

**ADAM'S LIFE REFLECTED IN GAYLE FORMAN'S *WHERE SHE WENT*
NOVEL (2011) : AN INDIVIDUAL PSYCHOLOGICAL APPROACH**



PUBLICATION ARTICLE

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APPROVAL

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I hereby assert that there is no plagiarism in this research paper. There is no other work that has been submitted to obtain the bachelor degree and as far as I am concerned there is no opinion that has been written or published before, except the written references which are referred in this paper and mentioned in the bibliography.

If any incorrectness is proved in the future dealing with my statement above, I will be fully responsible.

Surakarta, July 23, 2016

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ADAM'S LIFE REFLECTED IN GAYLE FORMAN'S *WHERE SHE WENT* NOVEL (2011) : AN INDIVIDUAL PSYCHOLOGICAL APPROACH

ABSTRAK

Masalah utama dari penelitian ini adalah kehidupan. Dimana seseorang menginginkan kehidupan yang lebih baik dia harus berusaha dan mau bekerja keras. Tujuan dari penelitian ini adalah untuk menganalisis novel *Where She Went* berdasarkan teori psikologi individu. Peneliti menggunakan metode kualitatif. Peneliti menggunakan dua sumber data: primer dan sekunder. Sumber data primer yaitu *Where She Went* novel karya Gayle Forman. Data sekunder yaitu data pendukung yang diambil dari buku teori psikologi individu, dan beberapa artikel dari internet yang berhubungan dengan novel. Metode pengumpulan data adalah peneliti menggunakan penelitian kualitatif deskriptif. Berdasarkan analisis ini, peneliti mendapat beberapa kesimpulan. Studi ini menunjukkan bahwa masalah yang dihadapi oleh karakter utama adalah kehidupannya. Hal ini dibuktikan dengan keinginannya untuk memperbaiki kehidupannya menjadi lebih baik. Terbukti dengan kerja keras karakter utama dalam mewujudkan keinginannya untuk mendapatkan kehidupan yang lebih baik dan membahagiakan.

Kata kunci: kehidupan, teori psikologi individu, *where she went*, Gayle Forman.

The main issue of this research is life. If someone wants his life to be better he has to try and work hard. The purpose of this research is to analyze *Where She Went* novel based on the theory of individual psychology. The researcher used qualitative method. The researcher used two data sources: primer and secondary. The primer data was *Where She Went* novel written by Gayle Forman. The secondary data was supporting data taken from the theory of individual psychology books, and some articles from the internet related to the novel. For data collection method, the researcher used descriptive qualitative research. Based on this analysis, the researcher took some conclusions. This study shows that a problem faced by the main character was his life. It can be proved by his desire to fix his life to be better. It is prove by main character's hard work in making his desire to get better and happier life.

Keywords: life, individual psychology, *Where She Went*, Gayle Forman.

1. INTRODUCTION

Where She Went novel was written by Gayle Forman published in April 2011. Imagination and the reality of the author can make an attractive literary. This novel contain about life, which are able to drain the readers. In the novel is telling the beginning of a person's life so fragile until he was able to rise in order to reach his happiness. It contains of 264 pages.

The researcher has two reasons why she wants to analyze this novel. The first reason is a good novel with amazing story. The novel tells about life, career, and also struggle about love. In addition novel written by Gayle Forman also has a romantic side. The second reason is the character and characterization. The researcher is interested in Adam as major character who has a fragile in his heart but he strives for strong to everyone.

The problem statement of the study will focus on the life in *Where She Went* novel. Based on the background of choosing the subject above, the researcher was going to focus her research on

the life of Adam in *Where She Went* novel with the problem of this study as follow: “How is Adam’s Life Reflected at Gayle Forman’s *Where She Went* Novel (2011)?”

The objective of the study is to analyze Adam’s life reflected in Gayle Forman’s *Where She Went* novel (2011) based on an individual psychological approach.

Life is the property or quality that distinguishes living organism from dead organism and inanimate matter, manifested inn functions such as metabolism, growth, reproduction, and response to stimuli or adaption to the environment originating from within the organism. And life is the characteristic state or condition of a living organism. (Life, <http://www.thefreedictionary.com/life>, access on February 29, 2016).

Life is the state of presence which begins with generation, birth, or germination, and ends with date; also, the time during which this state continues, that state of an animal or plant in which all or any of its organs are capable of performance all or any of their functions; -used of all animal and vegetable organisms. (Life, <http://www.webster-dictionary.org/definition/life>, access on February 29, 2016).

Based on the definitions above, the researcher uses an individual psychological approach. As individual psychological approach focuses on one individual, and here the researcher will focus on the figure of Adam in *Where She Went* novel to identify about his life.

