

**MAIN CHARACTER SURVIVAL AGAINST CANCER IN
THE FAULT IN OUR STARS NOVEL; AN INDIVIDUAL
PSYCHOLOGY APPROACH**



**Submitted as a Partial Fullfilment of the Requirements for Getting Bachelor
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By:

RIDHA AULIA RACHMAN
A320170230

**DEPARTMENT OF ENGLISH EDUCATION
SCHOOL OF TEACHER AND TRAINING EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA
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APPROVAL

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PUBLICATION ARTICLE

Written by:

RIDHA AULIA RACHMAN
A320170230

Has been approved by:

The Consultant,



Dr. Phil. Dewi Candraningrum, S.Pd, M.Ed
NIDN.0609127502

ACCEPTANCE

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Proposed by:

RIDHA AULIA RACHMAN
A320170230

Approved to be examined by Consultant
School of Teacher Training and Education
Muhammadiyah University of Surakarta
On, 12 August 2021

The Board Examiners:

1. Dr. Phil. Dewi Candraningrum, S.Pd, M.Ed
(Head of Examiner)
2. Dr. M Thoyibi, M.S
(Member II of Examiner)
3. Dra. Sumayah, M.A
(Member III of Examiner)



Dean,

Prof. Dr. Sutama, M.Pd.
NIP. 131943782

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The Writer

A handwritten signature in black ink, appearing to be 'Ridha Aulia Rachman', with a long horizontal stroke extending to the right.

Ridha Aulia Rachman

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Abstrak

The Fault in Our Stars adalah salah satu karya penulis terkenal John Green. Alasan peneliti menggunakan novel ini sebagai objek penelitian karena novel ini cukup terkenal dan masuk nominasi best seller. Alasan lain yang membuat novel ini menarik adalah novelis yang menjadikan novel ini sebagai buku yang memotivasi mereka untuk terus berjuang dalam hidupnya.. Masalah utama dalam penelitian ini adalah kelangsungan hidup, untuk menyelidiki upaya karakter dalam bertahan hidup untuk melawan kanker tiroid, di mana karakter dalam novel ini dapat bertahan. Standar akan dianalisis menggunakan Teori Psikologis Individu Adler.. Dalam penelitian ini penulis menggunakan dua data yaitu data primer dan data sekunder. Sumber data pertama sendiri diambil dari novel itu sendiri. Sedangkan data sekunder diambil melalui referensi di internet, dan penelitian terdahulu yang mendukung penelitian ini. Sedangkan data sekunder diambil dari data atau informasi yang terdapat di web berupa jenis artikel, ringkasan jurnal.

Kata Kunci ; Literature , The Fault in Our Stars , Survival, Cancer, Individual Psychology

Abstract

The Fault in Our Stars is one of the works of acclaimed author John Green. The reason the researcher uses this novel as the object of research is because this novel is quite famous and has been nominated for a best seller. Another reason that makes this novel interesting is the novelist who made this novel a book that motivates them to continue to struggle in their lives. However, this novel has been filmed and directed by Josh Boone. The main problem in this research is survival, to investigate the character's efforts in survival to fight thyroid cancer, where the characters in this novel can survive Standard will be analyzed using Adler's Individual Psychological Speculation. Individual psychology is a psychological theory that analyzes human life in terms of survival, , inferiority, fictional finalism, self-creativity, and the greatness of life. The data collected using the recording method were then analyzed using individual psychological theory. This study uses a recording method which shows that the author makes notes about the research item and finally draws some conclusions to be used as data. In this study the authors used two data, namely primary data and secondary data. The first data source itself was taken from the novel itself. Meanwhile, secondary data is taken through references on the internet, and previous research that supports this research. While secondary data is taken from data or information contained on the web in the form of types of articles, journal summaries.

