

**THE EXISTENCE OF ELIZABETH GILBERT TO FIND HER IDENTITY
IN *EAT, PRAY, LOVE* BY ELIZABETH GILBERT (2006): AN
EXISTENTIALISM STUDY**

A RESEARCH PAPER



**Submitted as a Partial Fulfillment
Of the Requirements for Getting Bachelor Degree
of English Education**

**By
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2020**

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MOTTO

“Veni, Vidi, Vici”

“ I Came, I Saw, I Conquered”

- Julius Caesar-

DEDICATION

This research paper is dedicated to **my family**

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Bismillahirrohmanirrahim

Assalamualaikum Warahmatullahi Wabarakatuh

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The researcher realizes that this research paper is still imperfect. Therefore, the researcher would accept and welcome for suggestions and critiques to make it better.

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ABSTRAK

Tujuan dari penelitian ini adalah untuk menemukan jati diri Elizabeth Gilbert dan untuk menunjukkan esensi di dalam novel *Eat, Pray, Love*. Penelitian ini adalah penelitian kualitatif. Sumber data utama dari *Eat, Pray, Love* karya Elizabeth Gilbert (2006). Sumber data kedua dari buku yang terkait dengan penelitian ini, jurnal online, tesis, dan makalah penelitian lainnya. Peneliti menggunakan teknik dokumentasi untuk mengumpulkan data. Dalam menyajikan validitas data, peneliti menggunakan triangulasi dari Denzin (2009). Penelitian ini menggunakan teori *existentialism* oleh Jean-Paul Sartre. Berdasarkan hasil tersebut, peneliti menemukan beberapa kesimpulan. Pertama, berdasarkan analisis eksistensialisme, peneliti menemukan keberadaan Elizabeth Gilbert melalui kebebasan memilih dan juga tanggung jawabnya. Kedua, esensi Elizabeth Gilbert dalam novel ini. Peneliti menemukan keberadaan Elizabeth Gilbert dalam novel *Eat, Pray, Love* melalui kebebasan bertindak yang dilakukan Elizabeth Gilbert dalam novel ini.

Kata kunci: pola perilaku, behavioristik, kerja tim, *The Maze Runne*

ABSTRACT

This research aims to find the identity of Elizabeth Gilbert and to show the essence in the novel *Eat, Pray, Love*. It is a qualitative research. The primary data source is the novel *Eat, Pray, Love* by Elizabeth Gilbert (2006). The secondary data sources are including books that related to this research, online journals, theses, and other research papers. The researcher uses the documentation method to collect the data. In presenting the data validity, the researcher uses triangulation by Denzin (2009). This research applies the theory of existentialism by Jean-Paul Sartre to analyze data. Based on the result, the researcher found some conclusions. First, based on existentialism analysis, the researcher found the existence of Elizabeth Gilbert through her freedom of choice and also her responsibility. Second, the essence of Elizabeth Gilbert in this novel. The researcher found the existence of Elizabeth Gilbert in in *Eat, Pray, Love* novel through the freedom of action that Elizabeth Gilbert take in this novel.

Keywords: existentialism, essence, *Eat, Pray, Love*

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