2. RESEARCH METHOD

In analyzing *Where She Went* novel by Gayle Forman (2011) the researcher uses qualitative research. Type of data in this research is textual data. It contains of word, phrase and sentences. The data sources contain of two type, they are primary data source and secondary data source. The primary data source is *Where She Went* novel. The secondary data source is about all relevant materials in the novels. The techniques of data collection the researcher reads information about the novel and the book of theories which match with the data, reads the novel and complemented it with the theories that the researcher uses, writes down of important information in both sources and chooses them by accommodating the important information with the problem. Alongside that the researcher uses internet to discover the information around the novel. The object of the study is to analyze Adam’s life reflected in Gayle Forman (2011) on an individual psychological approach. The analyzing the data based on the individual psychological analysis.

3. RESEARCH FINDING AND DISCUSSION

1. Finding

They are six kinds of personality in *Where She Went* novel based on Adler fictional finalism, striving for success or superiority, inferiority feeling, style of life, social interest and creative self. The discussion below will show it.

a. Fictional Finalism

Shooting star ever toured in different countries, including North America, Europe and also Asia. Adam's Shooting Star band had made them more popular. All tickets on each tour are always sold out and most of fans also make merchandise like t-shirts, hats off to special-edition Shooting Star telescope.

"As the tour went on, the album just started going haywire. Platinum. Then double-platinum. The tour dates sold out, so our promoters added additional ones to meet demand. The merchandising deals were everywhere. Shooting Star T-shirts, caps, posters, stickers, even a special-edition Shooting Star telescope. Suddenly, the press was all over us. Interviews all the time, which was flattering at first. People cared enough about us to read what we had to say."
(Where She Went, 2009:132)

b. Striving for Success or Superiority

Before joining "Shooting Star", Adam joined "Infinity 89 band" which performed in home parties. Until they finally broke up because one of the personnel decided to go to College. The adventures of Adam started as a soloist and a songwriter. He performed from cafe to cafe to meet a girl named Liz and join in the band "Shooting Star".

"Thus began my brief stint as a lone singer-songwriter about town, playing in coffeehouses, mostly. Doing the café circuit was marginally better than the house parties..."

"One girl was different. She had rosy muscled arms and a fierce look in her eyes. The first time she spoke to me she said only: "You're wasted."

"Nope. Sober as a stone," I replied.

"Not that kind of wasted," she said, arching her pierced eyebrow. "You're wasted on acoustic. I saw you play before in that terrible band of yours, but you were really good, even for a child such as yourself."

"Thanks. I think."

"You're welcome. I'm not here for flattery. I'm here for recruitment."

(Where She Went, 2009:193-194)

c. Inferiority Feeling

Every time before Adam's tour, he is always struck by a sense of anxiety excessive. Anxious feeling Adam is actually more like solitude than the crowd.

"November? It's August now. That's three months. And the tour is sixty-seven nights. Sixty-seven. I repeat it in my head like a mantra, except it does the opposite of what a mantra's supposed to do. It makes me want to grab fistfuls of my hair and yank."

"And how do I tell Aldous, how do I tell any of them, that the music, the adrenaline, the love, all the things that mitigate how hard this has become, all of that's gone? All that's left is this vortex. And I'm right on the edge of it."

"My entire body is shaking. I'm losing it. A day might be just twenty-four hours but sometimes getting through just one seems as impossible as scaling Everest."

(Where She Went, 2009:26-27)

d. Style of life

Adam is a gentleman. Beside he is easily emotional, he is also a gentleman. Gentle attitude is not shown for everyone, but he only shows it to people who know about his life and his immediate people.

"Don't you have a sweater or something?" I asked.

"It didn't complete the look."

"Here." I handed her my jacket.

"She raised her eyebrows in surprise. A gentleman."

(Where She Went, 2009: 85)

e. Social Interest

For three months in the bedroom, Adam does not do any activity. He is like a man without spirit in life until suddenly he is aware and back to his life like usually. He finally asked his father about the job, and he thought that he had to rise. He had to think of his parents who had been good to him over the years.

“For three months, I lay in my childhood bed, wishing myself as comatose as Mia had been. That had to be easier than this. My sense of shame finally roused me. I was nineteen years old, a college dropout, living in my parents’ house, unemployed, a lay about, a cliché. My parents had been cool about the whole thing, but the reek of my pathetic was starting to make me sick. Finally, right after the New Year, I asked my father if there were any jobs at the plant.”
(Where She Went, 2009: 60)

f. Creative Self

Creative Self of Adam is in order to maintain the person he loved; Adam is willing to do anything. The first, he is willing not to participate in the making the video song. The second, he is willing to decide to be with Bryn, who has been with him in the difficult times.

“I go to in the garden where it’s private and peaceful in the afternoon light, the summer cicadas chirping up a storm. Aldous picks up on the first ring and the minute I hear his voice and start talking ...”

