# EMOTIONS OF ANNE TUOHY IN THE BLIND SIDE MOVIE (2009) : PSYCHOLOGICAL APPROACH



Submitted as Partial Fulfillment of Requirement for Getting Bachelor Degree of Education In English Departement in School Teacher Training and Education

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#### APPROVAL

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#### PUBLICATION ARTICLE

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I testify that in this publication article there is no plagiarism of previous literary works which been raised to obtain bachelor degree of certain university, nor there are opinions or masterpieces which have been written or published by others, except those in which the writing is referred to the manuscript and mentioned in literary review and bibliography.

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## EMOTIONS OF ANNE TUOHY IN THE BLIND SIDE MOVIE (2009): PSYCHOLOGICAL APPROACH

#### **Abstrak**

Penelitian ini menggunakan pendekatan psikologis berdasarkan Teori Psikoanalitik Sigmund Freud untuk menganalisis emosi karakter kedua dalam film Lee Hancock "The Blind Side". Berikut ini adalah tujuan dari penelitian ini: 1) Emosi Karakter Kedua di Sisi Buta 2) Nilai Moral Lee Hancock seperti yang digambarkan dalam film. Metode kualitatif digunakan dalam penelitian ini. Data penelitian ini berasal dari film Lee Hancock tahun 2009 The Blind Side. Dalam penelitian ini, peneliti menemukan emosi yang diungkapkan oleh karakter kedua ini adalah: Cinta, Kecemasan, Kemarahan, Kebahagiaan, dan Rasa Syukur. Emosi dalam karya ini dikaji dengan menggunakan Teori Analitik Sigmund Freud, yang meliputi Id, Ego, dan Superego. Selain itu, peneliti menemukan nilai moral yang disampaikan sutradara melalui karakter, yaitu nilai keberadaan dan nilai memberi. . Nilai menjadi memiliki makna moral dalam hal kejujuran, keyakinan, dan potensi, serta kemampuan untuk berdamai. Sedangkan nilai moral memberi meliputi rasa hormat, cinta, dan kasih sayang, serta bersikap baik dan menyenangkan, serta adil dan manusiawi. Nilai memberi menggambarkan pentingnya moral memberi dengan tulus kepada setiap orang. Selain itu, implikasi dari penelitian ini adalah agar khalayak khususnya orang tua untuk mencintai anaknya dengan tulus dan pantang menyerah untuk mencapai cita-citanya

Kata Kunci: Emosi, Pendekatan Psikologis, Nilai Moral

#### **Abstract**

This study use a psychological approach based on Sigmund Freud's Psychoanalytic Theory to analyze the emotions of the second character in Lee Hancock's movie "The Blind Side." The following are the objectives of this research: 1) The Second Character's Emotions in The Blind Side 2) Lee Hancock's Moral Values as depicted in the movie. A qualitative method was applied in this study. This study's data comes from Lee Hancock's 2009 movie The Blind Side. In this study, the researcher found the emotions expressed by this second character are: Love, Anxiety, Anger, Happiness, and Gratitude. The emotions in this work are examined using Sigmund Freud's Analytical Theory, which includes the Id, Ego, and Superego. In addition, the researchers found the moral values conveyed by the director through the characters, namely the value of being and the value of giving. The value of being has a moral meaning in terms of honesty, belief, and potential, as well as the ability to make peace. While the moral value of giving includes respect, love, and affection, as well as being kind and pleasant, as well as fair and humane. The value of giving illustrates the moral importance of giving sincerely to everyone. In addition, the implication of this research is for the audience, especially parents, to love their children sincerely and never give up on reaching their goals.

**Keywords:** Emotions, Psychological Approach, Moral Value

#### 1. INTRODUCTION

Compared to other general sciences, literature has a broad meaning and is difficult to define because literature has an unlimited range of meanings. Hence, some literary critics define literature as a collection of phrases that reflect human emotions in various ways. However, (Rhee, 2011) adds that when writing a literary work, the author normally aims to provoke emotions in the readers through stimulating human experiences and ideas. Hance, human emotions play an important role in literary composition.

