

CHAPTER I

INTRODUCTION

A. Background of Study

More restrictively, literature refers to writing considered to be an art form or any single writing deemed to have artistic or intellectual value, often due to deploying language in ways that differ from ordinary usage. It's Latin root *literatura/litteratura* (derived itself from *littera: letter or handwriting*) was used to refer to all written accounts. The concept has changed meaning over time to include texts that are spoken or sung (oral literature), and non-written verbal art forms. Developments in print technology have allowed an ever-growing distribution and proliferation of written works, culminating in electronic literature.

Literature is classified according to whether is it fiction or nonfiction, and whether it is poetry or prose. It can be further distinguished according to major forms such as the novel, short story or drama; and works are often categorized according to historical periods or their adherence to certain aesthetic features or expectations (genre).

Mental disorder also called mental illness is a behavioral or mental problem that causes significant distress or impairment of personal functioning. Such features maybe persistent, relapsing and remitting, or occur as a single episode. Many disorders have been described, with signs and symptoms that vary widely between specific disorders. Such disorders may be diagnosed by a mental health professional. Such conditions may affect someone's ability to relate to others and function each day. Each person will have different experiences, even people with the same diagnosis. Recovery,

including meaningful roles in social life, school and work, is possible, especially when you start treatment early and play a strong role in your own recovery process.

A mental health condition isn't the result of one event. Research suggests multiple, linking causes. Genetics, environment and lifestyle influence whether someone develops a mental health condition. A stressful job or home life makes some people more susceptible, as do traumatic life events like being the victim of a crime. Biochemical processes and circuits and basic brain structure may play a role, too.

A World Without You is a novel by Beth Revis, published in July 2016 by Razorbill. This novel was her second stand alone novel after *The Body Electric*. Beth Revis is an American author of fantasy and science fiction. She is best known for the *Across the Universe* trilogy, which consists of the novels *Across the Universe*, *A Million Suns* and *Shades of Earth*. Her first published novel, *Across the universe* that published in January 2011, there have been two sequels to the book: *A Million Suns* (Published in January 2012) and *Shades of Earth* (Published in January 2013), and the standalone novel set in the same universe *The Body Electric* (Published in 2014).

Besides of novel, she has also written short story in the same universe that appear in *After* that edited by Ellen Datlow and Terri Windling, and *Shards And Ashes*, edited by Mellissa Marr and Kelly Armstrong. In 2015, Revis Published a series of books on writing and publishing, called the Paper Hearts series that posted on wattpad. In 2016, Revis published her second stand alone novel, *A World Without You* that published by Razorbill.

A World Without You originally focused on Bo. But what makes this story so powerful is that it's as much as Phoebe's story as much as Bo's story.

As Bo deals with his loss of Sophia, Phoebe's also there, struggling to live her own life while trying to comprehend her brother's emotions and reactions.

"In my original draft, the story was an adventure story, strictly that. But through edits, I added the character of Phoebe, Bo's sister. And suddenly I was tapping into my own life, my own experiences," explained Revis, whose own brother suffered from mental illness his entire life.

"I didn't need to research what it felt like to be afraid of your own brother, because I lived that. I didn't need to research the awkward moments where everyone knows something's wrong, but we all just keep trying to pretend like loving someone will save him. I didn't need to research the helpless, hopeless feelings of watching someone slip away from the world as you know it. I lived that. I didn't want to relive it, but the book demanded it, and that is the story that grew, and that's what makes it real."

"I knew the characters' names and their powers before I knew anything else about them. Each power corresponds with their past and their personalities," says Revis. "Bo can travel through time, because he wants his reality to be different so much that he believes he can help shape it. His diagnosis of delusions is reflected in that."

All of the students' 'superpowers' are a reflection of their illnesses, which Revis spent many hours researching. Harold has a rare diagnoses of schizophrenia and has auditory hallucinations. Ryan's diagnosis is extreme narcissism and sociopathy. Gwen suffers from pyromania.

"I discovered that most pyromaniacs are fascinated with fire as a way to experience control; in much the same way that some people will self-harm or develop eating disorders," explains Revis. "I feel the most sympathy for Gwen, and have been working on a short story for her."

But with all of this research into mental illness, Revis set out to write a story about people. “It would be impossible to write a character that perfectly encapsulate a clinical diagnosis of a mental disorder. Instead, the truth of the story is in the way people feel and react.”

