

**PSYCHOPATH AND THE ROLE OF GRIEF OF LOSING IN THE  
LOVELY BONES NOVEL  
By Alice Sebold (2002)  
A PSYCHOANALYTIC STUDY**



**Submitted as a Partial Fulfillment of the Requirements  
for Getting Bachelor Degree of Education  
in English Department**

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2020**

**APPROVAL**

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**Publication Article**

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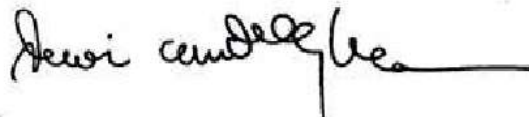
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A handwritten signature in black ink, appearing to read 'Dewi Candraningrum', followed by a horizontal line.

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## ACCEPTANCE

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# PSYCHOPATH AND THE ROLE OF GRIEF OF LOSING IN THE LOVELY BONES NOVEL By Alice Sebold (2002) A PSYCHOANALYTIC STUDY

## Abstrak

Penelitian ini bertujuan untuk mengetahui salah satu kesehatan mental, psikopat, dan ekspresi kesedihan yang terdapat dalam novel *The Lovely Bones*, yang merinci penyebab mengapa seseorang mengalami gangguan kesehatan mental seperti perilaku psikopat, perilaku tidak manusiawi. Pesan penulis kepada masyarakat di luar sana tentang pentingnya kesadaran kita semua, kepekaan kita terhadap orang-orang di sekitar kita, yang bertujuan agar mereka tidak memiliki perilaku menyimpang di masa depan seperti yang terjadi pada Harvey, serta rasa kepekaan dan toleransi. tentang mengungkapkan rasa sedih setiap orang berbeda-beda. Penelitian ini menggunakan metode kualitatif dengan browsing untuk menemukan dokumen-dokumen yang relevan dengan permasalahan tersebut. Dalam penelitian ini peneliti memiliki beberapa kesimpulan, pertama, penelitian ini menunjukkan bahwa perilaku seseorang saat ini selalu dipengaruhi oleh peristiwa yang pernah mereka lihat, atau pernah mereka alami, peneliti menemukan bahwa setiap orang yang melewati masa-masa sulitnya akan melalui minimal 5 tahap. bagi mereka untuk menerima keadaan mereka saat ini. Pesan moral bahwa setiap orang yang diberi cobaan akan selalu bisa melewatinya, selama mereka percaya pada diri sendiri, dan mereka bisa menerima diri sendiri.

**Kata kunci :** psychopath, grief , psychoanalytic,

## Abstract

This research aims to find out about one of the mental health, psychopaths, and the expression of grief contained in the novel *The Lovely Bones*, to explain the causes of why a person has mental health problems such as psychopathic behavior, inhuman behavior, and the author's message to people out about the importance of all of us consciousness, to our sensitivity to those around us, with the aim that they do not experience psychopathic deviation behavior or help them so that they can get through difficult times or their grief. This research is qualitative research, that the primary data source is *The Lovely Bones* novel, the secondary data source of this study are books, online journals, thesis, researcher articles, related to this research, the method of data collection is library research. In this study the researchers have conclusion in summary, first, this study shows that a person's behavior today is always influenced by events they have seen, or experienced, as happen by Harvey who has a human nature. Both researchers found that everyone who went through their hard times would go through at least 5 stages for them to accept their current state. The three researchers found a moral message that everyone who was given the ordeal would always be able to get through it, as long as they believed in themselves, and they were able to come to terms with themselves.

**Keywords :** psychopath, grief, psychoanalytic.

## 1. INTRODUCTION

Grief is one of characterized of deep sadness expression when someone lost their beloved. Holmes and Rahe (1967) they stated if they want to success through their grief they should go to several stages. If they not be able through their stages, they are got some effect on their mental illness, for the example one of them is Psychopath as a part of mental disorders, before someone

being psychopath mostly they had an accidents or memories that make them to be psychopath, on this research the researcher used Jung Theory's more emphasis on the importance individual soul, in the other side of Jung's Theory he mention that the Individual as a process of psychology start from the born until die, or we can note that the last a lifetime.

The researcher found some articles they are, first is *The Ripples And The Violence* by Vittori and Jools (2016). The ripples and violence (2016) is an article about the comparing novel of Susan Brison and Alice Sebold. They try to compared about how is the way both of them telling their story in the novels, their novels are told about the traumatic or violence, then how they can deal with it. There is the gaps with this research, if on the Vittori and Jools article they are comparing 3 novels by Alice Sebold with the *Aftermath* novel by Susan Brison, while the researcher only focus on *The Lovely Bones* novel by Alice Sebold.

