

**THE SELF-ACTUALIZATION OF JONAS IN *THE GIVER* NOVEL BY LOIS
LOWRY (1993): A HUMANISTIC PSYCHOLOGICAL APPROACH**



RESEARCH PAPER

**Submitted as a Partial Fulfillment of Requirements for Getting Bachelor Degree
of Education in English Department**

By:

SETYO WISNU NUGROHO

A320120218

**DEPARTMENT OF ENGLISH EDUCATION
SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2021

**THE SELF-ACTUALIZATION OF JONAS IN *THE GIVER* NOVEL BY LOIS
LOWRY (1993): A HUMANISTIC PSYCHOLOGICAL APPROACH**



RESEARCH PAPER

**Submitted as a Partial Fulfillment of Requirements for Getting Bachelor Degree
of Education in English Department**

By:

SETYO WISNU NUGROHO

A320120218

**DEPARTMENT OF ENGLISH EDUCATION
SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA**

2021

APPROVAL

THE SELF-ACTUALIZATION OF JONAS IN *THE GIVER* NOVEL BY LOIS
LOWRY (1993): A HUMANISTIC PSYCHOLOGICAL APPROACH

RESEARCH PAPER

By:

SETYO WISNU NUGROHO
A.320120218

Approved to Examined by
The Consultant:



Titis Setyabudi S.S., M.Hum.
NIK 948/NIDN 0617047701

ACCEPTANCE

THE SELF-ACTUALIZATION OF JONAS IN *THE GIVER* NOVEL BY LOIS LOWRY
(1993): A HUMANISTIC PSYCHOLOGICAL APPROACH

By:

SETYO WISNU NUGROHO
A.320120218

Accepted and Approved by the Board of Examiners
School of Teacher Training and Education
Muhammadiyah University of Surakarta
on May, 2018

The Board of Examiners

1. Titis Setyabudi S.S., M.Hum.
(First Examiner)
2. Dewi Chandraningrum, S.P.d., M.Ed., Phil.D
(Second Examiner)
3. Abdillah Nugroho Dr., M.Hum.
(Third Examiner)

()
()
()



Dekan

Prof. Dr. Harun Joko Pravitno, M.Hum.
NIP. 19650428199303 1001

TESTIMONY

I am the researcher, signed the statement below:

Name : Setyo Wisnu Nugroho
NIM : A. 320120218
Study Program : Department of English Education
Title : THE SELF-ACTUALIZATION OF JONAS IN *THE GIVER*
NOVEL BY LOIS LOWRY(1993): A HUMANISTIC
PSYCHOLOGICAL APPROACH

Herewith, I testify that there is no plagiarism in this publication articles. As far as I know, there is no literary work which has been raised to obtain bachelor degrees of university. Nor there are options of masterpiece which have been written or published by others, except those in which the writings are referred manuscript and mentioned in the literary review and bibliography. Hence, later, if it is proven that there are some untrue statements in this testimony, I will hold fully responsibility.

Surakarta, 23rd May, 2018

The Researcher



Setyo Wisnu Nugroho
A.320120218

MOTTO

To move forward, we have to leave something behind.

“Newton's Third Law”

Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.

“Thomas A. Edison”

DEDICATION

This research paper is proudly dedicated to:

- **My beloved mother and father in heaven**
- **My lovely sister**

ACKNOWLEDGEMENT

Assalamu'alaikum Warohmatullahi Wabarokaatuh.

All praises is always for the God Almighty, Allah SWT who always give us wonderful mercy and bless to complete this research paper entitled “The Self-Actualization of Jonas in The Giver Novel (1993) By Lois Lowry: A Humanistic Psychological Approach”. Peace and mercy is always for our prophet Muhammad SAW who guides us from the darkness to the lightness.

The researcher realizes that many people had given their hand for suggestion and help for finishing this research paper. He is thankful to everyone who deserves to receive and appreciation to the following people:

1. **Prof. Dr. Harun Joko Prayitno, M.Hum.,** as the Dean of School of Teacher Training and Education Faculty in Muhammadiyah University of Surakarta,
2. **Mauly Halwat Hikmat S.Pd., M.Hum., Ph.D.** as the Head of English Department Muhammadiyah University of Surakarta,
3. **Titis Setyabudi, S. S., M.Hum.,** as the consultant who has guided the researcher, and as the academic consultant
4. All the lecturers of English Department Muhammadiyah University of Surakarta for the more knowledge that have shared to him,
5. His beloved and best parents, Mr. Sumantri and Mrs. Jayatin who always give love, care, motivation, and everything to him, thanks for your endless pray,
6. His Sister, Enggar Dewi, and Wahyuning Pangesti, thanks for support and effort to make him always smile and happy,
7. His big family who always give support to him,
8. His friends Irfan Rejiansyah, who has given consultation and help so much, so the researcher can finish this research paper.
9. His girlfriend, Imas Mustika thanks a lot of your prayer, spirit, togetherness, motivation and support. Thanks for everything.
10. His friends in Department of English Education Class E, thanks for the experiences during our togetherness,
11. All people who cannot be mentioned one by one here.

Thank you for unforgotten contribution during the research paper writing process.

Wassalamu'alaikum Warohmatullahi Wabarokaatuh.

