

CHAPTER 1

INTRODUCTION

A. Background of the Study

Marriage is an obligation of a couple. Marriage has a very noble goal that is to build a harmonious life. Marriage is “a process learning about one’s self and one’s spouse, about sharing, growing up, being individuals within a family and being a member of the family team”(Brown 2013: 15). Marriage has several purposes, including to distribute the sexual desire, to have children, and to achieve a peaceful and happy life. Sometimes, there are a lot of conflicts in a household. One big conflict that often happened in marriage is affair.

Affair is “A sexual relationship between two people, especially when at least one of them is married or in another committed romantic relationship (Free Dictionary. 2016. <http://www.thefreedictionary.com>, 20 November 2016). Affair is an unusual thing which can destroy a marriage. Affair happens because of the emergence of a feeling dissatisfied with their own spouses, economic problem, jealousy and etc. According to Besser, Goetz, Shackelford (2007: 14) a marriage unpleasant will cause of discontent with their marriage and led to probability to infidelity. Brown (2013:16) found that 45% of the respondent in a survey doing affairs because jealousy and envy, although 72% considered monogamy very important and 20% considered it

important. Affair among married couples still can not be accepted by most members of society.

Affair can lead to a divorce. According to England, Allison, Sayer (2014: 535) a spouse who is having an affair is more likely the end of marriages that ended in divorce. Affair will trigger quarrels and disputes to create disharmony in the household. So that the word divorce emerged as a way out to end the marriage.

In the case, the researcher see the case of Hollywood actress who is really famous that is Angelina Jolie who has filed for dissolution of marriage from actor Brad Pitt, her husband of two years and romantic partner since 2005. In addition to child problems, reportedly Pitt affair with actress Marion Cotillard also be a trigger. The woman is a co-star in the movie 'Allied'.

The issue of affair has been discussed in several science especially in religious science. Affair is prohibited and it is adultery. According to Haem(2007: 36) sexual activities is aberrant if each sexual activity that violets norms and religion. Affair is not only becomes the attention of scientiest in the field, but also becomes the attention of the authors in the literary world, one of them is Paula Hawkins. Paula Hawkins worked as a journalist for fifteen years before turning her hand to fiction. She was born and raised in Salisbury, Rhodesia (now Harare, Zimbabwe) and moved to London in 1989 at the age of 17. She has written four romantic comedy novels; the most memorable of which being *Confessions of a Reluctant Recessionista*, but these first novels did not become succesful and did not achieve any commercial

breakthrough. It was not until she wrote a much darker story, her thriller *The Girl on the Train*, that she became a best selling author. She reported that the novel took her 6 months of writing full time to complete. It is a much more serious book than her previous four novels. She also has an idea in describing how the affair occurs because of dissatisfaction through her work, *The Girl On The Train*. The film rights were acquired by *Dream Works Pictures* in 2014 for Marc Platt Productions. The adaptation, starring *Emily Blunt* and directed by *Tate Taylor*, was released on 7 October 2016.

Of all the works that have been created by her, *The Girl On The Train* is the most surprising novel which shows her concern about drug abuse, alcoholism and domestic violence among others and affair. It tells a story of woman named Rachel Watson (main narrator) is a 32 years old alcoholic reeling from the dissolution of her marriage to Tom, who left her for another woman, Anna Watson. She began drinking since she reportedly could not have a child, then Tom started an affair with Anna and divorce her. She riding the commuter train to London every day. She also passed her old home together with her ex-husband, but now occupied by Tom with his new wife, Anna, and their daughter named Evie. But, when the train stopped at a crossing signal, Rachel always pay attention on their neighbors. The house number fifteen through the window train. Rachel did not know the husband and wife owners of the house but she liked to imagine how their lives, who then called them Jess and Jason. Rachel thought Jess and Jason reminded Rachel with her home life was with Tom. House hold blissful dream. Not

much different from her own life that just disappeared. Rachel had lied to his roommate, Cathy, who did not know that Rachel had been dismissed from office due to come into work drunk after lunch, she had to pretend to go to London every day to unsuspecting Cathy.

Rachel watched Jess and Jason every day and she had to be bound with them. Therefore, when one day Rachel saw Jess -whose real name was Megan- has affair with another man, Rachel became very upset and disappointed. After a heavy drunk in the night, Rachel woke up with a bloody and wounded body. She didn't remember anything but certain that she has done something she will regret even though she did not remember what happened. Soon she knew that the story she remembered most was Megan had been lost. The police came and questioned Rachel after Anna reported her that she saw Rachel around her house drunk and staggered around the night when Megan disappeared.

Rachel watched Megan every morning and afternoon from the train and saw Megan was having an affair with another man. then Rachel wanted to contact the police and told them that Megan had cheated on her husband and contacted her husband, who's real name is Scott about the affair by lying that she was a friend of Megan. She tells him about her affair and finds out that the man who had an affair with Megan and kissed her on the day of Megan disappeared is Kamal. A therapy who always helps Megan solves the problem. Rachel was always curious about the disappearance of Megan and she decided to investigate. Although she knew that she could not avoid Anna,

the woman who snatched her husband and now she has a happy life with her little family and lives in her old home. House number twenty-three, a neighbor of Megan.