Second research is *Psychoanalytical Criticism* by Normi Lugtu (2017) as a student at the Bataan Peninsula state University College of Education Agbay. In this research, she argued about the psychoanalysis is more an approach rather than method or technique that use in critiquing to explain how and why human action without developing a aesthetic theory. She focused on the Freud's theory about the Human Psyche or Dynamic model. They are about the conscious, preconscious, and the unconscious. There are different both of Jung Theory, on Jung Theory's used the Ego, The collective conscious, the collective unconscious, there are about the psychological criticism that provides a stimulating approach to literary analysis that humans are complex yet somewhat understandable creatures who fail to note the influences of the unconscious on our motivations and our everyday actions.

Third, *Psychological Disorder Of Gorge Harvey As Seen In The Lovely Bones novel* by ADELYA FAJARWATI. Fajarwati (2012) stated about the Psychological disorder of Harvey, on her paper stated if Harvey had PTSD, ASPD, and pedophilia, then she used the Psychological Approach to analyzed the Mental disorder of Harvey. There are the differences both of Adelya's paper and my researcher Paper is based on the Theory's we used the different theory's, on the Adelya's Paper she prospered about the PTSD and ASPD of Harvey, the researcher used the Psychoanalytic Study from Jung Theory whereas emphasizes both of The Human mind are the collective conscious and the unconscious that will influence their actions.

Fourth, *Violence and Psychopathy* by Adrian Raine and José Sanmartin (2001). This paper told the review book with the issues of violence and psychopathic. In that book, he stated that the book has fourth chapters and in every chapter he said if they have a correlation among them. They pointed that the psychopath does not know about what they do and almost all of the previous psychopaths must have had a bad experience, one of which was violence. There are

several ways to help psychopaths, so that they do not do bad things again. Even though it cannot be ascertained that a psychopath will recover or not, at least there states that there is little change experienced by a psychopath, so he did not do bad thing anymore. At the other hand based on Jung Theory's as an psychiatrist believed to the Ego and the treatment of representing the dreams can help the person.

Fifth, *A Jack Salmon, Stage of Grief in Accepting Susie's Death in See in Alice Sebold's The Lovely Bones*. By Oksa Hidayat (2018) The result based on the data the researcher found the stages of grief over Susie's death, the characters of Jack Salmon is enthusiastic, strict and loving person also influence his process in overcoming specially in the stage of anger. He out pointed about the feeling and expression of losing of Abigail as Susie's mother when she knew that her daughter was gone. There are the differences on this paper, in this paper not only focus on Jack, but on Lindsey too, and how's they through the sadness.

There are the differences among those studies is on this paper I use two theory to analyzed the data first I used Jung Theory psychoanalytic study and Grief stages theory by Kubler –Ross (1969) to analyzed and make a conclusion on my data. The researcher used Psychoanalytic to analyzed mental health of Harvey to found a reason of Harvey being a psychopath, and analyzed the Jack salmon and Lindsey through their Grief of losing Susie Salmon.

## **2. METHOD**

The research type of the data is Qualitative research. The goal of the research is to describing the issues. The primary data is *The Lovely Bones* novel (2002), the secondary data from the journals, articles, books, books review, etc. using qualitative with documentary types, after fond the issues researcher choose some of the review that related with the issues and topics. Burhan (2006) explained the qualitative, there are four methods to collects data. They are questionnaire, interview, observation, and documentation. In this research, to take the data, the research used documentation method is intended to obtain data directly from books and other documents.

## **3. Finding and Discussion**

There are some finding based on the problem statement and the data, The presentation of the types of Grief on *The Lovely Bones* novels, there are had 5 stage of grief.

### **3.1 Denial stages of grief**

A part of grief stages is Denial there are the unbelievable that something will be disappears, and they have many question and they hoped that the worst moment doesn't come.

*Please don't let Daddy die, Susie, he whispered "I need him" (The Lovely Bones, P.260)*

In this part is told about the Sadness of Buckley that he is afraid about Jack condition, when Jack is fall down after debated with him, shows the worried if he lost his beloved person in his world, like when he lost Susie he is to small for understand the problem, so that why he's to afraid if he lost his father. Kubler Kübler-Ross and Kessler (2005) this stages s about the denying of something or someone when their gone. They hoped that the reality will be back on the normally but its impossible because the something that was gone never back again.

### **3.2 Anger**

All people in this world mostly have an anger emotions, that is depends on their way how's their expressed their emotion. Sometimes anger is when a person try to denying the reality and they feel if the God no cares of them.

