

DAFTAR PUSTAKA

- Herawati, I., & Wahyuni. (2017). *Pemeriksaan Fisioterapi*. Surakarta: Muhammadiyah University Press.
- Suryantoro, E., Isworo, A., Upoyo, A. S., Rumah, P., Paru, S., & Yogyakarta, R. (2017). Perbedaan Efektivitas Pursed Lips Breathing dengan Six Minutes Walk Test terhadap Forced Expiratory Differences of Effectiveness of Pursed Lips Breathing and Six Minutes Walk Test against Forced Expiratory, 5, 99–112. Retrieved from <https://media.neliti.com/media/publications/178728-ID-none.pdf>
- Alfajri, Akhmad. (2014). Efektifitas dari Tindakan Chest Physiotherapy pada Individu. *Efektifitas Dari Tindakan Chest Physiotherapi Pada Individu Dengan Gangguan Faal Paru*.
- Andra & Yessi. (2013). KMB 1 Keperawatan Medikal Bedah Keperawatan Dewasa Teori dan Contoh Askep. *Nuha Medika*.
- Azhar, A. H & Berawi, K. N. (2015). Hubungan Rutinitas Senam Asma terhadap Faal Paru pada Penderita Asma. *Majority*, 4(9r), 103–107.
- Bruton, A. (2014b). Key points • •. *Breathing Exercise for Asthma*, 10(4), 316.
- Carson, Mg, C., Picot, J., Mp, B., Aj, E., & Bj, S. (2013). Physical training for asthma (Review) Summary Of Findings For The Main Comparison, (9).
- Elloumi, M., Makni, E., Ounis, O. Ben, Moalla, W., Zbidi, A., Zaoueli, M., Tabka, Z. (2011). Six-minute walking test and the assessment of cardiorespiratory responses during weight-loss programmes in obese children. *Physiotherapy Research International*, 16(1), 32–42. <https://doi.org/10.1002/pri.470>
- Evangelodimou, A., Grammatopoulou, E., Skordilis, E., & Haniotou, A. (2015). The Effect of Diaphragmatic Breathing on Dyspnea and Exercise Tolerance During Exercise in COPD Patients. *Chest*, 148(4), 704A. <https://doi.org/10.1378/cheest.2277852>
- Khairunisa, Laksana, M. A., Berawi, Kedokteran, F., Lampung, U., Fisiologi, B., Kedokteran, F., & Lampung, U. (2015). Faktor – Faktor Yang Berpengaruh pada Timbulnya Kejadian Sesak Napas Penderita Asma Bronkial Factors - Factors Influencing the Incidence of Genesis Shortness of Breath Bronchial Asthma Sufferers.
- Khotimah, S. (2017). Pengaruh Penambahan Pursed Lips Breathing Exercise Pada Static Cycle Intensitas Sedang Terhadap The Effect Of Adding Pursed Lips Breathing Exercise On Moderate Intensity Static Cycle Toward The Fitness Enhancement Of Chronic Obstructive Pulmonary Disease , 5(2), 96–102.

- Kostanjsek, N. (2011). Use of the International Classification of Functioning, Disability and Health (ICF) as a conceptual framework and common language for disability statistics and health information systems. *BMC Public Health*, 11(SUPPL. 4), 2–7. <https://doi.org/10.1186/1471-2458-11-S4-S3>
- Lee, H.-Y., Cheon, S.-H., & Yong, M.-S. (2017). Effect of diaphragm breathing exercise applied on the basis of overload principle. *Journal of Physical Therapy Science*, 29(6), 1054–1056. <https://doi.org/10.1589/jpts.29.1054>
- Mahmoud, H. E., El-din, S. B., Sadek, M., & Abd-el, L. (2017). Efficacy of Breathing Exercises on daily living activities of patients with Chronic Obstructive Pulmonary Disease, 45–48.<https://doi.org/10.15520/ijnd.2017.vol7.iss6.225>.
- Maulani, Kadarsih, S., & Permatasari, Y. (2014). Latihan Sepeda Statis Meningkatkan Peak Expiratory Flow (PEF) dan Mengurangi Frekuensi Kekambuhan pada Penderita Asma. *Muhammadiyah Journal of Nursing*, 55–61.
- Mayuni, A. A. I. D., Kamayani, M. O. A., & Pupita, L. M. (2012). COPING Ners Journal ISSN: 2303-1298. *COPING Ners Journal*, (2003), 61–67.
- Medison, I., Sabri, Y. S., & Yanny, F. F. (2016). Penuntun skills lab. *Panduan Pemeriksaan Fisioterapi*, 3.1, 1–33.
- Nim, S. (2016). Pengaruh Penambahan Pursed Lips Breathing Exercise Pada Static Cycle Intensitas Sedang Terhadap Program Studi S1 Fisioterapi Sekolah Tinggi Ilmu Kesehatan ‘ Aisyiyah Yogyakarta Pengaruh Penambahan Pursed Lips Breathing Exercise Pada Static Cycle Intensita, 1–14.
- Oemiat, R., & Et al. (2010). Faktor-faktor Yang Berhubungan Dengan Penyakit Asma di Indonesia, XX, 41–50.
- Prem, V., Sahoo, R. C., & Adhikari, P. (2013). Effect of diaphragmatic breathing exercise on quality of life in subjects with asthma: A systematic review. *Physiotherapy Theory and Practice*, 29(4), 271–277. <https://doi.org/10.3109/09593985.2012.731626>
- Ratnawati. (2011). No Title. *Jurnal Respirologi Indonesia*, 31(4), 172–175.
- Tumigolung, G. T., Kumaat, L., Onibala, F., Studi, P., Keperawatanfakultas, I., Sam, U., & Manado, R. (2016). Timur Kota Manado, 4(November), 1–8.
- Wahani, A. M. . (2011). Karakteristik Asma pada Pasien Anak yang Rawat Inap di RS Prof.R.D Kandouw Malalayang, Manado. *Sari Pediatri*, 13(4), 280–284.
- Wahani, A. M. I., Riset, B., Timur, T., Selatan, S., & Utara, S. (2016). Prevalensi dan faktor-faktor risiko yang menyebabkan asma pada anak di RSU GMIM Bethesda Tomohon periode Agustus 2011 – Juli 2016 Kandidat Skripsi Fakultas Kedokteran Universitas Sam Ratulangi Manado saluran napas yang bersifat kronik dengan ditemukannya , 4, 4–7.

Zainoel, R., & Banda, A. (2014). Tingkat Kontrol Asma Di Poliklinik Paru, 139–145.