

## DAFTAR PUSTAKA

- Adibatti, M. and Sangeetha (2014) 'Study on Variant Anatomy of Sciatic Nerve', *Journal of Clinical and Diagnostic Research*, 8(8), pp. 8–10. doi: 10.7860/JCDR/2014/9116.4725.
- Anbumani., Selvi A, T. and Ammal S, A. (2015) 'Sciatic Nerve and Its Variations: an Anatomical Study', *International Journal of Anatomy and Research*, 3(2), pp. 1121–1127. doi: 10.16965/ijar.2015.175.
- Berube, M. (2017) 'Physical Therapy For Low Back Pain With A Focus On McKenzie Method For Diagnosis And Treatment: A Case Report', *University of New England Dune:DigitalUNE*, 82. doi: 10.5958/0973-5674.2016.00018.6.
- Bo, G. H. and Park, S. H. (2012) 'Kinematic Analysis of Lumbar Spine Depending on Three McKenzie ' s Extension Exercises in Prone', *J. Phys. Ther*, 24(3), pp. 12–15.
- Buckup, K. (2008) *Clinical Tests for the Musculoskeletal System* © 2008 Thieme. 2nd edn. Edited by K. Buckup. Germany: Thieme.
- Cavagnaro, L. *et al.* (2014) 'Physiotherapies Lumbar Traction in the Management of Low Back Pain: A Survey of Latest Results', *Journal of novel physiotherapies*, 4(5). doi: 10.4172/2165-7025.1000231.
- Chaudhary, D. D., Ingale, N. and Nagulkar, K. (2018) 'I nternational J ournal of A llied M edical S ciences and C linical R esearch ( IJAMSCR ) Comparison of nerve flossing and conventional therapy with only conventional therapy for sciatica', *International Journal of Allied Medical Sciences and Clinical Research*, 6(2), pp. 269–276.
- Clarke, J. A. *et al.* (2010) 'Traction for low-back pain with or without sciatica Traction for low-back pain with or without sciatica ( Review )', *The Cochrane Collaboration*, (5). doi: 10.1002/14651858.CD003010.pub4.
- Deyo, R. A., Loeser, J. D. and Bigos, S. J. (2016) 'Herniated lumbar intervertebral disk', *The New England Journal of Medicine*, 374(1763), p. 72. doi: 10.7326/0003-4819-112-8-598.
- Durmus, D., Ulus, Y. and Alayli, G. (2014) 'Does microwave diathermy have an effect on clinical parameters in chronic low back pain? A randomized-controlled trial', *Journal of Back and Musculoskeletal Rehabilitation*, 27,

pp. 435–443. doi: 10.3233/BMR-140464.

- Elahi, F., Hitchon, P. and Reddy, C. G. (2014) ‘Acute Sciatic Neuritis following Lumbar Laminectomy’, *Hindawi*, 2014, pp. 1–3. doi: 10.1155/2014/404386.
- Emary, P. C. (2015) ‘Evidence-based prognostication in a case of sciatica.’, *The Journal of the Canadian Chiropractic Association*, 59(1), pp. 24–9. Available at: <http://www.ncbi.nlm.nih.gov/pubmed/25729082> <http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=PMC4319450>.
- Embaby, H. *et al.* (2018) ‘Effect of Acupuncture TENS on Sciatic pain During Pregnancy’, *International Journal of ChemTech Research*, 11(No. 07), pp. 226–234. doi: 10.20902/ijctr.2018.110727.
- Fergus J and John P (2016) ‘An Unusual Presentation of Right-Sided Sciatica with Foot Drop’, *Hindawi*, 2016, pp. 1–3. doi: 10.1155/2016/9024368.
- Giuffre BA, J. R. (2018) *Anatomy, Sciatic Nerve, StatPearls*. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK482431/>.
- Gore, S. and Nadkarni, S. (2014) ‘Sciatica : Detection and Confirmation by New Method’, *International Journal of Spine Surgery*. *International Journal of Spine Surgery*, 8, p. 15. doi: 10.14444/1015.
- Herawati, I. and Wahyuni (2017) *Pemeriksaan Fisioterapi*. Surakarta: Muhammadiyah University Press.
- Karimi, N., Akbarov, P. and Rahnema, L. (2017) ‘Effects of segmental traction therapy on lumbar disc herniation in patients with acute low back pain measured by magnetic resonance imaging: A single arm clinical trial’, *Journal of Back and Musculoskeletal Rehabilitation*, 30(2), pp. 247–253. doi: 10.3233/BMR-160741.
- Kumar, M. *et al.* (2011) ‘Epidemiology , Pathophysiology and Symptomatic Treatment of Sciatica : A Review’, *International Journal of Pharmaceutical & Biological Archives*, 2(4), pp. 1050–1061.
- Lee, R. Y. W. and Evans, J. H. (2001) ‘Loads in the lumbar spine during traction therapy’, *Australian Journal of Physiotherapy*, 47. doi: 10.1016/S0004-9514(14)60301-9.
- Machado, L. A. C. *et al.* (2010) ‘The effectiveness of the McKenzie method in addition to first-line care for acute low back pain : a randomized controlled trial’, *BMC Medicine*, 8(10). doi: 10.1186/1741-7015-8-10.