According to (Praveen, 2020) Literary works usually take several forms, including novels, poetry, dramas, and movies. A novel is a story that portrays human life thru writing (Goswami, 2017) poetry is a language of poetry dominated by melody and rhythm (Ribeiro, 2007), drama is a literary work consisting of dialogue and stage setting (Sprovieri, 2010) ,and movies are literary works that reflect human life and depict characters based on their roles. The movie is a fascinating spectacle because it can make the audience sad, happy, smile, cry, or even become enraged with themselves (Green, 2014).

Various movie genres such as adventure, history, crime, thriller, fantasy, and biography (Boggs & Petrie, 2008). However, the movie category is not only the six previously mentioned but also the presence of the director takes story ideas from other people's experiences which are reflected by the director. Hance, the storyline that is appointed is more interesting in the eyes of the audience because it is based on true story.

The evolution of movies, particularly Hollywood movies is now astounding. Hollywood is the main reference of the movie industry in the world. Hence, Hollywood movies typically receive high ratings from critics and audiences. Many people anticipate the release of a Hollywood movie, especially if it stars a well-known Hollywood actor. Sandra Bulluck is one of them, and she is a Hollywood superstar. Sanda Bulluck won the Golden Globe for best drama actress and is currently a frontrunner to win the Academy Award for best actress for her depiction of Anne Tuohy in The Blind Side Movie 2009.

The Blind Side was directed by Lee Hancock and is based on Michael Lewis' novel The Blind Side: Evaluation of a Game. He was able to make this movie a success, with a 7.6/10 rating, which is higher than the previous movie. The Blind Side succeeds by turning a movie

that is enjoyable, pleasant, and full of moral ideals. Hence, John changed it up with situations that may provoke emotions between Michael Oher and Anne Tuohy.

In this movie, Anne Tuohy's performance is quite excellent, the role she portrays is so eye-catching that it attracts adoration from the moment the movie begins to introduce her and rolls from minute to minute. Anne Tuohy is a brilliant person who does amazing things. And continuously perform various actions and positive emotions. Likewise, Anne Tuohy persistently changed Michael Oher's character for the better than before. She has a wonderful personality, intention, determination to be as useful as possible for others without being self-serving or asking for something in return. Anne Tuohy's humanitarian deed of adopting Michael Oher illustrates her sincerity of heart. As a consideration, researchers prefer to analyze movies rather novels because movies often contain more expressions and effectively communicate messages than novels (Ibbi, 2014).

The researcher chooses this movie for the reason that it reflects the value of morality and message. Furthermore, this movie offers a variety of emotional responses that are mirrored in the second character. Researchers may learn about the rights and responsibilities of being a parent, how to be a good parent, and how to treat children fairly and equitably.

Furthermore, because this movie is based on a true story, the researcher considered the plot of this movie to be interesting to analyze. The researchers also hope that this study would give viewers new information regarding family life.

#### 2. METHOD

In this study, the researcher uses The Blind Side Movie 2009 directed by John Lee Hancock. The story of this movie is taken from the novel The Blind Side: Evolution of a Game by Michael Lewis. This movie was realized in 2009 with a duration of 128 minutes. The descriptive qualitative method was used in this study. A descriptive study's goal is to characterize phenomena and their characteristics (Nassaji, 2015). In this case, the study used a psychological approach to describe Anne Tuohy's emotions and moral value in The Blind Side Movie. The researcher gathered data for this study by watching the film The Blind Side Movie directed by John Lee Hancock, and then analyzing talks from Anne Tuohy. The data for this study is descriptive qualitative and originates from both primary and secondary sources. 1) Primary Information: The Blind Side Movie, directed by John Lee Hancock in 2009, is the primary source of information for this study. The plot is based on a genuine story

from Michael Lewis' work The Blind Side: Evolution of a Game. This film was made in the United States. 2) Secondary Information: The secondary data in this study comes from publications and journals about The Blind Side Movie that may be found on the internet (2009). Data collection methods in this study are as follows: 1) Researchers watch movies repeatedly and carefully in order to understand the movie story better. 2) The researcher screenshots the movie showing Anne Tuohy's emotions and moral value. 3) The researcher made some notes in the notebook to help her remember the important points found in The Blind Side Movie. 3) The researcher reading some related research papers, articles, journals to find out the related theory.

