CHAPTER 1
INTRODUCTION

A. Background of the Study

The 'Individual Psychologist' works with an individual as an equal to uncover his values and assumptions. As a person is not aware that he is acting according to misperceptions, it becomes the task of the practitioner to not only lead the individual to an insightful exposure of his errors, but also to re-orient him toward a more useful way of living.

The Adlerian Unconscious "There appears to be no contrast between the conscious and the unconscious, that both cooperate for a higher purpose, that our thoughts and feelings become conscious as soon as we are faced with a difficulty, and unconscious as soon as our personality requires it." Adler shifted the grounds of psychological determinacies from sex and libido, the Freudian standpoint, to one based on the individual evaluation of world. He gave special prominence to societal factors. According to him a person has to combat or confront three forces: societal, love-related, and vocational forces. These confrontations determine the final nature of a personality. Adler based his theories on the pre-adulthood development of a person. He laid stress on such areas as hated children, physical deformities at birth, birth order, etc (McLeod, 2008: 45).

Adlerian psychology shows parallels with the humanistic psychology of Abraham Maslow, who acknowledged Adler's influence on his own theories. Both individual psychology and humanistic psychology hold that the individual human being is the best determinant of his or her own needs, desires, interests, and growth. Erikson (1950: 63) does not talk about psychosexual Stages, he discusses psychosocial stages. His ideas though were greatly influenced by Freud, going along with Freud’s theory regarding the structure and topography of personality. (McLeod, 2008: 125)
However, whereas Freud was an id psychologist, Erikson was an ego psychologist. He emphasized the role of culture and society and the conflicts that can take place within the ego itself, whereas Freud emphasized the conflict between the id and the superego. According to Erikson, the ego develops as it successfully resolves crises that are distinctly social in nature. These involve establishing a sense of trust in others, developing a sense of identity in society, and helping the next generation prepare for the future (McLeod, 2008).

The Hunger Games is a 2008 science fiction novel by the American writer Suzanne Collins. It is written in the voice of 16-year-old Katniss Everdeen, who lives in the dystopian, post-apocalyptic nation of Panem in North America. The Capitol, a highly advanced metropolis, exercises political control over the rest of the nation. The Hunger Games is an annual event in which one boy and one girl aged 12–18 from each of the twelve districts surrounding the Capitol are selected by lottery to compete in a televised battle to the death. The book received mostly positive feedback from major reviewers and authors. It was praised for its storyline and character development, though some reviewers have noted similarities between Collins' book and Koushun Takami's Battle Royale (1999). In writing The Hunger Games, Collins drew upon Greek mythology, Roman gladiatorial games, and contemporary reality television for thematic content. The novel won many awards, including the California Young Reader Medal, and was named one of Publishers Weekly's "Best Books of the Year" in 2008 (Springen, 2012).

The Hunger Games was first published in hardcover on September 14, 2008, by Scholastic, featuring a cover designed by Tim O'Brien. It has since been released in paperback and also as an audiobook and ebook. After an initial print of 200,000, the book had sold 800,000 copies by February 2010. Since its release, The Hunger Games has been translated into 26 languages, and publishing rights have been sold in 38 territories. The novel is the first in The Hunger Games trilogy, followed by Catching Fire (2009) and Mockingjay
(2010). A film adaptation, directed by Gary Ross and co-written and co-produced by Collins herself, was released in 2012. There are some reasons why the writer is interested in analyzing this novel. Firstly, *The Hunger Games* novel is the struggle of severe poverty problems, hunger, oppression and the impact of the war are portrayed by the main character of Katniss Everdeen. Secondly, Collins has said that the inspiration for *The Hunger Games* came from channel surfing on television. On one channel she observed people competing on a reality show and on another she saw footage of the invasion of Iraq. The two "began to blur in this very unsettling way" and the idea for the book was formed. The Greek myth of Theseus served as a major basis for the story, with Collins describing Katniss as a futuristic Theseus, and Roman gladiatorial games provided the framework. The sense of loss that Collins developed through her father's service in the Vietnam War was also an influence on the story, with Katniss having lost her father at age 11, five years before the story begins. The first reasons is *The Hunger Games* novel is the struggle of severe poverty problems, hunger, oppression and the impact of the war are portrayed by the main character of Katniss Everdeen needs to hunt to provide food for her family, resulting in the development of skills that are useful to her in the Games (such as her proficiency with the bow and arrow) and represents her rejection of the Capitol's rules in the face of life-threatening situations. Library journal *Voice of Youth Advocates* names the major themes of *The Hunger Games* as "government control, 'big brother', and personal independence." (*The New York Times*, 2009).

