INTROVERTNESS IN *THE PERKS OF BEING A WALLFLOWER* NOVEL (2012) BY STEPHEN CHBOSKY: A PSYCHOANALYTIC APPROACH

Submitted as a Partial Fulfillment of the Requirements for Getting Bachelor Degree of Education in English Department School of Teacher Training And Education

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Abstrak

Kata kunci: introversion, kepribadian, dan psychoanalytic

Abstract
This research is about a man named Charlie who has a personality that is different from the others, namely introverted in the novel The Perks of Being of a Wallflower by Stephen Chobsky (2012). This study used the theory of the Psychoanalytic Approach. There are three objectives in this study. First, to found charlie’s behavior as the main character in the novel. Second, to describe Charlie's behavior as an introvert. Third, to found the effects of introverts on Charlie's behavior. This study used a qualitative method. In this study, primary data and secondary data are data sources used by researchers. Primary data comes from Stephen Chobsky's The Perks of Being of a Wallflower published in 2012. Secondary data comes from websites, theses, articles, and several books related to this novel. There are three conclusions from this study. First, Charlie has three behaviors such as shyness, hallucination, and loner. Second, Charlie has four behaviors as an introvert, namely social introvert, thinking introvert, anxious introvert, and restrained introvert. Third, there are two effects of Charlie's behavior as an introvert, namely the effects of psychology and social communication.

Keywords: introversion, behavior and psychoanalytic
1. INTRODUCTION

People live in this world of course have their own personality which different among other. The differences personality of every person can be affected by the range of that person. Personality means child’s description of personality characteristics as more or less stable, internal factors that make one person’s behavior consistent from one time to another, and also from one situation to another and different from the behavior and reaction other people would manifest in comparable situations (Eyseck, 1994, p. 38). It means that personality may build the behavior of person.

In psychology side, There are several personality types of human. One of them is Introvert personality. According to Kendra (2016, p. 57) “Introvert is a personality trait characterized by focus on internal feelings rather than on external sources of stimulation”. An introvert person is the type of person who shy in join social activities, they will comfort when they are alone. The introvert ones will be more silent when they are surrounded by other. Even an introvert person has something to say, they will better to be silent and keep something in their mind.

An introvert is familiar in people live until there are some people write journal, research, thesis, and even novel about this personality type. Talk about an introvert novel, One of the great novel The Perks of Being a Wallflower which created by Stephen Chobsky, an American writer. The Perks of Being a Wallflower is mainly tells about the main character behaviors life as an introvert person. This novel created from the memories life of Stephen Chbosky life’s it self. The Perks of Being a Wallflower tells an introvert. Charlie’s behavior as the main character in this novel is not same with his friends life as a normal person. As written in the novel “August 25, 1991 Dear friend, I am writing to you because she said you listen and understand and didn’t try to sleep with that person at that party even though you could have. Please don’t try to figure out who she is because then you might figure out who I am, and I really don’t want you to do that……” (The Perks of Being a Wallflower, p. 1). It showed that Charlie is preferred to write letter for something he feels which he send to his friend who has passed away rather than talk to other people.
The main character in *The Perks of Being a Wallflower* will be the main research of this study, because most of the content in this novel talk about the behavior of Charlie’s life as an introvert person in his daily life. The researcher will identify the behaviors, the behaviors effect, and the influences of the main character life as an introvert personality. *The Perks of being a Wallflower* novel tells about a young man (Charlie) . He is an introvert person. He is also a misterious and weird person. No body knows what happen with him in actually because he often get hallucination. He often distract him self. He also often write a letter to no name rather than talk to other person. His school friends called him a homo, so he does not have any friends. He always sit and walk alone, until he meet Patrick, Patrick is his senior in school, he is very kind person. Patrick has a group of friends which consist of Sam, Mary, Bob, and Alice. They are very kind to Charlie and accept him to be part of them. Because of Patrick and friends, Charlie’s live changed, he can be a different version of Charlie, he is not alone again, even sometimes when he is alone, he get his hallucination and discract him self again but at least he can be happy in temporary. Someday Charlie’s bad habbit comes again, Luckily his friends can accept him again and they can friends again and Charlie become happy. Until come a one day which Patrick, Sam, Mary, Alice, and Bob graduations. They have to continue their study and leave Charlie again. It makes Charlie’s introvert and weird come again until his parents take him into a mental hospital. Finally Charlie’s parents knows about Charlie. Charlie had bad experienced when he was child, his aunt namely Helen. She had bad life until she passed away and Charlie known well about it, whereas Charlie loves her so much. Beside that Charlie’s bestfriend passed away too, it was broke Charlie’s much. After Charlie back to home, Sam and Patrick come to Charlie’s home and it makes him so happy. In the end Charlie believes that he can continue his lives and start his lives again, he is free and his introvert has gone.

