

CHAPTER I

INTRODUCTION

A. Background of the Study

Depression is a psychiatric disorder that occurs in a person, where this can be seen with some of the conditions shown by the person as a deterioration, such as feeling depressed, sad, etc. Depression is an emotional condition that is usually characterized by sadness, feeling insignificant and guilty, withdrawing from others, and unable to sleep, loss of appetite, sexual desire, and the interests and pleasures of the usual activities (Davidson, 2006: 372). Depression is a moody feeling. Loss of passion, to do things that must be done and cannot express joy. Usually occurs at the beginning and middle of adulthood. It can occur once, often, briefly, during life, can be gradual, and can be suddenly severe (Sarwono, 2010). According to Ratus (in Lubis, 2009: 13) people who experience depression generally experience disorders that include emotional, motivational, functional, and cognitive behavioral movements.

The depression becomes the attention of the authors in the literary works, one of them is Okky Madasari. Okky Puspa Madasari also known as Okky Madasari is author and journalist from Indonesia. She has written three books, such as *The Years of The Voiceless*, *The Outcast*, and *Bound*. She won an Indonesian major literary prize, The Khatulistiwa Literary Award for her third novel, *The Outcast* in 2012. At the age of 28, she is the youngest ever to win that prestigious award. Even all of his novels are still on a short list for three years in a round of the same award. Okky Madasari as an author has an idea to describe about depression in her literary work, *Bound* novel.

All of the literary work from Okky Madasari, one of them like *Bound* novel is the novel which shows the struggle of someone who wants to seek freedom and try to escape from various pressures, such as pressure in the body, mind, tradition, family, and surrounding environment. There are two main characters in the novel, namely Sasana and Jaka. Sasana was born as a man from an established parent partner. Even though his parents were not musicians, they wanted the Sasana to be a child who was adept at playing the piano. Since he was still in the womb of his mother, the sound content of the piano has been heard for him. In the school, his teacher brought in to practice his piano skills. Sasana was finally able to play the piano and received a number of awards, but actually he did not like playing the piano.

Instead of developing his talents in making piano, Sasana prefers dangdut music, his body and soul feel free when he hears dangdut while singing and twisting his body. His favorite is prohibited by his parents. Because he did not want to disappoint his parents, Sasana remained a child who obeyed and followed the wishes of his parents even though his soul felt confined. After graduating from high school, Sasana continued his studies in Malang, where he became acquainted with Cak Jak (Jaka) in a coffee shop. Cak

Jak who is adept at playing guitar in the strains of dangdut songs makes Sasana feel comfortable hanging out in the coffee shop until finally Sasana sings and sways.

Importance the singing and swaying atmosphere makes Cak Jak invite the Sasana to sing. Sasana, which seemed to find her world accepting Cak Jak's invitation, gradually began to leave her college and boarding house and disappear from the reach of her college friends and family in Jakarta. Because Jaka want to make make it more interesting, he dressed up Sasana in women's clothing and they started busking and tasting from one stage to another. And since then the Sasana changed its name to Sasa. He enjoyed a change in his appearance from a man to a sexy woman with his deadly sway. By being Sasa he feels comfortable and free to be what he wants.

The adventures of Sasa and Cak Jak make them get a variety of new experiences who they might never have expected, an incident that made them arrested by the police. When arrested and imprisoned as a transvestite, Sasa received unfair treatment, he was raped and forced to serve lecherous passions from the soldiers and commanders who arrested him. Sasa was so devastated that when he came out of prison Sasa decided to organize his life and return to his parents. Unfortunately, Sasa's return to his family did not last long. His soul was continually overshadowed by pain and humiliated by the depraved act of army-soldiers who captured and raped him so that Sasa had to be hospitalized in a crazy hospital. Sasa returned to support, this time not only her soul but physically she was again imprisoned in a mental hospital with rules that she must obey.

In the literary work, the novel written by author has a response from the readers. There are several advantages and disadvantages from the novel. According to some readers, *Bound* is interesting novel. Through the main character in the novel, the author really wants to show a figure who is struggling to gain true freedom. Sasana is a character who since childhood feels that he is trapped in his male body and he must do what he really does not want to do. The struggle of the people who lost their freedom was reflected in the character of Sasa and his friend, Jaka, who was portrayed so well that readers could come to understand what they felt. Story after story that was experienced by the figure was assembled well because almost all of them were narrations of various events that we had experienced as a nation that still fell awake in carrying out this freedom and justice.

In addition, in this novel, the author slips the story of Marsinah, a worker who fights against injustice, but must pay dearly for his own life. All that is revealed in this novel opens up our human side and makes us join in feeling because of the injustices and acts of violence narrated by this novel. The novel also tells another character, Banua, a Mental Hospital patient who committed suicide by stabbing himself with a knife in his chest which according to readers that suicide by plunging a knife into the chest is difficult for ordinary people because it requires extra energy and the right location so that the knife penetrates the heart perfectly.

There is some reason why the writer is interested to study about this novel. The novel tells of a person who struggles to gain true freedom who, since childhood, feels that he is trapped in his male body and he must do what he really does not want to do. Not only that, through the story of the characters of this novel, it clearly expresses various things about injustice and violence experienced by weak people, both those carried out by state officials and white-robed warriors in the name of religion and God.

The second reason is the novel also tells how the security forces of the white-robed paramilitary forces carried out operations against disobedience by means of violence. The author describes how the police provided a list of places that could be targeted for operations and which were not. The author also described how the operation of the white-robed warriors was drunk with the liquor they seized and vented their lust for the transvestites. In addition, it is also described as a cruel act of a warrior who sadly chopped off the body of a follower who they considered heretical.

Based on the illustration above, the writer is interested to analyze this novel by using psychological approach that entitled **Depressions of Sasana in Okky Madasari's *Bound* Novel (2013): A Psychological Approach.**

B. Problem Statement

Based on the background of the study, the problems are formulated as follow:

1. What symptoms of depression are found in the novel?
2. How is depression portrayed in the novel?
3. Why did the author address depression in the novel?

C. Objectives of the Study

Dealing with problem statement above, the writer has the following objectives of the study as follows:

1. To describe the symptoms of depression are found in the novel *Bound*.
2. To describe how is depression portrayed in the novel *Bound*.
3. To reveal why the author addressed depression in the novel *Bound*.

D. Limitation of the Study

The researcher focuses this research in analyzing depression of Sasana in Okky Madasari's *Bound* (2013) on Psychological Approach.

E. Benefits/Advantages

From this study, it is expected that the result of this study can give advantages for the following elements, namely:

1. Theoretically

It is expected that this study will give supportive information about the novel *Bound* and contribution to expand of knowledge to other studies especially student in Muhammadiyah University of Surakarta.

2. Practically

This study will give benefits for students of English Department to improve their reading skill and facilitate them in analyzing novel, especially using Psychological approach.

F. Paper Organization

As a guidance of writing paper, the writer will convey its chapters as follows:

Chapter I presents introduction, it explains background of the study, problem statement, limitation of the study, objective of the study, benefit of the study, and paper organization.

Chapter II is review of related literature, which elaborates of underlying theory and previous study.

Chapter III is research method, which presents of type of the study, object of the study, type of data and data source, method of collecting data, and technique of analyzing data.

Chapter IV is Psychological Analysis of Okky Madasari's novel *Bound*.

Chapter V is Conclusion and Suggestion.