Novel *A World Without You* get praise from some of his readers which is mostly due to how the writer wrote the story with a quite unique plot, enough to make many readers feel curious, and all of them became more curious about the struggle of Bo, the main character, who originally suffered from delusion trying to save his girlfriend , Sofia, who is felt by the main character to be trapped in the past, but in reality is her lover committing suicide due to deep depression.

overall readers express their opinions about Bo's struggle, the struggle of someone with a mental disorder, where he fights for his true love, the first love of his life, and how he struggles to prove to everyone that he really has super power that allows him to go back in time then

A World Without You is about Seventeen-year-old, Bo who had a mental disorder. He has always had delusions that he can travel through time. When he was ten, Bo claimed to have witnessed the Titanic hit an iceberg, and at fifteen, he found himself on a Civil War battlefield, horrified by the bodies surrounding him. So when his concerned parents send him to a school for troubled youth, Bo assumes he knows the truth: that he’s actually attending Berkshire Academy, a school for kids who, like Bo, have "superpowers." Bo believes Berkshire Academy, a school for troubled kids, is an institution for people like him to learn to control their powers. Bo can travel through time; Harold hears ghosts; Gwen can control fire and Ryan is telekinetic and telepathic. Sophia, Bo’s girlfriend, could turn invisible.

At Berkshire, Bo falls in love with Sofia. Sofia helps Bo open up in a way he never has before. In turn, Bo provides comfort to Sofia, who lost her mother and two sisters at a very young age. But even the strength of their love isn't enough to help Sofia escape her deep depression. After she commits suicide, Bo is convinced that she's not actually dead. He believes that she's stuck somewhere in time that he somehow left her in the past, and now it's his job to save her.

Not since Ned Vizzini's *It's Kind of a Funny Story* has there been such a heartrending depiction of mental illness. In her first contemporary novel, Beth Revis guides readers through the mind of a young man struggling to process his grief as he fights his way through his delusions. As Bo becomes more and more determined to save Sofia, he has to decide whether to face his demons head-on, or succumb to a psychosis that will let him be with the girl he loves. Finally in the almost of end of the chapter in the novel, Berkshire had a fire, when Bo was rescued by the doctor, Bo suddenly remembered his friend who he thought was still locked in one of the rooms in the academy, then he decided to re-enter the academy to save his locked friend because he felt he had not given the key to the room the place where his friend was locked inside, but Bo was unlucky enough to be trapped in a burning building, until in the end he began to feel that he could not have power over his strength, and then he fainted.

At the end of the chapter, Bo is finding himself confronted with two paths, one red, and one black. the red path that led him to Sofia, his lover, where if he chose the red path he would go into his next life, living together with Sofia, finding his strength, and adventure with his lover. while the black line will lead him back to his initial heartbeat, meet his parents, his sister Phoebe, the Berkshire academy, and those who consider him sick, a place

where Bo does not know who to trust, where his life is empty and bitter, but after all it is still his life , and in the end Bo chose to head to his original life.

By that, the researcher chooses *A World Without You* as the object of the research because in this novel tells about a person who fixes mental disorders fighting for his true love, love regulates, and about how he himself tries to ensure that others require super powers as well as with friends in the academy. by using psychoanalytic methods, where researchers want to discuss here how to deal with things about him that are considered by others related to mental disorders until finally meeting the same people, who are related to super, at the time that they were all teenagers who have mental disorders but with different things, such as one example Bo, the main character who corrects delusions, Sofia who fixes depression, Harold with auditory hallucinations, and various characters with different mental disorders.

B. Problem Statements

1. How is mental disorder depicted in the novel?
2. What are the risks of mental disorder in the novel?

C. Objects Of Study

1. To describe the mental disorder depicted in the novel.
2. To identify the risks of mental disorder in the novel.

D. Benefits Of Study

1. Theoretical Benefits

The result of this study can be a review or some information to the reference literature or literary study. This research also can be a reference for other writers who will research or analyze novel *A World Without You* by Beth Revis.

2. Practical Benefits

The study is expected to enrich knowledge of the researcher and also help the readers understanding about the mental disorder in this novel especially for students majoring English who interesting and have research in Beth Revis's novel A World Without You using psychoanalytic approach.