#### 3. FINDINGS AND DISCUSSIONS

#### 1.1 Findings

In findings, the researcher presents emotions expressed by the secondary characters and moral value below:

#### 3.1.1 Emotions expressed Of Anne Tuohy in The Blind Side Movie (2009)

The author wishes to discuss the study's core topic, which is emotional analysis. Following that, the writer received insight into Anne Tuohy's feelings, which would serve as a guide to aid in the writer's search for information on the movie's moral principles. Furthermore, the author examines emotions using Sigmund Freud's psychological approach. In this theory there are 3 psychological elements discussed: Id, Ego and Superego in every emotion that Anne Tuohy expresses and moral values using Linda Eyre's idea.

#### a. Love

Researchers discovered that the secondary character expresses a variety of emotions, one of which is Love. Anne Tuohy's devotion for her family and children was overwhelming. Anne Tuohy's actions and some of the dialog following demonstrate this:



Picture 1. Anne Tuohy is watching her daughter Collins' volleyball match.

Anne Tuohy : "What did I miss?"

Sean Tuohy : "Collins just came in."

Sj Tuohy : "This is women's volleyball, ma'am. Mom won't miss

anything."

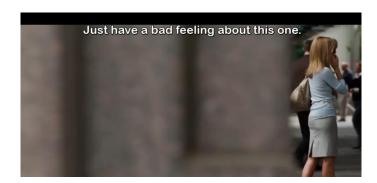
Anne Tuohy : "Come on, Collins. Move your feet."

As seen from the picture and dialogue above, Anne Tuohy always makes time for her daughter who is playing volleyball. Anne Tuohy is a busy woman but she always has time for her children. From Anne Tuohy's behavior, it is one of Anne Tuohy's emotional expressions of love for her child.

Anne Tuohy's emotional expression of love shows "Id" which is affection and love for her children even before they are born. It is also a genuine feeling of a mother's instinct for her children.

#### b. Anxiety

In this movie, the researcher finds the anxiety experienced by Anne Tuohy. What can be seen in the dialogs and images below:



Picture 2. Anne Tuohy talking to her husband while waiting for the interview

Anne Tuohy : "I don't know Sean, I just have a bad feeling about this one. this girl is tough. Wait."

Anne Tuohy experienced this emotion during an interview with Michael Oher from Ole Miss University when Michael Oher examined only four eyes and was not accompanied by Anne Tuohy. This interview is particularly concerning for Anne Tuohy since Michael Oher is being interviewed by a tough and professional individual. Anne Tuohy is scared that he will have an impact on things that she does not want. In the end, Anne Tuohy's concerns were justified, and Michael Oher was enraged with Anne Tuohy for failing to inform Michael Oher from the outset that the Tuohy family was an Ole Miss supporter.

The Anxiety emotion shown by Anne Tuohy shows the "ego" side of Anne that appeared when she was waiting for an interview conducted by Michael Oher, Anne Tuohy did not want something bad to happen to Michael Oher after doing this interview.

#### c. Anger

In this movie, the researcher finds the anger expressed by Anne Tuohy. What can be seen in the dialogs and images below:



Picture 3. Anne Tuohy is angry with her father Jimmy.

Jimmy's father : "That's just my son. Jimmy. Beat that pathetic player.

Anne Tuohy : "Hey.Crotch mounth?" yeah, you. Zip it or I will come up there and zip it for you."

