CONTRIBUTION OF LOVE TO REVIVAL IN GAYLE FORMAN’S *IF I STAY* NOVEL (2009) : A SOCIOLOGICAL PERSPECTIVE

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**Abstrak**


**Kata kunci:** kontribusi dari cinta, penghidupan kembali, Gayle Forman, perspektif sosiologi

This research focuses on the issue of contribution of love to revival in the novel entitled *If I Stay* by Gayle Forman (2009). Sociology theory was used for analyzing this novel. This research aimed at analyzing the indicators of love to revival in the character Mia, how the depiction of love by people who love Mia, and the reason of the author addressing the topic of love in this novel. The researcher used primary data and secondary data sources. The primary data was the novel entitled *If I Stay* and e-books which related with the issue, dictionaries, and website relates information needed as the secondary data. There are three main findings in this novel. First, there are found four indicators of love such as care, understanding, respect, and responsible. Second, the author delivers issue about the depiction of love to revival through characters, events, setting of place, and style in the novel. Third, the author addresses the topic of love with the reason that she believes that love is the important things that can make other people spirit. And also the decision to choose stay alive or death by existence of love, lose, and family.

**Key word:** contribution of love, revival, Gayle Forman, sociological perspective
1. INTRODUCTION

The major issue of this research study is about contribution of love to revival in *If I Stay* novel written by Gayle Forman which published on the year of 2009. Revival is a time when a human being was given the gift of God to live again. Not all humans were gave a gift like a revival. Many factors that make the people life again or called revival. It can come from other humans who support it. It can be in the form of love that use to contribute a revival. Love is one aspect of life. Meanwhile love is important to human for the role of their life to make interaction to get their happiness. Human being is a social creature who always needed someone else, interaction needed to each other make their life more valuable variety and more colorful. Meanwhile many of human being is contributing a love to give a spirit also strength for people who they love. As quoted by warga (1983:336) Norman stated that love is the main sources of personal happiness of everyone wants to love and be love.

Love is universal to describe because it can be interpreted to many different meanings. According to From (1983:314) love is considered as a set of creative relationship that includes four elements. Understanding, care, respect, and responsibility. Novel by Gayle Forman. *If I Stay* novel is a story about a girl who name Mia that has an accident with her family when they were on the way to her grandparents house’s. Mia is a classical music lover, especially in Cello. Mia and Teddy are rushed to the hospital, where she undergoes surgery and placed in I.C.U. Mia learns that her brother died which crushed her. However, before she decides to die, Adam put some headphones on Mia and played music from her favorite cellist, Yo Yo Mama. Listening to the music, she realized that she can't think about what she has lost, but on what is ahead of her life.despite being in a coma, her soul came out of his body and she realized she had to make a choice that would change her life.

The researcher want to investigate *If I Stay* novel by Gayle Forman. This novel was published on 2009 and became the *International*
best seller novel. Another that, Gayle Forman also win this novel as
NAIBA Book of the Year Award (2009) and Indie Choice Honor Award
Winner (2010). If I Stay novel have many good responses from the readers
that on April 2011 Gayle Forman publish the next of that novel with the
title Where She Went. On 22 August 2014, this novel was adopted
became a movie that in demand of watcher in the whole world so that the
movie got inside Box Office Movie. The movie that produced by Warner
Bross Picture be in demand $78.9 million in the whole world from $11
million cultivation budget of that movie and and get a 6.8 rate on the web
imbd2. In this research will discuss about contribution of love, where love
is the feeling that a person’s happiness is very important to us, and the way
we show that feeling in our behaviour towards them. We must be grateful
to God because we have been give people who love us and care about us,
also always help us in every situations. Based on that, we must be grateful
because God always help us, can see in that novel, God made Mia revival
through the contribution of love by people arround Mia. And there are a
lot of values of moral education in novel If I Stay. From that the researcher
felt interested to conduct a research under the title “Contribution of Love
to Revival in Gayle Forman’s If I Stay Novel (2009) : A Sociological
Perspective”.

