

CHAPTER I INTRODUCTION

A. Background of The Study

Literature is a study about how to express something beautiful that contain the value of kindness based on the author's feeling. It can be form: novel, poetry, film, drama, music and other literary works. Literature becomes a part of human life, given much not only to entertain but also information, critics, moral messages, and educations for the readers. Literature is a work of art of human life in a small scope. We all know that literature has many values, which means many people in the world can receive it. Almost everyone in this world has ever worked with it in his or her life. We can say that literature can give influence on the way of our life. According to *Oxford Advanced Learner's Dictionary*, literature is write that are valued as works of art, especially fiction, drama, and poetry (in contrast with technical books and newspaper, magazine, etc.) (Hornby 1995). The work of literature is purely from the author ability and imagination to create it.

In this paper, the writer wants to analyze about novel. The word of *novel* actually comes from Italian language called *novella*. In literary, *novella* has means "a little new thing" and then given interpretation as "short story" (Abrams 2009:226). Commonly, a novel has long texts that printed and tells us about the stories, events, characters, characteristics, plot, setting, and the others. A novel created by the author pure imagination, but it is also has relationship between both pure imagination and situation or experience of that time, when the author created the novel.

The writer chooses the novel to analyze because it is very interesting work to review and the story in the novel occasionally happens in the reality. The author of novel has the ability to dramatize to make a long story. The content of the novel also makes the writer always curious about what will happen next in the story. *The Girl on The Train* is a psychological thriller novel that created by Paula Hawkins. As a novel author, Paula Hawkins worked as a journalist for fifteen years before turning her hand to fiction. She was born in Salisbury, Rhodesia

(Harare, Zimbabwe) and moved to London in 1989 at the age of 17th. She has written four romantic comedy novels; the most memorable of which being *Confessions of a Reluctant Recessionista*, but this first novel did not become a successful and did not achieve any commercial breakthrough. After that, she wrote a much darker story, her thriller *The Girl on The Train* and became a best-selling author. She reported that the novel took her six months of writing full time to complete. It is a much more serious book than the others her previous four novels. She also has an idea in describing how the depression occurs because of dissatisfaction through her work, *The Girl on The Train*. The film copyrights were acquired by *Dream Works Pictures* in 2014 by Marc Platt Productions. The adaptation, starring *Emily Blunt* and directed by *Tate Taylor*, was released on 7th October 2016. Another reason the writer choose *The Girl on The Train* want to analyze because the readers can be wiser to face their life problems by using some moral values from this novel.

Theme is also an important element of the novel. An interesting theme will attract the readers to read the novel. The theme of *The Girl on The Train* is the woman's struggling from betrayal whose make depression. *The Girl on The Train* has some lessons that can be learned by the readers. We can learn from the one of character, she is Rachel Watson. The author shows to the readers about how she struggle to move on from her old life with Tom Watson. She divorced from Tom Watson because Tom cheated on her. In this novel, the writer interested to analyze the Rachel's about her personality and depression after she divorced with Tom.

In the story of this novel, Rachel Watson becomes a drunker after the doctor told her could not get pregnant. She becomes so depressed and drunk alcohol too much. Rachel Watson (main character) is a 32 years old alcoholic woman reeling from her broken marriage with Tom, who left her for another woman, Anna Watson. Rachel drunk since reportedly, she could not have a baby and then Tom started a cheating with Anna, finally he divorce her. She rides commuter train to London every day. She also passed her old home together with her ex-husband, but now occupied by Tom with his new wife, Anna, and their daughter named Evie. However, when the train stopped at a crossing signal, Rachel always pays

attention on their neighbors. The house number fifteen through the window train. Rachel did not know the husband and wife owners of the house but she always imagine how their lives, who then named them Jess and Jason (Megan and Scott). Rachel thought Jess and Jason reminded with her old household with Tom. She dreamed about a household that full of happiness. Not much different from her life that just disappeared. Rachel also lied to his roommate, Cathy, who did not know that Rachel had dismissed from office because she comes into work and drunk after lunch. She had pretended to go to London every day to trick Cathy.

Rachel watched Megan every morning and afternoon from the train. She saw Megan was having fun with another man. She was so angry with Megan and she began remembering her old life was broken due to her. She became very frustrated because that. After a heavy drunk in the night, Rachel woke up with a bloody body. She did not remember anything but certain that she has done something she will regret even though she did not remember what happened. Soon she knew about the story the most she remembered was Megan had been lost. The police came and questioned Rachel after Anna reported her that she saw Rachel drunks around her house and staggered around the night when Megan disappeared.

