

CHAPTER I

INTRODUCTION

A. Background of the study

Cancer is a disease that is very feared by almost everyone in the world, because of its malignant and deadly nature, it makes everyone feel anxious and afraid of contracting the disease, this is still a serious problem around the world, people who suffer from cancer psychologically they will very depressed and frightened, they will feel that their life is not going to be long and feel that they have been given the cue of their death. In the medical world cancer is a disease caused by body tissue cells that grow abnormally and turn into cancer cells, cells that have become cancer can spread to other parts of the body and the most fatal is to cause death.

The cause of cancer in general, there are two factors, namely internal factors such as heredity, and external factors, namely unhealthy lifestyles. Cancer sufferers generally feel a loss of enthusiasm for life and have no motivation to continue the rest of their life, so they tend to choose to remain silent and do nothing and just wait for the end of their life. However, not all cancer sufferers feel that they have lost their enthusiasm for life, there are some who are still excited to continue their life and fill the remaining time in their life with valuable activities and are still passionate about achieving their unfulfilled dreams.

It is like a film that researchers want to analyze, a film that tells the story of a teenager who has cancer, but is still passionate about continuing his life and achieving his dreams until the end of his life the film is *CLOUDS*. *Clouds* is a film adaptation of a memoir entitled *Fly a Little Higher: how god answered a mom small prayer in a big way* by Laura Sobiech. This film is based on the story of Laura Sobiech's son, Zach Sobiech. *Clouds movie* was directed and also produced by Justin Baldoni. The title of the *Clouds* is lifted from one of the song titles created by Zach Sobiech. The movie, played by Fin Argus as Zach Sobiech, was released on August 16, 2020 on a Disney video service. Apart from being played by Fin Argus, this film is also played by Sabrina Carpenter as Samantha Brown, Madison

Iseman as Ami Adamle, Neve Campbell as Laura Sobiech, Tom Everett Scott as Rob Sobiech, and Lil Rel Howery as Mr. Weaver.

Clouds is a musical drama film that tells about the journey of a Zach Sobiech who fights against osteosarcoma cancer, here is a short synopsis of the *Clouds* movie. Zachary David Sobiech is a teenager who has a passion for music, he is the son of Rob Sobiech and Laura Sobiech who was born on May 3, 1995 in Saint Paul, United States. He has 3 siblings named Sam, Ally, and Grace. When he was 14 years old in 2009 he was diagnosed with osteosarcoma by doctors and had undergone 10 operations and received 24 chemotherapy as an attempt to treat his cancer, various treatments have been carried out but Zach's body is getting weaker, even so Zach never gives up, Zach always shows his happiness in front of everyone and often spends his time writing songs and performing live performances by singing.

Until one day when Zach conducted an examination, the doctor stated that the cancer he had had reached the final stage or stage 4 and the doctor diagnosed Zach's life would only last about 6-10 months. This situation did not make Zach down and sad, he just decided not to do chemotherapy and enjoy the rest of his life. Together with his best friend Sammy and his girlfriend Amy, he lives his days full of struggles to achieve his dream of becoming a famous musician. He founded a band called A Firm Handshake with Sammy, then he made songs and uploaded them on YouTube and became famous and made him ogled by big management music in New York. One of his songs was entitled Fix Me Up by Zach himself. Their success also led them to always be invited to talk shows and made them even more famous and given the opportunity to sing their songs at the Metro Theater.

Another viral song is a song called Clouds which is now become Justin Baldoni's inspiration for the title of this film. The song Clouds is very famous and gives Zach the opportunity to be able to appear in front of the crowd at the Prom event made by Zach's closest people as it is Zach's dream to become a famous singer and influence many people. This song is also Zach's farewell song to the world and those closest to him because on May 20, 2013, Zach died of cancer that he was suffering from was spreading to Zach's organs.