- Manalu, N. V. (2016) 'Penatalaksanaan Pemeriksaan Fisik Oleh Perawat Rumah Sakit Advent Bandar Lampung', *Jurnal Skolastik Keperawatan*, 2(1), pp. 13–19.
- Meulen, B. C. T. *et al.* (2017) 'Treatment of acute sciatica with transforaminal epidural corticosteroids and local anesthetic: Design of a randomized controlled trial', *BMC Musculoskeletal Disorders*. *BMC Musculoskeletal Disorders*, 18(1), pp. 1–8. doi: 10.1186/s12891-017-1571-8.
- Movaghar, V. R. *et al.* (2011) 'Discogenic Sciatica : Epidemiology , Etiology , Diagnosis , and Management', (April).
- National Institute for Health and care excellence (2016) *Low back pain and sciatica-management*. National Institute for Health and care excellence. Available at: nice.org.uk.
- Novitasari, A., Ridlo, S. and Kristina, T. N. (2017) 'Instrumen Penilaian Diri Kompetensi Klinis Mahasiswa Kedokteran', *Journal of educational research and evaluation*, 6(1), pp. 81–89.
- Oliveira, I. O. de *et al.* (2016) 'McKenzie method for low back pain', *Sociedade Brasileira para o estudo da dor*, 17(4), pp. 303–306. doi: 10.5935/1806-0013.20160094.
- Ortega, J. A. A. *et al.* (2013) 'Microwave Diathermy for Treating Nonspecific Chronic Neck Pain . A Microwave diathermy for treating nonspecific chronic neck pain : a randomized controlled trial n Fern', *The Spine Journal*, 14, pp. 1712–1721. doi: 10.1016/j.spinee.2013.10.025.
- Robertson, V. J., Ward, A. R. and Jung, P. (2005) 'The Effect of Heat on Tissue Extensibility : A Comparison of Deep and Superficial Heating', *Archives of Physical Medicine and Rehabilitation*, 86(4), pp. 819–825. doi: 10.1016/j.apmr.2004.07.353.
- Ropper, Allan H and Zafonte, R. D. (2010) 'Sciatica', *Best Practice and Research: Clinical Rheumatology*, 24(2), pp. 241–252. doi: 10.1016/j.berh.2009.11.005.
- Ryan, B. (2013) 'Leg Pain ( Sciatica )', *The Iowa Clinic Spine center*, pp. 1–2.
- Sanal, H. T. (2016) 'Sciatic nerve: Beyond the sacral foramen', *Diagnostic and Interventional Radiology*, 22(6), pp. 574–579. doi: 10.5152/dir.2016.16068.
- Saunders, H. D. (1979) 'Lumbar Traction', *Journal of Orthopaedic & Sports Physical Therapy*, 1(1), pp. 36–45. doi: 10.2519/jospt.1979.1.1.36.

- Sousaa, N. T. A. De *et al.* (2017) 'Brazilian Journal of', *Brazilian Journal of Physical Therapy*. Associação Brasileira de Pesquisa e Pós-Graduação em Fisioterapia, p. 11. doi: 10.1016/j.bjpt.2017.03.008.
- Umesh, S. and Suhendra, S. (2017) 'Lasègue ' s Sign', *Journal of Clinical and Diagnosistic Research*, 11(5), pp. 10–11. doi: 10.7860/JCDR/2017/24899.9794.
- Venugopal *et al.* (2014) 'Scholars Journal of Medical Case Reports ISSN 2347-9507 (Print) Sciatica Reporting in Patients with Low Back Pain: A Rare Case Report in Tertiary Care Teaching Hospital', *Scholars Journal of Medical Case Reports*, 2(3), pp. 176–178.
- Vialle, L. R. *et al.* (2010) 'Lumbar Disc Herniation', *Brasiliera de Ortopedia*. © Sociedade Brasileira de Ortopedia e Traumatologia. All rights reserved., 45(1), pp. 17–22. doi: 10.1007/s12178-017-9441-4.
- Wegner, I. *et al.* (2013) 'Traction for low-back pain with or without sciatica (Cochrane review) [with consumer summary]', *Cochrane Library*, (8). doi: 10.1002/14651858.CD003010.pub5.www.cochranelibrary.com.
- Williams, L. and Wilkins (2011) 'Sciatica', *Nursing2011*, p. 38555.
- Wittenwiler, S. *et al.* (2018) 'Thermal Therapy in Patients Suffering from Non-Specific Chronic Low Back Pain — A Systematic Review', *International Journal of Clinical Medicine*, 9, pp. 294–314. doi: 10.4236/ijcm.2018.94026.
- World Health Organization (2001) *International classification of functioning, disability and health*. 2nd edn. Geneva: World Health Organization.
- Yamin, F. *et al.* (2016) 'To compare the effectiveness of mckenzie exercises v/s general conditioning exercises in low back pain.', *Indian Journal Physiotherapy Occup Therapy*, 10(1), pp. 82–86. doi: 10.5958/0973-5674.2016.00018.6.