“I can’t see Aldous so I can’t know if he blinks or flinches or looked surprised, but he doesn’t miss a beat.”

“You’ll honor all your tour commitments?” he repeats.

“Yep.”

“What am I supposed to say to the band?”

“They can make the video without me if they want. I’ll see them at the Guildford Festival,” I say referring to the big music festival in England that we’re headlining to kick off our tour. “And I’ll explain everything then.”

(Where She Went, 2009:238)

2. Discussion

Striving for success or superiority of Adam, early Adam's career started from a band called “*Infinity 89*”. They performed in party houses, from a house to another without significant progress. Till one of them was out to continue study in university and finally they broke up. then Adam went down the street as a street musician from cafe to another till one day he met Liz. Then asked to be in Liz's band “*Shooting Star*”.

Inferiority feeling of Adam, he often feels nervous. It gets stronger when “*Shooting Star*” is famous over the world, he is extremely nervous that makes him as if he feels so painful and everything he gets like disappear as quick as possible.

Style of life of Adam, he is a type of emotional person. It is shown every time he does interview, he is often fail in controlling his emotion. He even often speaks rudely to the interviewer when the interviewer asks about his private life. Beside that Adam is also arrogant, even before his name is rising he chased away his friend rudely, he snapped at and even asked the security to drag him out. But behind his emotional and arrogant attitude, he has gentleman attitude, the attitude is only shown for the closest and loved ones.

Social interest of Adam, he does not believe that the one he is loved is now standing up in front of him after three years disappeared from his life. Because of her Adam becomes someone emotional and arrogant. After three years separated, the first three months that Adam do is sleeping

in his room like living corp.

All his passion is like disappear without any reason. Till one day, he is aware and finally wakes up from his sleep. Now after the one he loves is in front of him. Adam asks for the explanation of why she left him without any reason. But out of Adam's expectation, the answer from Mia is because it is from Adam himself, because Adam's wants. Three years ago when Mia was comma, Adam spoke to Mia that he would do anything to wake Mia up, and could survive even though Adam had to go from Mia's life without guessing what Adam spoke was heard by Mia. And that is the reason why Mia went away, all because of Adam himself.

Creative self of Adam, for holding Mia who is been leaving him for three years without any news, Adam willingly does not consist in the creating of his song video, and also skips interviews from many media. Not only that but Adam also breaks his relationship with Bryn, a woman who has accompanied him when Mia is not next to him. The entire thing would be done by Adam for Mia to be back with him, and all done by Adam is not vain, his relationship with Mia is getting better.

Where She Went is a novel containing about life. From the novel we can see the meaning of life. In the life there are many conflicts; good internal or external conflict. Adam is able to resolve all the conflict with its own way. After analyzing the personality of Adam using Adler's Individual Psychological, the researcher concluded that to get happiness in life is not easy. It takes a few extra struggles to get the life of the desired. Every humans must have desire to make life in the fictional finalism, but to get life he wants he must be able to fight the inferiority feeling. Automatically it will appear striving for success or superiority, style of life, social interest and creative self.

4. CONCLUSION

To get a prosperous and peaceful life absolutely need struggle. Just like what Adam Wilde has done in the novel *Where She Went*. To get a better and happier life, Adam would do anything. For example, he does not participate in making a song video and arrive for media interviews. Everything that he has done is just to bring back his lover after they are separated for three years with no communication at all. Before Adam gets the happiness, he felt down, even he locked himself in his room for three months and did nothing. He also became uncommunicative and cringed himself from people around him. He prefers to be alone until one day he realized that he wanted to live again. All of his struggles begin with working with his father in a factory, then he turned round to be a band member of "*Infinity 89*" and finally the band did not last longer because one of the members decided to quit and went to college. Then, Adam created a song and it was sung by him from one café to another café until he met Liz. His meeting with Liz brought a positive impact for his life, because of Liz Adam was joined in a band called "*Shooting Star*". Relied on Adam's songs wrapped in an album "*Collateral Damage*", his band became popular in New York and around the world. Becoming more popular, they also got more tour schedules and interviews from many media. Because of the booming album and their hard works "*Shooting Star*" became like this and it made them feel happiness as well as difficulty in the same time. The happiness is that they were famous in everywhere but with their popularity made them difficult to enjoy their time to

have a holiday because there were so many fans that could easily recognize them so that they were not as free as they used to be. For Adam he felt happier when he met Mia, the one he loved. At the first time, Adam got angry because of Mia's bad attitude who disappeared but after hearing Mia's explanation which happened between them, the problem was solved and they were getting back together.

The social interest from Adam is that he has a complicated life, from his love story and his career. There are a lot of problems faced by him. For example in his love story, Adam was left by Mia with no word and certainty. Until Mia came back to his life and it was just like a dream for Adam because he did not even think about it for the past three years, Mia came back again for him.

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