STRUGGLE FOR GETTING FREEDOM IN FRANK DARABONT'S THE SHAWSHANK REDEMPTION MOVIE:
AN INDIVIDUAL PSYCHOLOGICAL APPROACH

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A. Background of the Study

World is filled with many things that always make human’s life up. Joy and pain come and go. Those condition must be considered by the people to decide the best thing to make them survive. Each people brings his own destiny. So that they need some efforts to survive and it is not only stick around for dreaming the next destiny.

Men needs some supports to live in the next destiny. Here, environment, society, should be combined with hope, effort and belief to chase the next destiny or future. The man must be strong and has his own defence in life. Some do the right way to achieve it but some do not. Sometime they use themselves or collaborate with the other to gain the destination. The people ought to understand in what way they concern with. Although, they cannot resist the competition with the other.

The competition of the people can be better in their lives and it is able to motivate them to sacrifice. They must have willingness to support to gain the destination. The man who has strong desire to achieve the goal in his life must be followed by good relation and leadership, so that they can gain the destination.

People have different destiny but they have a desire in their own social community. They must fight to get what they want. People gather in such
society to hold a nation. The people’s sacrifice is needed to strengthen the nation. Freedom is the key of nation to be alive. The struggle for freedom needs the strong behavior and good strategy of people. So, everything that can be achieved as one goal which is called the freedom. So it means that struggle for freedom is decided by willingness, personalities, desire and behavior. Those phenomena are the object of psychological studies that represent the reality of life.

Psychology has the same object of the study as literature does. It is seen from the definition of literature as a permanent writing, which expresses and communicates thoughts, feeling and attitudes toward life and the world. Shortly, both psychology and literature study human being’s life with its problems in their life (William, 1965: 24)

Based on understanding above, the writer will intend to conduct a study on psychological aspect of the main character in the movie of *The Shawshank Redemption*. It is directed by Frank Darabont which was first released in September 24, 1994 in USA. It has 142 minutes in running time. Frank Darabont was born on January, 28th 1959 in Montbeliard, France. He was successful in directing adventure movies such as *Buried Alive* (1990), *The Shawshank Redemption* (1994), *The Green Mile* (1999). *The Majestic* (2001), and *The Mist* (2007)

This movie’s setting is in Shawshank State Prison in Maine in 1946. Andy Dufrane is a simple man; banker, husband, and man of spirits and hopes. Because of wrongly convicted of killing his own wife, he is sentenced to a long
term of imprisonment in shawshank prison. When the first arrives on day one at the prison, the inmates are betting on who will crack first among the “fresh meat” to arrive at the prison. Someone always cracks. A man that could get him anything in prison. named Red gambled that Andy would break down first. Andy did not crack that day though, in fact he didn’t even mutter a peep. Instead another new inmate “fat ass” as he is euphemistically called cracks and weeps like a baby. The guards shut him up with force, and he never does cry or moan anymore after that.

In a place like shawshank, hope is a dangerous thing for many. But to Andy’s hope never dies as even in prison. No place could ever get the best of him. With a really small hammer used by rock collectors, he inches his way to freedom night by night over a period of decades. He disguises the hole he is making in the wall with a big poster of Rita Hayworth. Everyday he disperses the pieces of the wall he chipped away on the gound outside. He hides his hammer in a bible. A bible is the prison’s warden holds and reads from on one occasion. Even the poster that conceals his escape route is commented on by the warden.

In time he becomes a valuable asset to the warden as he launders money from all his illegal activies. Andy’s skills are such that the prison baseball season is aligned with tax season so that Andy can do the taxes of guards from around the state. In the end after many years of work and sweat Andy crawls his way to freedom through a sewage pipe. He uses his knowledge of the banking industry and the tax system to recreate his identity.
He claims all the money that he loundered for the warden in various accounts, frames the warden for his misdeeds, and heads overseas. The warden kills himself rather than face prison, and the guards that tortured him in prison are arrested. Andy is a free spirit, as free as a bird and even prison could not keep him caged for long.

At the end of the film Red, one of Andy’s friends from prison, is released on parole. He has a duty to report every week on free. A note is left for Red which leads him to Andy’s location and his boat. The Shawshank Redemption illustrates the unbendable human spirit. Even a wrongful imprisonment, a corrupt warden and enemies within Shawshank cannot get the best of Andy Dufrane or any man as long as hope never dies.

