

## CHAPTER I

### INTRODUCTION

#### A. Background of the Study

Adler's individual psychology depicts human being single, indivisible, self-consistent and unified (Adler in Hjelle and Ziegler, 1992: 139). Adler makes consciousness of the center of personality, which makes him pioneer in the development of an ego-oriented psychology. Human presence is conscious being; he is ordinarily aware of the reasons for his behavior.

He is conscious of his inferiorities and conscious of the goal for which he strives. More than that, he is a self-conscious individual who is capable of planning and guiding actions with full of awareness of their meaning for his own self-realization (Hall and Lindzey, 1981: 121).

Beside that individual psychological approach focuses on one individual, and here the researcher will focus on the figure of Adam in *Where She Went* novel to identify about his life.

Life is the property or quality that distinguishes living organism from dead organism and inanimate matter, manifested inn functions such as metabolism, growth, reproduction, and response to stimuli or adaption to the environment originating from within the organism. And life is the characteristic state or condition of a living organism. (Life, <http://www.thefreedictionary.com/life>, access on February 29, 2016).

Life is the state of presence which begins with generation, birth, or germination, and ends with date; also, the time during which this state continues, that state of an animal or plant in which all or any of its organs are capable of performance all or any of their functions; -used of all animal and vegetable organisms.

(Life, <http://www.webster-dictionary.org/definition/life>, access on February 29, 2016).

Life as a “self-contained, self-regulating, self-organizing, self-reproducing, interconnected, open thermodynamic network of component parts which perform work, existing in a complex regime which combines stability and adaptability in the phase transition between order and chaos, as a plant, animal, fungus, or microbe.

(Life, <http://www.ncbi.nlm.nih.gov/pubmed/20639603>, access on February 29, 2016)

Aside from the understanding above, the researcher also has own thinking about what life is. According to the researcher, life is the beginning of the creature created in the world, and then grows into adulthood and ends up on death. Talking about life is not just about the birth, growth, and death. In addition, the life could also mean as an opportunity to love our partner, our parents and as well as the love of us. Talking about life, there are many novels telling about life. One of them is *Where She Went* novel by Gayle Forman.

The story begins when Adam wakes up from his sleep. Aldous – “*Shooting Star*” band manager - has been calling Adam many times, insists him to get up and go to studio for recording several internet version guitar tracks for the first single of the album which has been released. Adam quickly gets up and grabs a bottle containing some kind of sedative drugs then drinks it, because lately he gets easily over panic. Adam has been succeeding with his band “*Shooting Star*” but recently his relationship with his band members is not really good. He always asks to stay in separated hotel from Liz, Fitzy, and Mike. He also has a girlfriend named Bryn, a very beautiful Hollywood actress.

After walking a few blocks from the hotel where he stays (by using a hat so that people will not easily recognize him) finally he arrives in the studio. Aldous has been waiting for him. Only then he finishes the recording, Adam has a lunch schedule as well as an interview with a

reporter. Initially, Adam is calm. But when the reporter begins to find out the information about Mia, he can no longer control his emotion. In the end of the interview, there is a little incident that makes Aldous hold the situation.

In front of the hotel, Aldous says that maybe Adam needs time to relax for a while. He allows Adam to stay one more night in New York, before all of them go to London for making clip video. Other band members will go at that day, but Aldous changes Adam's ticket with him for tomorrow's departure at five in the afternoon. So, at that day Adam is free from his routine as a famous celebrity. He takes the air, walks around New York alone.

When the twilight comes, Adam's footsteps bring him to Carnegie Hall, and there he sees Mia's concert poster which will be held that night. Insensibly, he walks to the ticket counter. Fortunate factor that makes him get a ticket that night. Then Adam comes to the hall and finds his seat. Adam recalls his memory again when he had a first date with Mia, he went to the Yo-yo Ma cello concert with the girl. Adam worked as a pizza courier just for buying the ticket for Mia.