2. RESEARCH METHOD
In this research, researcher conducts adescriptive qualitative as the study
research. According to Endraswara (2011:5) descriptive qualitative
method is the method in research that is described in words form or picture
is necessary, not the numeral. In the main issue that is discussed in this
research is about contribution of love to revival. There are two data
sources used by the researcher, for the primary data source is the novel If I
Stay written by Gayle Forman on the year of 2009 and the secondary data
source is from the supporting data related to the research, such as some
theory e-books of sociology of literature and love, dictionaries, and the
website which supported the analysis of data. The technique of collecting
data which is done by the researcher are classified into five steps, those are reading the novel and understanding about the problem which can be use in the research, determining the object that will be analyzed, taking notes of important things both of primary and secondary data sources, classifying and determining the relevant data, and accessing the internet to find out more information about the theory and which relates with the novel. The data information that have been collected are analyzed by using the steps by Miles & Huberman including data reduction, data displays, and conclusion drawing/verification and used the sociological theory.

3. FINDING AND DISCUSSION

3.1 The Indicators of Love in If I Stay Novel

The researcher found the answer of the research question about the indicators of love in If I Stay novel. That are care, understanding, respect, and responsibility.

3.1.1 Care

Care is one of indicators of love that regarded as the important thing because it is include the way to share our love. As small as a special person. In this novel, people around Mia shows their care. The example of care is shown in the novel when Adam give a gift for Mia’s birthday. He remembered about Mia and by something for giving to her.

3.1.2 Understanding

Care implicates another indicator of love that is understanding. This indicator is important because as human being is needed to have mutual understanding to each other. This can show by giving empathy to the lover or know what the lover feeling. The example of understanding can shown on the novel when Adam Submitted to Schuberet symphonies and attended any rectical of Mia. He was understood of what Mia likes, that is Mia’s favorite flower. Because

3.1.3 Respect

As one of indicator of three indicators in love, respect means the mutual acceptance of the loved ones as they are. Respect does not mean fear or
difference. For example that shown respect in this novel is when when Mia has perform of playing cello, but she has a shame feeling, so her dad was respect her by a dandy of a recital present for her better than flowers.

3.1.4 Responsible

Responsibility is an effort to care for the beloved one. As stated by Fromm that responsibility means responding to the loved person’s need. When someone love each others they should responsible to their lover, if they not responsible it means that they not truly love with you. Responsibility also includes the effort to maintain relationship. The example of responsibility that shown in this novel is when he said Mia is the part of him, it means that Adam will keeping Mia and also sheltering Mia from everything.

3.2 Love depicted in If I Stay Novel

3.2.1 Character

Character is one of the necessary elements in a story. It has personality, moral and mental values. Character can be described as the moral messenger and it is delivered through the character’s dialogues and actors.

3.2.1.1 Dying Character

Dying character is the character that he/she still alive but their soul can not became with their body or can called out of body. In this novel Mia is the main character that go through it. Mia releazed that she was like a ghost because her body lying lying in bed but her soul can not see by everyone.

3.2.1.2 Hoping Character Recovery

This character is have a role as people that around Mia hase a hope for Mia in order to alive from her coma. They always wait and visit Mia everyday.

3.2.1.3 Caretaking Recover

Caretaking character is the character that she/he treat the patient in the hospital. In this novel, Mia is faced with the most important decision she will ever have to make whether to succumb to her injuries or fight to stay alive.
3.2.2 Setting
Setting is one of the important elements in a story that could support the story well. Setting does not only concern with the exact place or situation.

3.2.2.1 Oregon
The characters in *If I Stay* live in a small town near Portland, Oregon. The accident takes place on a rural road outside the town. The character also hospitalized in one of the hospital in Portland, Oregon. Mia's reflections on her life bring in a number of other locations within the vicinity.

3.2.2.2 Intensive Care Unit
Following the accident, Mia is taken to the Intensive Care Unit (ICU) of an unnamed hospital in Portland. Although this is technically the setting for the remainder of the book, Mia's out-of-body experiences and reflections on her life take the reader to other parts of the hospital and other locations where she had experiences.