Based on the case above, the writer is interested in analyzing the major character, Andy Dufrane, because he has a very important role in the plot, and gives information about psychological phenomenon. It is seen from the way of the main character struggle, a person who wants to get his country freedom. The writer will give the title of this research STRUGGLE FOR GETTING FREEDOM IN FRANK DARABONT’S THE SHAWSHANK REDEMPTION MOVIE: AN INDIVIDUAL PSYCHOLOGICAL APPROACH.
B. Literature Review

Among the library of university in Central Java there are many researchers who have analyzed the movie by using Individual Psychology approach. The first researcher was Dwi Purwaningrum in 2001, in this opportunity the researcher desides to conduct a research on the major character’s way on struggle for Americans try to change their lives just like their dreams. Their aim makes them become a good man, wealthy and good appearence. In her problem focused on how a struggle for love is reflected in F.S Fitzgerald’s *The Great Gatsby*. Her title is “A Struggle for Love in F. Scoot Fitzegerarld’s *The Great Gatsby*: An Individual Psychology Approach”.

The second research is Raindri Wibowo, in 2007, his investigated how the major character copes with this optimism in his personality in the struggle for life. The story about Sidney Seldon tries to illustrate the major character in coping with his optimism personality in his struggle for life. He focused on one of the major characters in the novel, Julia Stanford. His title is “The Optimism Of Julia Stanford In Sydney Sheldon’s *Morning, Noon and Night*: An individual Psychology Approach”. They investigate about the major character within the object.

The difference of both researchers above is that the first concerns on the way the major character solve his trouble and the second concerns on solving his trouble journey of his soul. In this occasion, the researcher will take the individual psychological approach to reveal the struggle for getting freedom in *The Shawshank Redemption* movie.
C. Problem Statement

The major problem of the study is how the struggle for getting freedom is reflected in *The Shawshank Redemption* movie.

D. Limitation of the Study

This study is limited to the struggle for getting freedom of human right Andy Dufrane and how the struggle influences his psychological development in Frank Darabont’s *The Shawshank redemption* movie. This study uses individual psychology perspective. It is as a means of analysis with consideration that Andy Dufrane's psychological development is influenced by the struggle for getting freedom.

E. Objective of the Study

This research paper divided into two, they are:

1. To analyze the structural element.
2. To analyze the film

F. Benefit of the Study

The result of the study is highly expected to give benefit as follow:

1. Theoretical Benefit

This study is expected to give a high contribution to the body of knowledge, particularly to those who are interested in Frank Darabont’s *The Shawshank Redemption* movie.
2. Practical Benefit

This study is expected to give deeper understanding about the movie of Frank Darabont’s *The Shawshank Redemption* from Psychological perspective.

G. Research Method

In this research, the writer analyzes the Frank Darabont’s *The Shawshank Redemption* movie. There will be five points that should be taken into account in this research method:

1. Object of the Study

The writer takes *The Shawshank Redemption* movie as the object of the study. The movie is directed by Frank Darabont released in September, 23 1994.

2. Type of the Study

This research applies qualitative research.

3. Type of the Data and the Data Resource

In doing this study, the writer uses two sources of the data, they are: primary data source and secondary data source.

a. Primary Data Source

The primary data source is the film itself *The Shawshank Redemption* by Frank Darabont. The data are taken from the dialogue, scene, setting and all of the statement related to the problem.
b. Secondary Data Source

The secondary data source is taken from other sources, which relates to the primary data such as website about the film, book, journal and another data related to this research.

4. Technique the Data Collection

a. Observation

The data will be taken by watching the movie of *Shawshank Redemption* in order to understand about the movie.

b. Library Research

The data will be collected from the books that relate to the topic.

5. Technique of the Data Analysis

The writer uses two techniques in analyzing the data. They are as follows:

a. Analyzing the structural element of the movie, and

b. Analyzing the struggle for freedom of the main character using descriptive analyzing based on underlying theories.

H. Research Paper Organization

This paper is divided into five chapters. The first chapter is introduction, covering the background of the study, literature review, problem statement, objective of the study, theoretical approach, and research method and paper organization. The second chapter deals with underlying theory, including the notion of individual psychology and basic assumption of
individual psychology, structural of the film and theoretical application. The third chapter is the structural analysis of the film, including narrative and technical elements. The fourth chapter is dealing with analysis individual psychology. And the last chapter is conclusion and suggestion.