

# CHAPTER I

## INTRODUCTION

### A. Background of the Study

In the human life must be have some problem by their self. Everyone exactly has different problem. No one's has same problem, the problems can be happen from own self or other. But the big problems is came from own self because we must to know how to handle it without others help. Everyone is the one way to help us to handle it our problem if we can fix it. The kind of problem is influence from inside or outside. Own self sometime became the problem that must be face when one personality unconditionally, so that condition give the different effect each person like spooky, trauma, depression, anxiety, stress.

Anxiety is the one effect from human problems. Anxiety is a Situation of apprehensive or situation of concerned who complained that something bad is going to happen soon. Freud (in Hjelle and Ziegler, 1992: 102) states that anxiety "is *ego* function which alerts the person to sources of impending danger that must be counteracted or avoid. Anxiety rises when human feels uncomfortable and it influences his mental. A lot of things to apprehensive, for example, our health, social relationships, exams, careers, international relations and environmental conditions are some of the things that can be a source of concern. Anxiety is the good response against threats, but anxiety can be one of the problems of everyday life, if someone is experiencing pressure in terms of anxiety. Anxiety disorder is a common problem in society.

In human life anxiety always comes not by itself but anxiety occurs with the impact of the conflict becoming part of life inevitably, seen as the main personality dynamics. Sigmund Freud, Austrian scientist introduced three basic structures in the anatomy of personality with his psychoanalysis theory. Psychoanalysis is treatment of mental disorder by bringing repressed fears and

conflicts into the conscious mind over a long course of interviews. According to him, there are three components of personality; *Id* (Das Es), *Ego* (Das Ich) and *Superego* (UeberIch). In functional personality, *id* tells us about what human wants to do as seeking pleasure, *ego* decides what human can do as seeking reality and *superego* tells what human can do as seeking perfection. *Freud* also describes anxiety as an emotional condition where human feels uncomfortable and always feels so scared.

Anxiety has a role to play, but anxiety can become abnormal when the level is not in accordance with the threat and anxiety can intervene in our daily lives. Anxiety can disrupt a person's psyche if the level is very high. The height or level of anxiety can make panic attacks. Panic disorder is one type of anxiety disorder that can turn into total terror. Panic attacks are an extreme form of anxiety. Anxiety consists of so many physical traits, cognition, and behavior like anxiety, nervousness, dizziness and irritability. Everyone who experiences an anxiety level that is very high in his life will experience disloyalty. Due to a sense of threat that comes all of the time. These threats may be linked in the past where bad events have occurred. Such a bad event may come as a threat to the sufferer, so that anxiety sufferers will feel threatened in everyday life.

In this case anxiety also inspires the author in making his work. It cannot be denied that anxiety has become a problem that already exists in human life. One of the writers who raised the problem is Sidney Sheldon's Novel, *The Naked Face* First Published 1970. In the novel there are many problems that can be discussed, but in this case the authors choose anxiety as the main issue.

According to the story of the novel, the character Jud Stevens, he is a psychoanalyst who is haunted by anxiety because of the murder occurring in the presence of several people nearby. Which was preceded by the death of John Hanson is a patient who just came out of his clinic. Just because the raincoat he loaned to his murdered patient, Jud became one of the targets of detective Lieutenant McGreavy and Detective Angeli who were accused of the murder.

Because, Lieutenant McGreavy has been trouble with Judd at the past. Things got complicated when Judd was in love with Anne Blake, a patient with her mysterious household problems. And that's where the sense that grows in Judd's heart brings him in a dangerous situation. Judd is finally struggling to uncover a mysterious case that terrorizes him.

Some the reasons why the researcher choose this novel to be analyzed are, first, this novel has interesting because the plot is so thrilling and make the reader curious. Second, in this novel the character has a determination to dismantle the evils that surround his life. The third point is that novel can take some messages and something to learn about the influence of enemy, friendship and love on someone personality. Besides that, they can also take some experiences and moral values, and then they can apply them in daily life for a better future. Finally, the last reason is to supply theoretical framework in the research of literature in the English Department, it can be useful for other students, particularly students of English Department in Muhammadiyah University of Surakarta (UMS) or another universities in Surakarta as reference for the research needs that have the same theory with the theory used in this research is Psychological Approach. So it can be used to be the previous study in their research. Based on the explanation above, the researcher is interested in analyzing **STEVEN'S ANXIETY REFLECTED IN SIDNEY SHALDON'S *THE NAKED FACE* NOVEL: A PSYCHOANALYTIC APPROACH**

## **B. Problem Statement**

Considering the background above, the main problem in this research is how Sidney Shaldon describes the anxiety through *The Naked Face* novel. Based on the problem statement, the researcher formulates the research question are as follows:

1. What are the types of anxiety in Steven character?

2. What causes anxiety in Steven character?
3. How is anxiety described in Steven character?

### **C. Objectives of the Study**

Dealing with problem statement above, the researcher formulated the objectives of the study as follows:

1. To describe the type of anxiety in Steven character.
2. To explain the causes of anxiety in Steven character.
3. To describe how anxiety is depicted in Steven character.

### **D. Limitation of the Study**

The researcher focused on this research in analyzing anxiety in Sidney Shaldon's *The Naked Face* novel on Psychoanalytic approach.

### **E. Benefits of the Study**

This research is conducted in order to have benefits as follows:

#### 1. Theoretical Benefit

The result of this study is expected to give information, benefits, and contribution to the larger of knowledge particularly the literary study in Sidney Shaldon's *The Naked Face*.

#### 2. Practical Benefit

The researcher expects that this research will give significant benefits in the form information, especially for students of English Department who manage themselves to increase their knowledge in analyzing *The Naked Face* novel by using psychoanalytic approach.

### **F. Paper of Organization**

The research paper of "Steven's anxiety in Sidney Shaldon's Novel *The Naked Face: A Psychoanalytic Approach*" is divided in five chapters. The details

of the paper organization are: **Chapter One** is introduction. It consist of Background of the study, Problem Statement, Limitation of the Study, Objective of the Study, Benefits of the Study, and Paper Organization. **Chapter two** is literary review. It consists of Previous Study and Underlying Theory (Psychology of Literature, Notion of Psychoanalytic theory, Notion of anxiety). **Chapter three** is Research Method. It consists of Object of the Research, Types of the Data and the Data Source, Technique of Data Collection, and Technique of Data Analysis. **Chapter four** is Psychoanalytic of Sidney Shaldon's novel *The Naked Face*. **Chapter five** is Conclusion and Suggestion.