

# CHAPTER I

## INTRODUCTION

### A. Background of the Study

People live in this world will face many problems that will arise as long as their lives and get in touch with other people or their society. The problems will make down, but sometimes the problems will make better to run this life. But all of them depends on how people can handle it and how they can solve it with a positive thinking. Through the process, sometimes they have experiences in sadness, happiness, hesitation and anxiety.

Anxiety is one of psychological problems. Anxiety is utilized by the *ego* as a signal of impending danger (Phares, 1984: 74). Anxiety is an experience of painful feeling which appears by the tense from our body. Anxiety brings the negative emotion that includes fear, apprehension and worry, and is often accompanied by physical sensations such as palpitations, nausea, chest pain and shortness of breath.

Anxiety as one of psychoanalytic principles was proposed by Sigmund Freud. He introduced the psychoanalytic theory in the early 1900s. The basic meaning of the term psychoanalytic is divided into two levels, they are: the conscious (about the rational things) and the unconscious (about the irrational things). In his research, Freud divided the component of personality into three parts; they are *id*, *ego*, and *superego*. In the concept of psychoanalytic theory, anxiety becomes the major case.

Under the pressure of excessive anxiety, the *ego* is sometimes forced to take extreme measures to relieve the pressure. These measures are called defense mechanism. In general, defense mechanism serves the useful purpose of defending the *ego* against the pain of anxiety. Although they are normal and universally used when carried to an extreme they lead to compulsive, repetitive, and even neurotic behavior. The establishment and maintenance of defense mechanism require a consist expenditure of energy any person who elaborates them has little psychic energy left to satisfy *id* impulses. Defense mechanism deals directly with instinctual demands and to defense itself against the anxiety (Feist, 1985: 33).

Literature as work of art has a close relationship with the psychoanalysis. The author gives the characters in his or her work which the characters face two or more choices or some difficulties and the characters become anxious. Therefore, the character will do defense mechanism to solve his or her anxiety or problem.

*The Question of Red*, was published in July 2016. The English translation of Pamuntjak's second novel, *Aruna dan Lidahnya*, is due for publication in the US in early 2017. It was shortlisted for the 2015 Khatulistiwa Literary Award.

In August 2015, the German translation of *Amba, Alle Farben Rot*, was Number 1 on the *Weltempfaenger* List for the best international work of fiction translated into German. It has also appeared on the *Frankfurter Allgemeine Zeitung's* list of 8 Most Important Novels of the Frankfurt Book

Fair 2015 De Bild's Top 10 Books of the Frankfurt Book Fair 2015, and the ORF Kultur (Austria)'s Top 10 List for November 2015. In 2012, Pamuntjak, who is co-founder of the bilingual Aksara Bookstore, was selected as the Indonesian representative at the Poetry Parnassus/Cultural Olympics, the largest poetry festival in the UK, held in conjunction with the London Olympics. Her prose and poetry have been published in many international journals, including the preface to *Not a Muse: A World Poetry Anthology* (2008). Between 2009 and 2011, Pamuntjak, who is a former classical pianist, was a jury/committee member of the Prince Claus Awards, the international prize arm of the renowned art philanthropic organization the Prince Claus Fund based in Amsterdam. She currently divides her time between Berlin and Jakarta.

Laksmi Pamuntjak (born in 1971) is an Indonesian poet, novelist, essayist, and food writer. She is also an art consultant and writes for numerous local and international publications including opinion articles for the *Guardian*. Biography Pamuntjak, who writes in Bahasa Indonesia and English, is the author of two collections of poetry, *Ellipsis* and *The Anagram* (the former of which appeared in the 2005 *Herald UK Books of the Year* pages); a treatise on the relationship between man and violence based on the *Iliad* titled *Perang, Langit dan Dua Perempuan*, a collection of short stories based on paintings entitled *The Diary of R.S.: Musings on Art*; five editions of *The Jakarta Good Food Guide*; two translations of the works of leading Indonesian poet and essayist Goenawan Mohamad, *Selected Poems* and *On God and*

Other Unfinished Things, and two best-selling novels, *Amba* and *Aruna dan Lidahnya*. Pamuntjak's first novel *Amba*, a national bestseller, is a modern take on The Mahabharata, set against the backdrop of the Indonesian mass killings of 1965 and the Buru penal colony. It was shortlisted for the 2013 Khatulistiwa Literary Award and has been translated into English, German and Dutch. The US edition of the English translation.

The reasons why researcher analyzes this novel is because this novel is limited edition in Indonesia so this novel is very interest to be analyze and *The Question of Red* has many of problem statement can be analyze especially Defense Mechanism issue.

The researcher would like to conduct a study on Defense Mechanism in *The Question of Red* Novel by Laksmi Pamuntjak's through the theory of Psychoanalytic. The title of this study is DEFENSE MECHANISM OF AMBA REFLECTED IN LAKSMI PAMUNTJAK'S THE QUESTION OF RED (2014): PSYCHOANALYTIC THEORY.

