

**TRIS' INDIVIDUATION PROCESS AS DIVERGENT SEEN
FROM JUNGIAN'S THEORY REFLECTED IN DIVERGENT**



**Submitted as a Particular Fulfillment of the Requirements for getting
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APPROVAL

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JUNGAN'S THEORY REFLECTED *DIVERGENT***

PUBLICATION ARTICLE

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TRIS' INDIVIDUATION PROCESS AS DIVERGENT SEEN FROM JUNGIAN'S THEORY REFLECTED *DIVERGENT* NOVEL

Abstrak

Penelitian ini bertujuan untuk mengungkapkan proses individuasi Tris, karakter utama dalam novel *Divergent* Veronica Roth. Objek penelitian dari penelitian ini adalah untuk menganalisis novel berdasarkan aspek ekstrinsik menggunakan pendekatan psikologis individu. Penulis menganalisis bagaimana Tris menemukan dirinya yang sebenarnya terkait dengan teori Carl Jung tentang proses individualisasi diri. Ada empat jenis *archetypes* untuk mengakui proses individualisasi diri. Penelitian ini merupakan penelitian kualitatif. Jenis data penelitian adalah teks yang diambil dari dua sumber data: primer dan sekunder. Sumber data primer diambil dari novel *Divergent* yang ditulis oleh Veronica Roth pada tahun 2011. Sedangkan sumber data sekunder adalah bahan lain yang diambil dari buku-buku sastra, kritikal, esai, artikel, jurnal dan internet yang terkait dengan penelitian. Kedua data dikumpulkan melalui penelitian pustaka dan dianalisis dengan analisis deskriptif. Hasil dari penelitian ini dapat diambil kesimpulan berikut berdasarkan pendekatan psikologis individu bahwa novel ini mengatakan bahwa karakter utama, Tris memiliki identitas yang berbeda Dia *divergent*. *Divergent* tidak bisa masuk dalam faksi apa pun. Fokus dari penelitian ini adalah karakter utama dalam novel ini. Tujuan dari penelitian ini adalah untuk mengetahui bagaimana Tris mencapai suatu proses individuasi yang terkubur dalam pikiran bawah sadarnya dimana ketidaksadaran berada. Untuk mencapai individuasi, Tris harus mengungkap *archetypes* yang terkubur di dalam dirinya dan menerimanya sebagai bagian dari kepribadiannya.

Kata kunci : *counscious and unconscious, divergent, faksi, individual psychological, proses individuasi.*

Abstract

The study is aimed to reveal the individuation process of Tris, the main character in Veronica Roth's *Divergent*. The object of the study of this research is to analyze the novel based on extrinsic aspects using psychological approach. The writer analyses how the main character named Beatrice Prior or known as Tris finds her true self related to Carl Jung theory about self individuation process. There are four kinds of archetypes in order to acknowledge the self individuation process. This research is qualitative research. Type of data of the study is text taken from two data sources: primary and secondary. The primary data source is taken from the novel *Divergent* written by Veronica Roth in 2011. While the secondary data sources are other materials taken from literary books, criticism, essays, articles, journal and internet related to the study. Both data are collected through library research and analyzed by descriptive analysis. The outcome of the study shows the following conclusions based on psychological approach the novel tells that the major character, Tris has different personal identity she is *divergent*. *Divergent* cannot fit in any factions. The focus of this research is the main character in this novel. The purpose of this study is to find out how Tris achieves

a process of individuation that is buried within her unconscious mind where the collective unconscious lies. To achieve individuation, Tris must reveal the archetypes that are buried within her and accept it as part of her personality.

Keywords: conscious and unconscious, divergent, faction, individual psychological, individuation process.

