

**METAMORPHOSIS FOR BETTER LIFE IN NICHOLAS SPARK'S A
WALK TO REMEMBER: AN INDIVIDUAL PSYCHOLOGICAL
PERSPECTIVE**



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APPROVAL

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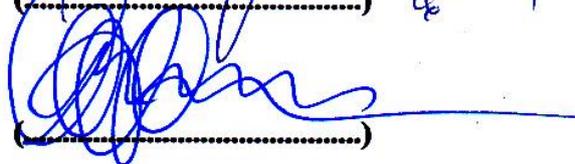
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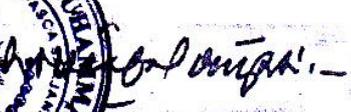

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METAMORPHOSIS FOR BETTER LIFE IN NICHOLAS SPARK'S A WALK TO REMEMBER: AN INDIVIDUAL PSYCHOLOGICAL PERSPECTIVE

Abstract

Study on metamorphosis has focused on how people have the capacity of change. The major character in Nicholas Spark's *A Walk to Remember*, although the content of novel only focused on major character (Landon Carter). When he was seventeen his life changed forever. Not an easy thing to do when someone fights to change and become a better person. Landon gets social support during his transformation process from the people around him. Landon gets support especially from his family, his friends (peers), and the last is from Jamie. Jamie gives important experience to him. Landon changes his behavior to be better. The researcher uses qualitative method. The results of this research the arefour (4) the indicators of metamorphosis, such as behavior, thought, perception and cognitive/cognition. The earlier personality of Landon are seen from behavior, Landon carter depicted lazy, mischievous, disobedient, pessimistic and impolite. Then the later personality of Landon metamorphosis/transformation are dilligent, good, obedient, optimistic and polite. The depicton of causes of Landon's metamorphosis, there are few factors that causes Landon's metamorphosis process including social factors, economic factor, sychological factors and religious. The social factors consist of family, friends (peers), and the last is from Jamie who give impacts on the lives of everyone around her. Thirdly, the effects of Landon metamorphosis. After Landon carter close with Jamie Sullivan, he is describe as polite, mature, religious optimistic, generous and wise. The last is the reason of addressing metamorphosis in *A Walk to Remember*, Sparks wrote this novel not only so that the reader could get to know about his sister, but so that the reader would to know what a wonderful thing it was that her husband once did for her.

Keywords: Metamorphosis and Intentional Change

Abstract

Studi metamorphosis telah difokuskan pada bagaimana orang-orang memiliki kapasitas perubahan. Karakter utama dalam Nicholas Spark *A Walk to Remember*, meskipun isi novel hanya terfokus pada karakter utama (Landon Carter). Ketika ia berusia tujuh belas tahun hidupnya berubah selamanya. Bukan hal yang mudah untuk dilakukan ketika seseorang berjuang untuk berubah dan menjadi orang yang lebih baik. Landon mendapat dukungan social selama proses transformasi dari orang-orang di sekelilingnya. Landon mendapat dukungan terutama dari keluarganya, teman-temannya (teman sebaya), dan yang terakhir adalah dari Jamie. Jamie memberikan pengalaman penting baginya. Perubahan perilakunya Landon menjadi lebih baik. Peneliti menggunakan metode kualitatif. Hasil penelitian ini adalah empat (4) indikator metamorfosis, seperti perilaku, pikiran, persepsi dan kognitif/kognisi. Kepribadian sebelumnya Landon terlihat dari perilaku, Landon carter digambarkan malas, nakal, tidak patuh, pesimis dan tidak sopan. Kemudian kepribadian setelahnya Landon metamorfosis/transformatasi

menjadi rajin, baik, taat, optimis dan sopan. Gambaran penyebab metamorfosis Landon, ada beberapa faktor yang menyebabkan proses metamorfosis Landon ini termasuk faktor-faktor sosial, faktor ekonomi, faktor sosial dan agama. Faktor-faktor sosial terdiri dari keluarga, teman (teman sebaya), dan yang terakhir adalah dari Jamie yang berdampak pada kehidupan semua orang di sekitarnya. Ketiga, efek dari Landon metamorfosis. Setelah Landon carter dekat dengan Jamie Sullivan, ia digambarkan sebagai sopan, dewasa, agama optimis, murah hati dan bijaksana. Yang terakhir adalah alasan menangani metamorfosis di *A Walk to Remember*, Sparks menulis novel ini tidak hanya pembaca bisa mengetahui tentang adiknya, tapi juga pembaca akan mengetahui hal indah apa yang pernah dilakukan suaminya untuk Jamie

