

DAFTAR PUSTAKA

- Arismunandar, R. (2015). The Relations Between Obesity and Osteoarthritis Knee in Elderly Patients. *J Majority*, 4(5), 110–116.
- Asikin, M., Nasir, M., Podding, IT., & Susaldi. 2016. *Keperawatan medical bedah: sistem musculoskeletal*. Jakarta: Erlangga
- Bijen, C. B. M., Runhaar, J., Rijkels-Otters, J. B. M., Oei, E. H. G., & Bierma-Zeinstra, S. M. A. (2018). Predictive value of early structural changes on radiographs and MRI for incident clinical and radiographic knee osteoarthritis in overweight and obese women. *Seminars in Arthritis and Rheumatism*, 1–8. <https://doi.org/10.1016/j.semarthrit.2018.02.015>
- Bayraki, V. 2009. *The Effects Of Two Different Closed Kinetic Chain Exercise On Muscle Strength And Proprioceptive In Patients With Pateelofemoral Pain Syndrome*. *Acta Ortho Trauma Turc* 2009: 43(5): 419-425.
- Cooper, C., Dennison, E., & Litwic, A. (2013). Epidemiology Of Osteoarthritis. *Medicographia*, 35, No. 2, 145–151.
- Davies, K. (2012). *Nyeri Tulang dan Otot*. Jakarta: esensi.
- Dullu, S. K. A., & Gessal, J. (2016). Jenis modalitas yang digunakan pada Osteoarthritis Lutut di Instalasi Rehabilitasi Medik RSUP Prof. Dr. R.D. Kandou Manado. *Jurnal Kedokteran Klinik*, 1(1), 1–5.
- Gozani, S. N. (2016). Fixed-site high-frequency transcutaneous electrical nerve stimulation for treatment of chronic low back and lower extremity pain. *Journal of Pain Research*, 9, 469–479. <https://doi.org/10.2147/JPR.S111035>
- Greenberg, M. I. (2012). *Teks-Atlas Kedokteran Kedaruratan* (Jilid 3). Jakarta: Erlangga
- Hunter, D. J., & Eckstein, F. (2009). Exercise and osteoarthritis, (October 2008), 197–207. <https://doi.org/10.1111/j.1469-7580.2008.01013.x>
- Khanna, D., Khanna, P. P., Fitzgerald, J. D., Singh, M. K., Bae, S., Neogi, T., ... Terkeltaub, R. (2012). 2012 American college of rheumatology guidelines for management of gout. part 2: Therapy and antiinflammatory prophylaxis of acute gouty arthritis. *Arthritis Care and Research*, 64(10), 1447–1461. <https://doi.org/10.1002/acr.21773>

- Kisner, C., & Colby, L. A. (2012). *Therapeutic Exercise Foundations and Techniques* (Sixth Edit).
- Knoop, J., Steultjens, M. P. M., van der Leeden, M., van der Esch, M., Thorstensson, C. A., Roorda, L. D., ... Dekker, J. (2011). Proprioception in knee osteoarthritis: A narrative review. *Osteoarthritis and Cartilage*, 19(4), 381–388. <https://doi.org/10.1016/j.joca.2011.01.003>
- Kohn, M. D., Sassoon, A. A., & Fernando, N. D. (2016). Classifications in Brief: Kellgren-Lawrence Classification of Osteoarthritis. *Clinical Orthopaedics and Related Research*, 474(8), 1886–1893. <https://doi.org/10.1007/s11999-016-4732-4>
- Lukman & Ningsih, N. 2009. *Asuhan keperawatan pada klien dengan gangguan sistem musculoskeletal*. Jakarta: Salemba Medika.
- Marlina, T. (2015). Efektivitas latihan lutut terhadap penurunan intensitas nyeri pasien osteoarthritis lutut di yogyakarta. *Jurnal Keperawatan Sriwijaya*, 2(2355), 44–56.
- Nugraha, I. B. A., Kambayana, G., Residen, D., Ilmu, P.-1, Dalam, P., & Rheumatologi, D. (2017). Prinsip Latihan Penderita Osteoarthritis, 44(2), 149–153. Retrieved from http://www.kalbemed.com/Portals/6/23_249Praktis-Prinsip Latihan Penderita Osteoarthritis.pdf
- Nguyan, TV. 2014. Osteoarthritis in southeast Asia. *Int.J.Clin.Rheumatol.* (2014) 9(5), 405-408
- Papathanasiou, G., Stasi, S., Oikonomou, L., Roussou, I., Papageorgiou, E., Chronopoulos, E., ... Bellamy, N. (2015). Clinimetric properties of WOMAC index in Greek knee osteoarthritis patients: Comparisons with both self-reported and physical performance measures. *Rheumatology International*, 35(1), 115–123. <https://doi.org/10.1007/s00296-014-3043-x>
- Patel, F. K., & Singh, M. (n.d.). Segmentation of cartilage from knee MRI images using the watershed algorithm, 4(2), 1727–1730.
- Paz, J. C., & West, M. P. (2008). *Acute Care Handbook For Physical Therapists*. Saunders.
- Pearce, E. C. (2013). *Anatomi dan Fisiologi untuk Paramedis*. Jakarta: PT Gramedia Pustaka Utama.
- PERMENKES 80. (2013). *Penyelenggaraan Pekerjaan dan Praktik Fisioterapis*.

- Pietrosimone, B. G., Hart, J. M., Saliba, S. A., Hertel, J., & Ingersoll, C. D. (2009). Immediate effects of transcutaneous electrical nerve stimulation and focal knee joint cooling on quadriceps activation. *Medicine and Science in Sports and Exercise*, 41(6), 1175–1181. <https://doi.org/10.1249/MSS.0b013e3181982557>
- Pratiwi, A. I. (2015). Diagnosis and treatment osteoarthritis. *Diagnosis and Treatment Osteoarthritis*, 4, 10–17. <https://doi.org/10.1136/bmj.1.3096.619-a>
- Robbins, & Cotran. (2010). *Dasar Patologis Penyakit* (7th ed.). Jakarta: Kedokteran EGC.
- Rossi, R., Dettoni, F., Bruzzone, M., Cottino, U., D'Elicio, D. G., & Bonasia, D. E. (2011). Clinical examination of the knee: Know your tools for diagnosis of knee injuries. *Sports Medicine, Arthroscopy, Rehabilitation, Therapy and Technology*, 3(1), 1–10. <https://doi.org/10.1186/1758-2555-3-25>
- Rubenstein, D., Wayne, D., & Bradley, J. (2008). *Kedokteran Klinis* (Keenam). Jakarta: Erlangga.
- Suriani, S & Lesmana, SI. 2013. Latihan Theraband Lebih Baik Menurunkan Nyeri daripada Latihan Quadriceps Bench pada Osteoarthritis Genu
- Susilawati, I., Tirtayasa, K., & Lesmana, S. I. (2015). Latihan Closed Kinetic Chain Lebih Baik Daripada Open Kinetic Chain untuk Meningkatkan Kemampuan Fungsional pada Osteoarthritis Lutut setelah Pemberian Micro Wave Diathermy (MWD) dan Transcutaneous Electrical Nerve Stimulation, 3(1), 26–34.
- Verma, S. (2012). Comparing open kinetic chain with closed kinetic chain exercise on quadriceps strength and functional status of women with osteoarthritic knees. *Sports Medicine Journal / Medicina Sportivâ*, 8(4), 1989–1996. Retrieved from <http://ezproxy.library.yorku.ca/login?url=http://search.ebscohost.com/login.aspx?direct=true&db=sph&AN=86441854&site=ehost-live>