1. INTRODUCTION

Divergent is the debut novel of American novelist Veronica Roth, published by Harper Collins Children's Books in 2011. The novel is the first of the *Divergent trilogy*, the second novel is *Insurgent* and the third is *Allegiant*. The novel *Divergent* features a post-apocalyptic version of Chicago. This novel tells about the main character named Beatrice Prior or known as Tris. Tris explores her identity within a society that defines its citizen by their social and personality-related affiliation with five factions. She does not fit in to any of the factions, she is different. She is forced to live a life she does not want. She wants to find her identity, so she leaves her family and ventures out alone. However, she finds herself in a brutal new life where she can not trust nobody.

Since an early age, Tris was shown to have act with a blend of curiosity and selfishness, obviously does not make sense that she is as an Abnegation. Her divergence allows her brain to act with traits from three of the five factions, authentically proven through her Aptitude Tests when it showed her being equally Abnegation, Dauntless and Erudite. Tris Prior makes a choice that surprises everyone. She takes the risk to follow her passion, although she is different and have no factions that fit to her. But Tris has to keep her secret that she is a divergent, which means she does not fit to any group. If anyone knew, it would mean a certain death.

The writer chooses the novel because several reasons. First, is the novel has inspirational story. It can be analyzed based on the experience of the character in the novel. Tris is extremely brave and like to reveal the truth. After reading the novel, the readers are able to get moral message such we must be brave and not doubt if we are in right way. The second, *Divergent* is a simple novel. It means everyone can learn about the message in the novel. *Divergent* becomes the new

story that gives inspiration to people. This novel serves a simple story that will give the people new paradigm about brave and pure skill in his self. The third, this novel is suitable with the theory that is used by the writer. The emotional or psychological of the major character in this novel is unique. Someone is able to change his paradigm about something and try to find her personal identity. It also relates to the psychological side of the human.

2. METHOD

In analyzing Veronica Roth's *Divergent* (2011), the researcher uses qualitative research. Then, the type of the data and the data source are divided into two. Firstly, primary data source that is called as the main data obtained from all the words, phrases and sentences in the novel itself, Veronica Roth *Divergent*. Secondly, secondary Data Source, it is the supporting data taken from literary books, criticism, essays, articles, and journal and also taken from the internet or the other sources related to the theory. The steps in conducting the research are as follows, (1) determining the type of the study, (2) determining the objective of the study, (3) determining data and data source, (4) determining technique of data collection, and finally (5) determining technique of data analysis. The last is technique, technique used in analyzing the data is descriptive analysis. Firstly, the data are collected by reading and observing the novel as the primary data repeatedly and carefully to get a deep comprehension of the issue. Second, the researcher will take a note from the primary data of important information which are analyzed in this research. Thirdly, the researcher will analyze all of data using selected approach. And finally, the conclusion is drawn.

3. FINDINGS AND DISCUSSION

3.1 Individuation Process

Individuation process is the process that must be encountered by everyone. In order to successfully manage to the individuation process, one must face a very long process in his entire life. Therefore, the researcher will analyze if the main character of the novel has successfully experienced the individuation process. The

key of success in this process is to recognize all the complex and archetypes that help the process of individuation process. There are main archetypes that will be analyzed through the main character, they are “Persona”, “Shadow”, “Anima or Animus” and “Self”.

3.1.1 Persona

Jung believes that each person has persona. Persona is often symbolized as ‘mask’ covering our face. Therefore, people will not see our true self unless they let go the mask. This theory proposed by Carl Gustav Jung is experienced by Tris as the main character of this novel.

This persona actually begins when Tori tells Tris that she has unclear aptitude test. Tori knows that Tris is a divergent. In fact, Tris has to keep this secret from anyone that she is a divergent. Tori tells that she will input the result to the system as Abnegation. That is the beginning Tris hides her true identity from everyone. It can be said that she accepts the ‘challenge’ to keep her secret, though she knows divergent is dangerous for government. The conversation between Tris and Tori is depicted by the dialogue in chapter 3 page 16 :

“So you have no idea what my aptitude is?”