One day, Rachel was remembering what happened. She wants to contact the police and tells them that Megan had cheated on her husband. She also contacts her husband about the cheating and she was lying to him that she is Megan's friend. She tells him about the man who had a cheating with Megan. The man kissed her on the day of Megan disappeared. He is Kamal, a therapy that always helps Megan to solve her problem. Rachel was always curious about the disappearance of Megan. Then, she decided to start investigate. Finally Megan was not drinking a few days but her craving for drinking is always there. Besides that she keeps contacting, visiting and, harassing new tom family. Then the body of Megan found and have been pregnant. Rachel began to think again and again to remember her all memories. Rachel then thought and expected that Tom has killed Megan. Rachel warned Anna and when Anna questioned it to Tom. There was a fight between Rachel and Tom, Rachel defended herself and

when she found out Tom was going to kill her, Rachel stabbed his neck with a bottle opener and Anna made sure Tom had died and called the police. The police came, Rachel and Anna told them all the truth. Anna also tells the truth to support their action having been in self-defense.

Depression portrayal becomes an important issue in this story because there are so many important events in this story caused by changing personality of the main character. The main character in this story, Rachel, is a woman who describing with mind memory problems caused by alcohol consumption. The writer is interested to analyze Rachel's depression because she describe as a complex characters and her act was confused for the readers. She got depression after her ex-husband was cheating her love. Although she got a bad condition with her life, Rachel also has a motive to help the others to solve the case about why is Megan disappeared. Meanwhile, the other characters like Megan and Anna in this story also have different psychological emotion in their life but they will not discuss here.

The reasons why the writer is interested with depression portrayal issue in analyzing this novel with psychoanalytic perspective mention as follows; first, seen from the made of this novel, the author appointed the psycho thriller genre in this novel. It is a poison for the novel lovers to have it. Then, this novel also became a best-selling novel in New York and sold more than 18 million copies in worldwide. The novel who created by Paula Hawkins is a novel was later appointed and produced into the world of cinema. After glancing at this novel and seeing a study review of this novel, the writer finally interested to analyze that novel. The main character is very interesting to review. In that novel, there are two other characters; Anna and Megan, they told to make the storyline more interesting. The story plot is very confusing because the storyline is mixing between chronological plot and reverse chronology.

Second, after reading this novel, the writer also found some events that could not predicted in the storyline. The complicated storyline makes the change of Rachel's character also unpredictable when we just read at a glance. Explained in the previous discussion above, Rachel's character at the beginning of the story

described as someone who was very depressed and bad-girl looks. She often got drunk, did not have a job, and looks like a chaotic person, but the fact is not she. She is actually a very kind person and full of sympathy to the others. The prolonged depression she got because of her ex-husband. At the end of the story, Rachel also helped to solve a murder case of Megan. Basically, the chaos that happens to her is inseparable from her own bad habits of drinking alcohol and loss of control after she divorced.

Third, the moral values contained in this novel are very important. It cannot be denying that the negative effects of consuming alcohol are very dangerous for the body and personality. Alcohol can be damaging a person's mind, psycho, or mental state and from this novel, we can more realize it. The struggling of a woman to move on from the 'X' zone to the better zone also is very useful value for us, as well as for the writer.

Based on illustration and explanation above, the writer's encourages depression portrayal become an issue and decided to this paper with title **"DEPRESSION PORTRAYAL OF RACHEL REFLECTED IN *THE GIRL ON THE TRAIN* (2015) BY PAULA HAWKINS: A PSYCHOANALYTIC PERSPECTIVE"**.

B. Problem Statements

1. What are the characteristics of Rachel seen from psychoanalytic perspective?
2. What are the symptoms of depression of Rachel in this novel?
3. How is depression portrayal of Rachel in this novel?

C. Objective of The Study

1. To analyze the characteristics of Rachel seen from psychoanalytic perspective.
2. To explain the symptoms of depression of Rachel in this novel.
3. To describe how is the depression portrayal of Rachel in this novel.

D. Limitation of The Study

The study of the researcher is only focusing in *The Girl on The Train* novel by Paula Hawkins. In case, the psychoanalytic perspective about depression portrayal of Rachel in this novel, will be the best issue to analyze without consider with the other side.

E. Benefits of The Study

This research is conducted in order to have benefits as follows:

1. Theoretical Benefit

The result of this study expected to give more information, benefits, and contributions to the larger knowledge particularly the literary study in Paula Hawkins' *The Girl on The Train*.

2. Practical Benefit

The writer expects that this research will give significant benefits in the form of information, especially for students of English Department who manage themselves to increase their knowledge in analyzing *The Girl on The Train* novel by using psychoanalytic perspective.

F. Paper Organization

The paper organizations of "Depression portrayal of Rachel Reflected in the *Girl on The Train* (2015) By Paula Hawkins: A Psychoanalytic Perspective" are as follows:

Chapter I is Introduction, which are consists of the Background of The Study, Problem Statements, Objective of The Study, Limitation of The Study, Benefits of The Study, and Paper Organization.

Chapter II concerns with the Underlying Theory and Previous Studies, which elaborates the Notion of Psychoanalytic, Notion of Depression, Novel and Elements of Novel, and the last is Previous Study.

Chapter III deals with Research Method, which is discussing about Type of the Study, Object of the study, Type of Data and Data Source, Method of Collecting Data, and Technique of Analyzing Data.

Chapter IV focuses on Finding and Discussion.

Chapter V provides the Conclusion, Suggestion, and Pedagogical Implication of the study.