

**MIA HALL'S FRUSTRATION & SADNESS IN NOVEL *IF I STAY*
BY GAYLE FORMAN (2009): A PSYCHOANALYTIC
APPROACH**



RESEARCH PAPER

**Submitted to the Department of English Education
In Fulfillment of the Requirement for Sarjana Degree**

by:

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**DEPARTMENT OF ENGLISH EDUCATION
SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA
2021**

APPROVAL

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ACCEPTANCE

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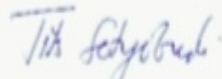
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School of Teacher and Training Education
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On , 28 July 2021

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Dekan


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TESTIMONY

I testify that in this research paper there is no plagiarism of previous literary works which been raised to obtain bachelor degree of certain university, nor there are opinions or masterpieces which have been written or published by others, except those in which the writing is referred to the manuscript and mentioned in literary review and bibliography.

Hence later, if it is proven that there are some untrue statements in this testimony, I will fully be responsible.

Surakarta, 28 July 2021

The Researcher



FIDHEATY OCTA RAHAYU
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MOTTO

“There is no prayer more beautiful than prayer so that this research paper can be finished quickly.”

(Fidheaty Octa Rahayu)

So be patient. Indeed, the promise of ALLAH is truth.

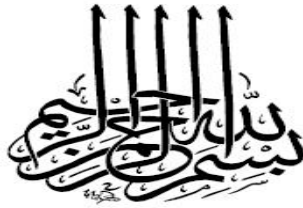
(Q.S Ar-Rum: 60)

DEDICATION

The researcher dedicated this research to:

- 1. Allah Subhaanahu Wa Ta'aala.**
- 2. My Dearest parent, Mr. Muhammad Sugiarno and Mrs. Eti Nurmala Dewi**
- 3. My Beloved little sister's, Febrina Putri Larasati, Mellynda Endah Wahyuni, Flora Julyanti Wulandari and Syafira Queensha Octaviany.**
- 4. All of my friends**
- 5. My Future Husband**
- 6. And Beloved my self**

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Assalamu 'alaikum Warahmatullahi Wabarakatuh

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The researcher realizes it is impossible to finish the research without any help, support, encouragement, and advises from others. This is because of her limitation. Therefore, the researcher would like to express her deepest appreciation on and gratitude to persons who given contributions to her to finishing the paper, among others are:

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- Finally, the researcher realizes that the research is far for perfection. Therefore, she would like to extend her gratitude to the readers who are willing to give input in the form of suggestion or constructive criticism to make the research paper better. The researcher expects this research paper would be useful to everyone.

Wassalamu'alaikum Warahmatullahi Wabarakatuh

Surakarta, 28 July 2021

The Writer

Fidheaty Octa Rahayu / A320170237. **FRUSTRASI & KESEDIHAN MIA HALL DALAM NOVEL IF I STAY KARYA GAYLE FORMAN (2009): PENDEKATAN PSIKOANALITIK.** Skripsi . Fakultas Keguruan dan Ilmu Pendidikan. Universitas Muhammadiyah Surakarta. 28 July 2021.

ABSTRAK

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Perasaan dan emosi umumnya dicirikan sebagai keadaan yang ada pada individu atau organisme pada suatu waktu. Frustrasi merupakan kondisi yang berhubungan dengan stres dan rasa putus asa. Kesedihan adalah suatu emosi yang ditandai oleh perasaan tidak beruntung, kehilangan, dan ketidakberdayaan. Saat sedih, manusia sering menjadi lebih diam, kurang bersemangat, dan menarik diri. Penelitian ini bertujuan: (1) Menjelaskan tokoh utama, khususnya dimensi psikologisnya, untuk menganalisis perilaku/kepribadiannya secara umum. (2) Menganalisis dan menjelaskan hubungan antara teori perkembangan kebutuhan psikologis tokoh utama dalam kondisi psikologis dengan menggunakan teori Sigmund Freud. Desain penelitian ini menggunakan penelitian deskriptif kualitatif. Data penelitian ini adalah kutipan-kutipan berisi perasaan frustrasi dan kesedihan yang digambarkan dalam novel *If I Stay* (2009). Peneliti menggunakan teknik pendekatan psikoanalisis untuk mengumpulkan data. Dari penelitian ini memperlihatkan perasaan frustrasi dan kesedihan yang dialami oleh Mia Hall dalam melewati situasi krisis nya hingga ia memiliki alasan untuk tetap bertahan demi cinta yang dimilikinya dan untuk masa depan yang telah di harapkannya.

Kata kunci: Mia Hall, frustrasi dan kesedihan, pendekatan psikoanalisis, teori Sigmund Freud

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ABSTRACT

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Feelings and emotions are generally characterized as states that exist in an individual or organism at a time. Frustration is a condition associated with stress and hopelessness. Sadness is an emotion characterized by feelings of disadvantage, loss, and helplessness. When sad, people often become quieter, less excited, and withdrawn. This study aims to: (1) Describe the main character, especially his psychological dimension, to analyze his behavior/personality in general. (2) Analyze and explain the relationship between the theory of the development of psychological needs of the main character in psychological conditions using Sigmund Freud's theory. The design of this study used descriptive qualitative research. The data of this research are excerpts containing feelings of frustration and sadness described in the novel *If I Stay* (2009). Researchers used a psychoanalytic approach to collect data. From this research shows the feelings of frustration and sadness experienced by Mia Hall in going through her crisis situation so that she has a reason to survive for the love she has and for the future she has hoped for.

Keyword: Mia Hall's, frustration and sadness, Psychoanalysis Approach, Sigmund Freud's theory.

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