Anna Tuchu Casa and CI was to the

Anne Tuohy, Sean, and SJ were to the stadium to watch the football game and cheer on Michael Oher. Michael Oher's squad fell to

Jimmy's team in rounds 1-3. Jimmy's father, on the other hand, was encouraging his son, accidently sitting them up and down. Michael Oher was abused by Jimmy's father, and Anne Tuohy witnessed it. She turned back and then became angry with Jimmy's father.

Anne Tuohy's angry expression shows the "ego" side that appears when her son is insulted by Jimmy's father. Anne Tuohy did not accept the insult and immediately became angry with him. This "ego" side appears suddenly because what Jimmy's father said does not match the reality.

## d. Happiness

Anne Tuohy expresses happiness in this film. What can be observed in the following dialogs and images:



Picture 4. Michael Oher goes to Anne Tuohy for a hug.

Michael Oher: (knocks on Anne Tuohy's car window)

Anne Tuohy: "What?" (while shedding tears)

Michael Oher: "I need a proper hug".

According to the dialogues and images above, Anne Tuohy is overjoyed that Michael Oher received a scholarship to college and also became the top football player at Ole Miss. Michael Oher's achievement has made the Tuohy family very proud and happy. It's also thanks to Anne Tuohy and her family for their commitment and unwavering support in helping Michael Oher achieve his goals. Anne

Tuohy is seen crying excitedly and hugging Michael Oher in the picture above.

Anne Tuohy's expression of happiness showed her "Id" when she was proud of her son Michael Oher, who had been accepted to a prestigious university. Her quest to become her adoptive parent, she believes, was not in vain and has paid off. Anne Tuohy is pleased with Michael Oher's selection for his future.

#### e. Gratitude

The last emotion that Anne Tuohy expressed was gratitude. Which can be seen in Anne's Dialogue and the image below:



Picture 5. Anne and her family go home.

## Anne Tuohy:

"The other day I read the news about a young man from this project."

"Fatherless, in and out of foster care."

"Di died in an alley brawl in Hurt Village."

"In the last paragraph, they talked about his extraordinary sporting talent normal"

"And how his life might have been different, had he stayed or had stopped school."

"He was 21 when he died."

"It's his birthday. It can be anyone."

"It could be my son, Michael."

"But it's not. "

"And I'm grateful for that."

"God and Lawrence Taylor".

According to Anne Tuohy's story, she is thankful that what happened on the news did not happen to us, Michael Oher. Not only Anne Tuohy, but the entire Tuohy family is proud and grateful to Michael Oher for achieving success via his education. Their faces show that they are exceedingly happy and grateful for what God has given them.

Anne Tuohy's grateful emotional expression shows the "Id" that appears when she feels grateful for what is on the news does not happen to her children until now Michael Oher is still given a long and happier life than his past.

#### 3.1.2 Moral Values stated by the director in The Blind Side Movie

Character represents moral values through acts, conduct, and attitudes, hence moral values cannot be divorced from character. The director clearly has goals in mind when he creates his work. One of his objectives is to demonstrate the moral principles of his work to the viewer through the behaviors of the characters. As previously said, the director of The Blind Side Movie wishes to demonstrate another occurrence in family life to the audience. The researcher discovered numerous moral ideals presented by the author through the characters in this movie, including:

#### a. Value of Being

1. Honesty (Honesty will bring us luck)



Picture 6. Anne Tuohy took Michael Oher into his car

In The Blind Side movie, Michael Oher met Anne Tuohy on the road, with simple clothes and cold body he answered honestly the questions that Anne Tuohy asked him. Hance, Anne Tuohy took Michael Oher into his car

to be allowed to stay at his house. Michael Oher is a child abandoned by his drug addict mother and has no place to live.



