

**GRACE'S TRAUMA; A PSYCHOANALYTIC STUDY IN TILLY
BAGSHAWAY'S NOVEL *SIDNEY SHELDON'S AFTER THE DARKNESS*
(2010)**



Research Paper

Submitted as a Formal Fulfillment of the Requirement for Getting the Bachelor
Degree of Education in English Department

by:

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2020

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This work has not previously been submitted for a degree or diploma in any university. To the best of my knowledge and belief, the research paper contains no material previously published or written by another person except where due reference is made in the thesis itself.

I convey this statement truthfully, and if in the future problems arise over the publication of the work, I am able to bear the consequences.

Surakarta, November 13th, 2020

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**GRACE'S TRAUMA; A PSYCHOANALYTIC STUDY IN TILLY
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(2010)**

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MOTTO

“I never claimed to know what I’m doing. I just know what I’m trying to do.”
(stuffmadehere)

DEDICATION

This research is dedicated to:

- *My beloved parents*
I love you Mom and Dad.
- *My beloved sister*
You're the most supportive person that I've ever met. You always helped me when I needed the most. Thank you for being such an awesome sister.
- *My friends*
I love you all for always accepting me as I am.
Thank you for being such awesome friends.
Thank you for support and care.

ABSTRACT

Muhammad Zaki AlFaruqi/ A320130245. **GRACE'S TRAUMA; A PSYCHOANALYTIC STUDY IN TILLY BAGSHAWAY'S NOVEL *SIDNEY SHELDON'S AFTER THE DARKNESS* (2010)**. Faculty of Teacher Training and Education, Muhammadiyah University of Surakarta. November, 2020.

This study confers about trauma experienced by Grace Brookstein, the main character in *Sidney Sheldon's After the Darkness* (2010). The purpose of this study is to analyze the issue of trauma based on the perspective of Psychoanalysis in literature. The object of this research is *Sidney Sheldon's novel After the Darkness* (2010). In this study, two data sources were used, namely: primary and secondary data sources. The primary data source is the novel *Sidney Sheldon's After the Darkness* (2010) written by Tilly Bagshawe in the English version. Secondary data sources are references from books, journals and articles related to this research. This research data collection technique using the Library Research and Note-taking methods. The data used in this study were analyzed using a qualitative descriptive method.

The results of this study show the trauma that Grace experienced in the form; panic attacks, severe avoidance behavior, depression, suicidal tendencies, feelings of alienation and isolation, mistrust and betrayal, anger and irritability, severe disturbances in daily functioning, strange perceptions and beliefs. Based on this data analysis, the dominant factor in shaping the trauma of Grace's character is betrayal from people she trusts and her personality that is more dominated by the id, ignoring the existing ego and superego.

Keywords: trauma, psychoanalysis, *sidney sheldon's novel after the darkness*, grace.

ABSTRAK

Muhammad Zaki AlFaruqi/ A320130245. **GRACE'S TRAUMA; A PSYCHOANALYTIC STUDY IN TILLY BAGSHAWAY'S NOVEL SIDNEY SHELDON'S AFTER THE DARKNESS (2010)**. Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muhammadiyah Surakarta. November, 2020.

Penelitian ini membahas tentang trauma yang dialami Grace Brookstein, tokoh utama dalam Sidney Sheldon's *After the Darkness* (2010). Tujuan dari penelitian ini adalah untuk menganalisa isu trauma berdasarkan perspektif Psikoanalisis dalam literatur. Objek dari penelitian ini adalah novel Sidney Sheldon's *After the Darkness* (2010). Dalam penelitian ini menggunakan dua sumber data, yaitu: sumber data primer dan sekunder. Sumber data primer adalah novel Sidney Sheldon's *After the Darkness* (2010) yang ditulis oleh Tilly Bagshawe dalam versi bahasa Inggris. Sumber data sekunder adalah referensi dari buku, jurnal, dan artikel yang terkait dengan penelitian ini. Teknik pengumpulan data penelitian ini menggunakan metode Library Research dan Note-taking. Data yang digunakan dalam penelitian ini dianalisa dengan metode deskriptif kualitatif.

Hasil penelitian ini memperlihatkan trauma yang dialami Grace dalam bentuk; serangan panik, perilaku menghindar yang parah, depresi, kecenderungan bunuh diri, perasaan terasing dan terisolasi, ketidakpercayaan dan pengkhianatan, kemarahan dan mudah tersinggung, gangguan parah dalam fungsi sehari-hari, persepsi dan kepercayaan yang aneh. Berdasarkan analisis data tersebut, faktor dominan dalam pembentukan trauma pada tokoh Grace ialah pengkhianatan dari orang-orang yang dia percayai serta kepribadiannya yang lebih didominasi oleh id, mengabaikan ego dan superego yang ada.

Kata Kunci: trauma, psikoanalisis, *sidney sheldon's novel after the darkness*, grace.

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Alhamdulillah rabil 'alamin, the researcher expresses his highest gratitude to Allah *subhanahu wa ta'ala* for blessing, love, opportunity, health, and mercy to complete this research paper. This research paper entitled “**GRACE'S TRAUMA; A PSYCHOANALYTIC STUDY IN TILLY BAGSHAWAY'S NOVEL SIDNEY SHELDON'S AFTER THE DARKNESS (2010)**” is submitted as partial fulfillment of the requirement for bachelor degree in Department of English Education. In this occasion, the researcher pronounces his thanks to the following:

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7. His beloved sister. Thank you for the support, attentions, affections, prayers, and love of all time.
8. His beloved friends for their support, affection, prayer, and happiness.

The researcher understand that this research paper is far from perfect, but it is expected that it will be useful not only for the researcher, but also for the readers. For this reason, constructive thoughtful suggestion and critics are welcomed.

Wassalamu'alaikum. Wr. Wb.

Surakarta, 12 November 2020

The researcher,

Muhammad Zaki AlFaruqi

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