

DAFTAR PUSTAKA

- Herawati, I., & Wahyuni. (2017). *Pemeriksaan Fisioterapi*. Surakarta: Muhammadiyah University Press.
- Ikawati, Zullies. (2016). Penatalaksanaan terapi penyakit sistem peernafasan. Yogyakarta: Bursa Imu karangkajen.
- Khotimah, S. (2014). *Modul Dasar Assesment Fisioterapi Kardiopulmonal*. Stikes Aisyah Yogyakarta.Yogyakarta.
- Alfajri, Akhmad. (2014). Efektifitas dari Tindakan Chest Physiotherapy pada Individu. *Efektifitas Dari Tindakan Chest Physiotherapy Pada Individu Dengan Gangguan Faal Paru*.
- Bruton, A. (2014b). Key points • •. *Breathing Exercise for Asthma*, 10(4), 316.
- Decramer, Vestbo, ed all. 2015. *Global Strategy for Diagnosis, Management and Prevention of Chronic Obstructive Pulmonary Disease*. Global Initiative for Chronic Obstructive Lung Disease.
- Elloumi, M., Makni, E., Ounis, O. Ben, Moalla, W., Zbidi, A., Zaoueli, M., Tabka, Z. (2011). Six-minute walking test and the assessment of cardiorespiratory responses during weight-loss programmes in obese children. *Physiotherapy Research International*, 16(1), 32–42. <https://doi.org/10.1002/pri.470>
- Evangelodimou, A., Grammatopoulou, E., Skordilis, E., & Haniotou, A. (2015). The Effect of Diaphragmatic Breathing on Dyspnea and Exercise Tolerance During Exercise in COPD Patients. *Chest*, 148(4), 704A. <https://doi.org/10.1378/cheest.2277852>
- Global Initiative for Chronic Obstructive Lung Disease (GOLD). 2015. *Global Strategy for The Diagnosis, Management, And Prevention of Chronic Obstructive Pulmonary Disease*. MCR VISION, Inc.
- Khairunisa, Laksana, M. A., Berawi, Kedokteran, F., Lampung, U., Fisiologi, B., Kedokteran, F., & Lampung, U. (2015). Faktor – Faktor Yang Berpengaruh pada Timbulnya Kejadian Sesak Napas Penderita Asma Bronkial Factors - Factors Influencing the Incidence of Genesis Shortness of Breath Bronchial Asthma Sufferers.
- Kementerian Kesehatan Republik Indonesia, 2013, *Riset Kesehatan Dasar (RISKESDAS)*, Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI, Jakarta.
- Khotimah, S. (2017). Pengaruh Penambahan Pursed Lips Breathing Exercise Pada Static Cycle Intensitas Sedang Terhadap The Effect Of Adding Pursed Lips Breathing Exercise On Moderate Intensity Static Cycle Toward The Fitness

- Enhancement Of Chronic Obstructive Pulmonary Disease , 5(2), 96–102.
- Lee, H.-Y., Cheon, S.-H., & Yong, M.-S. (2017). Effect of diaphragm breathing exercise applied on the basis of overload principle. *Journal of Physical Therapy Science*, 29(6), 1054–1056. <https://doi.org/10.1589/jpts.29.1054>
- Mahmoud, H. E., El-din, S. B., Sadek, M., & Abd-el, L. (2017). Efficacy of Breathing Exercises on daily living activities of patients with Chronic Obstructive Pulmonary Disease, 45 48.<https://doi.org/10.15520/ijnd.2017.vol7.iss6.225>.
- Nim, S. (2016). Pengaruh Penambahan Pursed Lips Breathing Exercise Pada Static Cycle Intensitas Sedang Terhadap Program Studi S1 Fisioterapi Sekolah Tinggi Ilmu Kesehatan ‘ Aisyiyah Yogyakarta Pengaruh Penambahan Pursed Lips Breathing Exercise Pada Static Cycle Intensita, 1–14.
- Oemiat, R., & Et al. (2010). Faktor-faktor Yang Berhubungan Dengan Penyakit Asma di Indonesia, XX, 41–50.
- Prem, V., Sahoo, R. C., & Adhikari, P. (2013). Effect of diaphragmatic breathing exercise on quality of life in subjects with asthma: A systematic review. *Physiotherapy Theory and Practice*, 29(4), 271–277. <https://doi.org/10.3109/09593985.2012.731626>