

DAFTAR PUSTAKA

- Anggraini, N. E., & Hendrati, L. Y. (2014). Hubungan Obesitas dan Faktor-Faktor Pada Individu dengan Kejadian Osteoarthritis Genu. *Jurnal Berkala Epidemiologi*, 2(1), 93. <https://doi.org/10.20473/jbe.v2i12014.93-104>
- Anwer, S., & Alghadir, A. (2014). Effect of isometric quadriceps exercise on muscle strength, pain, and function in patients with knee osteoarthritis: A randomized controlled study. *Journal of Physical Therapy Science*, 26(5), 745–748. <https://doi.org/10.1589/jpts.26.745>
- Ashkavand, Z., Malekinejad, H., & Vishwanath, B. S. (2013). The pathophysiology of osteoarthritis The pathophysiology of osteoarthritis. *JOPR: Journal of Pharmacy Research*, 7(1), 132–138. <https://doi.org/10.1016/j.jopr.2013.01.008>
- Indonesian Rheumatology Association. (2014). Diagnosis dan Penatalaksanaan Osteoarthritis. In *Rekomendasi IRA untuk Diagnosis dan Penatalaksanaan Osteoarthritis*.
- Ismianingsih, I. S. (2018). Penatalaksanaan Fisioterapi Pada Kasus Osteoarthritis Genu Bilateral Dengan Intervensi Neuromuskular Taping Dan Strengthening Exercise Untuk Meningkatkan Kapasitas Fungsional. *Jurnal Ilmiah Fisioterapi*, 1.
- Kaur, R., Sharma, V. L., & Singh, A. (n.d.). *Prevalence of Knee Osteoarthritis and its Correlation in Women of Rural and Urban Parts of Hoshiarpur (Punjab)*. 32–36.
- Kohn, M. D., Sassoon, A. A., & Fernando, N. D. (2016). Classifications in Brief: Kellgren-Lawrence Classification of Osteoarthritis. *Clinical Orthopaedics and Related Research*, 474(8), 1886–1893. <https://doi.org/10.1007/s11999-016-4732-4>
- Laasara, N. (2018). Pengaruh Latihan Isometric Quadriceps Terhadap Penurunan Skala Nyeri & Kekakuan Sendi Lutut Pada Klien osteoarthritis Lutut Di Wilayah Puskesmas Gamping Ii Sleman Yogyakarta. *Dinamika Kesehatan*, 9(2), 1–15.
- Marlina, T. (2015). Efektivitas latihan lutut terhadap penurunan intensitas nyeri pasien osteoarthritis lutut di yogyakarta. *Jurnal Keperawatan Sriwijaya*, 2(2355), 44–56.
- Masyhurrosyidi Hadi, Kumboyono, Y. W. U. (2014). Effect of Ginger Stew Warm Compresses Against Subacute and Chronic Pain Levels In Elderly with Knee Osteoarthritis in Arjuna Public Health Center, Klojen Malang. *Majalah Kesehatan FKUB*, 1, 39–44.
- Mentari, Y. A. (2018). *Gambaran Aktivitas Fungsional Penderita Osteoarthritis Lutut Yang Menggunakan Knee Support*. Volume 3(Jilid 1), 46–52.

- Michael, J. W. P., Schlüter-Brust, K. U., & Eysel, P. (2010). Epidemiologie, ätiologie, diagnostik und therapie der gonarthrose. *Deutsches Arzteblatt*, 107(9), 152–162. <https://doi.org/10.3238/arztebl.2010.0152>
- Nuttall, F. Q. (2015). Body mass index: Obesity, BMI, and health: A critical review. *Nutrition Today*, 50(3), 117–128. <https://doi.org/10.1097/NT.0000000000000092>
- Peters W. (2010). Royal Dutch society for physical therapy KNGF guideline osteoarthritis hip-knee. *Supplement to the Dutch Journal of Physical Therapy*, 120(1). http://www.ipts.org.il/_Uploads/dbsAttachedFiles/osteoarthritis_of_the_hip_and_knee_practice_guidelines_2010.pdf
- Pratama, A. D. (2019). Intervensi Fisioterapi Pada Kasus Osteoarthritis Genu di RSPAD Gatot Soebroto. *Jurnal Sosial Humaniora Terapan*, 1(2), 21–34.
- Quicke, J. G., Foster, N. E., Croft, P. R., Ogollah, R. O., & Holden, M. A. (2018). Change in physical activity level and clinical outcomes in older adults with knee pain: A secondary analysis from a randomised controlled trial. *BMC Musculoskeletal Disorders*, 19(1), 1–9. <https://doi.org/10.1186/s12891-018-1968-z>
- Rahmanto, S., & Aisyah, K. (2019). Hubungan Riwayat Cidera Lutut Terhadap Pasien Yang Berpotensi Osteoarthritis Lutut Di Puskesmas Dinoyo Kota Malang. *Jurnal Fisioterapi Dan Rehabilitasi*, 3(1), 20–29. <https://doi.org/10.33660/jfrwhs.v3i1.31>
- Repo, J. P., Tukiainen, E. J., Roine, R. P., Ilves, O., Järvenpää, S., & Häkkinen, A. (2017). Reliability and validity of the Finnish version of the Lower Extremity Functional Scale (LEFS). *Disability and Rehabilitation*, 39(12), 1228–1234. <https://doi.org/10.1080/09638288.2016.1193230>
- Santoso Yulianti, Joudy Gessal, J. H. L. (2018). Pengaruh Latihan Isotonik Terhadap Kemampuan Fungsional Dan Kekuatan Otot Abduktor, Adduktor Panggul Dan Quadriceps Femoris Pada Osteoarthritis Lutut. *Jurnal Kedokteran Klinik*, 2(1), 19–27.
- Usman, Z., Maharaj, S. S., & Kaka, B. (2019). Effects of combination therapy and infrared radiation on pain, physical function, and quality of life in subjects with knee osteoarthritis: A randomized controlled study. *Hong Kong Physiotherapy Journal*, 39(2), 133–142. <https://doi.org/10.1142/S1013702519500124>
- Wibowo Eko, J. Alex Pangkahila, S. Indra Lesmana, Nengah Sandi, I Putu Adiartha Griadhi, S. (2017). Penambahan Kinesiotaping Pada Latihan Quadriceps Setting Meningkatkan Kemampuan Fungsional Penderita Osteoarthritis Sendi Lutut Quadriceps Setting Exercise With Kinesiotaping Was Better To Improve Functional Ability in Osteoarthritis of Knee Joint. *Sport and Fitness Journal*, 5(3), 48–53.
- Widowati, R., Murti, B., & Pamungkasari, E. P. (2017). Effectiveness of Acupuncture and Infrared Therapies for Reducing Musculoskeletal Pain in the

Elderly. *Indonesian Journal of Medicine*, 02(01), 41–51.
<https://doi.org/10.26911/theijmed.2017.02.01.05>