

**ARTHUR'S INNER PRESSURE IN *JOKER* MOVIE BY TODD PHILIPS
(2019) : A PSYCHOANALYTIC APPROACH**



**Submitted as a Partial Fulfillment of Requirement for Getting
Bachelor Degree of English Education in School Teacher Training Education**

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2021

APPROVAL

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PUBLICATION ARTICLE

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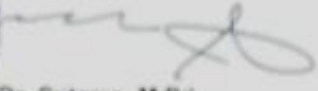
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Abstrak

Penelitian ini bertujuan untuk 1) menganalisis psyche awal Arthur yang tercermin dalam film *Joker*. 2) Menganalisis penyebab terjadinya defleksi psikoanalisis Arthur dalam Film *Joker*. Penelitian ini menggunakan pendekatan psikoanalitik dari Sigmund Freud. Penelitian ini termasuk penelitian deskriptif kualitatif yang berfokus pada tekanan batin yang dialami oleh tokoh utama. Penelitian ini menggunakan analisis deskriptif. Cara menunjukkan jiwa Arthur. Dari penelitian ini, penulis menemukan Self-Compassion pada tokoh utama, yaitu Self-Kindness, Common Humanity dan Mindfulness. Dari penelitian ini, Arthur memiliki tekanan batin karena bullying. Penyebab Arthur mengalami Inner Pressure ditemukan menggunakan id, ego dan superego.

Kata Kunci: Tekanan Batin, Welas Asih, Psikoanalisis

Abstract

This study aims to 1) analyze the beginning Arthur's psyche reflected in the *Joker* film. 2) To analyze the causes of Arthur's psychoanalytic deflection in *Joker* Film. This study uses a psychoanalytic approach from Sigmund Freud. This research includes a qualitative descriptive study that focuses on the inner pressure experienced by the main character. This study uses descriptive analysis. How to show the psyche of Arthur. From this research, the writer finds Self Compassion in the main character, namely Self-Kindness, Common Humanity and Mindfulness. From this research, Arthur have a inner pressure because of bullying. The cause of Arthur experiencing Inner Pressure was found using the id, ego and superego.

Keywords: Inner Pressure, Self Compassion, Psychoanalytic

1. INTRODUCTION

Literary work is a work that contains a story, an idea from the experience created by the author. Literary works are the link between the mind of the author and the reader. Literary work is also the author's view of the problems that occur in the reality of existing life and also to entertain and educate. Literary works are known as fiction and non-fiction. Fiction is drama, prose, and poetry. Meanwhile nonfiction is a biography, autobiography, history, etc. Literature is constantly evolving. From textual to visual after progressing in science and technology. Short stories, novels, and films can also be referred to as literary works. The film is a contemporary movement from a textual literary mode to a visual literary form.

Movies also have stories that can be used as objects of research. The story contained in the movie is also usually adapted from someone's experience. A movie can explain a story directly through visualization. So that the audience can also understand the story depicted in a

movie. Like what happened, namely bullying movies. Bullying is also common in the lives around us. One of the films that explain bullying that causes a person's inner stress is Joker Movie 2019 by Todd Philips.

Bullying often happens from the past until now. Bullying is an act that should not be applied to anyone. Bullying can be interpreted as bullying or aggressive behavior towards someone that can harm the victim. An imbalance in one's abilities can lead to bullying both physically and verbally. The stress that occurs as a result of bullying can make a person psychologically disturbed. If the victim of bullying is disturbed psychologically, it will result in revenge. Inner Pressure can cause a person to experience mental disorders because of bullying. Mental stress can lead to depression and anxiety. If left untreated, this has the potential to endanger themselves such as attempting suicide or even killing other people. Mental stress can also be experienced by people who are bullied.

One of the movies that depicted bullying is the Joker Movie. The Joker character was played by Arthur as the main character. Since the first, he very often got bullying behavior by all those closest to him. Even if he did good things, everyone would still look down on him and even bully him. Arthur was known as a delusional sufferer who tent to laugh often for no reason. So that the disease interferes with other people and is considered strange. Therefore, Arthur often got bullied from his environment. Because of the constant bullying he got, Arthur had a grudge against everyone who had hurted his heart. So, this greatly affected his psychology. A suitable theory for the Joker Movie is Sigmund Freud's Psychological Approach.

Inner Pressure can cause a person to experience mental disorders. Mental stress can lead to depression and anxiety. If it is left untreated, this has the potential to endanger themselves such as attempting suicide or even killing other people. Mental stress can also be experienced by people who are bullied. It makes themselves do not believe that they are useful for society.

Arthur Fleck was a clown from chaotic Gotham City. He was 40 years old and lived with his mother. Arthur had a brain disorder that made him laugh any times. He always visited social service workers for the antidote for delusions. At that time Arthur returned to social services which were closed. So he had no medicine. On his way home by subway, he was bullied by three young men. Arthur shot them resulting in the killing.