## **B. Literature Review.**

The researcher thinks that *The Question of Red* Novel is interested novel to read and to analyze to be a research object. The researcher is the first person that chooses this novel to be analyzed by using psychoanalytic theory. There is no other previous research that takes *The Question of Red* novel as the subject or object of the study. But the researcher found some researcher that deal with Defense Mechanism. The first researcher is Kurniawan, Arie (2008)

a student of Muhammadiyah University of Surakarta entitled 'DEFENSE MECHANISM OF RAY FERRIER IN STEVEN SPIELBERG'S WAR OF THE WORLD MOVIE: A PSYCHOANALYTIC APPROACH'. In this study, the researcher analyzes Steven Spielberg's *War of The World* movie with same focuses on defense mechanism, the writer also based on psychoanalytic approach.

The second researcher is Prasetyo, Prasetyo (2008) a student of Muhammadiyah University of Surakarta entitled 'DEFENSE MECHANISM OF CAPTAIN AHAB IN JOHN HOUSTON'S MOBY DICK MOVIE: A PSYCHOANALYTIC APPROACH'. In this study, the writer analyzes John Houston's *Moby Dick* movie with same focuses on defense mechanism, the writer also based on psychoanalytic approach.

### **C. Problem Statement**

Based on the background of choosing above, the researcher aims at analyzing the problem of Amba's defense mechanism :

1. What kinds of defense mechanism done by Amba?
2. Why does Amba choose that way to face her problem or anxiety?
3. The results of defense mechanism chosen by Amba?

### **D. Limitation of the Study.**

The researcher only focuses on the research in analyzing Defense Mechanism of Amba reflected in Laksmi Pamuntjak's *The Question of Red* novel (2014) using psychoanalytic approach.

### **E. Objective of the Study.**

Based on the Problem Statement above, the researcher can point some objectives of the study below:

1. Analyzing about the defense mechanism of Amba in Laksmi Pamuntjak's *The Question of Red* Novel.
2. Analyzing the defense mechanism of Amba in Laksmi Pamuntjak's *The Question of Red* Novel based on type of defense mechanism and the psychoanalytic approach.

### **F. Benefit of The Study.**

The researchers expected a lot that the research which investigates the Issue "Defense Mechanism of Amba reflected in *The Question of Red* Novel" contributes some benefits for others. The benefits of this study will be differentiated into two benefits:

#### **1. Theoretical Benefit,**

The result of this study is expected to be able to give information and contribution of knowledge to the academic reference. It can be also as reference for other researcher who wants to conduct further researcher and particular the literary studies on *The Question of Red* Novel.

#### **2. Practical Benefits.**

The study is expected to enrich knowledge and experience for the writer in many things and for other students who have same interest in literary study on the Psychoanalytic approach.

## **G. Research Method.**

### **1. Type of the Study**

In this research, the researcher uses a qualitative research. It is a library research while data sources need literary data. This kind of research has purposes to analyze literature using Psychoanalytic Approach. There are some steps to conduct the research. They are (1) determining the type of the study (2) determining the object of the study (3) determining data and data source (4) determining technique of data collection, and (5) determining technique of data analysis.

### **2. Object of the Study**

The object of the study is Defense Mechanism of Amba Reflected in *The Question of Red* (2014) analyzing by using Psychoanalytic Approach.

### **3. Type of the Data and the Data Source**

There are two data sources which are needed to conduct this research. They are primary data sources and secondary data sources.

#### **a. Primary Data Sources**

The source of primary data is *The Question of Red* Laksmi Pamuntjak's Novel (2014).

#### **b. Secondary Data**

The sources of secondary data are taken from other sources related the study, such as: website, dictionary, and some books which support the research.

#### **4. Technique of Data Collection**

The technique of collecting data are reading novel and note taking, the steps are as follows:

- a. Reading the original novel *The Question of Red* several times
- b. Determining every characters of novel.
- c. Taking notes of important things for both of primary and secondary data source.
- d. Classifying data by determining the relevant data.

#### **5. Technique of Data Analysis**

The technique used in analyzing the data is descriptive analysis. It relates with structural elements of Defense Mechanism of Amba Reflected in Laksmi Pamuntjak's *The Question of Red* Novel (2014).

### **H. Paper Organization**

This research paper organization of Defense Mechanism of Amba reflected in Laksmi Pamuntjak's *Questions of Red* (2014) is as follows: chapter I is introduction, which consists of the background of the study, literary review, problem statement, limitation of the study, objective of the study, benefit of the study, theoretical approach, research method, and research paper organization. Chapter II is underlying theories which consist of basic concept of Psychoanalytic theory and structural element. Chapter III deals with the structural analysis and discussion of the novel. Chapter IV is the discussion about the major character's problem based on Psychoanalytic

Approach theory. And the chapter V is conclusion and suggestion of the research.