3.2.3 Events
Events is something that happens or is regarded as happening; an occurrence, especially one of some importance.

3.2.3.1 Accident
When Mia with her family would went to her grandparent’s home a truck hits Mia’s dad’s car then Mia’s parents instantly die. Mia finds out that her little brother, Teddy, is still alive in the emergency room.

3.2.3.2 Hospitalized
When Mia and her little brother takes in hospital then a helicopter takes Mia to a different hospital. Mia goes in for her first surgery. Her body leaves the operating room, like she is a ghost. Mia walk around the halls of the hospital.

3.2.3.3 Visited
When Mia was in the ICU. Mia’s family and her best friend, Kim show up at the hospital. Kim prays in the hospital Chapel. She hopes that Mia
stays alive. Mia’s boyfriend Adam arrives at the hospital. Kim tells him about the accident. The doctors won’t let Adam in the ICU to see Mia. Adam and Kim try to break into the ICU. Two security guards bring them to the lobby. Mia's aunt Willow is a nurse at the hospital. She sees Kim and Adam in the hospital lobby with the security guards, and tells them to let the kids go.

3.2.3.4 Coma

Mia feels so sad when she still like a ghost. She is only can see her family, friend, also adam but can touch or talk wit them. Mia realizes that it is up to her weather she lives or dies. Mia goes code blue. Mia goes to surgery again. Then, she finds out that Teddy is dead.

3.2.3.5 Recovery

Before she decides to die, Adam put some headphones on Mia and played music from her favorite cellist, Yo Yo Mama. Listening to the music, she realized that she can't think about what she has lost, but on what is ahead of her life. Mia squeezes Adam's hand, finally deciding on staying alive.

3.2.4 Style

3.2.4.1 Figurative Language

3.2.4.1.1 Simile

Simile that found by the researcher in this novel is “the pavement grows slick and there are gray chunks” and “cauliflower” by using comparison word ‘looks like’. In this condition the writer tells about that accident has happened.

3.2.4.1.2 Hyperbole

Blanket categorized as hyperbole, because the sentence of a thin blanket of white covering our front lawn shows an overstatement sentence. In the true
meaning it was on morning at 07.09 pm, Mia just got up and when she opened the window she saw snow on everyplace like on her front lawn.

3.2.4.1.3 Personification

The researcher found word “car chokes” is personified as having emotion as human that can feel as if it can hope and has feeling. Logically, the car doesn’t chokes, it means to describe the condition of car. It is kind of car which is a rusting Buick that was already old when Grand gave it to them after Teddy was born. This sentence just to show how is old that car so even want to turn on , their Dad has to turn the ignition over a few times before that car is ready to drive.

3.2.4.1.4 Metafora

The researcher found the word ‘drama queen” describes that Kim’s mother, she doesn’t let Kim drive long distance , and Mia guesses that after what’s happened, there’s no way she’d make an exception today.

3.2.4.2 Symbol

The researcher found the cello is a symbol of what makes Mia unique, and also what makes her feel different from her parents and from Adam, who plays guitar in a rock band.

3.3 Author adress Love in If I Stay Novel

Gayle Forman is an american young adult fiction author, best konwn for her novel If I Stay. She was interviewed from Q and A in YA Author (https://youtu.be/KgPBXupHGG0), she mentions her reason that she adress love in If I Stay Novel. The reason is she believes that Love is important thing that can make other people spirit. Also there was real life event that raised a question that has haunted her, she said “if something catastrophic happened to your family, and you were covering between life and death, would you choose to stay? To keep living if the rest of your
family was gone?”. She is also talking that is the main character “Mia” was going to answer it for her. About love, lose, and family.

3.4 Discussion

After analyzing the contribution of love to revival in the novel *If I Stay* by Gayle Forman (2009), the researcher continues the study for the next step that is discussion. Everybody knows that people need relationship with other in their life. Sociological theory is focused on human relationship between each other. Later, it is used to give a great resistance towards society and social behaviour. Then it becomes the biggest reason why Swingewood developed objective study of social institutions and of social process. People make a group in relation. Social covers individuals with group or group. Wonder is novel that wrote by Gayle Forman and the novel tell about love in people relation, what the indicators of love of people around Mia, how about love depiction in that novel, and why the author adress love in her novel.

