

DAFTAR PUSTAKA

- Abdulla, A., Adams, N., Bone, M., Elliott, A. M., Gaffin, J., Jones, D., Knaggs, R., Martin, D., Sampson, L., Schofield, P., & British Geriatric Society. (2013). Guidance On The Management Of Pain In Older People. *Age And Ageing*, 42 Suppl 1. <https://doi.org/10.1093/ageing/afs200>
- Agrawal, A., & Singh, G. K. (2006). Concepts In Cervical Traction. *Orthopedics Today*, 7(January), 161–165.
- Am, G., Mechelen, W. Van, Bongers, P. M., & Bouter, L. M. (2017). *Norwegian National Institute Of Occupational Health Danish National Research Centre For The Working Environment Finnish Institute Of Occupational Health Physical Risk Factors For Neck Pain Institute Of Occupational Health , The Danish National Research Ce.*
- Ara, T., Iizuka, H., Sorimachi, Y., Iizuka, Y., Nakajima, T., & Nishinome, M. (2010). *Evaluation Of Neck Pain By Using A Visual Analog Scale Before And After Laminoplasty In Patients With Cervical Myelopathy: Relationship With Clinical Results.* 12(June), 635–640. <https://doi.org/10.3171/2009.12.spine09181>
- Ariëns, G. A. M., Bongers, P. M., Douwes, M., Miedema, M. C., Hoogendoorn, W. E., Van Der Wal, G., Bouter, L. M., & Van Mechelen, W. (2001). Are Neck Flexion, Neck Rotation, And Sitting At Work Risk Factors For Neck Pain? Results Of A Prospective Cohort Study. *Occupational And Environmental Medicine*, 58(3), 200–207.
- Arifin, S. (2014). Pengaruh Traksi Manual Cervical Terhadap Nyeri. *Jurnal Vokasi Indonesia*, 2(1), 49–56.
- Bahrudin, M. (2018). Patofisiologi Nyeri (Pain). *Saintika Medika*, 13(1), 7. <https://doi.org/10.22219/Sm.V13i1.5449>
- Bernstetter, A. (2016). The Application Of A Clinical Prediction Rule For Patients With Neck Pain Likely To Benefit From Cervical Traction: A Case Report. *Physiotherapy Theory And Practice*, 32(7), 546–555. <https://doi.org/10.1080/09593985.2016.1206154>
- Bogduk, N., & Mercer, S. (2000). Biomechanics Of The Cervical Spine. I: Normal Kinematics. *Clinical Biomechanics*, 15(9), 633–648. [https://doi.org/10.1016/S0268-0033\(00\)00034-6](https://doi.org/10.1016/S0268-0033(00)00034-6)
- Borman, P., & Keskin, D. (2008). The Efficacy Of Intermittent Cervical Traction In Patients With Chronic Neck Pain. *Clinical Rheumatology*, 27, 1249–1253. <https://doi.org/10.1007/S10067-008-0895-Z>
- Boyles, R., Toy, P., Mellon, J., Hayes, M., & Hammer, B. (2011). Effectiveness Of Manual Physical Therapy In The Treatment Of Cervical Radiculopathy:

