

DAFTAR PUSTAKA

- Aly, S. A., & Abanour, A. 2016. Effect of Core Stability Exercise on Postural Stability in Children with Down Syndrome. *International Journal of Medical Research & Health Sciences*. Vol. 5. No: 10. 2016:214.
- Akuthota, V., Ferreiro, A., Moore, T., & Fredericson, M. 2008. Core Stability Exercise Principles. *Department of Physical Medicine and Rehabilitation*. Vol. 7. No. 1. 2008:39-41.
- AlAbdulwahab, S. S., & Kachanathu, S. J. 2016. Effects of Body Mass Index On Foot Posture Alignment and Core Stability In a Healthy Adult Population. *Journal of Exercise Rehabilitation*. Vol. 12. No: 3. Mei 2016:182-7.
- Anzai, E., Nakajima, K., Iwakami, Y., Sato, M., Ifukube, T., Yamashita, K., & Ohta Y. 2014. Effects of Foot Arch Structure on Postural Stability. *Clin Res Foot Ankle*. Vol. 2. No: 2. Maret 2014:1-5.
- Atik, A., & Ozyurek, S. 2014. Flexible Flatfoot. *North Clin Istanbul*. Vol. 1. No: 1. Juli 2014:57-64.
- Boccolini, G., Brazziti, A., Bonfanti, L., & Alberti, G. 2013. Using Balance Training to Improve the Performance of Youth Basketball Players. *Sport Sci Health*. Vol. 9. No: 2. April 2013:37.
- Fahey, T. D., Insel, P. M., & Roth, W. T. 2015. *Fit & Well Core Concepts and Labs in Physical Fitness and Wellness*. New York: McGraw-Hill Education pp. 112-3.
- Halabachi, F., Mazaheri, R., Mirshahi, M., & Abbasian, L. 2013. Pediatric Flexible Flatfoot; Clinical Aspects and Algorithmic Approach. *Iranian Journal of Pediatrics*. Vol. 23. No: 3. Juni 2013:247-248.
- Huxam, F. E., Goldie, P. A., & Patrla, A. E. 2001. Theoretical Considerations in Balance Assessment. *Australian Journal of Physiotherapy*. Vol. 47. No:2. 2001:90-91.
- Kahle, N. 2009. *The Effect of Core Stability Training on Balance Testing in Young, Healthy Adults*. Thesis. University of Toledo.
- Khamooshi, R., Mohammadieh, S. M., Rahnema, N., & Zalani, F. R. 2016. Comparing the Effects of Simultaneous Eight-Week Stretching/Strengthening Trainings with Core Stability Exercises on the Flat Foot Deformity of 9 to 13. *International Journal of Musculoskeletal Pain prevention Year Old Female Students*. Vol. 1. No: 4. 2016:149-156.
- Kibler, W. B., Press, J., & Sciascia A. 2006. The Role of Core Stability in Athletic Function. *Sport Medicine*. Vol. 36. No: 3. Februari 2006:190-197.
- Kisner C., & Colby L. A. 2014. *Terapi Latihan Dasar dan Teknik*. Jakarta: EGC pp. 271-279.

- Lendra M. D., & Santoso T. B. 2009. Beda Pengaruh Kondisi Kaki Datar dan Kaki Dengan Arkus Normal Terhadap Keseimbangan Statis Pada Anak Usia 8–12 Tahun di Kelurahan Karangasem, Surakarta. *Jurnal Fisioterapi*. Vol. 9. No: 2. Oktober 2009:49-56.
- McKeon, P. O., Hertel, J., Brambl, D., & Davis, I. 2014. The Foot Core System: a New Paradigm for Understanding Intrinsic Foot Muscle Function. *Br J Sports Med*. Vol. 49. No: 5. Maret 2014:1-5.
- Moore, K. L., & Dalley, A. F. 2013. *Anatomi Berorientasi Klinis*. Jakarta: Erlangga pp. 216-225.
- Sawers, A., & Ting, L. H. 2015. Beam Walking can Detect Differences in Walking Balance Proficiency Across a Range of Sensorimotor Abilities. *Gait & Posture*. Vol. 41. No: 2. Januari 2015:2-4.
- Solberg, G. 2008. *Postural Disorders and musculoskeletal Dysfunction*. China: Elsevier Limited pp. 116.
- Wilson, & Matthew, J. 2008. *Synopsis of Causation Pes Planus*. Dundee: Ministry of Defence pp. 3-11.
- Yuliana, S. 2014. *Pelatihan Kombinasi Core Stability Exercise dan Ankle Strategy Exercise Tidak Lebih Meningkatkan dari Core Stability Exercise Untuk Keseimbangan Statis Pada Mahasiswa S1 Fisioterapi Stikes 'Aisyiyah Yogyakarta*. Tesis. Pascasarjana Program Studi Fisiologi Kesehatan Universitas Udayana.