Keywords ; Literature, The Fault in Our Stars , Survival, Individual Psychology

1. INTRODUCTION

Literature refers something creative, imaginative, and expressive of which the material is language. It is created based on human consciousness and 2

imagination which is translated by the artist into a concrete form. One of the important aspects of literature is its relationship with human life because it expresses and shares human life as well as human experiences. Literature may be a type of expression and type of thought from within humans, which means we are able to also learn literature employing a psychological perspective (Endraswara, 2011). Psychology and literature includes a deep connection in human life. Both deals with the human behavior, expression, thought, and motivation. Kartono describes psychology because the science of human behavior (Kartono, 1980: 94). Psychological theories are heavily employed in literary analysis, addressing human behavior in the majority aspects of human endeavor, psychological theories have made their contributions into different fields of studies. during this research article, researchers use a psychology approach to look at the struggle of Hazel Landcaster in fighting his thyroid cancer. Struggle or sacrifice in one's life is basically needed within the lifetime of an individual's being who lives within the planet, so it are often said in one's life it may be said to be struggling or trying to realize the desires or ideals to be achieved both within the material and non material fields . And also cancer is really the foremost deadly disease within the world. you may say the expectancy of individuals with cancer is nearly non-existent. With a brief life they only surrender to whatever happens to them. But not all cancer sufferers try this, some people sometimes do their own activities to fight cancer if they recover or maybe pass though it.

As long because the writer knows *The Fault in Our Stars* novel by John Green has been analyzed by Dinar Utami Ariati in Brawijaya University. The aims of the analyzed how Hazel Grace Landcaster struggles to make her essence as portrays in John Green's novel *The Fault in Our Stars*. The conclusion during this research is, Hazel proves that to form meaning in life, he must live and stand as a personal by accepting the actual fact that cancer is an element of his life and accepting death because the key to life.

The explanation why John Green raised the theme of cancer in his novel *The Fault in Our Stars* was to precise his emotions and sadness after death.

from his supporter named Esther, who died of thyroid's cancer. Esther is his best friend from John Green who is an American writer. The two of them are always good friends, exchanging ideas and lots of things before finally Esther's life was removed by cancer in 2010. She has been tormented by thyroid cancer since 2007, and she or he can only survive against the cancer for under about 3 years. Within the process, Green shows his readers what it's preferable to stomach cancer, sometimes no over a breath or a heartbeat removed from death.

In the John Green novel entitled *The Fault in Our Stars* tells the story of a lady who was 16 years old was sentenced to suffer from cancer. This research focuses on the survival of the most character in living her life. She always has positive thoughts associated with the cancer she suffered. During this novel, readers are drawn to the psychological character of Hazel Lancaster who always survives through his teenage years who are sentenced to thyroid cancer.

This novel tells the biography of a 16 year old girl named Hazel Lancaster who was convicted of being tormented by thyroid's cancer. She could be a cancer sufferer who is also seen from life science, she incorporates a miracle that made him able to survive thus far within this novel. Hazel is portrayed as a personality who rarely joins a bunch of Cancer support groups containing people who have the identical disease. But all that changed when a person appeared within the group. The young man was named Augustus Waters. And since then, Hazel has been a cheerful person, her spirit and life are way more colorful. Augustus Waters also has the identical disease as Hazel. Initially he was a cager. Since he was convicted of cancer, he had to lose one of his legs.

Augustus Waters always gives colorful surprises in Hazel's life. The surprise that made Hazel so happy was when she took him to Amsterdam to satisfy his favorite novelist, Peter Van Houten. He's always watching for the continuation of the novel which in keeping with him the story remains hanging. He always sent a letter via email to ask how the story continues on the novel, but there was no reply. Until finally Hazel's disappointment disappeared after Augustus gave a surprise that they and also Hazel's mother would soon leave

for Amsterdam to fulfill Petter Van Houtten. But after they meet Peter Van Houten, it doesn't exactly go as planned.

This novel has received many awards including the Printz Medal, Printz Honor, Edgar Award and has become a finalist of the LA Times Book Prize. Not for the first time the writer, John Green received an award. From his previous novels he also won an award. And this novel has also been read by more than 36,000 at Goodreads.com

And some days later when he was still in Amsterdam, Augustus spoke to Hazel that his cancer was beginning to recur. Even before leaving for Amsterdam, Augustus had an argument together with his parents who were very worried about his health. But, for Hazel's sake, Augustus was firm to travel to Amsterdam to satisfy Hazel's dream.

