

CHAPTER I

INTRODUCTION

A. Background Of The Study

Lately concerts are often the talk of music lovers. After the covid-19 pandemic subsided, concerts began to be held again in Indonesia. Concert is another term for a musical performance presented by the audience and fans. Musicians are people who give musical performances and are talented in their field of composing songs. Giving the best performance is the hope for every musician when holding a musical performance. Besides wanting to give the best, there is anxiety that affects one's musical performance. This is called Musical Performance Anxiety (MPA) or Stage Fright. (Parncutt & McPherson, 2002)

Stage fright often occurs when a person is faced with many people and becomes the center of attention to give an appearance. Stage fright is even experienced by some people regardless of gender, age or even one's occupation. Even some well-known musicians in Indonesia admit that they experience stage fright before performing their music. Iwan Fals, one of the legendary musicians in Indonesia, also admits that he still often experiences baking fever and feels nervous when on stage. Iwan Fals asked the committee to give him a waiting room near the toilet back and forth to the restroom while waiting for his time to sing behind the stage. (Arie Puji Waluyo, 2023)

Stage fright is a type of social anxiety that is common in society. This problem frequently arises when a person is required to meet a large number of people, causing him to become the center of attention. This is something that many musicians, whether professional or amateur, experience. When someone

experiences social anxiety, they will tend to show behaviors that can hinder their appearance in public. (Fidler, 1987).

Studer et al (2011) states that the notion of Performance Anxiety or often referred to as stage fright is a form of a collection of disorders that affect an individual in giving various efforts such as public speaking, performing arts, sports and music performances. Meanwhile, according to Gabbard (1979) Stage fright is an experience arising from anxiety from the appearance of an artist, public speaker, or musical performance where the focus of attention of others.

The study of literature has a broad and complex scope. The source of complexity in literary works is the way people give appreciation. Through appreciation, that is poured so as to provide the form of an imaginative idea that can be enjoyed and utilized by the general public. The form of the literary work can be a film/movie, a play, poetry, a short story, or a novel. Literary works can reflect problems in the real world so that, in their descriptions, they can be discussed in the form of research papers.(Arnetta & Amelia, 2022).

A movie is a form of literary work and a means of entertainment that is quite enjoyed by the public. A movie is a series of moving images with audio captured by a camera to form a story or event.(Auliya & Wibowo, 2010). Movies are packaged in an appealing manner so that viewers can obtain interesting information and messages. Movies are a reflection of real life, so it is not uncommon for movies to contain information related to real life.(Arnetta & Amelia, 2022).

"Star is Born Movie" is an American romantic musical drama produced and directed by Bradley Cooper and written by Eric Roth, Cooper, and Will Fetters. This film tells the story of the journey of two famous musicians, namely Jackson Maine and Ally, played by Bradley Cooper and Lady Gaga. Jack saw Ally as an aspiring singer who would become very famous in the future. Until, finally, they got acquainted and started a concert

tour. As musicians, of course they want to look perfect and not disappoint the audience with their performances. Of course, this creates a sense of nervousness and anxiety. This can be said to be social anxiety, where it triggers someone to experience stage fright.

The film *A Star Is Born* begins with a very famous musician who is an addict named Jackson Maine meets Ally at a transvestite bar. Jackson was very impressed with Ally's singing performance, who was good at rendition of the song. Jack tried to convince Ally that he would become a famous musician, but Ally was not confident because she had trauma in the past. Jackson convinced Ally by telling her about his background so he became a musician and how he became an addict and could become a musician. Until finally Ally got the confidence and courage to appear on stage with her song.

In the film, Ally's character is increasingly successful in her career, while Jackson's career continues to decline until the end of the story. Jackson often made mistakes on stage that made his career decline. Coupled with Jackson's illness which was getting worse so he needed special treatment. Besides, Jackson also did rehabilitation as an alcoholic. This was done to improve Jackson's mental condition, his wife's ally also supported Jackson.

In this study, the authors focus on discussing the stage fright in *A Star Is Born*. Researchers are interested in analyzing the film "A Star is Born" from a psychoanalytic perspective because an individual must be confident in his abilities so that he can focus on solving existing problems. There are several important points that will be discussed in "A Star Is Born." First, the cause of a sense of social anxiety from stage fright behavior in the film *A Star Is Born*; second, the depiction of stage fright behavior reflected in the film; and third, the point of view of Bradley Cooper as a director regarding the stage fright behavior reflected in the film.

B. Research Question

Based on the background of the study above, several problems can be formulated that can be used as questions, namely:

1. What caused Stage Fright in A Star Is Born (2018) movie?
2. How was Stage Fright depicted in A Star Is Born (2018) movie?
3. Why was Bradley Cooper's address in Stage Fright in A Star Is Born (2018) movie?

C. Objective of the study

Objective of the study i Based on the formulation of the problem above, that the object of the study is to show the assumptions of the film A Star Is Born from the point of Stage Fright, Therefore, this research aims to:

1. To identify the causes of stage fright in the film A Star is Born (2018)
2. To describe how stage fright is depicted in the film A Star is Born (2018).
3. To reveal the reason why was director address Stage Fright in A Star Is Born (2018) movie

D. Benefits of the study

The results of the research conducted are expected to provide benefits, including:

follower:

1. Theoretical Benefits

Through the research conducted, it is hoped that the results of this research can be a r eference for further research related to other researchers to analyze the film A Star Is Born (2018) by Bradley Cooper.

2. Practical Benefits

This research is expected to enrich the knowledge and experience of the author and other students at the Muhammadiyah University of Surakarta or other universities students to deepen their knowledge and insights in the fields of literature and psychology..