

CHAPTER I

INTRODUCTION

A. Background of Study

Among the plethora of personality models available, the five factors proposed. There is a broad consensus among researchers that the Big Five model represents a unified and parsimonious theoretical framework for personality. The individual constructs (Agreeableness /Teamwork) Conscientiousness, Emotional Stability /Neuroticis, Extraversion and Openness, as well as the overall structure of the model have been supported in a variety of settings with a wide range of populations.

Personality traits describe a person's distinctive patterns of thinking, emotions, and actions. Personality traits are reflecting on basic dimensions on which the people differ. There are some criteria of character, personality traits, there are consistent, individual differences and consistency. Individuals must be reasonably consistent in their conduct across contexts to be able to relate to a personality feature. Personality type can be a commonality that readers relate to beyond individual preference, and an author can tap into this by focusing on what makes each character type tick not just what they do, but the ways they go about doing it. Personality type theory can assist in guiding components of the creative process in a supportive manner. It is not necessary to limit the actions of a character, because the type of personality categories including the category properties of fine was not related to the original.

In the real life people can get problems, so they decide to bring it on novel, sometimes series or film. Novel is a long narrative fragment in literary prose. Novel has many types, one of them is mystery. Novel fiction with a young adult story and some mystery can make everyone think it's interesting to read it. Novels can be written with emotion, feeling, mood, time so that the readers can feel the same thing in the story. Also the readers can learn about humanity, to take care each other to not hurt the other feelings.

Teenager is a time when humans have passed through childhood, but have not yet reached adulthood, or can be described as transitions from childhood to adulthood. As a teenager in the definition above the man or women is not in childhood but also did not include the adults category. This happens when humans are 10 years old or 11 years old until they are 20 or 22 years old. So at a time or age, men or women still grow into adults rather than children. This is called a few young members that as the transition from the age of children to adulthood.

Emotion is a strong sense that they intended to. For someone, emotion is reaction about a problem or anything was wrong happen on life. Emotion can be displayed if you have been feel it, such as angry with another person, or be afraid of anything. If anger can't be controlled anymore people will be depressed. Depression is serious problem, and we should not just ignore it. People who get depression must get help from their parents and friends. Someone who is around them doesn't force them with some new issue, just make sure they keep safe and take care of them. Maybe depression is easy to solve. But for someone who feels it, it will have been difficult. So this thing is the most important, we should pay attention with someone who have been depressed.

Psychological knowledge is commonly applied to the assessment and treatment of mental health issues, but it is also aimed at understanding and resolving issues in other human activities. Psychology is ultimately the objective for the welfare of society, taking into account a variety of factors. The majority of psychologists work in a variety of therapeutic capacities, which is practice in clinical settings, counseling or school settings.

Personality psychology deals with long – individuals' personality refers to long-term patterns of behavior, thought, and emotion. The interaction of the id, ego, and super ego determines one's personality. To develop a taxonomic construct of personal, theoretical nature, it is desirable to illustrate the existence of personality information in relation to several separate key features using methods of subtracting statistical data from factor analysis.

13 Reason Why is a novel based on the American teenager by Jay Asher. This story is about student in high school Clay Jensen, after the suicide a student in high school Hannah Baker, leaves a cassette box in which she explains why she chose to end her life. Aside from the means of its different storylines, the event explores and illustrates various social issues that influence young people, including the act of suicide, anxiety, sexual violence, intimidation, racism, athletic culture, drug addiction, mental health, domestic violence, homophobia, police brutality, deportation, homelessness, usage of steroids, abortion, HIV, and it occurs in schools.

Hannah is the actress who kills herself because there a lot of problems which force her to end her life. Clay is the main character who loves the actress. Clay had a big role play in his character. He will help their friends. He is kind and has a lot of secret in his life. Hannah had a friend who is close with her, names Jessica. Jessica had a problem with hannah. And she was strong character. The next one is Alex. He is the actress's friend, but then he is one of the reason of Hannah's death. Justin who is Hannah firstkiss, then there are some problems that

make them break up. Hannah likes her friend name Zach. He is kind person. Tyler is Hannah's friend who loves photography, and quietly takes a picture of Hannah. Ryan is Hannah's friend and he is who published Hannah's letter on newspaper school. Courtney was close with Hannah, but suddenly she was taking a step back from her. Sherry was close with Hannah then she made a mistake to keep a secret and nobody knows. Tony is Hannah's friend. Marcus looks like a leader at school but actually has a bad personality. Mr Porter is the teacher in school. Bryce is the liar.

This novel has got a lot of criticism for portraying the characters in the performance as well as the issues being researched, however it leaves the eyes which is an interesting aspect. Action is absolutely sensational and very clear what happened in the head of every person who provides the ability to connect emotionally with each character. The character in this novel was connected to one person to another person, it was like circle thing. Each character has three dimensional and although there are good and bad characters, all characters have their weakness and positive sides.

Based on the plot of the story in *13 Reason Why* novel, people who commit suicide usually have problems in life. Hannah made the decision to end her life. She was trying everything to reduce her thoughts of suicide. But the circumstances and support around her were not enough to make her last longer to life. Depression does not just happen but there are cause of symptoms and the cause of depression itself. To find out, it is necessary to do research on depression. People around them need to know about how people are depressed by analyzing the symptoms of depression and why. The parents and friends should know how to act about someone they know was dead because of depression then killing themselves. They need to still alive or maybe survive about that problem coming into their lives.

To all the people who have experience the same thing with Clay's, they should remember that they are not alone. One day they will find someone who is understand them. Listen their story, and help reduce an anxiety on life. And try to comfort them, make sure they safe. Then if they can accept their life, tell them don't be so hard on life. They will find the right solution to do deal with the problem. Rest assured that they can handle it.

Based on the explanation above the novel. Clay Jensen knew the reason why Hannah kills herself. After that Clay's character appears with an unexpected problem from the parents, school and social attitude towards other. These problem can have an impact for his own psychological personality. So it is appropriate with Psychological theory as an approach. By

so doing, the writer gives the title: The Personality Traits and Preferences of Clay Jensen in “*13 Reason Why*” Novel : “A Psychological Approach”

B. Research Questions

After reviewing the background of the research above, the authors decide to formulate the problem into the questions below :

1. What is the character of Clay Jensen viewed from a psychological perspective?
2. What kinds of personality traits and preference are reflected by Clay Jensen in *13 Reason Why* novel?
3. How are Clay Jensen personality traits and preference depicted in *13 Reason Why* novel by Jay Asher?

C. Research Objectives

Conducting on the research, the researcher formulates the objectives, as follows :

1. To reveal the character of Clay Jensen viewed psychological perspective.
2. To depict the kind of personality traits and preferences reflected by Clay Jensen in *13 Reason Why* novel.
3. To analyze how Clay Jensen to personality traits and preferences depicted in *13 Reason Why* novel by Jay Asher.

D. Benefits of the Study

Through the reseach conducted, it is hoped that the results of this study can be a reference for further research related to the literary work of the *13 Reason Why* novel. This research is expected to gain insight and knowledge of researchers in literary work practice in understanding this novel. It is intended that this study will serve as a resource for other academics who are interested of Clay Jensen’s *13 Reason Why* in his personality traits and preferences based on Psychological approach.