

**THEODORE FINCH'S SUICIDE IN ALL THE BRIGHT PLACES NOVEL**

**BY JENNIFER NIVEN (2015): A PSYCHOLOGICAL PERSPECTIVE**



**RESEARCH PAPER**

**Submitted as a Partial Fulfilment of the Requirements  
for Getting Bachelor Degree of Education in English Department  
Teacher Training and Education Faculty**

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2021**

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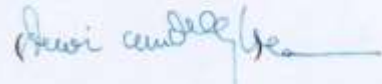
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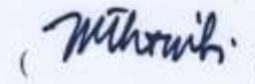
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## DECLARATION OF ORIGINALITY

I herewith declare that the **manuscript** entitled:

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BY JENNIFER NIVEN (2015): A PSYCHOLOGICAL PERSPECTIVE**

is my original work. The manuscript has not been published and is not being submitted or considered for publication in any journal. The text, illustrations, or any other materials included in the manuscript contains no plagiarism nor violation of any rights of third parties. If later this manuscript is proven to be plagiarism or violating any rights of third parties, I am prepared to take public responsibility for the work.

Surakarta, 9 September 2021

The Researcher



Sintia Rahmawati

## **MOTTO**

People can be so quiet about their pain, that you forget they are hurting. That is why it is so important to always be kind.

## **DEDICATED**

I will dedicate this thesis to:

- The greatest Allah SWT.
- My parents who I love, Mr. Mulyanto, S.pd. M.pd. and Mrs. Siti Nurhayati.
- My lovely sister Tyas Yanuar Ikawati and her family.
- My supervisor, Dr. Phil.DewiCandraningrum, S.Pd., M.Ed.
- My dearest friends.

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I hope this thesis will be useful for those who read it.

Researcher.

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## **THEODORE FINCH'S SUICIDE IN ALL THE BRIGHT PLACES NOVEL BY JENNIFER NIVEN (2015): A PSYCHOLOGICAL PERSPECTIVE**

### **ABSTRAK**

Tujuan penelitian ini adalah: 1) Mendeskripsikan karakteristik Theodore Finch yang digambarkan dalam novel *All the Bright Places*; 2) Untuk mengetahui alasan yang memotivasi Finch untuk melakukan bunuh diri; dan 3) Untuk mengetahui cara-cara yang dilakukan Finch untuk membahayakan nyawanya. Jenis penelitian yang digunakan peneliti adalah penelitian kualitatif. Pada objek material, peneliti menggunakan novel *All The Bright Places* karya Jennifer Niven yang diterbitkan pada tahun 2015 oleh Knopf Publishing Group. Objek formalnya adalah bunuh diri Finch. Analisisnya menggunakan pendekatan psikologis. Hasil penelitian menunjukkan bahwa karakteristik Theodore Finch dalam novel *All The Bright Places* adalah cerdas, peduli, depresi, bunuh diri, moody, cemas, agresif, dan pemaarah. Alasan yang memotivasi Finch untuk melakukan bunuh diri dilihat dari aspek psikologis yang dikemukakan oleh Alfred Adler meliputi enam prinsip dasar teori psikologi individu: perasaan rendah diri, berjuang untuk superioritas, gaya hidup, minat sosial, daya kreatif, dan finalisme fiksi. Karena Finch menderita bipolar, ia mencoba untuk meringankan penderitaan itu dengan melakukan upaya yang mengancam hidupnya yang ditandai dengan beberapa tahap seperti: Kecemasan umum, Gangguan Kecemasan, tahap Stres, dan tahap Histeria ketika Finch melakukan bunuh diri total.

**Kata kunci:** bunuh diri, motivasi, psikologi individu

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**ABSTRACT**

The aims of this study are: 1) To describe the characteristics of Theodore Finch described in the novel *All the Bright Places*; 2) Find out the reasons that prompted Finch to commit suicide; and 3) The ways Finch used to threaten his life. The type of research used by the researcher is qualitative research. In material object, the researcher uses the novel *All The Bright Places* by Jennifer Niven published by Knopf Publishing Group in 2015. The formal object is Finch's suicide. The analysis uses a psychological approach. The results show that Theodore Finch's general description in *All The Bright Places* is smart, caring, depressed, suicidal, gloomy, anxious, aggressive and angry. Reasons that inspired Finch to commit suicide from a psychological perspective promoted by Alfred Adler include six basic principles of individual psychological theory: feelings of inferiority, striving for excellence, lifestyle, social welfare, creative power, and fictional finalism. Because Finch suffers from bipolar, he tries to alleviate that suffering by making life-threatening attempts that are marked at various stages such as: General Anxiety, Anxiety Disorder, Stress Stage, and Hysteria Stage when Finch commits complete suicide.

**Keywords:** suicide, motivation, individual psychology