Kata kunci: Metamorfosis dan Perubahan Disengaja

1. INTRODUCTION

Study on *A Walk to Remember* has been widely done by using attractive issue and different perspective. The present study found nine previous studies that also analyze *A Walk to Remember*. During all this time, the previous studies of *A Walk to Remember* that the present study found, it used four approach to analyze their study. They are psychology approach, orality and literacy, literal translation method, and formalistic approach. There are six previous studies that used psychological approach, the first, (Rahajeng, 2010), the second is (Juwati, 2014), the third is (Puput, 2011), the fourth used Individual psychology is (Puspita, 2010), the fifth (Bernard, 2011), and the last was conducted by (Yulia, 2006). In orality and literacy, orality and literacy analysis. It was conducted by (Reni and Obed, 2008), literal translation method approach was created by (Mustika, 2013), formalistic approach, was conducted by (Merry, 2007).

Based on the review above, the previous studies are different from the research created by the present study. This research focuses on metamorphosis for better life in Nicholas Spark's *A Walk to Remember: Individual Psychological Perspective*. The similarity of the research above are the same method, descriptive qualitative and same in approach, it is individual psychology perspective. The present study uses metamorphosis by (Kolb and Boyatzis's, 1970b) work on transformation/changed, because during this time there was no the previous studies that discuss about it. So the present study

constructed the title *Metamorphosis for Better Life* in Nicholas Spark's *A Walk to Remember: Individual Psychological Perspective*.

The word metamorphosis comes from Greek words that mean "changes shape". Metamorphosis is the process in which a dramatic change in body structure occurs during development. Metamorphosis mean a rapid transformation from one object to another or a distinct or even degenerative change in appearance, personality, condition, or function. The metamorphosis or transformation also called changing. Pervin & John, (1997) in their book said about Kelly's argument that "change as the process of reconstructing an individual's construct system. Doing so would subsequently lead to new behavioral patterns". It can be concluded that change is an energetic attempt to achieve some goal in life. It need hard work, but sometimes the change is not easy, if not follow the spirit and take action from the people to get better in their life. The concept of metamorphosis is commonly used in pieces of literature to describe an extreme change in character or form. In the novel *A Walk to Remember* the protagonist of a story is the main character who traditionally undergoes some sort of change.

2. RESEARCH METHOD

This study uses a descriptive qualitative study. According to Denzin and Lincoln (in Ritchie and Lewis, 2003: 3) states "qualitative research is a situated activity that locates the observer in the world. The primary data sources are *A Walk to Remember* novels. While the secondary data are taken from other sources such as journal, books of literature, author's biography, essays, article, and other relevant information. The technique of data collection is done through documentation of library research. Documentation is the data collection which uses all of the data sources (Creswell, 2007: 118). After all data have been collected, then analyze the data used descriptive analysis. As Miles and Huberman explained (1994: 245) the methods of data analysis includes several steps. The steps are collecting the data sources, recording the information by taking notes and writing reflective passages in notes, summarizing field notes by drafting a summary sheet on the field notes,

writing codes and memos, noting patterns and themes, counting frequency of codes, building the logical chain, and displaying the data by making contrast and comparisons.

3. FINDING AND DISCUSSION

The finding of this research includes what are the indicators of metamorphosis, depiction of the causes of Landon’s metamorphosis, depiction of the effects of the factors toward Landon’s metamorphosis and the reason Nicholas Sparks write the metamorphosis in *A Walk to Remember*.

The indicators that the researcher found in *A Walk to Remember*

3.1 Behavior

Landon Carter is lazy, mischievous, disobedient, pessimistic and rebel. even though inside he knows he isn’t a very nice guy. Landon and His friends also ever teases Hegbert with “Hegbert is a fornictaor”. Landon is naughty boy he doesn’t has a good attitude, he soaps up car windows with his friends and eats boiled peanuts in the graveyard behind the church.

Earlier	Later	Earlier	Later
Lazy	Dilligent	Rude	Refined
Rebellious	Obedient	Passive	Active
Unresponsible	Responsible	Uncontrol	Control
Undisciplined	Disciplined	Afraid	Confident
Disobedient	Obedient	Grumbling	Quiet
Unappreciated	Appreciated	Picky	Accept
Arrogant	Humble	Mischievous	Good
Angry	Calm	Irresponsive	Helping
Full unrespect	Full respect	Doubting	Convince
Complain	Be grateful	Prank	Calm
Insensitive	More sensitive	Avoid	Watch
Impatient	Patient	Litter	Cleaning-up
Impolite	Polite	Indolent	Work hard

3.2 Thought

The thought of Landon was he hadn’t really planned on taking drama that year. He really hadn’t, but it was either that or chemistry II. The thing was, he thought it would be a blow-off class, especially when compared with his other option. No papers, no tests, no tables where his’d

have to memorize protons and neutrons and combine elements in their proper formulas. He thought it seemed like a sure thing, and when he signed up for it, he thought he'd just be able to sleep through most every class, which, considering his late night peanut eating, was fairly important at the time.