The reason the author chose the title “Analysis of Id, Ego, Superego in the Joker Movie directed by Todd Philips (2019): Psychological Approach”, was because the author wanted to give a little picture of the harsh life. All life processes were bitter and some were sweet. The author wanted to give perspective to the reader that we must pay attention to the behavior that we would give to others. Because if people don’t give good behavior to others, it can make them hurt or not. Therefore the importance of tolerance among human beings on this earth is important.

Abdul Samad Saggu (2020) entitled “A Freudian Psychoanalysis of Arthur Fleck, “Joker” (2019)”. The method used was qualitative. The theory was Psychoanalysis. The objective of this research was to find the ego of Arthur. The data source of this research was Joker Movie. The similarities of it and this research were the theory and movie selection, but the author added the theory of Self Compassion in this research.

2. METHOD

This study used descriptive qualitative method. This research uses two types of data sources, namely primary data and secondary data. The primary data was the Joker Movie by Todd Phillips while secondary data was data quoted from other researchers related to the primary data. The object of the study in this research was the Joker Movie by Todd Phillips in 2019. The Methods of collecting data is library research. The author watched the film repeatedly to find out the story depicted in the Joker film. Then it is categorized based on Freud's theory, namely psychoanalytic. To determine the accuracy and correctness of the data. Triangulation is one of the techniques used. Triangulation can be used when obtaining information from various perspectives and when collecting data.

3. FINDING AND DISCUSSION

After analyzing the film Joker (2019), researchers found inner pressure on Arthur Fleck's character by using Sigmund Freud's Psychoanalytic Approach theory. The things that the researchers found were Id, Ego and Superego. Self Compassion in Joker are :

Table 1. The Form Of Self Compassion

NO	THE FORM OF SELF COMPASSION	DETAIL
1	Self- Kindness	<ul style="list-style-type: none"> • • When Arthur is attacked by a group of children he chooses to remain silent. • • When Arthur was entertaining a small child on the bus but the child's mother was disturbed.

		<ul style="list-style-type: none"> • When Arthur wants to help a woman but he is unable to face three men who seduce a woman.
2	Common Humanity	<ul style="list-style-type: none"> • When Arthur is dressing up to be a joker, with his limited mental illness, he still has to look happy even though he's not okay. • Arthur resigned to the situation he continued to experience. The world had gone mad that made him feel the world was indeed very cruel.
3	Mindfulness	<ul style="list-style-type: none"> • When he was having problems in his life, he still professionally showed his talent in dancing while playing the Clown in front of Kenny's Music. • Randall affects Arthur to fight a group of children who have attacked him. However, Arthur feels that it is not necessary, because they are only children.

Table 2. The Form Of Psychoanalytic Approach

NO	THE FORM OF PSYCHOANALYTIC	DETAIL
1	Id	<ul style="list-style-type: none"> • Arthur was feeling sad as he sat at the dressing table. Arthur's desire to become a stand up comedy when he confided with his psychologist. • Arthur worries about his illness. • Arthur's desire to help a woman who is being seduced by three young men.
2	Ego	<ul style="list-style-type: none"> • Arthur was slamming his head against the glass until the glass shattered. • Arthur killed the three young men who were on the train. • Arthur killed his mother while in the hospital. • Arthur killed Randall a co-worker. • Arthur killed Murray on a talk show.
3	Superego	<ul style="list-style-type: none"> • When Arthur chooses to surrender when he is beaten by a group of children. Because he didn't want to attack them. When Arthur regretted shooting the three young men dead. • When Arthur frees Garry to get out of his apartment after Arthur kills Raddal. Because Gary is Arthur's best friend.

		<ul style="list-style-type: none"> • When Arthur wrote on the glass 'put on a happy face', he kept smiling under any circumstances.
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4. CLOSING

The conclusion of this study, Arthur's mental stress was when the three young men on the train attacked Arthur. At that moment, Arthur had a Deflection. Arthur's past when his mother also attacked Arthur made Arthur Fleck depressed. When he was a child, his mother had made him suffer from mental disorders. When Arthur was always attacked and bullied by others is a pressure on Arthur's mind. When the Joker Movie is connected with the Psychoanalytic theory of Sigmund Freud. Before he made a deflection. Arthur started as a person controlled by his superego. However, when there is pressure on his mind, his Superego is out of balance with his ego. Representation of the uncontrollable ego makes Arthur performs many bad actions. Basically, everyone is good, but all of that has a size. Trauma can be the main cause of everyone committing crimes. The best revenge is through the achievements we can give to those who have hurt us. We must also apply the attitude of tolerance towards others everywhere.

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