The second reasons is Collins has said that the inspiration for *The Hunger Games* came from channel surfing on television. The sense of loss that Collins developed through her father's service in the Vietnam War was also an influence on the story, with Katniss having lost her father at age 11, five years before the story begins. Collins stated that the deaths of young characters and other "dark passages" were the most difficult parts of the book to write, but that she had accepted that passages such as these were necessary to the story.
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The third reason is the choices the characters make and the strategies they use are often morally complex. The tributes build a personality they want the audience to see throughout the Games. Laura Miller of The New Yorker finds the author's stated premise of the Games –an exercise in propaganda and a "humiliating as well as torturous punishment" for a failed uprising against the Capitol many years earlier to be unconvincing. "You don't demoralize and dehumanize a subject people by turning them into celebrities and coaching them on how to craft an appealing persona for a mass audience." (http://www.npr.org/).

The choices the characters make and the strategies they use are often morally complex. The tributes build a personality they want the audience to see throughout the Games. Library journal Voice of Youth Advocates names the major themes of The Hunger Games as "government control, 'big brother', and personal independence." The trilogy's theme of power and downfall, similar to that of Shakespeare's Julius Caesar, was pointed out by its publisher Scholastic. Laura Miller of The New Yorker finds the author's stated premise of the Games –an exercise in propaganda and a "humiliating as well as torturous punishment" for a failed uprising against the Capitol many years earlier– to be unconvincing (The New York Times, 2012).

B. Literature Review

Hunger games novel is interesting novel to be read. This novel describes the character that has individual properties to seek independence themselves and should try to face the rigors of the rules made by the president or the government. There is some research about The Hunger Games Novel trilogy which one is written by Isyfi’ Alfiani and the title is “CLASS STRUGGLE AS A CRITICISM TOWARD CAPITALISM SYSTEM REFLECTED IN
SUZANNE COLLINS’S THE HUNGER GAMES NOVEL TRILOGY (2008-2010). This research uses two data sources; they are primary and secondary datasource. The primary data source of the study is Suzanne Collins’s The Hunger Games Trilogy that consist of three novels; The Hunger Games (2008), Catching Fire (2009), and Mockingjay (2010). Meanwhile, the secondary data source of this study are taken from other sources such as literary books, previous studies, articles, journals, and also website related to the trilogy of The Hunger Games Trilogy. This study aimed to reveal how the class struggle reflected in the trilogy the class differences, the cause of class struggle, power relation, the effect of class struggle, the type of class struggle and why the class struggle is taken as the major issue in Suzanne Collins’s The hunger Games Trilogy. This study shows that the class struggle reflected in trilogy is seen as the vehicle to criticize the capitalism system. The Hunger Games novel is conducted by Laura Miller, The New Yorker, in her article published in year 2010 she said “an exercise in propaganda and a humiliating as well as torturous punishment for a failed uprising against the Capitol many years earlier to be unconvincing. You don't demoralize and dehumanize a subject people by turning them into celebrities and coaching them on how to craft an appealing persona for a mass audience. But the story works much better if the theme is vicissitudes of high school and "the adolescent social experience".

Miller writes: "The rules are arbitrary, unfathomable, and subject to sudden change. A brutal social hierarchy prevails, with the rich, the good-looking, and the athletic lording their advantages over everyone else. To survive you have to be totally fake. Adults don't seem to understand how high the stakes are; your whole life could be over, and they act like it's just some "phase"! Everyone's always watching you, scrutinizing your clothes or your friends and obsessing over whether you're having sex or taking drugs or getting good enough grades, but no one cares who you really are or how you really feel about anything."
The second statement which was conducted by Donald Brake from *The Washington Times* and pastor Andy Langford state that the story has Christian themes, such as that of self-sacrifice, which is found in Katniss' substitution for her younger sister, analogous to the sacrifice of Jesus as a substitute for the atonement of sins. Brake, as well as another reviewer, Amy Simpson, both find that the story also revolves around the theme of hope, which is exemplified in the "incorruptible goodness of Katniss' sister, Primrose." Simpson also points to events similar to the Passion of Jesus; in the Games, "Christ figure" Peeta Mellark is stabbed after warning Katniss to flee for her life, and is then buried in the ground and placed in a cave for three days before emerging with a new lease on life. Further, she finds that the Christian image of the Bread of Life is used throughout *The Hunger Games*; in the story, Peeta gives Katniss a loaf of bread, saving the girl and her family from starvation.

