

**Correlation of Nurse Client Relationship Phase With The Level of Negative  
Symptoms of Schizophrenic Patients**

**Skripsi**

Propose as the requirement for achieve Bachelor of Nursing



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**Faculty of Health Science**

**Uuniversity of Muhammadiyah Surakarta**

**2019**

## APPROVAL PAGE

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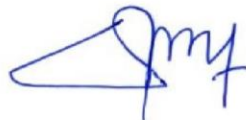
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Date : 25 June 2019

## LEGITIMATION PAGE

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On 14 / August 2019

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Properly declare that on these research result there are no creations that have ever been submitted for a bachelor's degree in a university and there are no creations and opinions from other people that have been written or publised, except on this publication mentioned in writing on citations and references. If proven that there is plagiarism on this research result, the writer is willing to take full responsibility.

Surakarta, 25 / June / 2019

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## **DEDICATION PAGE**

Praise the presence of God Almighty for all the mercy, therefore the researcher can complete this research entitled "Correlation of Nurse Client Relationship Phase With The Level of Negative Symptoms of Schizophrenic Patients". This research report the author presents to:

1. Chlara Yunita Prabawati, S.Kep., Ns., MSN., as a supervisor who has provided time, thought and energy to guide the author in completed this research report.
2. Both of the author's parents, who always pray for the best and always given support to the author.
3. Friends of international nursing class of 2015.
4. My lovely brother Linggar Dwi Septyo.
5. My best partner Achmad Syarif who faithfully listen to my story and my complain and willing to accompany me when I need entertainment and vacation.

The researcher is fully aware that this research report has many shortcomings and is far from perfect. Therefore, constructive input from all parties is highly expected for the perfection of the next writing. The researcher hopes that this research report can be useful for the researchers and for all readers.

Surakarta, 25 / June / 2019

Author

Mutia Ayu Pratiwi

## **PREFACE**

Praise the presence of God Almighty for all the mercy, therefore the researcher can complete this research entitled "Correlation of Nurse Client Relationship Phase With The Level of Negative Symptoms of Schizophrenic Patients". The research as a requirement for achieving a Bachelor of Nursing, Faculty of Health Science, University of Muhammadiyah Surakarta.

In the preparation and writing process of this research, the researcher received guidance, direction, correction, and suggestions from several parties, therefore the researcher could completed the research report. On this occasion, the researcher would like to express the gratitude to:

1. Dr. Sofyan Anif, M.Sc., as a rector at the University of Muhammadiyah Surakarta.
2. Dr. Mutalazimah, SKM., M.Kes., as a Dean of the Faculty of Health Sciences, University of Muhammadiyah Surakarta.
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4. Enita Dewi, S. Kep., Ns., M.N., as the academic adviser of international nursing class of 2015, University of Muhammadiyah Surakarta.
5. Chlara Yunita Prabawati, S.Kep., Ns., MSN., as a supervisor who has provided time, thought and energy to guide the author in completed this research report.
6. Both of the author's parents, who always pray for the best and always given support to the author.
7. Friends of international nursing class of 2015.

Finally, may God Almighty repay all the good of all those who have helped. Hopefully, this research result give benefits to the development of science, especially in the field of nursing.

Surakarta, 25 / June / 2019

Author

Mutia Ayu Pratiwi

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## TABLE OF ABBREVIATION

<i>Riskesdas</i>	: <i>Riset Kesehatan Dasar</i>
NMDA	: N Methyl D Aspartic Acid
DSM-5	: Diagnostics and Statistics of the Mental Disorders - Fifth Edition
LAI	: Long Acting Injection
ECT	: Electroconvulsive Therapy
FDA	: Food and Drug Administration
CLIA	: Clinical Laboratory Improvement Amendment
CBT	: Cognitive Behavioral Therapy
BNSS	: Brief Negative Symptoms Scale

## **Correlation of Nurse Client Relationship Phase With The Level of Negative Symptoms of Schizophrenic Patients**

### **Abstract**

Schizophrenia is a serious mental disorder that affects thought, feels, and behavior. The hallmark symptoms of schizophrenia is positive and negative, such as experiencing auditory hallucinations and delusions. Negative symptoms of schizophrenia are loss or reduction in normal function such as anhedonia, avolition, asociality, apathy, alogia and attention disorder. In addition to medical treatment techniques, the schizophrenic patient's healing process must be supported by effective communication techniques.

The purpose of this study was to explore the correlation of Nurse Client Relationship Phase with The Level of Negative Symptoms of Schizophrenic Patients. The study used descriptive statistics method with cross sectional approach. Conducted at the inpatient ward of the RSJD Dr. Arif Zainudin Surakarta with 63 patients respondents and 25 nurses respondents.

Instrument research in the form of a questionnaire called " Nurse - Client Relationship Phase", contains 23 items and a questionnaire "Brief Negative Symptoms Scale (BNSS)", contains 13 items. The research that has been carried out showed that there is a correlation of Nurse Client Relationship Phase with The Level of Negative Symptoms of Schizophrenic Patients with  $p < .05$ . Nurses are expected to improve their abilities and services, especially in terms of communicating with patients.

**Keywords:** Schizophrenia, Therapeutic Communication, Nurse, Patient, Negative Symptoms.

## ***Hubungan Antara Fase Hubungan Perawat Klien Dengan Tingkat Gejala Negatif Pasien Skizofrenia***

### ***Abstrak***

*Skizofrenia adalah gangguan mental serius yang memengaruhi pikiran, perasaan, dan perilaku. Gejala khas skizofrenia adalah positif dan negatif, seperti mengalami halusinasi pendengaran dan delusi. Gejala negatif skizofrenia adalah kehilangan atau penurunan fungsi normal seperti anhedonia, avolition, asocialitas, apatis, alogia, dan gangguan dalam perhatian. Selain teknik perawatan medis, proses penyembuhan pasien skizofrenia harus didukung oleh teknik komunikasi yang efektif.*

*Tujuan dari penelitian ini adalah untuk mengeksplorasi hubungan antara fase hubungan perawat - klien dengan tingkat gejala negatif pasien skizofrenia. Penelitian ini menggunakan metode deskriptif statistik dengan pendekatan cross sectional. Dilakukan di ruang rawat inap RSJD Dr. Arif Zainudin Surakarta kepada 63 responden pasien.*

*Instrumen penelitian dalam bentuk kuesioner yang disebut "Fase Hubungan Perawat - Pasien", berisi 23 item dan kuesioner "Brief Negative Symptoms Scale (BNSS)", berisi 13 item. Penelitian yang telah dilakukan menunjukkan bahwa ada hubungan antara Fase Hubungan Perawat - Klien dengan Tingkat Gejala Negatif Pasien Skizofrenia dengan nilai  $p < .05$ . Perawat diharapkan untuk meningkatkan kemampuan dan layanan mereka, terutama dalam hal berkomunikasi dengan pasien.*

*Kata kunci: Skizofrenia, Komunikasi Terapeutik, Perawat, Pasien, Gejala Negatif.*