The concert is done. Mia gets big applause and warm welcome from the audiences. When Adam is about to go from the hall, an officer calls him and says that Mia wants to meet him. With confused feeling, Adam lets him be pulled by the officer and brought to the backstage. And there, he sees Mia.

Adam and Mia go out together that night. After successfully avoiding from paparazzi, Mia brings Adam with him to look for Easter eggs in the city-New York secret tour (called so because Mia does not want to tell Adam some places they will visit). The first, Mia takes Adam to an eatery for dinner that actually the owner of the place knows Mia well and keeps teasing Mia with the hunch that Adam is her boyfriend. Mia takes Adam to a bowling arena which is a hidden place in the corner of bus station. Then, they go to Times Square subway station, take a ferry to

Staten Island at early morning to see Liberty statue, and the last they go to Brooklyn Bridge when morning comes.

This novel is written by Gayle Forman. She was born on June 5, 1970 in Brooklyn, New York. She attended elementary, middle, and high school in her hometown. After she finished attending college, she became a journalist for Seventeen Magazines, reporting on adolescents and social-justice issues. Later she transferred to be freelance journalist, working for more than seven magazines at a time. Forman officially became an author when she and her husband (Nick Forman), traveled worldwide in 2002. During her travels she wrote *You Can't Get There from Here: A Year on the Fringes of a Shrinking World*, published in 2005. She wrote her next novel, *Sisters in Sanity*, in 2007. The book was based on an article she wrote for Seventeen Magazine. Every two years a new book was published: *If I Stay* in 2009, *Where She Went* in 2011, and *Just One Day* and *Just One Year* in 2013.

(Biography,

<http://sites.google.com/site/authorstudygayleforman/biography> access on March 1, 2016)

There are some reasons why the researcher analyzes this novel. The first reason is a good novel with amazing story. The novel tells about life, career, and also struggle about love. In addition novel written by Gayle Forman also has a romantic side.

The second reason is the character and characterization. The researcher is interested in Adam as major character who has a fragile in his heart but he strives to be strong to everyone.

Based on the background above, the researcher proposes to conduct a research entitled "ADAM'S LIFE REFLECTED IN GAYLE FORMAN'S WHERE SHE WENT NOVEL (2011): AN INDIVIDUAL PSYCHOLOGICAL APPROACH".

## **B. Problem of the Study**

Based on the previous background of the study, the researcher wants to analyze the problem “How is Adam’s Life Reflected at Gayle Forman’s *Where She Went* Novel (2011)?”

## **C. Limitation of the Study**

The researcher focuses on Adam’s Life at Gayle Forman’s novel *Where She Went* (2011) on individual psychological approach.

## **D. Objective of the Study**

The objective in the study is “To analyze Adam’s life reflected in Gayle Forman’s *Where She Went* novel based on individual psychological approach”.

## **E. Benefit of the Study**

The study of Adam’s Life reflected in Gayle Forman’s *Where She Went* novel has two benefits:

### **1. Theoretically**

The result of this study is expected to be able to give information and contribution of knowledge to the academic reference. It can be also as a reference for other researchers who want to conduct further research and particularly the literary studies on this *Where She Went* novel.

## 2. Practically

The study is expected to enrich knowledge and experience for the researcher in literary studies and for other students of Muhammadiyah University of Surakarta.

## F. Paper Organization

The paper includes of five chapters and every of the sub are separated into sub sequent separation.

**Chapter I** is the introduction that contains of background of the study, problem of the study, limitation of the study, objective of the study, benefit of the study, and paper organization.

**Chapter II** is literature review that consists of the underlying theory, specifically explaining about principles theory of personality, theoretical application and previous study.

**Chapter III** is research method; type of the research, object of the study, type of the data and data source, technique of the data collection, technique of the data analysis.

**Chapter IV** is data analysis; it presents six basic principle of an individual psychological approach, signifies the use of the novel and discussion.

**Chapter V** assimilates the complete discussion together with the conclusion, suggestion and pedagogical implication of the study.