Picture 7. Michael Oher in the film The Blind Side

According to the photo, Michael Oher was raised by the Tuohy family and is treated as if he were his own child. They are overjoyed to have Michael Oher as a member of their family. The author concludes from the picture and explanation that honesty brings good fortune. This is demonstrated by Michael Oher in the film The Blind Side, who is fortunate enough to be adopted by a new and loving family.

2. Confidence and Potention (Everyone has the same potential for success. The difference is how much motivation is able to overcome each obstacle)



Picture 8. he has talent in football even

In The Blind Side movie, Michael Oher is a young man who has potential in the field of sports. At school he does not understand

the learning material, on the other hand, he has talent in football even though he has not fully mastered the game. In the picture above, it shows that he is trying to play football well, but he is always wrong in the game so his coach is annoyed with Michael Oher.



Picture 9. physically which is coached

In the picture above, it shows that Michael Oher continues to train physically which is coached by his younger brother SJ Tuohy, which aims to be strong in playing soccer. He has a strong belief that he can do football well and correctly.



Picture 10. He received numerous scholarship

Michael Oher is a successful educator as well as a talented football player, as shown in the image above. He received numerous scholarship offers from premier universities across the world as a result of his achievement in the National Football League. The author concludes that desire, intention, and determination are very significant

in realizing dreams since they affect the spirit in striving to achieve our dreams.

3. Peace ability (The real and lasting victory is the victory of peace, and not war)



Picture 11. Michael Oher and his coach

Michael Oher and his coach, Burth, in the movie The Blind Side, are always patient with their opponents. Meanwhile, his opponent, who routinely cheated, insulted, and even kicked Michael Oher in the head, remained silent and unresponsive, but his coach appealed to the referee for justice, and the referee issued Michael Oher a yellow card. It was an unfavorable match for his coach. Coach Michael Oher was enraged with the referee, but as a victim, he calmed the coach down and told him not to make a fuss. However, the match was ultimately won by Michael Oher's side.

#### b. Values of Giving

 Respect (Although different, every human being has the same needs, mutual respect is the key to harmony)



Picture 12. Michael Oher even though they are of different races

In The Blind Side movie, the Tuohy family respects and cares for Michael Oher even though they are of different races. Michael Oher is African, while the Tuohy Family are white. In other words, the Tuohy family also always does good and respects everyone, including the new Michael Oher. Anne Tuohy as a housewife always creates family harmony with her character who is always cheerful, intelligent and caring for her family.

The author concludes that, Although we are of different races, every human being has the same needs, mutual respect is the key to harmony, this is reflected by the Tuohy family to Michael Oher who is of a different race with them but can create harmony in his family.

2. Love and Affection (Love and affection in a family is very important in shaping the character of children)



Picture 13. Michael Oher, his adoptive son, who is always given wonderful things.

The movie The Blind Side depicts his love and affection for his child in vivid detail. Anne Tuohy is a kind and caring mother figure for her children. He is always interested in his children's success, such as encouraging Collin during volleyball matches, Sj, who is always escorted to and from school, and Michael Oher, his adoptive son, who is always given wonderful things.

Anne Tuohy finds time for her children to read tale books when they want to sleep, as evidenced by the photo above. As a result, their children will have a broad perspective and develop a decent character, which will be reflected in their mother. 3. Kind and Friendly (Kind and Friendly knows no gender or race)



Picture 14. She is continuously attempting

Anne Tuohy is recognized in the movie The Blind Side for being a nice and caring person to everyone, regardless of who they are or what race they are. She is continuously attempting to conduct nice deeds in the manner of Christians in general. The photo above clearly depicts Anne Tuohy's kindness and friendliness for Michael Oher, whom she had just met. Michael Oher was able to stay at his place since he furnished him with a bed.

The author concludes from the above pictures and explanations that being kind and pleasant has no regard for race or individual. Anne Tuohy reflects this to Micahel Oher, who is of a different race yet always does good.