- A Systematic Review. *Journal Of Manual And Manipulative Therapy*, 19(3), 135–142. <https://doi.org/10.1179/2042618611y.0000000011>
- Bukhari, S. R. I., Shakil-Ur-Rehamn, S., Ahmad, S., & Naeem, A. (2016). Comparison Between Effectiveness Of Mechanical And Manual Traction Combined With Mobilization And Exercise Therapy In Patients With Cervical Radiculopathy. *Pakistan Journal Of Medical Sciences*, 32(1), 31–34. <https://doi.org/10.12669/Pjms.321.8923>
- Chumbley, E. M., O'hair, N., Stolfi, A., Lienesch, C., Mceachen, J. C., & Wright, B. A. (2016). Home Cervical Traction To Reduce Neck Pain In Fighter Pilots. *Aerospace Medicine And Human Performance*, 87(12), 1010–1015. <https://doi.org/10.3357/Amhp.4625.2016>
- Dao, Y. J., Tam, K., Huang, T., & Huang, S. (2016). *Intermittent Cervical Traction For Treating Neck Pain: A Meta-Analysis Of Randomized Controlled Trials* (Issue October). <https://doi.org/10.1097/Brs.0000000000001948>
- Dewangga, M. W. (2020). Efektifitas Penggunaan Traksi Cervical Untuk Menurunkan Derajat Nyeri Pada Penderita Nyeri Leher. *Jakiyah: Jurnal Ilmiah Dan Kesehatan Aisyiyah*, 5(2), 90–95.
- Dewantari, L. P. A., & Adiputra, I. N. (2017). Hubungan Berat Tas Punggung Dengan Keluhan Nyeri Punggung Bawah, Nyeri Bahu Dan Nyeri Leher Pada Siswa Sd Di Kecamatan Kuta, Badung. *E-Jurnal Medika Udayana*, 6(2), 1–11.
- Fatmawati, V. (2013). Penurunan Nyeri Dan Disabilitas Dengan Integrated Neuromuscular Inhibition Techniques (Init) Dan Massage Effleurage Pada Myofascial Trigger Point Syndrome Otot Trapezius Bagian Atas. *Sport And Fitness Journal*, 1(1), 60–71.
- Fice, J. B., Siegmund, G. P., & Blouin, J. (2018). Neck Muscle Biomechanics And Neural Control. *Journal Neurophysiology*, 1(120), 361–371. <https://doi.org/10.1152/Jn.00512.2017>
- Gregory, G., & Mckivigan, J. (2018). Effectiveness Of Intermittent Mechanical Traction In Cervical Radiculopathy: A Systematic Review. *Journal Of Medical Research And Practice*, 7(2), 39.
- Haryatno, P., & Kuntono, H. P. (2016). Pengaruh Pemberian Tens Dan Myofascial Release Terhadap Penurunan Nyeri Leher Mekanik. *Jurnal Terpadu Ilmu Kesehatan*, 5(2), 182–188.
- Hogg-Johnson, S., Velde, G. Van Der, Carroll, L. J., Holm, L. W., Cassidy, J. D., Guzman, J., Frcp, C., Co, P., Haldeman, S., Ammendolia, C., Carragee, E., Hurwitz, E., Nordin, M., Peloso, P., & Frcp, C. (2010). The Burden And Determinants Of Neck Pain In The General Population Results Of The Bone

- And Joint Decade 2000 – 2010 Task Force On Neck Pain And Its Associated Disorders. *Eur Spine J*, 33(4), 39–51. <https://doi.org/10.1007/S00586-008-624-Y>
- Hutagalung, R., & Sugijanto. (2007). Perbedaan Pengaruh Intervensi Mwd Dan Tens Dengan Mwd, Tens Dan Traksi Leher Manual Terhadap Pengurangan Nyeri Kepala Pada Cervical Headache. *Jurnal Fisioterapi Indonusa*, 7(1), 1–19.
- Karaeng, M., Djajakusli, R., Naiem, M. F., Masyarakat, F. K., Kunci, K., & Leher, N. (2013). *Hubungan Beban Kerja Dengan Nyeri Leher Pada Tenaga Kerja Bongkar Muat Di Koperasi Tenaga Kerja Bongkar Muat Pelabuhan Makassar*. Universitas Hasanuddin Makasar.
- Listianto, H. H., Yadi, D. F., & Kadarsah, R. K. (2016). Gambaran Letak Saraf Radialis, Ulnaris, Medianus, Dan Muskulokutaneus Terhadap Arteri Aksilaris Di Aksila Menggunakan Pencitraan Ultrasonografi. *Jurnal Anestesi Perioperatif*, 4(2), 103–110.
- Madson, T. J., & Hollman, J. H. (2017). Cervical Traction For Managing Neck Pain: A Survey Of Physical Therapists In The United States. *Journal Of Orthopaedic And Sports Physical Therapy*, 47(3), 200–208. <https://doi.org/10.2519/Jospt.2017.6914>
- Maijunidah, E. (2010). Faktor-Faktor Yang Mempengaruhi Keluhan Musculoskeletal Disorders (Msds) Pada Pekerja Assembling Pt X Bogor Tahun 2010 [Universitas Islam Negeri Syarif Hidayatullah Jakarta]. In *Universitas Islam Negeri Syarif Hidayatullah Jakarta*. <https://doi.org/10.1017/Cbo9781107415324.004>
- Masturoh, I., & Anggita, N. (2018). *Metodologi Penelitian Kesehatan*. Kementerian Kesehatan Republik Indonesia.
- Putri, S. A. P. (2010). Peranan Psikolog Dalam Menangani Penderita Nyeri Psikologi Di Rumah Sakit. *Majalah Ilmiah Informatika*, 1(1), 80–92.
- Rinaldi, S. F., & Mujiyanto, B. (2017). *Metodologi Penelitian Dan Statistik*. Kementerian Kesehatan Republik Indonesia.
- Safitri, A. G., Widjasena, B., & Kurniawan, B. (2017). Analisis Penyebab Keluhan Neck Pain Pada Pekerja Di Pabrik Sepatu Dan Sandal Kulit Kurnia Di Kota Semarang. *Jurnal Kesehatan Masyarakat*, 5(3), 234–240.
- Samara, D. (2007). Nyeri Muskuloskeletal Pada Leher Pekerja Dengan Posisi Pekerjaan Yang Statis. *Universa Medicina*, 26(3), 137–142.
- Sarfaraaj. (2018). The Effect Of Neural Mobilization With Cervical Traction In Cervical Radiculopathy Patients. *International Journal Of Advance Research And Development*, 3(5), 136–140. <https://doi.org/10.18535/Jmscr/V5i5.132>