The content of *The Perks of Being a Wallflower* get some responses from the readers. There are positive and negative responses side. The positive responses side are : That novel brings them to not judge other first without know them first; that novel tells about the real life of teenege period; Make people knows about one of the personality of people; Make
people understand about an introvert person; and the content, the language are easy to understand by the reader. The negative responses side are: the novel is trite, because just brings standard teenage issue; and some school in America ban their students to read *The Perks of Being a Wallflower* because the content is too harsh for teenage and make the students follow Charlie’s personality. Altough there are several positive and negative responses about *The Perks of Being a Wallflower* novel, that novel could be a best seller novel and there is a film which adapted from that novel.

From those reasons, the researcher concludes that *The Perks of Being a Wallflower* is interested to be analyzed because the content of the story tells about the behavior life as an introvert personality (characterization) of person which the introvert behavior of the main character have not been analyzed by other. The fact that Stephen Chbosky created a story based on the relection of American teenage who deal with an introvert personality so he has weird behavior. Psycology of literature work can follow the way of people live by giving a story reflection from reality. This study, the researcher has challange to analyze *The Perks of Being a Wallflower* novel’s from Stephen Chbosky by using some theories that concern with the main Charlie’s behavior as an introvert personality. So, the title of this study is “introvertness in the perks of being a wallflower novel (2012) by stephen chbosky: a psychoanalytic approach”

2. METHOD
The researcher used type of qualitative descriptive research. According to Denzin and Lincoln (2005) definition of qualitative in the handbook of qualitative research describe qualitative research as involving “… an interpretive naturalistic approach to the world. This means that qualitative researchers study things in their natural settings, attempting to make sense of or interpret phenomena in terms of the meanings people bring to them.” (p. 3). The researcher collected data in the form of the words. Type of data of this research is factual data. In this research, the primary data and the secondary data are the data sources which used by the researcher. The primary data source of this study is *The Perks of Being a*
Wallflower (2012) novel. The secondary data sources of this study are from other sources such as websites, article, research and books related of this novel and this study.

Technique and method of collecting the data of this study, first the researcher reading The Perks of Being a Wallflower (2012) novel’s repeatedly and knowing, for the primary and secondary data, taking notes of important information is helpful, determining the theory and the characters of the novel, identifying the problem and finding the data, making conclusion and suggestion based on the analysis data.

There are two objects in this study; formal object and second material object. The formal object of the study is Charlie’s introversion. Then, material of the study is The Perks of Being a Wallflower novel which written by Stephen Chobsky. To analyze the novel, the researcher will choose a psychoanalytic approach. It will use to explain about introvert as the main issue in the novel.

3. FINDING AND DISCUSSION
The researcher focused on the questions of problem statements that were: the behaviors of the main character (Charlie), how do introversion of the main character, and the influences of introversion in the charlie’s behavior.

3.1 The behaviors of the main character (charlie)
According to Ivan Pavlov’s (1849-1939) behavior is a form associations between a particular stimulus and the most appropriate behavioral response, stimulus response units, which explains why we behave the way we do. The researcher found that the behaviors of the main character there are three such as:

3.1.1 The behavior of the main character is shyness
The main character (Charlie) is a shy person. He will comfort when he is alone. It is not easy to talk with this kind of people in a conversation. His behavior is different with other, he prefers to be alone, and he is a silent person.
3.1.2 The behavior of the main character is hallucination

In the *The Perks of Being a Wallflowers* novel, the main character (Charlie) often gets hallucination. He often distracts himself. He always hallucinates about something strange. He gets hallucination because of he has bad experience about sex.

