

CHAPTER I

INTRODUCTION

A. Background of the Study

According to Rees (1973) there are two definitions of literature (literature); literature in a broad sense (literature in the broad sense) and literature in a special or narrow sense (literature in the narrow sense). Literature in the broadest sense is all forms of writing such as schedules, catalogs, textbooks, travel brochures, etc. The manual for using electronic devices is also a form of literature in general. Literature in the narrow sense is all writing which expresses ideas, emotions, feelings, and behaviors in life.

Generally, the meaning of literature in modern English is everything which is written down or the using of language in written form. According to Collins English Dictionary, “Literature is written material such as poetry, novels, essays, etc especially works of imagination characterized by excellence of style and expression and by themes of general and enduring interest.”

Literary works such as drama, poem, and novel are more interesting to be read than technical books or textbooks, because they give pleasure to the readers. Kennedy (1983) states that, “Among the forms of imaginative literature in our language, novel has long been the favorite of both writers and readers. For more than two hundred years, only the lyric of poem which has been able to compete the novel in attracting outstanding practitioners”.

Life and literature are closely related because literature takes a big part in life of human being in the world. Literature is not only a reflection of our lives but also a critique and vital part of our lives.

Literature is divided into four genres. Those are poetry, fiction prose, non-fiction prose, and drama. The main differences about these genres are the purpose and how the words are used. In poetry, we form words into lines and stanzas. It is a product of literature which uses figurative language. Then, fiction will produce some literatures such as myth, novel, short stories, and romance. Whereas non-fiction can produce historical or biographical work, essay, textbook, etc. The last is drama which is consisted of many dialogues to be performed.

There are many varieties of literary works, and one of those works is novel. Novel is a work of the imaginations which means that it can be categorized as the

product of fiction. A novel imitates a real life. It represents the real life having in it what we can believe are real people even though some novels have fantasy characters or non-real life happenings. The language which is used in a novel can be categorized as denotation. So, it makes the readers will get easy to understand.

Endraswara (2008:07) analyzes literature; especially novel as a manifestation of author's experiences as the wish fulfillment. In psychological aspect, literature is the product of author's mind subconsciously then it will be created in the form of sentences consciously called literature. In psychological phenomenology, literature and psychology cannot be separated. Literature reflects psychological phase of author. The author will get an identity of his literature through emotion which he controlled during the process of writing a novel. Emotion power which encourages the strong feeling is showed in the form of love, anxiety, and happiness. Emotion will be showed in the novel by the author in using and structuring sentences. In the other hand, the power of emotion will create the degree of reader's impression after reading novel.

Endraswara (2008:16) conveys "Every author or unconsciously will insert his psychological experience to the novel he created". In the case of a novel entitled *Fangirl*, was chosen by the researcher to be analyzed regarding to the main character's psychological.

The study analyzed the intrinsic elements such as themes and introvert personality in novel, because the introvert personality which is compared with psychological theory is an important element in novel.

Through characters in the story, the author can show the character's personality. It is stated by Wellek and Warren,

By "psychology of literature," we may mean the psychological study of the writer, as type and as individual, or the study of the creative process, or the study of the psychological types and laws present within works of literature, or, finally, the effects of literature upon its readers (audience psychology). (1949: 75).

As the psychological trait is shown in the characters, the reader will be able to understand more about the character's personality. Each character will have different personality according to his or her environment or social life. Therefore, the characters' personalities will be distinct with one another; and it will be shown through the characters' thoughts, behaviors, or emotions toward themselves or their social environments.

Fangirl novel tells about the main character's introvert personality. Fangirl is the second novel written by Rainbow Rowell. This novel is published in New York, 2013. This novel tells about two people who are identical twins. They are Cath and Wren and until recently they did everything together. Cath has an introvert personality and Wren has an extrovert personality. Introvert is often similar to someone who is shy. They mainly focused on their own internal world and can be quiet oblivious to what is going on around them. Because of their circumspection, introverts can be slow to develop relationships. When they do the relationship, it will be strong one which often endures for the rest of their lives. Cath Avery as the main character was having some difficulties against her life in the university because of her introvert personality. As an introvert, she experienced some conflicts within herself. The Cath's way of struggles in facing those difficulties shows her introvert personality. From this point, the Cath's introvert personality will be the main focus in the novel analysis in this research.