Love can give a positive impact on one people’s life. In the research limited love can influence in the parents relation and friendship relation. The influence love of family, friends, and boyfriend of Mia make Mia revive from her coma. Love also can help each other and being a good people to each other can strengthen relation with them. Good relation have good communication too. In addition, people also need time and energy to spend meeting with their partners. With us having relationships with other people, it is easy to solve problems together and support each other.

Love also have some indicators. From several indicators of love which have analyzed in the novel, can show that it can make Mia revival. Family, friend, and boyfriend of Mia promise that they will doing everything if Mia stay. They were visited Mia everyday in hospital, but Mia still coma. Adam, Mia’s boyfriend, he had really placed Mia in his heart. That Mia treats like a special girl and choosen, it means that she had accepted by Adam.
Also the researcher can conclude that some characters are very influential for the story and the setting that built. Mia had hospitalized by a doctor and nurse. At the first time the nurse very give up for treat Mia but because saw the family, friend, and boyfriend of Mia always try make Mia to revive and pray for Mia, the nurse seems to have a stronger connection to Mia than her other caregivers.

But in the end, Mia must decide to die or stay alive. As Mia considers her choice, she sometimes wishes that someone would make it for her by giving her an overdose of morphine or removing her ventilator. However, in the end she realizes that she must make the decision herself. Before she decides to die, Adam, the boyfriend of Mia, put some headphones on Mia and played music from her favorite cellist, Yo Yo Mama. From listening to the music, she realized that she can’t think about what she has lost, but on what is ahead of her life. Mia squeezes Adam’s hand. Finally deciding on staying alive.

From that is the reason why the author address love in that novel. Love is important thing for her, because it can make other people spirit. Also love is the stronger reason why the people choose to stay. She is also talking that is the main character “Mia” was going to answer it for her. That are about love, lose, and family.

Finally, from the discussion above, it can be concluded that contribution of love in this novel is about decision of Mia to revival because love from people who loves her

From the conclusion of finding above, it can be known that there is none observed Gayle Forman’s If I Stay novel especially on the contribution of love to revival issue that can be found in this novel. Then the researcher is interested to observe this novel based on the contribution of love to revival. And the research is used Sociological Perspective theory.
4. CONCLUSION

Firstly, the researcher described the expression of love by dividing into sub-ba chapters. Then, the researcher explained the indicators of love, love depiction by the family, friends, and boyfriend of the main character also the reason why the author adress love in her novel based on the data. There are four indicators of love that make the main character revival. They are care, understanding, respect, and responsibility. Those indicators are important for them in order to make the main character to revival. The family, friend, and boyfriend of Mia loves Mia so much, so they wanted to do the best for Mia in order to made Mia revival. The indicators of love are also needed in their relationship in order to relize their happiness.

Secondly, the researcher also described the depiction of love in that novel by dividing into sub-bab chapters and explained those depiction based on analyzed. The depiction which showed by the character, that there are Dying Character, Dying Character is the character that experienced comma which finally revival. Then, Hoping Character Recovery, the character that loves Mia and with their love it can make Mia revival. The next character is Caretaking Recovery, the character that take care of Mia in the hospital. Setting, setting is the important thing in the story. In this novel that depiction of love take place in Oregon and Intensive Care Unit. Events, that there are accident, hospitalized, visited, coma, and recovery. And then, Style, style describes how the author describes events, objects, and ideas. In figurative that there are simile, hyperbole, personification, and metaphor in that novel. Then, there are Symbol, the researcher found Cello as the symbol because of Mia’s cello can also be used to create harmony in her life, rather than dissonance.

Thirdly, the researcher also described the reason why the author adress love in her novel. Because of she believes that love is important thing that can make other people spirit.
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