3.1.3 The behavior of the main character is loner

In the *The Perks of Being a Wallflowers* novel the main character does not care with his life around. The researcher found that Charlie as the main character has a bad background. The background makes Charlie to be an introvert person. From the background, he grows as a person who has the difference personality from others. He prefers to be alone and be silent so this personality makes he does not have many friends.

3.2 How do introvert of the main character in the perks of being a wallflower

According to Cheek, there are four behavior of introvert. After the analyzing the novel, the researcher found four Charlie’s behavior of an introvert namely social introvert, thinking introvert, Anxious introvert and Restrained introvert.

3.2.1 Social Introvert

In *The Perks of being a Wallflower* novel, Charlie as the main character is a loner. He prefers to stay home with a book or a computer, or to stick to small gatherings with close friends, as opposed to attending large parties with many strangers.

3.2.2 Thinking Introvert

In *The Perks of being a Wallflower* novel, Charlie as the main character is a smart in the class. He can to analyze the novel with quickly and has imagination is very high.

3.2.3 Anxious Introvert

In *The Perks of being a Wallflower* novel, Charlie as the main character is mysterious and weird person. He also often writes a letter to no name rather than talk to other person. His school friends called him a homo, so he does not have any friends.
3.2.4 Restrained Introvert

In *The Perks of being a Wallflower* novel, Charlie as the main character is an introvert person. Charlie’s is seen as a boy who has difficulty in making friends. His activities at home are reading books and listening to music.

### 3.3 The effect of introvert to Charlie’s behaviors

Introvert is the type that less likely to attend community and spend most of their time on mental and individual activities (Eysenck: 1947, Pg. 117). The Charlie’s behavior as an introvert definite influences his life. The effect of introvert to Charlie’s behavior such as:

#### 3.3.1 The Effect of Charlie’s Behavior as an Introvert to his Social Communication

The effect of being an introvert is the main character often gets bullying from other but he just keep silent because it is not easy to understand an introvert person, so it is so important for us who are not introvert to learn about their personality so that we will not easy to judge them.

#### 3.3.2 The Effect of Charlie’s Behavior as an Introvert to his Psychology

In *The Perks of being a Wallflower* novel’s an introvert effects of the main character’s psychology is the mentality will be weak and has not self-confidence. He will be a closed person and has not a friend.

### 4. CONCLUSION

Based on the analysis and discussing on the previous chapter, the are some conclusion;

**Firstly,** the behavior of the main character there are three. 1. The Behavior of the Main Character (Charlie) is Shyness. 2. The Behavior of the Main Character (Charlie) is Hallucination. Charlie often gets hallucination. 3. The Behavior of the Main Character (Charlie) is a Loner.

**Secondly,** According to Cheek, there are four behavior of introvert. After the analyzing the novel, the researcher found four Charlie’s behavior of an introvert namely: 1. Social Introvert. 2. Thinking Introvert. 3. Anxious Introvert. 4. Restrained introvert.

**Thirdly,** The Charlie’s behavior as an introvert definite influences his life. The effect of introvert to Charlie’s behavior there are two; 1. The effect of Charlie’s behavior as
an introvert to his Social Communication. 2. The Effect of Charlie’s Behavior as an Introvert to his Psychology.

From the perspective of psychology, the introvert personality comes from bad background which the main character has experienced when he was child. At that time, he had an aunt named Hellen. She was tortured by her husband and makes her dead. Charlie often saw her aunt being tortured and it made her aunt frustrated then she decided to have suicide. Beside of that background, he had a best friend who he believed but his best friend also dead. Therefore, he does not have any belief to other person and he decided to be alone. Finally, he becomes an introvert person.

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