“Yes and no. My conclusion,” she explains, “is that you display equal aptitude for Abnegation, Dauntless, and Erudite. People who get this kind of result are...” She looks over her shoulder like she expects someone to appear behind her. “...are called... Divergent....”

“Beatrice,” she says, “under no circumstances should you share that information with anyone. This is very important.”

*“No.” Tori kneels next to the chair now and places her arms on the armrest. Our faces are inches apart. **“This is different. I don’t mean you shouldn’t share them now; I mean you should never share them with anyone, ever, no matter what happens. Divergence is extremely dangerous. You understand?”....** (2011:16)*

3.1.2 Shadow

As stated in the theory previously that shadow is the dark side of human being. It is all those uncivilized desires and emotions that are compatible with social standards and our ideal personality; all that we are ashamed of, all that we do not want to know about ourselves. In this novel, it can be seen clearly that shadow is reflected indeed on Tris as the main character. The story continues reflecting how

shadow influences her character and life.

The shadow mechanism firstly is shown in page 45. Eventually, the shadow mechanism is developing as Tris starts to metamorphose leaving her true personality. After she changes to selfish girl, she is going to ignore weak people around her during the initiation although her heart still hard to ignore them. In page 45, her close friend in Dauntless, Christina, which is failed doing an initiation and get punished by Eric. Then, Tris just sees her close friend punished and no help from Tris. This reaction of main character symbolizes the appearing of the figure of her shadow.

***If I help her, Eric would make my fate the same as hers. Will I let her fall to her death, or will I resign myself to being factionless? What's worse: to be idle while someone dies, or to be exiled and empty-handed?
My parents would have no problem answering that question.
But I am not my parents... (2011:45)***

3.1.3 Anima and Animus

Since the main character of *Divergent* is a woman then it can be said that she has men's soul according to Jung's theory. Jung believes that all humans are psychologically bisexual and have both masculine and feminine sides (Feist and Feist, 2008: 107). The masculine side of a woman is called the animus. The animus represents for thinking and reasoning. It is capable of influencing the thinking of a woman. On the other words, she has "animus" mechanism on herself. Jung believes that unconsciously there are some male elements which exist on female. We can see from the main character, Tris somehow acts like a man along with male's characteristic.

Some evidences are shown from some scenes that Tris is very determinant, competitive and working hard. In a scene, when Tris just join to Dauntless and they are new taught to be brave by done some dangerous activities, such as jump from the train to the roof. Then they have to jump from the roof to a dark hole. No one is brave enough to be first jumper when Dauntless leader asked them. Tris with her innocence rises her hand and willing to be first jumper. Tris is called Stiff because she is from Abnegation and everyone shocked when Stiff can

be a first jumper, it implies that Tris is a work harder kind of person and brave enough.

I am proud. It will get me into trouble someday, but today it makes me brave. I walk toward the ledge and hear snickers behind me. Max steps aside, leaving my way clear. I walk up to the edge and look down. Wind whips through my clothes, making the fabric snap. The building I'm on forms one side of a square with three other buildings. In the center of the square is a huge hole in the concrete. I can't see what's at the bottom of it...

I don't think. I just bend my knees and jump...
(2011:27)

3.1.4 Self

After recognizing all the archetypes above, Self is the archetype which becomes the center of the unconsciousness. It appears in a dream in various symbols. In this novel, the main character experienced some unconsciousness that appears in a dream. This prove in page 52, Tris is afraid that her identity will reveal, because Peter and some people start to suspect her from her result of simulation. Tris can finish her simulation just in three minutes while others more than 15 minutes. This fear is simulate her unconsciousness and appear as a dream. She dreams Peter tied her and punched her, he forces Tris to admit that she is a divergent.