- Savva, C., Korakakis, V., Efstathiou, M., & Karagiannis, C. (2020). Cervical Traction Combined With Neural Mobilization For Patients With Cervical Radiculopathy: A Randomized Controlled Trial. *Journal Of Bodywork And Movement Therapies*. <https://doi.org/10.1016/j.jbmt.2020.08.019>
- Sinda, T. I., Kati, R. K., Pangemanan, D. M., Sekeon, S. A. S., Neurologi, B., Kedokteran, F., & Sam, U. (2018). Mixed Pain. *Jurnal Sinaps*, 1(3), 59–69.
- Siswanto. (2012). Systematic Review Sebagai Metode Penelitian Untuk Mensintesis Hasil-Hasil Penelitian (Sebuah Pengantar). *Buletin Penelitian Sistem Kesehatan*, 13(4). <https://doi.org/10.22435/Bpsk.V13i4>
- Sudaryanto, Sutjana, D. P., & Irfan, M. (2013). *Pemberian Teknik Mulligan Dan Soft Tissue Mobilization Lebih Baik Daripada Hanya Soft Tissue Mobilization Dalam Meningkatkan Lingkup Gerak Sendi Ekstensi, Rotasi, Lateral Fleksi Cervical Pada Mechanical Neck Pain*. 2(2010), 117–120.
- Sumartiningsih, M. S., & Prasetyo, Y. E. (2019). A Literature Review: Pengaruh Cognitive Therapy Terhadap Post Traumatic Stress Disorder Akibat Kekerasan Pada Anak. *Jurnal Pendidikan Keperawatan Indonesia*, 5(2), 167–176. <https://doi.org/10.17509/Jpki.V5i2.17429>
- Swarjana, I. K. (2015). *Metodologi Penelitian Kesehatan* (2nd Ed.).
- Tana, L., Tuminah, S., & Delima. (2009). Hubungan Lama Kerja Dan Posisi Kerja Dengan Keluhan Otot Rangka Leher Dan Ekstremitas Atas Pada Pekerja Garmen Perempuan Di Jakarta Utara. *Buletin Penelitian Kesehatan*, 37(1), 12–22.
- Tao, N. A., & Arora, R. (2015). Effectiveness Of Cervical Traction On Pain And Disability In Cervical Radiculopathy. *International Journal Of Recent Scientific Research*, 6(4), 3609–3611. <http://recentscientific.com/sites/default/files/2316.pdf>
- Wahyuningsih, H. P., & Kusmiyati, Y. (2016). *Anatomi Fisiologi*. Kementerian Kesehatan Republik Indonesia.
- Wardani, M. R. (2016). *Pengaruh Latihan Core Stability Terhadap Penurunan Nyeri Leher Pada Pembatik*. Universitas Muhammadiyah Surakarta.
- Yang, J. D., Tam, K. W., Huang, T. W., Huang, S. W., Liou, T. H., & Chen, H. C. (2017). Intermittent Cervical Traction For Treating Neck Pain. *Spine*, 42(13), 959–965. <https://doi.org/10.1097/BRS.0000000000001948>
- Yudiyanta, Khoirunnisa, N., & Novitasari, R. W. (2015). Assessment Nyeri. *Cdk*-226, 42(3), 214–234.
- Zain, A. (2017). *Sikap Kerja Dan Kejadian Myofascial Pain Syndrome Pada*

Leher Dan Bahu Pemetik Kopi Di Desa Pasrujambe Kabupaten Lumajang.
Universitas Jember.