The film, which the researcher wants to analyze, tells the story of a person's struggle to achieve dreams in the midst of illness. In this case the researcher wants to analyze the film above using the psychology theory by Adler, namely individual psychology. Psychoanalysis is an analysis related to one's behavior through a psychological perspective, while Individual Psychology is a concept that views humans with an optimistic perspective and fully emphasizes the concept of social care, namely the sense of unity of all human.

According to Adler in *Ryckman (1985:95)* in (*Rafi, 2006*) research Individual psychology is a science in which he studies and also understands the behavior and experiences of each person's personality. it should also be useful for the therapist and also have benefits for everyone that can affect psychological health. Individual psychology developed by Alfred Adler as a comparative system in understanding individuals and their relationship to the social environment. That is why researchers are interested in using the individual psychology approach by Alfred Adler as an approach to research because this approach fits perfectly with the *Clouds* movie.

From the background above, the researcher is interested in analyzing the *Clouds movie*, first: because this movie is an adaptation of a memoir from a true story which is very relate to real life conditions, in this case the situation is facing serious pain and efforts to remain. The spirit of achieving dreams and also good friendship with family and friends so that this film has a moral message to be applied in real life.

Second this movie is a movie that directed by Justin Baldoni, a well-known he is producer and director in America, the films he made are very famous, one of which is *five feet apart* 2019, and now *clouds* 2020 which received an award at the Heartland Film Festival in the Truly Moving Picture Award 2020 category.

Third, in this movie there is a very interesting quote expressed by Zach, which reads "don't wait for tomorrow to life for today" this means that in terms of struggling and doing interesting things in life it is also useful for other people, don't wait until tomorrow, do it now while you can and can, even though you are dying.

With an interesting story, this film is in great demand by the audience. One of the interesting things in this film is the struggle of the main character Zach. So

this study tries to make an analysis related to individual psychology and film in a literature study entitled "**STRUGGLE OF ZACH TO ACHIEVE HIS DREAM IN THE MIDST OF CANCER IN THE MOVIE *CLOUDS* (2020): AN INDIVIDUAL PSYCHOLOGICAL APPROACH**"

B. Problem Statement

The problem statement in this research are:

1. How is the struggle of Zach to achieve his dream in the midst of cancer in the *Clouds* movie viewed from individual psychological approach?
2. How is the creative power of Zach as the impact of his cancer in the *Clouds* movie viewed from individual psychological approach?

C. Limitation of the study

To provide a limitation in this research, the researcher will only discuss the main character Zach in the *Clouds* movie and will focus on the six elements of Adler's individual psychological theory.

D. Objective of the study

From the problem statement above, the objectives of the study will be:

1. To describe the struggle of zach to achieved his dream in the midst of cancer in the *Clouds* movie viewed from individual psychological approach.
2. To describe the creative power of Zach as the impact of his cancer in the *Clouds* movie viewed from individual psychological approach.

E. Significance of the study

1. Theoretically

- a. Researchers hope that this research can be useful for readers and provide knowledge, especially about film literature, in this case, *Clouds* movie.
- b. Researchers hope that this research can provide knowledge about literature theory of psychology called individual psychology.

2. Practically

To get better knowledge about analyzing the struggles of the main character in a film, with the aim of getting real solutions to the unyielding way

of life and still be able to achieve the dreams of someone who has cancer through his struggles.

F. Research Organization

The composition of papers from the research struggle of zach to achieve his dream in the midst of cancer in the movie *clouds* (2020): an individual psychological approach is as follows: Chapter I includes an introduction that discusses the background of the research, problem formulation, limitation of the study, research objectives, the significance of the study, and the research paper organization. Chapter II covers a literature review that presents the underlying theory and previous research. Chapter III covers research methods related to the type of research, types of data sources, data collection techniques, and data analysis techniques. Chapter IV discusses the analysis of the struggles of the main character of the movie using an individual psychology approach. Chapter V includes conclusions and suggestions.