After reading this novel, the researcher will analyze the Cath Avery's introvert personality. The researcher found that Cath was a young adult who liked Simon Snow novel series. She bought merchandises which were related to Simon Snow like posters and clothes. She even wrote fanfiction about Simon Snow. When the first time Cath and her twin sister (Wren Avery) went to the college, she wanted Wren as her roommate in the dorm, but Wren refused because she wanted to have new atmosphere and new friends. At the beginning, Cath also refused when Wren suggested a 'separate room', because she had already felt more comfortable when she was with Wren. She thought that it would be easier to talk about Simon Snow with her twin sister. Unfortunately, Wren already found her new roommate. In the end, Cath had to accept Reagan as her roommate which seemed really mean and sarcastic almost all the time.

In this novel, Rainbow Rowell was trying to tell how she saw the real world in a teen fiction story. Rowell was trying to introduce the reader into the "characteristic of Cath" and her introvert personality. Rainbow Rowell explained about the Cath's character with introvert personality. In the first chapter of this novel, Cath's character is described as a Cath liked to be alone. When other students spent most of their time by having a party, Cath chose to write fanfiction about Simon Snow. Surprisingly, her fanfiction got thousands of fans. Because of her interest in writing, Cath decided to join the Fiction-Writing class. She met Nick, her writing partner in this class. Unbeknownst to her, Nick was using her ability to help him in writing his writing assignment.

In this research, the researcher focuses on the Cath's character. Cath's character is described in introverted personality. The researcher also sees the influencing factors of Cath's introvert personality. This introverted character could be seen from the dialogues in the novel. The researcher tends to analyze the introverted personality which is experienced by the main character Cath Avery in *Fangirl* Novel by Rainbow Rowell. It can be the benefit for the readers in understanding introverted personality by comparing with the psychological theory. Besides, this novel is interesting to be analyzed, because the genre of this novel is fantasy.

This research uses the psychological theory. The researcher observes the introvert personality of the main character named Cath Avery in *Fangirl* Novel by Rainbow Rowell. Psychological theory explains that people are driven not by inner forces, but by external factors. This model suggests that human functioning can be explained by a triadic interaction of behaviour, personal and environmental factors. Environmental factors represent situational influences and environment in which behaviour is performed while personal factors include instincts, drives, traits, and other individual motivational forces. Several constructs underlie the process of human learning and introvert personality (Bandura, A, 1986).

Considering the explanation above, the researcher limits the scope of this research in analyzing the main character's introvert personality in the novel. The researcher is interested to conduct the study by using a personality issue of Cath Avery as the main character in this novel and psychological theory as an approach. So, the study entitled **Introvert Personality of Teenager in Fangirl's Novel by Rainbow Rowell (2013): Psychological Perspective.**

B. Research Questions

Based on the explanation above, the researcher formulates the following questions to be analyzed:

1. How is Cath's character viewed from Jung's theory?
2. How is introvert reflected in Cath's personality?
3. How does Cath overcome her introvert personality?

C. Research Objectives

Based on the problem statements above, the objectives of this research are :

1. To describe how the Cath's character viewed from Carl Gustav Jung's theory.

2. To explain how the introvert reflected in Cath personality.
3. To explain how the Cath overcome her introvert personality

D. Benefit of the Study

The benefit of this study include the followings :

1. Theoritically

Theoretically, this research is expected to give a contribution in the literary field, particularly as a reference and additional input in discussing introvert personality. It can also be used as the appropriate references in conducting the further research with similar topic by using the psychological theory.

2. Practically

Practically, this research can be used to understand the content of the work, especially Cath's Character which is represented in the *Fangirl* story. Besides that, the kind of introvert personality and influencing factors in this novel can be seen in this research.

E. Limitation of the Study

In this research, the researcher tries to limit the discussion about Cath's introvert Personality on novel *Fangirl* by Rainbow Rowell (2013). The writer only discusses about introvert personality, Cath's character and the factors which influenced the introvert personality by using psychological theory.