*I could feel them both thinking the same thing then, but neither of them said it. that I was out there somewhere, in the rain. That they hoped I was safe. That I was dry somewhere, and warm (The Lovely Bones, p.21)*

That is the other finding about the worried and anger of Susie parents, they knows if they lost her beloved daughter but they cannot to accept it. Kübler-Ross and Kessler (2005) the truth is anger has no limit. it means person who has an anger feeling they don't have a way to stop their anger they only have a way how to manage their anger expressions

### **3.3 Bargaining stage**

This stage contains the bargaining with the reality, when a person on this stage their minds mostly filled "what if" and "only if." Or they would be make an imaginations "If that day she had not passed through the field he probably would not have died"

*he was quit for a moment, and then he laughed, a howl coming up from the bottle of his stomach, he laughed so loud and deep, He left the room and went down the two doors to my bedroom, he was about to smash the mirror over my dresser, "Daddy?" my brother held the doorknob with his hand, my father turned but was unable to stop his tears, he slid to the floor with the sheets still in his fists.... My father wrapped my brother inside the sheets that smelled of me, He remembered the day I'd begged him to pain and paper my room purple, 'you're so special to me little man" my father said, clinging to him, Buckley drew back and stared at my father's creased face, the fine bright spots of tears at his corners of his eyes (The Lovely Bones P.47).*

There is one of the images about Jack salmon feeling, he was the boy who would be one of his most potent solaces to forget a little of his sadness over Susie's death. how's he try to accept reality and live the fact that he is clinging to his son, then the family knows that is a way



for him to forgotten the sadness of Susie. They show us about the sadness of Jack Salmon, and he imagine doing that with his daughter. Aiger (2018) asserted that his stage is often prompted by panic, fear, and the desire to regain control.

3.3.1 Depression in this stage most of them felt that their lives is numb and sometimes they think to suicidal. Or doing the bad things.

*“my father had called the precinct too many times and frustrated the police into irritation, which would not help anyone be found and just might make the whole place turn against him” (The Lovely Bones 2002, p.131)*

Christina Gregory (2016) In fact, most people associate depression immediately with grief – as it is a “present” emotion. It represents the emptiness we feel when we are living in reality and realize the person or situation is gone or over. In this stage, you might withdraw from life, feel numb, live in a fog. The world might seem too much and too overwhelming for you to face. There is a some point that shows Jack as Susie father felt bad cause no one trust him, about the information that he gave to the police/ detective until on the novel told that the environment think if he is crazy because he is too leery with Harvey as an actor of this killer tragedy. The important point of Jack is he is not believed if the Susie’s bodies does not found, he tried to suggest him if Susie still alive. On the other fact that show if Jack Salmon start to entering the depression stage is.

3.3.2 Accepted

There are when they try to be feel ok but it’s not to be ok, or when the emotions may begin to stabilize. In this stages is about the definitely a time of adjustment and readjustment.

*My mother handed the daffodils to Grandma Lynn and gone upstairs almost immediately, using the bathroom as an excuse. everyone knew she was going my old room. She stood at the edge of it, alone as if she were standing at the edge of the pacific. .... (The Lovely Bones, P.317)*

Based on Kübler-Ross and Kessler(2005). They stated that Acceptance is often confused at the notion of being alright or okay with what has happened. There are shows us about the sincerity to accept existing reality, after Jack Salmon’s family through a lot of trials and obstacles they went through, now they are try to accepting the reality, that their lives is should be go on, and the characters of Grandma Lynn as a good characters of an old woman, but she is knew how to act and take good steps all along, supporting Jack from behind without much talk, more in his actions. Now she is can accepted the reality if her grandchildren is gone and she’s more blessed than before because at this moments her daughter’s family, which has not felt like a family in general since Susie's death, can now improve little by little, as they have begun to try to accept the situation.

There are the presenting of Harvey mental health or the causes. at The Lovely Bones

Novel are:

### 1) Ego

Ego is a conscious soul consisting of perceptions, memories, conscious thoughts, Ego giving birth to feelings of identity and continuity of a person, and being in consciousness.

*He tried to stay away from what he wanted most, he sit in the straight chair and look out toward the high school from imagining the bodies that matched the cheerleaders' voices, ....what I think was hardest for me to realize was that he had tried each time to stop himself. He had killed animals, taking lesser lives to keep from killing a child (The Lovely Bones, P.131)*

Jess F, Gregory J.F, Tomi-Ann R. (2017) based on Jung theory he mention that the most important is about the Human existence, one of them is Ego, whereas ego conduct an active role in human beings, one of which is personality. The sentences give me the understanding if Harvey try to found the way to express what he want, he want to killed a child or a people again, cause he felt better after he killed a people. Because he had a bad experiences in the past, when he was a child, so the puzzle about his experiences, he express with killed people.

### 2) The Collective Unconscious

The collective unconscious or An archetype is the model image of a person or role and includes the mother figure, father, wise old man and clown/joker, amongst others.