Surakarta, May 2018

Setyo Wisnu Nugroho
A320120218

TABLE OF CONTENT

TITLE..... i

APPROVAL ii

ACCEPTANCE..... iii

TESTIMONY..... iv

MOTTO..... v

DEDICATION..... vi

ACKNOWLEDGEMENT..... vii

TABLE OF CONTENT..... ix

ABSTRAK..... xii

ABSTRACT..... xiii

CHAPTER I: INTRODUCTION 1

 A. Background of the Study..... 1

 B. Problem Statement..... 3

 C. Limitation of the Study..... 3

 D. Objective of the Study..... 3

 E. Benefit of the Study..... 4

CHAPTER II: LITERATURE REVIEW..... 5

 A. Notion of Maslow’s Humanistic Psychology..... 5

 B. Theory Hierarchy of Needs..... 6

 C. Basic Concept of Humanistic Psychology..... 7

 1) Physiological Needs..... 7

 2) Safety Needs..... 8

 3) Belongingness and Love Needs..... 9

 4) Self-Esteem Need..... 10

 5) Self-Actualization..... 11

 D. Notion of Self-Actualization..... 11

 1. Sheer Choice..... 12

 2. The Choice between Two Paths to the Same Goal..... 12

 3. Threatening Conflict..... 12

 4. Catastrophic Conflict..... 13

E. Previous Study.....	16
CHAPTER III: RESEARCH METHOD.....	18
A. Type of The Study.....	18
B. Type of the Data and the Data Source.....	18
a. Primary Data Sources.....	18
b. Secondary Data Sources.....	18
C. Technique of the Data Sources.....	18
D. Data Validity.....	19
E. Technique of Data Analysis.....	19
CHAPTER IV: ANALYSIS AND DISCUSSION.....	20
A. Main Finding.....	20
1. Humanistic Psychological Analysis Jonas’s Characteristics.....	20
2. Kind of Self-Actualization Aspects in The Giver Novel.....	22
1) An Efficient Perception of Reality.....	22
2) An Acceptance and Realism.....	23
3) Focus on the Problem Outside Themselves.....	24
4) Spontaneity.....	25
5) A Sense of Detachment and the Need for Privacy.....	25
6) A Freshness of Appreciation.....	26
7) Peak Experiences.....	26
3. Jonas Reflection on the Self-Actualization	27
1) Physiological/Basic Needs.....	27
a) Food.....	27
b) Clothes.....	28
2) Safety Needs.....	29
3) Belongingness and Love Needs.....	31
4) Esteem Needs.....	34
a) Self-Esteem.....	35
b) Esteem for Others.....	35
5) Self-Actualization.....	37
B. Discussion.....	38
CHAPTER V: CONCLUSION, PEDAGOGICAL IMPLICATION, SUGGESTION.....	41
A. Conclusion.....	41
B. Pedagogical Implication.....	41

C. Suggestion.....	41
BIBLIOGRAPHY.....	43
VIRTUAL REFERENCE.....	44

Abstrak

**Setyo Wisnu Nugroho (A320120218) “The Self-Actualization Of Jonas In The Giver Novel By Lois Lowry (1993): A Humanistic Psychological Approach”
Fakultas Keguruan Dan Ilmu Pendidikan, Universitas Muhammadiyah
Surakarta, Mei 2018.**

Penelitian ini tentang aktualisasi diri dari Jonas yang terjadi pada novel The Giver (1993) karya Lois Lowry yang mana analisisnya menggunakan pendekatan humanistik psikologi. Ada tiga masalah yang di formulasikan dalam analisa penelitian ini. Masalah pertama adalah tentang deskripsi karakter Jonas dalam novel. Masalah kedua adalah jenis aktualisasi diri apa sajakah yang Jonas refleksikan dalam novel The Giver. Masalah ketiga adalah bagaimana cara Jonas merefleksikan aktualisasi diri dalam novel The Giver. Penelitian ini termasuk dalam penelitian kualitatif. Sumber utama data penelitian ini adalah Novel The Giver karya Lois Lowry, sementara data kedua penelitian ini adalah sumber lain yang berhubungan dengan penelitian ini seperti : sumber data virtual dan media cetak yang mendukung penelitian ini. Peneliti menarik tiga kesimpulan dalam penelitian ini. Pertama, penggambaran karakter Jonas berhubungan dengan aktualisasi dirinya. Kedua, proses pengaktualisasian Jonas di kembangkan oleh cara dia mempelajari tentang keutuhan manusia atau kebutuhan hirarki manusia itu sendiri. Ketiga, Jonas mampu mengaktualisasikan diri dari pelepasan diri dari komunitas.

Kata kunci: Kebutuhan, Aktualisasi, Humanistik psikologi.

Abstract

Setyo Wisnu Nugroho, A320120218, The Self-Actualization of Jonas in The Giver Novel (1993) By Lois Lowry: A Humanistic Psychological Approach, Research Paper, School of Teacher Training and Education. Muhammadiyah University of Surakarta, May 2018.

This study is about the self-actualization of Jonas in The Giver novel (1993), which is analyzed by using Humanistic Psychological approach. There are three problems formulated in this undergraduate research paper that the writer wants to analyze. The first problem is about what are the descriptions of Jonas' character in the novel. The second problem is about what kind of self-actualization reflected by Jonas in The Giver novel. The Third problem is about how Jonas' self-actualization reflected in The Giver novel. This research belongs to qualitative research. The primary data of this research is The Giver novel by Lois Lowry, while the secondary data of this research is other sources related to the study, such as: virtual sources and other printed materials that support this research. The researcher draws three conclusions in this research. First, Jonas characterized are related with his actualization. Second, the reflection of Jonas actualization. Third, the way how Jonas do self-actualization.

Keywords: Jonas needs, The Giver, Humanistic Psychology