

**AZA'S MENTAL ILLNESS REFLECTED IN *TURTLES ALL THE WAY*
DOWN NOVEL: A PSYCHOANALYTIC PERSPECTIVE**



**Submitted as a Partial Fulfillment of the Requirements for Getting Bachelor
Degree of Education in English Department**

by:

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Later, if the result of this study proven that there is any plagiarism, I will be fully responsible.

Surakarta, October 2019

The Researcher



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APPROVAL

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RESEARCH PAPER

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DOWN NOVEL: A APSYCHOANALYTIC PERSPECTIVE

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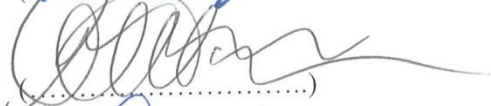
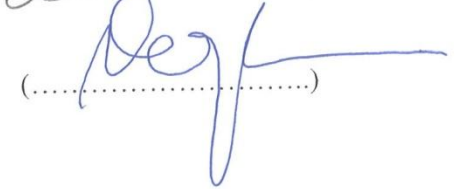
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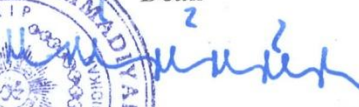
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MOTTO

“Why worry? If you’ve done the very best you can,
then worrying won’t make it any better.”

-Walt Disney-

“Work Hard. Do your best. Keep your word. Never
get too big for your britches. Trust in God. Have
no fear; and Never forget a friend.”

-Harry S. Truman-

DEDICATION

This paper is dedicated to:

- **Allah Subhaanahu wa Ta'ala and Prophet Muhammad
Shallallahu Alaihi Wassalam**
- **My dear parents, sister, and brother**
- **My big family**
- **Mr. Titis as my great supervisor**
- **My dear friends of DEE 2015**

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The researcher realizes that this study is lack of perfection. Therefore, suggestions and critiques will highly welcome. Thank you.

Wassalamua'laikum Wr. Wb

Surakarta, October 20th 2019

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ABSTRAK

Ismawati Khusnul Khotimah/ A320150202. **Aza's Mental Illness Reflected in *Turtles All The Way Down* novel: A Psychoanalytic Perspective.**

Analisis. Skripsi. Fakultas Keguruan dan Ilmu Pendidikan. September. 2019

Penelitian ini bertujuan untuk: (1) mendeskripsikan jenis penyakit mental Aza yang tercermin dalam novel *Turtles All The Way Down*; (2) penyebab penyakit mental yang diderita Aza; (3) cara Aza mengatasi penyakit mentalnya. Penelitian ini dianalisis dengan menggunakan metode kualitatif deskriptif. Teknik pengumpulan data pada penelitian ini mengaplikasikan hasil penelitian Miles & Huberman berdasarkan reduksi, yang meliputi: proses menyeleksi data, menulis ringkasan, pemberian kode, membuat kluster, membuat partisi dan menulis memo. Penulis menggunakan teori psikoanalisis dari Sigmund Freud. Hasil dari penelitian ini menunjukkan bahwa jenis mental illness yang diderita Aza adalah Obsessive Compulsive Disorder (OCD), Id nya berperan paling kuat daripada Ego dan Superego. Penyebab Aza mengalami penyakit mental adalah berfikir obsesif dan tingkah laku kompulsifnya yang aktif. Walaupun Aza belum sembuh secara total tetapi dia sudah lebih baik karena melakukan beberapa perawatan, seperti terapi, obat, dan motivasi yang kuat.

Kata kunci: penyakit mental, novel *Turtles All The Way Down*, teori psikoanalisis

ABSTRACT

Ismawati Khusnul Khotimah/ A320150202. **Aza's Mental Illness Reflected in**

***Turtles All The Way Down* novel: A Psychoanalytic Perspective.**

Analysis. *Research Paper. Faculty of Teacher Training and Education. September.*

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This study aims to: (1) describe the type of Aza's mental illness reflected in the novel *Turtles All The Way Down*; (2) the cause of Aza's mental illness; (3) how Aza solves her mental illness. This research was analyzed using descriptive qualitative methods. The technique of data collection in this study apply the results of Miles & Huberman research based on reduction, which includes: the process of selecting data, writing summaries, coding, creating clusters, creating partitions and writing memos. The researcher uses the theory of psychoanalysis from Sigmund Freud. The results of this study indicate that the type of Aza's mental illness is Obsessive Compulsive Disorder (OCD), the Id has the most powerful role than Ego and Superego. The causes of Aza's mental illness are obsessive thought and compulsive behavior. Although Aza has not fully recovered, she is already better because she has done several treatments, such as therapy, medication, and strong motivation.

Keywords: mental illness, psychoanalytic theory, *Turtles All The Way Down's* novel

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