Finally Megan was not drinking a few days but her craving for drinking is always there. Besides that she keeps contacting, visiting and harassing new tom family. Then the body of Megan was found and have been pregnant. When Scott knows Rachel's lies and that's when Rachel's memories start to come back, she remembers on the night of the disappearance Megan, Megan got into the car with Tom. At the same time Anna finds that Megan and Tom are having an affair. Rachel began to think again and again and remembered all her own memories. She realizes that all this time she has not done the crazy things that Tom said when she was drunk. It turns out Tom has deceived her for years and made her question herself about her sanity.

With this awful consciousness, Rachel then thought and expected that Tom has killed Megan. Rachel warned Anna and when Anna questioned it to Tom, Tom admitted that he had impregnated Megan and killed her. Anna surprised and scared, fear evie's safety. Tom threatened Rachel and intimidated Rachel if she reported him to the police. There was a fight between Rachel and Tom, Rachel defended herself and when she found out Tom was going to kill her, Rachel stabbed his neck with a bottle opener, then Anna made sure Tom had died and called the police. The police came quickly, Rachel and Anna told them the truth. Anna also tell the truth to support their actions' having been in self-defence.

In a literary work, the work of novel which is produced by an author doesn't always get a good response with the hope of all readers of the work, as well as in this novel. Some readers found this novel has several advantages and disadvantages. Michelle said that this novel was a hot mess, there are things that don't make any sense, the characters are pathetic and the opposite of complex. The women in this book are either defined by the men they are dating/married to, or by how they feel about being a mother? The 'plot twist' is easy to guess not even halfway through the book, and the who murdered it moment, where we find out who the bad guy is, doesn't make any sense to me, considered how this book is written and what we know about the characters.

There are some reasons why the writer is interested in studying this novel. The story of *The Girl on the Train* is a first-person narrative told from the point of view of three women: Rachel, Anna, and Megan. These three characters have many different characters. The readers must think smarter because there are three points of view and Rachel finally changes the perspective about herself. The story is beautifully told from these three characters that are well rounded characters. The narrative is full of surprise and brings the reader to the climax of the novel with a terrible accident and gripping atmosphere. This is the story of Rachel (an alcoholic) who wants to help and finish the cases until she changed the perspective of her.

The second is the writer is interested with the thriller story and Rachel's character of this novel. At first time the researcher read the title of the novel which is *The Girl on the Train*, she thought that Rachel is just

alcoholic woman who has no purpose in life and useless. But after reading the novel until the end, it is not like what the researcher thought at first. Rachel is a good character and really care with others especially Megan. All she does is to help Scott to find who had kidnap and murdered Megan. Between an useless woman and a helper is depended on perspective.

The third reason is this novel has a moral message conveyed in this story. The researcher wants to explore that affair damages people in role life. Through this novel, begin from Tom who has affair with Anna and then Megan. Rachel is the sacrifice of his action, not only Rachel but Anna and Scott also. Tom always lie with Rachel that she does many of the crazy things while drunk, but actually she doesn't. In real life, affair also become a disease that make the destruction of household. This novel tell the reader that affair must avoid for a couple. Because affair can cause many cases like divorce and murder.

Based on the illustration above, the writer is interested to analyze this novel by using the theory of Psychoanalysis entitled Love Affair in Paula Hawkins' *The Girl on The Train* Novel (2015): A Psychoanalytic Study.

B. Problem Statement

Considering the background above, the main problem in this research is how Rachel describes the love affair through *The Girl on The Train* novel. Based on the problem statement, the writer formulates the research questions are as follows:

1. How are the characteristics of major character viewed from psychoanalysis perspective?

2. What are causes of affair in the novel ?
3. What are impacts of affair in the novel ?

C. Objectives of the Study

Dealing with problem statement above, the writer formulates the objectives of the study as follows:

1. To analyze the characteristics of major character viewed from psychoanalysis perspective in novel *The Girl on The Train*
2. To explain the causes of affair in novel *The Girl on The Train*
3. To explain the impacts of affair in novel *The Girl on The Train*

D. Limitation of the Study

The researcher only focuses on the research in analyzing affair in Paula Hawkins' *The Girl on The Train* novel (2015) on Psychoanalytic Study.

E. Benefits of the Study

This research is conducted in order to have benefits as follows:

1. Theoretical Benefit

The result of this study is expected to give information, benefits, and contribution to the larger knowledge particularly the literary study in Paula Hawkins' *The Girl on The Train*.

2. Practical Benefit

The writer expects that this research will give significant benefits in the form of information, especially for students of English Department who manage themselves to increase their knowledge in analyzing *The Girl on The Train* novel by using psychoanalytic study.

F. Paper Organization

This research paper organization of Love Affair in Paula Hawkins' *The Girl on The Train* Novel (2015): A Psychoanalytic Study is as follows: chapter I is introduction, which consists of the background of the study, problem statement, limitation of the study, objective of the study, benefit of the study, and research paper organization. Chapter II is underlying theories which consist of basic concept of Psychoanalytic theory and structural element, notion of affair, the causes of affair and the impact of affair. Chapter III deals with the research method. It consist of object o the research, types of data and the data source, technique of data collection, and technique of data analysis. Chapter IV is the discussion about the major character's problem based on Psychanalytic Approach theory. And the chapter V is conclusion and suggestion of the research.