Earlier	Later	Earlier	Later
Negative	Positive	Pretended	Earnest
Pessimistic	Optimistic	Objection	Agree
Unprogressive	Progressive	Helpless	Capable
Absurd	Wise	Unhappy	Happy
Difficult	Easy	Strange	Familiar
Immature	Mature	Clumsy	Flexible
Stubborn	Open-minded	Uncomfortable	Comfortable

3.3 Perception

The perception of Landon about Jamie, Hegbert, his friends and also his father. It can be seen in the table below, from the earlier personality until the later personality. The perception of Landon about Jamie, he think Jamie was simple girl, but in the end Landon realized that Jamie can be look beautiful girl. Jamie look beatiful when she played drama with Landon, there Jamie used the white dress with hair loose.

Earlier	Later
Bad	Good
Dislike	Like
Childish	Mature
Uncared	Cared
Keep distance	Close
Regret	Rejoice
Feeling awful	Relax

3.4 Cognition

Description about cognitive/cognition of Landon Carter, Landon realized that he didn't play football or basketball, he didn't play an instrument, he wasn't in the chess club or the bowling club or anything else. He didn't excel in the classroom. He didn't excel at much of anything.

Earlier	Later	Earlier	Later
Ignorant	Understood	Oppressed	Comfortable
Unaware	Aware	Do not want	Desirous
Couldn't	Could	Despondent	Cheerfulness
Perforce	Unsalariated	Realized themistake	Kindness
Hesitant	Sure	Shy	Brave
Undoubtless	Confident	Sad	Happy
Unwilling	Willing	Refused	Approving

The depiction of the causes of Landon's metamorphosis process including social factors, economic factors, sociological factors, and religious. Social factors; family, friends (peers), and the last is from Jamie Sullivan who give impacts on the lives of everyone around her.

Economic factors, Landon was probably the richest kid in his school. His father was a congressman, a was bigwig, and everyone new it. His father was on one of the house committees that oversaw the "Red influence" supposedly infiltrating every aspect of the country, including national defense, higher education, and even tobacco farming. Though his family was wealthy and gave him an allowance they never gave him more if Landon ran through it quickly. It for builds responsibility, a rule from his father.

Sociological factors Landon was a picky of chosing friend, but since he fell in love with Jamie he completely changed his life. It started when Jamie become his partner for the home coming dance, and Landon playing drama together with Jamie. Landon has never dreamed that he will be friend with Jamie. It is Jamie who helps him find the real man inside of himself, the man who can be kind and gentle and compassionate and who might never have found himself without her.

Religious even though Landon liked the Bible as much as the next boy but he wasn't like Jamie, which is always carries her Bible wherever

she goes. Landon attending the church only because everyone is expected to do not from his personality, but After Landon knew that Jamie was dying of leukemia, he reads the bible more often. He is also reading the bible together with Jamie when he visits her. Landon is a type of teenager who just wants to have fun in his senior year before goes to college. Landon has never dreamed that he will be friends with Jamie, a girl whom he thinks as a stranger. Through his experiences with her during the play and other times that Jamie impacts on his life, here Landon finds his way with God's help and learn the true meaning of love, sacrifice, and ultimately lives a better life. Jamie gives experience to him to be a better person.

Then the effects of the factors toward Landon metamorphosis Landon gets social support during his metamorphosis process from the people around him. Landon gets support especially from family, his friends (peers), and the last is from Jamie. After Landon carter close with Jamie Sullivan, he is describe as polite, mature, religious optimistic, generous and wise. Landon falls in love with her, only to discover that she is dying of cancer. In the seven month that he spends with her, he become a different young man forever, with Jamie's help, he finds his ways and becomes a different young man forever. Being with Jamie shows him the depths of human heart.

The last is the reason of addressing metamorphosis in *A Walk to Remember*. Sparks wrote this novel not only so that the reader could get to know about his sister, but so that the reader would to know what a wonderful thing it was that her husband once did for her. When Landon was seventeen, his life changed forever. Landon has a new hope after he met the one he loves, he also develop new meaning of life when he knows that Jamie also loves him. The way Landon to think and that was more responsible. Through Jamie he learns how to behave selflessly, with consideration for others. He pleurably helps the others as Jamie does. He more cares around him. He was growing up to be wiser.

