

CHAPTER 1

STRUGGLE TO TELL THE TRUTH: AN INDIVIDUAL PSYCHOLOGICAL STUDY ON *THE GIRL ON THE TRAIN* NOVEL

A. Background of the Study

Paula Hawkins worked as a journalist for fifteen years before starting to write fiction. She was born and raised in Zimbabwe. She moved to London and lived there since 1989. *The Girl on the Train* is her first novel. This novel tells about Rachel who is an alcoholic after she was divorced with her husband, Tom. She lost their job and it makes her frustrated. Rachel has a habit of riding the train and looks at people who live in near railway. Rachel saw couple whose name Jason (Scott) and Jess (Megan) who have house near her old house with Tom, so Rachel was curious of them. One day Rachel saw Jess (Megan) was kissing with another man, he is not Jason (Scott). The day after, Rachel thinks went to Witney Station to see what will happen to Jess and Jason. At the time Rachel is drunk and she arrived at Witney Station, she is suddenly blackout and doesn't know that happened the night. In the morning Rachel wakes up in her room, she felt that pain all over in her body. Suddenly she saw news about a disappearance woman is Megan. She is surprised because Megan is 'her Jess'. She is interested with the Megan's case.

Rachel tries to help Scott Hipwell who is Megan's husband. She decides to meet Detective (Riley and Gaskil). She gives information that Megan kissing romantic with another man on Friday Morning. However, Rachel struggles to tell the truth and faces some obstacles. Rachel was accused of the case about the disappearance of Megan from her house because Anna saw Rachel in Witney Station who is his condition was drinking.

Rachel convinces that the information was true. She has lost her memory of what was done that night. She remembers when he wakes up from his room her hand and head injured. However, detectives thought that Rachel likes a crazy girl which was into the Megan's case.

Meanwhile, Rachel role in Megan's case will end. She decides to close Scoot Hipwell. She pretends that she was a close friend of Megan. She gives information what she saw on Friday morning in him terrace. She tried to explain that she was the only person who knew Megan boyfried where was. She realized that the man had relation with Missing Megan. Because the police had not the real action in Megan's case. However she got obstacle, Detectives asked Scoot Hipwell to get away from Rachel. They thought that she like rubbernecker, stalker, and mentally unstable.

Rachel's struggle to convince Scoot Hipwell that she was Megan. She explains that her condition was sable and she had not drinking. Nevertheless, Rachel's struggles convince Scoot that she got obstacle. She had not respond from Scoot again, because he knows that she lied by claiming Megan's friend.

The reason why the researcher choose *The Girl on The Train* novel, because of these study three reason. The first reason is Rachel's struggle to convince Scoot Hipwell and Detectives (Riley and Gaskil) that disappearance Megan from her home has relation with man who is kisses with Megan at the Friday Morning .

The second reason is Rachel's struggle find about disappearing Megan from her home. She looked for hypnotherapists in Ashbury who is doctor abidic to help recovery her memory in Saturday night. The only way to find Megan was Rachel must remember his memory.

The last reason is Rachel's struggle to help Scoot Hipwell about disappearance Megan from her home become mystery. She going to Witney Station to remember what happened at Saturday night. She believe that this case of Megan's disaaperance and on that night she was injured on her had. It makes she lose her memory

Based on the phenomena above, the researcher is interested in analyzing this novel by using an individual psychological approach by Alfred Alder and takes a title as follows: **“Struggle to tell the truth an individual psychological approach based on *the girl on the train* novel.**

B. Problem of the Study

Based on the assumption above, the researcher focus on Rachel's struggle to tell the truth in *The Girl on The Train* novel. The problem broke down into some research questions:

1. What are Rachel's struggles to tell the truth in *The Girl on Train* novel?
2. What are obstacles of Rachel's struggle to tell the truth in *The Girl on Train* novel?
3. What are Rachel's reasons telling the truth in *The Girl on Train* novel?

C. Objective of The Study

Based on the statement of the problem above, the aim of the research as follows:

1. To describe Rachel's struggles to tell the truth in *The Girl on The Train* novel?
2. To describe obstacles of Rachel's struggle to tell the truth in *The Girl on Train* novel?
3. To describe Rachel's reason telling the truth in *The Girl on Train* novel?

D. Limitation of the Study

The research focuses this research on analyzing Rachel's struggle to tell truth in *The Girl on The Train* novel on individual psychological study.

E. Benefit of the Study

The result of this study can give benefits. They are practical and theoretical benefits.

1. Practical Benefit

There are some practical benefits for the student and for researcher.

a. For Student

The result of this study can be a further knowledge and information about struggle to tell the truth in struggle in *the girl on train* novel.

b. For the Researcher

The result of this study can be used as references for other researcher who will conduct the same object with different perspective.

2. Theoretical Benefit

The result of this study can be used as furthermore information in analyzing struggles to tell the truth in the *girl on the train* novel.

F. Research Paper Organization

This paper consists of five chapters. The first chapter is about introduction. It explain about the main problem of this paper. It covers the background of the study, problem of the study, objectives of the study, limitation of the study and benefit of the study. The second chapter is underlying theory. It explains about theory and previous study. The theory in this paper consist of the definition of principle of individual psychological study by Alfred alder. The third chapter is research method. It containing the of the study, object of the study, type of the data and data source, technique of the data collection, and technique of the data analysis. The fourth chapter is research finding and discussion. The fifth chapter is conclusion, suggestions, and, pedogocical implication of the reseracher.