*You have to able to look past the dead his mother said, sometimes there are good trinkets to take away from them that is the messages from his Mother, Harvey could sense if they are doing something wrong, ....his mother's eyes changed into the two black points that he was used to seeing when they try to found the things, she found a Charm in the shape of on an eye and one in the shape of heart and held them out for George Harvey (The Lovely Bones, P.188)*

As before that we know about the collective Unconscious as a best of memories for someone, that is a best memories of Harvey feeling when he got a mementos from his mother even if it is stolen, that why when he kills his victims, he always kept the goods of his Victims, like as he doing that when he killed Susie, he rapped, killed then mutilated, he kept the bracelet ornaments that Susie uses. Feist & Feist. (2013). This Collective unconscious is a repository of latent memories inherited from one's ancestral past,

### 3) Persona

Persona is an identity which we wish to project to others. He used the Latin term, which can refer either to a person's personality the mask of an actor, intentionally, as the persona can be constructed from archetypes in the collective unconscious, or be influenced by ideas of social roles in society

*It had been almost a year now but the Salmons remained bent on crowding him, it had happened in towns and states. The family of a girl suspected him but no one else did. He had perfected his patter to the police, a certain obsequious innocence peppered with wonder about their procedures or useless idea that he presented as if they might help. ( The Lovely Bones, P.175)*

Budiharto (2017) he stated that Persona is a mask worn privately in response to the demands of society's. from the excerpt above a Part of Harvey shows if he is using the persona or appropriate mask in social, that no one can't catch if he is as imposter, because mostly they are not trusted with the Innocence person doing a bad acts or doing a criminal offence, the restless that he felt as same as when he killed a girl in the town before he moved on the complex where as Susie's family lives.

#### 4) Shadow

shadow is the negative side that everyone has that is the side where humans have nature such as animals or poor action. Usually, Shadow is very disliked in the public, but can always be helped by a persona that will cover this negative side. and sometimes also helped by the collective unconsciousness

*By the time Harvey reached the tin-roofed shack in Connecticut that night, it promised rain. He had killed a young waiters inside the shack several years before and then bought some new slacks with the tips he'd found in the front of pocket of her apron. (The Lovely Bones, P.271)*

Thohar Budiharto (2017) Because of shadow, we have a strong tendency to be immoral, aggressive and passionate. One of heinous acts of Harvey, after he kills her, he stole the money that he found in the apron pocket of the waiters, it is confirmed if the old memories he had too embedded in his mind. The evidences about Harvey old memory we can back on Collective Unconscious of Harvey's parts. *his mother's eyes changed into the two black points that he was used to seeing when they try to found the things, she found a Charm in the shape of on an eye and one in the shape of heart and held them out for George Harvey (The Lovely Bones, P.188).*

#### 4. CONCLUSION

The researcher used Psychoanalytical study by Carl Gustav Jung (1946) there are based on psychological types Jung mention some point about a person. Psychoanalytical have some pint, Ego, The Collective Unconscious, Collective Conscious, Persona, Shadow, Great Mother, etc. the researcher analyzed the mental health of Harvey at The Lovely Bones novel by Alice Sebold

based on finding and discussion, it can be concluded that the researcher found several conclusion.

Firstly, the researcher found some characters of Mental health like as Psychopath in characters of Harvey, Jess F, Gregory J.F, Tomi-Ann R. (2017) told that Psychopaths are heartless predators who abuse violence to get what they want, one of which kills others easily. because he act that when he kills people he never felt guilty or afraid like as when a normal person doing something wrong they will felt regret or fear, instead of that he was felt satisfied and happy. When he can't killed a people he would expressed through that it kills an animals. Secondly the researcher found the causes of Psychopath of Harvey the researcher found that the biggest influential is he's childhood memories, he's close person on his childhood memories, his moments and his figure of mother's. the biggest influential is he's childhood memories,

The Grief stage part , or the expressions and feeling of Susie's family at The Lovely Bones novel, using Grief stage from Elisabeth Kübler-Ross.it can be concluded like.

Firstly, mostly all the people in this world they had different way to expressed their lost feeling, some of them show us the case if they are fine and ok, but instead of that they feel down, give up, or the worst of that they want to end all. Like as the Elisabeth theory's. he trust about the Lost feeling always made a people want to end all, it means their life, lost feeling same with the war, because when they can through their feeling they can still alive but if they can't they feel die. She told that if a person feeling want to die it means he can't through 5 stage of grief. The researchers found the deepest grief stage on Jack Salmon and Lindsey, they are expressed their Grief that a normally actions, because Susie's mother expressed her lost with screwing other man. Exactly is not true, because her husband expressed with too sad until he felt depressed with the climax he hospitalized, considered insane. The other side Lindsey expressed with she more loved her little brother deepest like as when Susie's still alive she doing that, the climax is when she expression her feeling with Stole Harvey's house, looking for evidence to help his father. Even though he knew the risks, even though he realized it was the craziest thing she had ever done.

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