

# CHAPTER I

## INTRODUCTION

### 1.1 Background of the Study

Literature is a full creation of form, emotion and expression which designates imaginative ideas through language as the media (Welleck and Warren: 1993). As we know, literature is one of the most creative and universal means to communicate the emotion, spiritual and intellectual concern of mankind. Sometimes most of the students feel that literature is the terrible subject and makes them nervous to study it. However, literature will be an interesting thing or not depends on their feeling of sensitivity and their imagination to enjoy the beauty of literature (Welleck and Warren: 1993).

Literature consist of those writings which interpret the meaning of nature and life, in words of charm and power, touched with the personality of the author, in artistic forms of permanent interest (Henry Van Dyke :1999).

Literature has three main branches; they are prose, drama and poetry. Literary work is result of human being thinking which tells about life deal with feeling, ideas and problem (Welleck and Warren: 1993).

Literature consists of poetry, drama, fiction, and a lot of non-fiction writing, as well as oral, dramatic, and broadcast compositions, not necessarily in written format such as films and television programs. Literary works are the result of human thinking that tells about life related to feelings, ideas, and problems. (Julien Bonn, 2010:93).

In reality, personality of human is the particular combination of emotional, attitudinal, and behavioral response patterns of an individual. Personality is usually broken into components called the Big Five, which are openness to experience, conscientiousness, extroversion, agreeableness, and neuroticism (or emotionality). These components are generally stable over time and appear to be attributable to a person's genetics rather than the effects of one's environment. Emotion is often the driving force behind motivation, positive or negative.

Psychoanalysis is a psychological theory developed in the late 19th and 20th centuries by Austrian neurologist Sigmund Freud. Psychoanalysis has expanded, been critized and developed in different directions, mostly by some of Freud's

former students, such as Alfred Adler and Carl Gustav Jung, Wilhelm Reich, and later by neo-Freudians such as Eric Fromm, Karen Horney, Harry Stack Sullivan and Jacques Lacan.

*One Day* is an international best seller romantic novel created by David Nicholls, an English writer. This novel was first published by Hodder and Stoughton General Division on June 11, 2009 in United Kingdom. In *One Day* novel contains of 448 pages (23 chapters), it is a wonderful and moving love story which takes place over in the late twentieth century to early twenty-first century. This novel are not only tell about true love story, but also tells about friendship and career. Each chapter in this novel covers the lives of male and female friendship between Emma and Dexter over twenty years that turned into love. David Nicholls has adapted this novel into a film with the same title *One Day*, was released in August 2011.

*One Day* is a novel by David Nicholls, published in 2009. Each chapter covers the lives of two protagonists on 15 July, St. Swithin's Day, for twenty years. The novel attracted generally positive reviews, and was named 2010 Galaxy Book of the Year. Nicholls has adapted his book into a screenplay; the feature film, also titled *One Day*, was released in August 2011.

David Alan Nicholls (born 30 November 1966) is an English novelist and screenwriter. Nicholls is the middle of three siblings. He attended Barton Peveril sixth-form college at Eastleigh, Hampshire, from 1983 to 1985 (taking A-levels in Drama and Theatre Studies along with English, Physics and Biology), and playing a wide range of roles in college drama productions. He attended Barton Peveril College, as did Colin Firth, with whom he would later collaborate in *And When Did You Last See Your Father?* He then attended Bristol University in the 1980s (graduating with a BA in Drama and English in 1988) before training as an actor at the American Musical and Dramatic Academy in New York. Throughout his 20s, he worked as a professional actor using the stage name David Holdaway. He played small roles at various theatres, including the West Yorkshire Playhouse and, for a three-year period, at the Royal National Theatre. His novels include *Starter for Ten* (2003), *The Understudy* (2005), and *One Day* (2009).

