ANXIETY OF TRACY WHITNEY IN SIDNEY SHELDON’S

*IF TOMORROW COMES:*

A PSYCHOANALYTIC APPROACH

RESEARCH PAPER

Written as a Partial Fulfillment of Requirement for Achieving Bachelor Degree in English Department

by

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CHAPTER I
INTRODUCTION

A. Background of the Study

Human beings are identical with problems. Human being cannot be separated from the phenomenon and reality of life. Human absolutely have ever faced experiences in their life. The problem can include many aspects of life such as social, economic, religion, culture, and even politic. Usually the problems cause anxieties and influence their daily life.

Freud (in Hjelle and Ziegler, 1992: 102) states that anxiety “is ego function which alerts the person to sources of impending danger that must be counteracted or avoid. Anxiety rises when human feels uncomfortable and it influences his mental. That is why human always have willingness to satisfy themselves. They will make it real by doing something to overcome the anxieties. In fact, they should consider the rules dealing with society’s norms and standard behaviors. Human will be afraid when something threatened come to them or, they do not get their willingness.

Each human has their own way to manage their willingness, depending on their. Personality is an abstract concept that integrates many aspects characterizes what the person is like. Sigmund Freud, Austrian scientist introduced three basic structures in the anatomy of personality with his psychoanalysis theory. Psychoanalysis is treatment of mental disorder by bringing repressed fears and conflicts into the conscious mind over a long
course of interviews. According to him, there are three component of personality; *id* (*Das Es*), *ego* (*Das Ich*) and *superego* (*Ueber Ich*). In functional personality, *id* tells us about what human wants to do as seeking pleasure, *ego* decides what human can do as seeking reality and *superego* tells what human can do as seeking perfection. Freud also describes *anxiety* as an emotional condition where human fells uncomfortable and always fells so scare.

*If Tomorrow Comes* novel, as other novels, consists of some elements that build and support it to become a good and perfect work. Those elements are characterization, setting, plot, point of view, and theme. One of the novel’s elements is characterization. It contains Tracy Whitney’s characters and her problems in life which are hard to be found in readers’ life. She can be a good example and lesson for living and facing conflict in society. Koesnosoebroto (1988: 20) said that the novel, more than any other genre, can give form to set attitudes regarding society, history and the general culture which the novel is part of it.

Motivated by the fact above, Sidney Sheldon, one of the greatest novelists in the world, wrote many kinds of blockbuster novels, one of them is *If Tomorrow Comes*, published in 1985 by Warner Book, which contains 408 pages. Sheldon as one of the best storyteller was born in Chicago, Illinois, 1917. Sidney Sheldon is the author of *The Naked Face, The Other Side of Midnight* *Rage of Angels, Windmills of the Gods, Master of the Game, The Sands of Time, Bloodline, Memories of Midnight, The Doomsday Conspiracy,*
The Stars Shine Down, A Stranger in the Mirror, Nothing Last Forever, Morning, Noon & Night, The Best Lauds Plans, Tell Me Your Dream, and Why You Afraid of Dark? Most of themes have been a number one International Best Sellers. The New York Times acclaimed Sheldon’s Novel, The Naked Face as “The Best First Mystery of the Year”. Most of Sheldon’s novels have become major feature films or TV mini-series and there are 100 million copies of his books printed throughout the world (http://www.amazon.com/exec/obid/tg/detail/0446519642/?/VId=customerreviews-76k, March 5th 2005).

After discussing literature and psychology at a glance, it should be kept in mind that the aim of studying literature is to provide the learners with literary works to respond so that they may have references for language activities such as analyzing literary works. Therefore, analyzing a literary work might be an interesting activity for language learners.

The writer is interested in observing the personality of the main character Tracy Whitney of Anxiety focusing on anxiety. This research will observe the anxiety of Tracy Whitney by employing Psychoanalytic Perspective. The writer proposes research entitled ANXIETY OF TRACY WHITNEY IN SIDNEY SHELDON’S IF TOMORROW COMES: A PSYCHOANALYTIC APPROACH.
B. Literary Review

Mostly, Sidney Sheldon’s novels are quite fabulous and exciting, so it is not strange if many students are interested in conducting their study on his masterpiece. As far as the writer know, there are researchers who have analyzed the novel *If Tomorrow Comes* among others are Yulia Astini, with the thesis entitled “A Sociological Study on If Tomorrow Comes by Sidney Sheldon: Genetic Structuralism Approach”, Hengky Nugroho.T.P, with the thesis entitled “Challenge and Response in Sidney Sheldon’s If Tomorrow Comes: Behaviorist Approach”, and Nita Purnawanti, with the thesis entitled “Psychological Approach in Sidney Sheldon’s If Tomorrow Comes”. All of them are UMS students.

In this research, the writer will try to analyze Tracy Whitney’s anxiety as the major character in Sidney Sheldon’s “If Tomorrow Comes” novel based on psychoanalytic approach.

C. Problem Statement

The problem of the study is “How is the anxiety of the major character reflected in Tracy Whitney’s anxiety in Sidney Sheldon’s If Tomorrow Comes?”

D. Objective of the Study

The objectives of the study are follows;

1. Analyzing the novel based on its structural elements.

2. Analyzing the novel based on psychoanalytic perspective.
E. Benefit of the Study

The benefits of this study are as follow:

1. Theoretical Benefit

To give contribution to the body of knowledge, particularly the aspect of Psychoanalytic study.

2. Practical Benefit

In this research, the writer wants to give some contributions to the development of literary study. In addition, it would help another researcher who wants to examine Sidney Sheldon’s works especially If Tomorrow Comes.

F. Research Method

1. Type of the Study

This study uses descriptive qualitative method

2. Object of the Study

The Object of the study is Tracy Whitney’s in Sidney Sheldon’s “If Tomorrow Comes”.

3. Type of the Data and the Data Sources

There are two sources of data, primary and secondary data sources.

a. Primary data is Tracy Whitney’s in Sidney Sheldon’s “If Tomorrow Comes”

b. Secondary data are from other books, thesis, and other sources that related to the research.
4. Technique of the Data Collection

The data collection is done through documentary or library research that is the writer seeks the data from printed media, novel in this case, as the primary data and the other sources as the secondary data.

These following steps are the procedure to conduct the study: first, the writer will read the novel repeatedly, second; the writer will take important notes in both primary and secondary data which are relevant to the study. The third, is writing down the important data and the fourth, is arranging the data into several part based on the classification.

5. Technique of the Data Analysis

The data were analyzed using descriptive qualitative analysis. This is an interpretation the text and context analysis to psychoanalysis at *If Tomorrow Comes.*

G. Research Paper Organization

To report this research, the writer divides the research into five chapters, namely: Chapter I is the introduction which consists of background of the study, literary review, problem statement, limitation of the study, objective of the study, benefits of the study, theoretical approach and paper organization. In Chapter II, the writer comprises the underlying theory consist of psychoanalysis theory. Chapter III is the structural elements of the novel. Chapter IV is psychoanalysis analysis emphasize on anxiety suffered by the major character. Chapter V consists of conclusion and suggestion.