

**AFFAIR REFLECTED IN ERICA JAMES'S *TIME FOR A CHANGE*
(2008): A SELF AFFIRMATION APPROACH**



Research Paper

Submitted as Fulfillment

of the Requirements for Getting Bachelor Degree

in Department of English Education

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UNIVERSITAS MUHAMMADIYAH SURAKARTA

2020

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RESEARCH PAPER

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Herewith, I hereby state that in this research paper there is no plagiarism work from other researchers, except the writing of manuscript of the object study. I will be fully responsible if there is a evidence that my statement above is untruthful.

Surakarta, 06 February 2020

The Researcher



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MOTTO

Richness is not having many belongings, but richness is contentment of the soul

(HR. Bukhari Muslim)

Focus on the positives and be grateful

(Katrina Bowden)

DEDICATION

For my family,

And all of my friends

ACKNOWLEDGEMENT



Assalamu 'alaikum Warrahmatullahi Wabarakaatuh..

Alhamdulillahirobbilalamiin. Thanks to Allah Azza wa Jalla. Because of His permission, this research is able to finish this research paper that entitled “**AFFAIR REFLECTED IN ERICA JAMES’S *TIME FOR A CHANGE* (2008): A SELF AFFIRMATION APPROACH** ” as requirement for getting Bachelor Degree of Education in English Department of Muhammadiyah University of Surakarta. The researcher would like to express the gratitude and appreciation to:

1. **Prof. Dr. Harun Joko Prayitno, M.Hum**, as the Dean of School Training and Education of Muhammadiyah Surakarta.
2. **Mauliy Halwat Hikmat, Ph. D**, as the chairman of English Education Department of Muhammadiyah University of Surakarta.
3. **Aryati Prasetyarini, S.Pd, M.Pd**, as the academic consultant who gave many advices to do this research paper.
4. **All of the lectures of English Education Department**, who had given the knowledge to the researcher in finishing this research.
5. **Dr. Phil. Dewi Candraningrum M.Ed** as the consultant, who has given his time to guide, advice, and share much knowledge patiently to the researcher until this research paper finished.
6. **Dr. M. Thoyibi M.S**, as my inspiring lecturer.
7. **All my family and my friends**, who give their supports, affections, prayers, happiness, and love.

This research is still far from being perfect. Any criticism and suggestion will be accepted with pleasure to make this research gets better.

Wassalamu'alaikum Warrahmatullahi Wabarakatuh

Surakarta, 06 February 2020

Suryatama Bahari

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ABSTRAK

Tujuan dari penelitian ini adalah untuk memberikan informasi dan pengetahuan tentang sastra kepada pembaca, terutama pada novel sebagai salah satu karya sastra "Time for Change" karya Erica James. Metode pengumpulan data pada penelitian ini adalah penelitian pustaka dengan cara mengumpulkan data dari objek yang relevan terhadap permasalahan yang dianalisis. Teori yang digunakan sebagai referensi adalah afirmasi diri. Hasil dari penelitian ini menunjukkan bahwa Hilary telah menemukan suaminya berselingkuh dengan wanita bernama Catherine (sekretaris barunya). David Parker pernah mengigau dan menyebutkan nama perempuan dalam tidurnya. Dia juga menuju sebuah restoran dan memesan makanan untuk dua orang ketika pada saat itu ia seharusnya pergi ke acara makan malam di Rotary Club. Berdasarkan mekanisme mempertahankan diri dari Hillary, ditemukan bahwa ia mengalami semua yang disebut *dengan repression, projection, displacement, rationalisation, dan reaction formation*. Dalam *repression* menunjukkan bahwa Hilary melakukan apapun untuk menekan kegelisahannya atas perselingkuhan suaminya. *Projection*, di mana Hilary berusaha untuk membuat banyak alasan ketika ia menghindari pertemuan keluarganya. *Displacement*, di sini Hilary ingin melampiaskan emosinya kepada gelas whisky dan tembok rumah, karena ia tidak bisa melampiaskan kemarahannya kepada suaminya. *Rationalization*, Hilary ingin berfikir secara rasional bahwa ia tidak ingin menjadi lebih stress ketika ia melihat anaknya. *Reaction Formation*, Hilary berusaha untuk tetap merahasiakan permasalahannya.

Kata Kunci: Afirmasi diri, Time for a Change, Perselingkuhan

Abstract

This study aims to give information and knowledge of literature to the reader, especially on novel as one of literary works “Time for a Change” Erica James. The data collection technique of this research is library research by collecting data from objects that are relevant to the issue to be analyzed. The theory used as a reference is self affirmation. The results of this analysis are Hilary discovered that her husband make an affair with Catherine (his new secretary). David Parker had been talking and citing a woman’s name in his sleep. He is also comes across a restaurant receipt for a meal for two, when he was supposed to be out at a Rotary club dinner. Based on the defense mechanism as a self affirmation of Hilary, it can be found that she makes all related to the repression, projection, displacement, rationalisation, and reaction formation. In *repression* shows that, Hilary do everything to press her anxiety related to her husband affair. *Projection*, where Hilary tries to make an axcuse from the family reunion. *Displacement*, here Hilary wants to vent her emotion through the glass of whisky and the wall, because she knows that she can not do that on her husband. *Rationalization*, Hilary wants to think rational where she does not want if she becomes more stress when she sees her children. *Reaction Formation*, Hilary tries to keep her problem as a secret.

Keywords: Self Affirmation, Time for a Change, Affair

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