The readers also assess that this novel contains motivation when we are in a downturn. However, the main character in this novel is still being realistic, not too expecting a miracle. In this novel also gives the reader a moral value on how to respect life

From the above background, researchers have an interest in analyzing this novel because the novel incorporates a moral message that's reflected within the globe. In analyzing this research, the author is extremely inquisitive about the story that illustrates the struggle of Hazel's life because having enthusiasm after we are in an exceedingly very bad situation isn't easy, it's a message that we must remain grateful for the living conditions we reside.

In this novel, the style of language used is quite interesting among teenagers to read it. Unlike most western novels, the language style is quite easy to understand for readers who are not very fluent in English. That is why this novel is widely researched because the language is not as heavy as most other novels. And the plot of this story is very interesting

The character in this novel is also interesting, because the main character in this novel has a very extraordinary appeal. Starting from because of his enthusiasm, motivation, and also wise. And between one character and another has a chemistry that can be felt when reading dialogue between characters.

This novel also gives an unexpected ending. when we think the main character will die of cancer, but as a result it is not the main character who has to die and make this novel have a ending that is still hanging.

Many messages for all of us to continue to survive in any circumstances. Because after all life will continue and we must strive to achieve our goals, dreams and ideals. This novel contains a life motivation and a struggle to survive. And there are also moral messages and positive values.

2. METHOD

The type of researcher used in the research study qualitative study. The researcher collected the data, analyzed them and concluded them without statistic daata to get the fact. The type of the data in this novel contains word , phrases , and sentences which are used to analyze the novel. In order to analyze The Fault in Our Stars novel, the resarcher uses a Individual Psychology Approach by Alfred Alder and applies it using descriptive analysis which concern to make some interpretation of dealing with the novel. In this study, there is a sequence of interactions between humans origanating from novel related to the issues by researcher , then notes during the study have been recorded coherently. The result obtained were obtained by collecting data grouping topic in the data. There are various kinds oof qualitative research methods.

3. FINDING AND DISCUSSION

3.1 The Survival of Hazel

3.1.1 Fictional Finalism

Fictional finalism is a theory which states that the behavior or things that happen to ourselves depend on the motivation or ideas that we instill in ourselves. Finalism appears when Hazel wants to encourage her friends to stay motivated to survive. He shows them that they must all have the passion to fight not only cancer, but also to fight together with the people in

the room. They must always have positive thoughts and think that we are all like healthy people.

3.1.2 The Inferiority Feelings

Based on the meaning of Rober and Reber's psychological dictionary (in Hariyani, 2017) Inferiority Feeling is any attitude towards oneself that is too critical and generally negative. Inferiority Feeling is defined as a feeling of lack of trust, usually tends to surrender, accepts the situation as it is, considers itself insignificant, low self-esteem or self-deprecating. The term Inferior. The great feelings of inferiority is called inferiority complex. Adler believes that each individual begins a life with a weak physique which makes them feel less or in a state of inferiority.

3.1.3 Striving for Superiority

Every person is motivated by a desire to be great, powerful, and well-liked. It's a reaction to thoughts of inadequacy. The struggle to be aggressive is the great dynamic force that determines human behavior. Striving for superiority is not only an effort used to overcome one's inferiority (inferiority) in a person, but this striving for superiority is the beginning of one's progress and awakening.

3.1.4 *Social Interest*

The concept of social interest should not be defined by Adler. There may be many different ways and broader conceptual understanding. Social interest is defined as concern for current goals. And concern for the well-being of others who, throughout their life, continues to guide one's behavior. Social interest is considered to be one of the most significant concepts in Adler (1956, 1964a, 1969) devoted a great deal of attention to this variable, as have a number of succeeding theoreticians and researchers (Gabriel, 2017) (GINTING, 2018)

3.1.5 Style of Life

Style of Life or lifestyle is a description of behavior, patterns and ways of life that shows how an activity can occur and also includes a person's

interests and talents, and what they think about themselves, distinguishing their status from others and the environment through its social symbols.

