

**BULLYING IN SCHOOLS AND ITS IMPACTS ON THE MENTAL HEALTH OF
THE VICTIM REFLECTED IN SUSIN NIELSEN'S THE RELUCTANT
JOURNAL (2012): A PSYCHOLOGICAL PERSPECTIVE**



RESEARCH PAPER

**Compiled as one of the requirements for completing the Strata I Study Program at
the Department of English, Faculty of Teacher Training and Education**

By:

IKA MADEVI JUWITANINGRUM

A 320 170 121

**DEPARTMENT OF ENGLISH EDUCATION
FACULTY OF TEACHER TRAINING AND EDUCATION
UNIVERSITAS MUHAMMADIYAH SURAKARTA**

2021

APPROVAL

BULLYING IN SCHOOLS AND ITS IMPACTS ON THE MENTAL HEALTH OF
THE VICTIM REFLECTED IN SUSIN NIELSEN'S THE RELUCTANT JOURNAL
(2012): A PSYCHOLOGICAL PERSPECTIVE

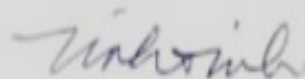
Proposed by:

IKA MADEVI JUWITANINGRUM

A320170121

Approved to be examined by Consultant,

Consultant,



Dr. M. Thoyibi, M. S

NIK. 410

ACCEPTANCE

BULLYING IN SCHOOLS AND ITS IMPACTS ON THE MENTAL HEALTH OF THE VICTIM REFLECTED IN SUSIN NIELSEN'S THE RELUCTANT JOURNAL (2012): A PSYCHOLOGICAL PERSPECTIVE

By:

IKA MADEVI JUWITANINGRUM

A320170121

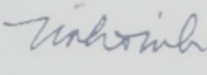
Has been defended in front of the Examiner Board
Faculty School of Teacher Training and Education

Muhammadiyah University of Surakarta

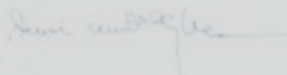
On Friday, 28 May 2021

The Board of Examiners:

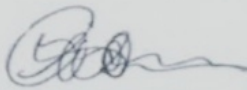
1. Dr. M. Thoyibi, MS.
(Chairman of Examiners)

()

2. Dr. Phil. Dewi Candraningrum, M.Ed
(Member I of Examiners)

()

3. Dr. Abdillah Nugroho, M. Hum.
(Member II of Examiners)

()

Dekan,


Prof. Dr. Haran-Joko Prayitno, M.Hum
NIP: 196504281993031001

STATEMENT

I hereby declare that in this scientific publication there is no work that ever submitted to obtain a bachelor's degree in a college and to the best of my knowledge there are also no works or opinions that have been written or published by other people, unless in writing they are referred to in the text and mentioned in the bibliography.

If later it is proven that there are untruths in my statement above, then I will be fully responsible.

Surakarta, 31 May 2021

Writer



IKA MADEVI JUWITANINGRUM

A320170121

MOTTO

"The way get started is to quit talking and begin doing."

(Walt Disney)

"If you are working on something that you really care about, you don't have to be pushed."

The vision pulls you."

(Steve Jobs)

"If there is someone who doesn't like you it means they are jealous of what you have."

(The Writer)

DEDICATION

This research paper is dedicated to:

Her All-Knowing Allah

Her beloved mother

Her beloved father

Her big family

Her precious friends

ACKNOWLEDGMENT



Assalamu'alaikum Wr. Wb.

Alhamdullillahirabbil'alam, Allah SWT, the Almighty, the Merciful and Compassionate. Only by His allowance and blessing, the writer can finish this research paper. Sholawat and Salam are just for our prophet Muhammad SAW who brings us from the darkness to the lightness.

This research paper has been a hard work to do but it is done to bring about the bachelor degree come to reality. Then, the writer feels it is necessary to express his gratitude to those who have contributed to make possible the writer to write this research paper. The writer would like to thanks to:

1. Prof. Dr. Harun Joko Prayitno, M. Hum., as the Dean of the Faculty of School of Teacher Training and Education for the endorsement to this research paper in Muhammdiyah University of Surakarta.
2. Mauly Halwat Hikmat, Ph.D., as the Chief of English Department for giving permission to conduct the research.
3. Dr. M. Thoyibi, MS., as the first consultant who gives her directions, advices, supports, corrections, careful discussions, and criticism.
4. Dr.Phil.DewiCandraningrum,M.Ed., as the second consultant who gives her very helpful guidance, corrections, careful discussion, and supports.
5. Dr. Abdillah Nugroho, M.Hum., as the third consultant who gives her very helpful guidance, corrections, careful discussion, and supports.
6. The beloved family. To her beloved mother, the writer just can say nothing but very much thanks for the unlimited loves. To her beloved father, the writer thanks for everything he did and for the

unlimited love. Thanks also to her big family, for bringing many cheers at the time before.