4. Fair and Humane (We should learn how to give sincerely, fairly and humanely by not discriminating against other people, especially those who can't afford it)



Picture 15. Anne Tuohy took her to a clothing store

In The Blind Side movie, it can be seen from Anne Tuohy's human attitude towards Michael Oher. Michael Oher, he realized, was wearing only one shirt. Anne Tuohy took her to a clothing store to shop for herself, but while she was there, she also picked out clothes for Michael Oher. Anne Tuohy is a woman who is genuine in her desire to help others.

The author concludes that we must offer truly and humanely, without discriminating against anyone, based on the images and explanations above. This is demonstrated by Anne Tuohy, whose moral worth should be recognized.

#### 3.2 Discussions

The author chose The Blind Side as the subject of his research. The Blind Side was written by John Lee Hancock and is based on Michael Lewis' book The Blind Side: Evolution of a Game. The Blind Side had its world premiere on November 17, 2009, in New York, and was released on November 20, 2009 in the United States. The author then takes a psychological approach, especially in relation to the understanding of emotions.

The writer finds that Anne Tuohy's emotions are Love, Gratitude, Happiness, Anxiety, Anger. In this movie, the role of his adopted son, Michael Oher, has the power to evoke the emotions of this second character, Anne Tuohy. Michael Oher influences his perception and produces behavioral patterns that emerge as happiness, love and gratitude as positive emotions. On the other hand, Anne Tuohy's anger is a negative emotion.

Most of Anne Tuohy's answers express happiness and gratitude for Michael Oher's success and football scholarship at Ole Miss. This can provoke emotional attachment. Her sad face shone with tears of happiness as she happily hugged Michael Oher. As a result, She experiences some of her emotions as a result of her struggles in raising her children to become successful adults.

Furthermore, the movie's moral ideals are divided into two categories: the value of being and the value of giving. Being present has moral significance in terms of honesty, belief, and potential, as well as the ability to make peace. This moral value of being a better person and becoming successful is demonstrated by this value of being. The implication of this movie is that it depicts a black adolescent living among white people in America. He has potential and talent as a football player, and he works tirelessly to ensure his future success.

Meanwhile, the Moral values of giving include respect, love, and compassion, as well as being kind and pleasant, as well as being fair and humane. This value of giving depicts the moral importance of giving truly to everyone. In this movie, Anne Tuohy's character teaches us a lot about the meaning of giving and honesty, and it will have a beneficial affect on people who receive it, making them feel at ease and at peace with what she has done with her sincerity. Like Michael Oher, who became one of Anne Tuohy's positive influences, he felt his adoptive mother's genuine love and compassion, which helped him succeed in his job and schooling.

#### 4. CLOSING

In this study, the researcher found that the emotions expressed by Anne Tuohy were: Love, Anxiety, Anger, Happiness and Gratitude. The emotions contained in this novel are analyzed based on Sigmund Freud's Analytical Theory, namely Id, Ego, and Superego. Id Anne Tuohy's side emerges when she always makes time for her children when playing volleyball or football matches. Anne Tuohy is a busy woman but she always has time for her children even when she goes to bed Anne Tuohy always reads a storybook. Anne Tuohy's behavior is an emotional expression of Anne Tuohy's love for her child. The Ego side of Anne Tuohy appeared while waiting for an interview conducted by Michael Oher, Anne Tuohy did not want anything bad to happen to Michael Oher after doing this interview. In addition, the researchers found the moral values conveyed by the director through the characters, namely the value of being and the value of giving. The value of being has a moral meaning in terms of honesty, belief, and potential, as well as the ability to make peace. While the moral value of giving includes respect, love, and affection, as well as being kind and pleasant, as well as fair and humane. The value of giving illustrates the moral importance of giving sincerely to everyone. In addition, the implication of this research is for the audience, especially parents, to love their children sincerely and never give up in reaching their goals. Moreover, after viewing this movie, the researcher acquired several life lessons, like not giving up on living life, not giving up on accomplishing aspirations, becoming a better person, and the need of balancing honesty and sincerity in carrying out acts.

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