M.Ed. and , Titis Setyabudi, S.S. M. Hum (2016) *Personality Of Nora Reflected In Henrik Ibsen A Doll's House Play (1879): A Psychoanalytic Approach*.
- Valentic, Stefanie (2016). *Sincerely Stefanie: Upcoming M. Night Shyamalan Movie "Split" Vilifies Mental Illness*.

Verhulst, Madison (2017), "*Psycho*," *Fight Club*," and *Split*:" *Dissociative Identity Disorder in Film*". Honors Theses AY 16/17. 47.