I dreamt that Peter tied me to a chair and asked me if I was Divergent. I answered no, and he punched me until I said yes. I woke up with wet cheeks... (2011: 52)

Jung believes that every person's development leads to this process. Individuation Process talks about how human bring consciousness and unconsciousness part all together. It can be inferred that it is every one's struggle to bring ego as the center of consciousness to the unconsciousness. Human bring consciousness and unconsciousness part all together. It can be inferred that it is every one's struggle to bring ego as the center of consciousness to the unconsciousness (Self). In that case proves that individuation process that stated by Carl Jung is experienced by the main character. Hence, it can be concluded that Tris can manage the process of individuation successfully. It is because she can recognize all of her archetypes well.

3.2 Discussion

Based on the findings above, researcher found out that the entire lives of the citizens in *Divergent* are determined by what faction they are in. The only freedom they are granted is the ability to choose their faction freely, but their decisions are heavily influenced by the faction they grew up in. There is little social mobility, a person's life follows one of the predetermined roles in their respective faction. Amity is farmers and counselors, Erudite is teachers, Abnegation runs the government, Candor handle the law, and Dauntless are in charge of the city's security.

Individuation process is an important part of many areas of study in psychology, but it also constitutes a distinct field on its own. Simply put, Individuation is the process in which the individual self develops out of an undifferentiated unconscious seen as a developmental psychic process during which innate elements of personality, the components of the immature psyche, and the experiences of the person's life become.

Although factions are often based on gender, religion, or race and ethnicity, the present entry focuses largely on socioeconomic inequalities, for the most part leaving other forms of social inequality to other entries. In this regard, social stratification and individuation process are found in every society, including in this novel even if it takes on slightly different forms.

4. CONCLUSION

Psychologist Carl Jung described individuation is the process by which the personal and collective unconscious are brought into consciousness to reveal one's whole personality. In short, it is the process of becoming self-actualized. According to Jungian psychology, individuation is a process of psychological integration. In general, it is the process by which individual beings are formed and differentiated from other human being. In particular, it is the development of the psychological individual as a being distinct from the general, collective psychology.

Based on individual psychological approach, *Divergent* novel represents

Beatrice Prior or Tris who is explore her identity within a society that defines its citizens by their social and personality related affiliation with five different factions. It refers to the application of the individual process theory proposed by Carl Jung. The theory consists of four basic principles of individual process, those are Persona, Shadow, Self, Anima and Animus.

This research finds that Tris in *Divergent* novel must go through several stages to finally reach self-realization. Tris is born in Abnegation. She must act in accordance to what is dictated by society. She must behave in a certain way. Through the process, she reveals her archetypes to become the whole self. Through her unconscious she reveal some evidences about her divergence and makes her aware. She is aware of her own self which leads to her individuation and it makes her personality develops through the process. She is able to assimilate her unconscious into her total personality.

Hence, it can be concluded that Tris does manage the process of individuation process successfully. It is because she can recognize all of her archetypes well. Therefore, it is concluded that a healthy personality must acknowledge the unity of the ego (consciousness) and the Self (unconsciousness).

The research entitle Tris' Individuation Process as Divergent Seen From Jungian's Theory Reflected in Veronica Roth's *Divergent* by Using Psychological Approach certainly provide implication to:

For students of Muhammadiyah University of Surakarta who have interest in studying literature, this study can be used as references in order to enrich knowledge and improve the understanding of the theory of literature especially psychology of literature approach and can help the students to find back the meaning of individuation process.

The researcher expects that all people correlated with education could provide quality education specifically a meaningful learning process for all students and especially in the learning of individuation process by maximizing all new findings of educational researches and always stand their ground to develop the research of psychology approach.

For all the reader, by doing this research, researcher hopes that can increase readers' appreciation to the literature. Besides that, this study should inspire for the next researcher who has interest in examining Divergent Novel written by Veronica Roth. Moreover, this study can be a reference for the next researcher who will analyze literature by using psychology of literature approach.

For educator, especially for literature educator, the researcher hopes that this research can be use as material for teaching and learning literature both from primary and secondary level, even higher level.

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