3.2 Creative Power of Main Character

Each individual has their own freedom to determine their own lifestyle. And it makes humans have the freedom to regulate and determine the control of their lives. So their choice is their own responsibility. In the end, everyone are accountable for their own fates. It is the creative self that allows an individual to choose his activities and the path he or she will pursue in life. The creative self assists man in utilizing his environmental elements in order to develop on the qualities and capacities he was born with.

The creative self is a very important factor in the individual's personality, because it is seen as the prime mover, the first cause for all behavior. With this principle Adler wants to explain that humans are artists for themselves. It is more than just a product of the environment or a creature that has a special disposition. He is the one who interprets his life. Individuals create an innate structure, interpret the impressions received from their life environment, seek new experiences to fulfill their desires for life

superior, and mixes all of that so as to create a self that is different from others, who have their own lifestyle. but this creative self is a stage beyond lifestyle. Lifestyle is mechanical and creative, while the creative self is more than that. He is original, creating something new that is different from before, namely a new personality. The individual creates himself.

3.3 Discussion

Hazel's struggle to survive from cancer is to always live her life and always be grateful for it. And also he is always an encouragement to his friends who have the same fate as him. One of them is Hazel who always supports and motivates one of her friends, Augustus Waters. Hazel's struggle to survive is also evident when she repeatedly reads her favorite novel, *Imperial Affliction*. This novel is by Peter Van Houtten. According to her, the novel is different from the others. She liked the novel because it tells the

story of someone who suffers from cancer just like herself. She felt full of energy and got the motivation to survive the cancer she was suffering from. She tries to be able to think positively that she can recover from her cancer. Because according to her there is a motivation that can be taken from the novel and it can improve his health . In fact, as much as he loves his teammates, she lends the novel to her friends. Hopefully, her friends can think positively and get motivated from the novel.

Hazel's creative self seems to support her cause. It is found that her creativity is that in the midst of her efforts to stay afloat and enjoy his life. At the time he started to fall chinatt with Augustus Waters. She feels this is one of his creative selves. She decided to give motivation and even attention to Augustus Waters. She felt that Augustus was the right person, because she could always listen to the complaints she was telling. Hazel felt she could be a braver person to see the outside world and meet new people. And it was her decision to determine her life's purpose. Hazel is also attempting to form a positive relationship with a boy. She, too, was attempting to improve the communication between himself and Augustus. Because she requires someone who is always near her and with whom she can share her life experiences. A friend who is always telling stories while reading a book she enjoys. In the novel, Hazel is only friends with people in her support group which contains children who have cancer like her, but there is a boy who is attracted to her. His name is Augustus. Hazel tried to make a relationship with Augustus, where every conversation with him, he always gave him the zest for life and he also gave him the *Suffering of the Empire* he should have had the same experience with him about that novel.

4. CLOSING

4.1 Conclusion

The main character's journey to survive in the novel *The Fault in Our Stars* is not easy. It all started with her, who took time to read *Imperial Afiction*, her favorite novel, on a regular basis. Because, according to her reading,

literature has a positive impact on his thinking. She makes an effort to rid her mind of all the bad thoughts about cancer she has. Petter Van Houttten, the novel's author, was someone she truly wanted to meet. Her urge to meet the author stems from her belief that the novel's ending would result in the cancer character in the novel surviving cancer. Because she wants to persuade him that all cancer patients are capable of surviving. She attempts to establish excellent friends and maintain good relationships with all of her friends while reading her favorite novel. She believes that her pals who are afflicted with an illness are in desperate need of help Augustus is one of her Support Group buddies who is quite close to him. She strives to maintain a positive relationship with him since she believes she requires a man who can support her and share life experiences with her. Because, in her opinion, this can be beneficial to her, and the expert is one way for her to be able to fight for survival He wants to persuade himself that all cancer patients are capable of surviving. He attempts to establish excellent friends and maintain good relationships with all of his buddies while reading his favorite novel. He believes that his buddies who are afflicted with an illness are in desperate need of help. One of his friends in the Support Group who is very close to him is Augustus. She always tries to build a good relationship with him, because she feels she needs a man who can provide support and also exchange life experiences with her. Because according to him, this can provide positive things for him and the expert is one way for him to be able to struggle to survive.

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