

**WILLY DORMER'S ANXIETY IN *INSOMNIA* MOVIE (2002)
DIRECTED BY CHRISTOPHER NOLAN:
PSYCHOANALYTIC APPROACH**

RESEARCH PAPER



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by:

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BAB I

INTRODUCTION

A. Background of the study

Insomnia movie was directed by Christopher Nolan. This movie released on 24th May 2002 in USA. The genre of *Insomnia* movie is thriller that has 118 minutes runtime. This movie gets 1 win and 8 nominations in awards. Nolan is famous director in USA and he was become director in some movie.

Christopher Nolan's movie revolves around characters that are afflicted with some kinds of psychological disorder. One of them is *Insomnia* movie. This movie get 8 nomination category, they are: (1) Nominated Saturn Award Best Supporting actor, he is Robin William. (2) Nominated Edgar Best motivation Picture by Hillary Seitz. (3) Nominated Empire Award Best actress by Hillary Swank. (4) Nominated Golden Trailer Best Horror. (5) Won ALFS Award British Director of the Year by Christopher Nolan. (6) Nominated ALFS Award Actor of the Year by Al Pacino. (7) Nominated Robert Best American Film Christopher Nolan (director). (8) Nominated Golden Satellite Award Best Film editing by Dody Dorn.

In *Insomnia* movie, Willy Dormer is a veteran of LAPD detective, travels to a small Alaska town with his partner Hap to investigate the disturbing murder of a seventeen years old girl. Dormer and Hap looking for

the suspect whose name Walter Finch. During he becomes stakeout on a rocky, Finch slips into the mist and out of Dormer's grasp. As he makes his escape, shots ring out and Hap is killed.

After Dormer shot of his friend, he remorse over his partner's death. Dormer is forced into a psychological game of cat and mouse with Finch. The stakes escalate as Dormer contends with an unproven but perceptive local cop and becomes increasingly entangled in Finch's web of manipulation. So, Dormer cannot sleep because he becomes more and more dilemma, partly because of feelings of guilt over shooting his partner and anxiety about the risk of being found out.

There are four reasons why the writer chooses this study. First, this movie gives a challenging feeling because this story tells about a famous detective who is confused to himself and unknown what to do. Second, *Insomnia* is a thriller that has some big names, they are: Al Pacino, Robin William and Hillary Swank. All designated as Academy Award Winner on the movie poster. Al Pacino is a great actor and here his performance is as good as usual. However, he looks very old and tired in this movie. On the other hand, Robin William surprised of the writer very much in this movie. The writer never had seen him playing a role like this before. Here, he plays the role of a mysterious criminal. Third, *Insomnia* has a simple but complex and tense plot. While not an extraordinary movie, *Insomnia* is entertaining and it is dramatic story full of tension, mystery, danger, adventure and it does not have much of action and the writer glad about that. Fourth, this

movie takes place in Alaska, a very beautiful place. It gives a good impression to the reader because this movie offers a good place which's combined to the storylines.

Anxiety is a key variable in almost all theories of personality. Freud's analysis of anxiety in terms of both normal and abnormal function had great impact on later theorists and it had continued to influence many clinicians (Hall and Lindsey, 1985:41). Anxiety may appear when they have problems and they are too hard to solve. Some people reduce the anxiety by escaping from the problem for a moment, it happened from the environments in facing the problem.

The writer will analyze anxiety of Willy Dormer as major character in *Insomnia* movie using psychoanalytic approach. These theories by Sigmund Freud. He believed that careful observations of everyday behavior and clinical phenomena were the best source of evidence. In psychoanalytic theory, the structure of personality consist of three systems, they are: the Id, ego and Superego.

From this condition, the writer is interested in research this play with the title is "Willy Dormer's Anxiety in *Insomnia* movie Directed by Christopher Nolan: Psychoanalytic approach".

B. Literature Review

After searching and observing carefully, the writer did not find a research in Muhammadiyah University of Surakarta region which has the same or similar movie as she makes.

In this occasion, the writer takes the psychoanalytic approach to reveal anxiety of Willy Dormer as one of the main characters in this movie.

C. Problem Statement

The writer formulates the problem statement in this study is “How is major character’s anxiety reflected in *Insomnia* movie?”

D. Limitation of the Study

In this research, the writer needs to limit the study. The writer focuses on the analysis of Willy Dormer’s Anxiety as a major character in *Insomnia* movie based on psychoanalytic approach.

E. Objective of the Study

The objectives of the Study are follows;

1. To analyze the structural elements of the movie in order to identify the unity of the movie.
2. To analyze the major characters of the movie based on the psychoanalytic approach.

F. Benefit of the Study.

The benefit of the Study as follows:

1. Theoretical benefits

The writer hopes this study will give a contribution to literature knowledge on *Insomnia* movie and give knowledge in analyzing a movie through psychoanalytic approach and also to give information or knowledge to readers especially in the literary study on major character of *Insomnia* movie.

2. Practical benefits

To give deeper understanding about the concept of the movie especially from the psychology aspect.

G. Research Method

1. Type of the Research

The research on this movie belongs to qualitative research because it does need statistic to explore the fact. Qualitative research does not include calculation.

2. Object of the Study

The object of the Study is anxiety of Willy Dormer as major character in *Insomnia* movie.

3. Type of the data and the data source

There are two sources of data, primary and secondary data sources:

- a. Primary data source is *Insomnia* movie directed by Christopher Nolan.

- b. Secondary data sources are taken from other sources, which relate to primary data, such as the transcription of the movie, the website from the internet about the Insomnia movie and other resources that support the analysis.

4. Technique of the data collections.

The method used for collecting data is library research and documentation. Meanwhile, the techniques of collecting the data are:

- a. Watching the movie repeatedly.
- b. Finding the important data
- c. Arranging data into several parts based on classification
- d. Analyzing the data of the research based on Sigmund Freud theory of psychoanalysis.
- e. Drawing conclusion based on the analyzed data.

5. Technique of the data analysis

The researcher uses two kinds of technique in analyzing the data.

- a. Analyzing the data of this research is trying to clarify to obtained data by selecting the necessary ones.
- b. Analyzing data based on psychoanalytic theory.

H. Research paper Organization

The research consists of 5 chapters. The first chapter is Introduction that explains the Background of the Study, Literature Review, Problem Statement, and Limitation of the Study, Objective of the Study, Benefit of the study, Research Method and Research paper organization. The second chapter is underlying theory. It deals with Psychoanalysis theory, Structure of personality, Anxiety and Theoretical application. The third chapter is structural analysis. In this chapter, the researcher explains the structural elements, which included character and characterization, plot, setting and theme. The fourth chapter deals with the analysis of psychoanalytic toward the anxiety. Finally, the researcher presents conclusion and suggestion in the fifth chapter.