As a screenwriter, he co-wrote the adapted screenplay of *Simpatico* and contributed four scripts to the third series of *Cold Feet* (both 2000). For the latter, he was nominated for a British Academy Television Craft Award for Best New

Writer (Fiction). He created the Granada Television pilot and miniseries *I Saw You* (2000, 2002) and the Tiger Aspect six-part series *Rescue Me* (2002). *Rescue Me* lasted for only one series before being cancelled. Nicholls had written four episodes for the second series before being told of the cancellation. His anger over this led to him taking a break from screenwriting to concentrate on writing *Starter for Ten*. When he returned to screenwriting, he adapted *Much Ado About Nothing* into a one-hour segment of the BBC's 2005 *ShakespeaRe-Told* season. His latest novel, *One Day*, was made into a film starring Anne Hathaway and Jim Sturgess.

In 2006, his film adaptation *Starter for 10* was released in cinemas. The following year, he wrote *And When Did You Last See Your Father?*, an adaptation of the memoir by Blake Morrison. His adaptation of *Tess of the D'Urbervilles* for the BBC aired in 2008, and is he now working on an adaptation of *Far From the Madding Crowd* for BBC Films. He has also adapted *Great Expectations*; the screenplay has been listed on the 2009 Brit List, an annual industry poll of the best unmade scripts outside the United States.

In 2005 he wrote *Aftersun* for the Old Vic's 24-Hour Play festival. The 10-minute play starred James Nesbitt, Saffron Burrows, Catherine Tate and Gael García Bernal. Nicholls developed *Aftersun* into a one-off comedy for BBC One. It starred Peter Capaldi and Sarah Parish and was broadcast in 2006.

There are many pros and contras opinion about this novel from the reader. Positive response come from Lees Wammes in his blog, he said that heenjoyed this novel a lot, he found the beginning a bit slow going but after a while, this novel turned out to be the exact sort of book for him. (<http://leeswammes.wordpress.com>). On the other hand, there are different opinion come from Lennart Wennberg in his website, he states that it is not the best novel he ever read, he don't think that he would be reading it a second time. (<http://lennartwennberg.com>).

There are four reasons why the writer chooses this novel. The first reason is unique and interesting because the novel tells the story of friendship and love but it is not fairytale. *One Day* is really about loneliness and the casual savagery of fate, the tragic gap between youthful aspiration and the compromises that we end up tolerating. The second is that the novel has great possibility to know the phenomenon of psychological problems in character. The third reason is that the novel has a good meaning in our life. The fourth reason because these novel teach about personality change to be good personality.

Based on these previous reasons the writer will observe *One Day* novel by using Psychoanalytic Approach. So, the writer constructs the title **Personality of Emma and Dexter reflected in David Nicholls *One Day* Novel (2009): a psychoanalytic approach.**

## 1.2 Problem Statement

Based on the explanation above, the major problem of the study is

1. How is the personality of Emma and Dexter reflected in David Nicholls' *One Day* novel?
2. What is the personality development of Emma and Dexter reflected in David Nicholls' *One Day*?

## 1.3 Objective of the Study

The objectives of the study are as follows:

1. To analyze the novel based on the psychoanalytic approach.
2. To analyze about personality development of Emma and Dexter reflected in David Nicholls' *One Day*
3. To explain how personality development of Emma and Dexter reflected in David Nicholls' *One Day*

## 1.4 Benefit of the Study

The benefits of the study are divided into two parts:

### 1) Theoretical benefit

This research of this study is expected to be able to give theoretical contribution in literature study, especially psychoanalytic study on literature about personality.

### 2) Practical benefit

This research can give more understanding about the novel, especially the personality in *One Day* novel from psychoanalytic approach.

## **1.5 Paper Organization**

This research is divided into five chapters: Chapter I is the introduction which consist of background of the study, problem statement, research objectives, research benefit, and research paper organization. Chapter II is the literature review which consist of previous study, underlying theory that are psychoanalytic theory and novelty. Chapter III is research method; in this chapter the researcher explains the type of the study, object of the study, type of data and data source, method of collecting data and technique of analyzing data. The last, Bibliography.