7. Her precious friends Berliana Destiyanti, Eva Ariyani, Usniatul Muna, Yullynar Hayyunisha, etc. Thanks to all of you for meaningful, lovely friendship, cares, supports, and togetherness.
8. The amazing friends Mbak Resty and Mbak Nindi for all helps, suggestions, supports, and kindness.
9. Her boarding house friends in Kost Patriot Mbak Enthi. Thanks for all helps, supports, lesson of life, and kindness.
10. Her tools which help her to finish the research. Blacky Honda Beat. Without it the writer cannot finish her research at the right time.

The writer is aware that this research paper is out of such a perfect thing. The beneficial criticism and suggestion are welcomed for better improvement. At last but not the least, the writer expects this will be useful for everyone who read.

Wassalamu'alaikum Wr. Wb.

Surakarta, May 2021

The Writer

Bullying In Schools And Its Impacts On The Mental Health Of The Victim Reflected In Susin Nielsen's The Reluctant Journal (2012): A Psychological Perspective

Abstrak

Penelitian ini bertujuan untuk menganalisis tentang dampak kesehatan mental di dalam novel, untuk mengidentifikasi indikator-indikator yang dapat mempengaruhi dampak kesehatan mental korban intimidasi, untuk mengetahui bagaimana intimidasi digambarkan didalam novel tersebut, dan untuk mengetahui mengapa penulis mengangkat tentang intimidasi didalam novel. Jenis penelitian ini adalah deskriptif kualitatif. Penelitian ini menggunakan dua sumber data. Sumber data yang pertama adalah novel. Sedangkan sumber data yang kedua adalah dari biografi penulis, buku-buku online, dan sumber lainnya untuk menganalisis. Dalam penelitian ini menghasilkan beberapa kesimpulan. Pertama adalah indikator-indikator bullying di dalam novel. Kedua adalah hal-hal yang dapat menunjukkan adanya penggambaran dari intimidasi didalam novel. Ketiga adalah menunjukkan keprihatinan penulis terhadap kasus bullying yang sering terjadi di beberapa negara yang direfleksikan ke dalam novel *The Reluctant Journal*.

Kata Kunci: Dampak Kesehatan Mental, *The Reluctant Journal*, Psikologi

Bullying In Schools And Its Impacts On The Mental Health Of The Victim Reflected In Susin Nielsen's The Reluctant Journal (2012): A Psychological Perspective

Abstract

This study aims to analyze the impact of mental health in the novel, to identify indicators that can affect the mental health impact of bullying victims, to find out how bullying is depicted in the novel, and to find out why the author raises about bullying in the novel. This type of research is descriptive qualitative.

This study uses two data sources. The first data source is novel. While the second data source is from author biographies, online books, and other sources for analysis. In this research, there are several conclusions. First are the indicators of bullying in the novel. Second, there are things that can show the depiction of bullying in the novel. The third is to show the author's concern for cases of bullying that often occur in several countries which is reflected in the novel *The Reluctant Journal*.

Keywords: Mental Health Impacts, *The Reluctant Journal*, Psychology

TABLE OF CONTENT

APPROVAL.....	i
ACCEPTANCE.....	ii
STATEMENT	iii
MOTTO.....	iv
DEDICATION.....	v
ACKNOWLEDGMENT.....	vi
ABSTRAK.....	viii
ABSTRACT.....	viii
TABLE OF CONTENT.	x
CHAPTER I.....	1
A. Background of the Study.....	1
B. Problem Statements.....	5
C. Objectives of the Study.....	5
D. Significance of the Study.....	5
CHAPTER II.....	7
A. Previous Study.....	7
B. Underlying Theory.....	15
1. Notion of Literature.....	15
2. Social Psychology.....	16
3. Bullying.....	17
4. Theoretical Framework.....	19
CHAPTER III.....	20
A. Type of the Study.....	20
B. Object of the Study.....	20
C. Type of Data and Data Source.....	20
D. Method of Collecting Data.....	21
E. Method of Data Analysis.....	22

F. Data Analyzing Process.....	22
CHAPTER IV.....	24
A. RESULTS.....	24
1. Indicators of Bullying.....	24
a. Insulting Other.....	24
b. Criticizing Friends Sharply.....	25
c. Sexual Invitation Nuanced Statements.....	25
2. Depiction of Bullying in Novels.....	25
a. Through Character and Characterization.....	25
b. Through Event.....	27
c. Through Setting of Place (Schools).....	28
3. Reason for Susin Nielsen to Raise Bullying in Novels.....	29
B. DISCUSSION.....	29
CHAPTER V.....	32
A. CONCLUSION.....	32
B. SUGGESTION.....	33
C. PEDAGOGICAL IMPLICATION.....	33
BIBLIOGRAPHY.....	34