3.5 Discussion

The researcher gives more interest in Landon Carter, as one of the major characters in this best seller novel, and tries to analyze *A Walk to Remember* using individual psychological perspective. How individual psychological affect the psychology of man (Landon). In this novel, the story takes in the real-life city of Beaufort, North Carolina, in 1958-1959. Beaufort is a small coastal port city that was established in 1722. Landon metamorphosis/transformation process are classified based on Adler's Theory of personality. In *Theories of personalities* (2006), it has been argued that there are six basic tenets of individual psychology that have been created by Adler: 1) inferiority feeling, 2) striving for superiority, 3) style of life, 4) social interest, 5) creative power, 6) fictional finalism.

First, Landon metamorphosis process to become a better person, was emerged from his inferiority feeling, Landon felt inferior because of his pessimistic condition. He felt he was lazy, mischievous and disobedient. This condition led him to gain a better life. It is followed by desire and changing effort. Landon Carter isn't completely bad, but he seems to have no direction. It is only when Jamie Sullivan comes into his life that he begins to see how wrong he has been to make fun of others and to have no real goals to reach for. It is Jamie who helps him to find the real man inside of himself, the man who can be kind, gentle, compassionate and who might never have found himself without her.

The second step of Landon transformation with to be better person was striving for superiority. As Landon's metamorphosis process to strive superiority, here Landon met a girl that he never thought before he would be falling in love with. The behavior of Landon has changed after he met Jamie Sullivan the minister's daughter. When the rehearsal of Christmas play that Jamie's father has written, started Landon and Jamie spend a lot of time together, and the more Landon knows about Jamie, the more he understands and even likes her. On the evening when the plays is performed. He falls in love with Jamie, that was in order to be superior, not inferior. So that he

become a different young man forever. Being with Jamie shows him the depths of human heart.

The third is style of life, Landon care about Jamie's dressed with bought her sweater on Christmas Eve, Landon also secretly added his money donations for the orphanage that had very little, before he handed it to Jamie to be counted together.

Creative power made Landon Carter become a better person. The next step is with metamorphosis process done by Landon was dealing with social interest. Landon has a good relation with his father after he met Jamie. Landon's friend Eric and Margaret also give emotional support to him with they come over to Jamie's house to see the condition of Jamie and give support to her. They also asked to apologize and said something to Jamie.

The last is fictional finalism. In *A Walk to Remember*, fictional finalism of Landon Carter depicted was a lazy boy but he has a good planned, after highschool he planned to go to the University of North Carolina at Chapel Hill. Although His father wanted him to go to Harvard or Princeton like some of the sons of others congressmen did, but with his grades it wasn't possible. Landon also described clearly when he involved Christmas play, in the beginning his goals is to help Jamie Sullivan who asked him to become the first character in Christmas play that Jamie's father written, but the impacts were more than that. He become close to Jamie, and he also accompanies Jamie to go to the orphan. Than he also helps Jamie to collect the Jar of can, he also added his money to the orphan secretly, and he fells in love with Jamie. The girl that he never thought before.

This research argues that Landon become a better person in seventeen, his life changed forever. Based on Warren and Wellek's theory, literary is reflection of life, it is not impossible that personal experience can influence the creation of characters in literary works, particularly since many things in literature that the readers can lern, such as love, faith, religion sacrifice, struggle and the knowledge about life that maybe never knew before. The relation between psychology and literature cannot be separated from human

life. *A Walk to Remember* is representation of Daniel Sparks' Sparks'sister who got cancer. It was just about the sweetest thing that's ever been done for anyone, and Nicholas suppose he wrote this novel not only so that the reader to know his sister, but also would to know what a wonderful thing it was that her husband once did for her.

4. CONCLUSION

Based on the previous analysis, the study comes to the following conclusion. Firstly, there are four (4) the indicators of metamorphosis, such as behavior, thought, perception and cognitive/cognition. The earlier personality of Landon are seen from behavior, Landon carter depicted lazy, mischievous, disobedient, pessimistic and impolite. Then the later personality of Landon metamorphosis/transformation are diligent, good, obedient, optimistic and polite.

Secondly about the causes of Landon's metamorphosis, there are few factors that causes Landon's metamorphosis process including social factors, economic factor, sychological factors and religious. The social factors consist of family, friends (peers), and the last is from Jamie who give impacts on the lives of everyone around her. Landon gets social support during his metamorphosis process from the people around him.

Thirdly, the effects of Landon metamorphosis. After Landon carter close with Jamie Sullivan, he is describe as polite, mature, religious optimistic, generous and wise. The high intensity time of meeting each other has greatly influences on the behavior of Landon. It shows that Jamie gives important experience to him. Landon changes his behavior to be better.

The last is the reason of addressing metamorphosis in *A Walk to Remember*, Sparks wrote this novel not only so that the reader could get to know about his sister, but so that the reader would to know what a wonderful thing it was that her husband once did for her.

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