Based on the descriptions, the statement above are different with the researcher because the first and the second statement do not use a scientific approach theory, their statement just use common sense and logic of their own or their assumptions. The researcher here wants to conduct a study of The Hunger Games novel based on individual psychological approach. The writer focuses on the reflection of personal independence in The Hunger Games Novel.

C. Problem Statement

The problem statement of this research is “How is personal independence of the major and minor characters reflected in The Hunger Games novel?”

D. Objectives of the Study

The objectives of the study are mentioned as follows?

1. To analyze Suzanne Collins The Hunger Games Novel based on the psychological of the novel.
2. To reveal personal independence of the major and minor characters by means of Individual Psychological Approach.

E. Limitation of the Study
The researcher focuses this research in analyzing personal independence in major and minor characters which is reflected in The Hunger Games Suzanne Collins novel (2008) based on Individual Psychological Approach.

F. Benefit of the Study
The study is expected to give benefits as follows:

1. Theoretical Benefit
The researcher wishes that his study can impart a new contribution and information to the larger body of knowledge, especially the literary study on The Hunger Games novel (2008).

2. Practical Benefit
This study is wished to give deeper understanding and enrich both knowledge and experience especially for the writer, generally for other students of Muhammadiyah University of Surakarta and also can be used as reference by other university students who are interested in literary study on The Hunger Games novel (2008) based on Individual Psychological Approach.

G. Research Method
1. Type of the Study
The researcher makes this research applies descriptive qualitative method. Descriptive qualitative method is a research which employs the method of collecting, describing, classifying and analyzing the data and then drawing conclusion.
2. **Object of the Study**
   The object of the study is *The Hunger Games* novel directed by Suzanne Collins and publishing in 2008. It is analyzed by using an individual psychological approach.

3. **Type of the Data and Source of the Data**
   a. **Type of the Data**
      The types of data that is applied by the writer in this research are:
      1) Textual Data that consist of words, phrases, sentences, narration and dialogue of novel.
      2) Image that is available in the novel.
   b. **Source of the Data**
      The source of data in this research is classified in two categories:
      1) Primary Data
         The primary data source is the novel itself, *The Hunger Games* novel directed by Suzanne Collins.
      2) Secondary Data
         The secondary data sources are taken from some books, websites, and other literary and other matters that support this analysis.

4. **Technique of the Data Collection**
   The researcher takes some steps for the techniques of data collection, those are:
   a. Reading the novel repeatedly.
   b. Determining the character that will be analyzed.
   c. Taking notes of the influence information in textual and image in both primary and secondary data.
   d. Arranging the data into several groups on its classifications.
e. Selecting particular part considered important and relevant for analysis.

f. Drawing conclusion and formulating suggestion.
5. **Technique Data Analysis**  
The researcher uses individual psychological approach and applies it by using the descriptive analysis. In addition, the writer also uses the structural analysis of the work. Firstly, the data arranged in a list of data. Secondly, the researcher is looking for a selecting the correlation by using the chosen approach. Thirdly, all data from the second step are arranged. Finally, a conclusion is drawn.

H. **Research Organization**  
In order to make this paper easy to be followed, the researcher gave some orders for the paper organization. The first is chapter I, introduction. It consists of background of the study, objective of the study, benefits of the study, research method, and paper organization. The second is chapter II, theoretical approach, it consists the notion of individual psychological approach, structure of individual psychological approach, structural elements of the novel, the notion of personal independence. The third is chapter III, it deals with the structural analysis of the novel. The fourth is chapter IV, it discusses psychological approach and its application in analyzing *The Hunger Games*. The last chapter is conclusion and suggestion.